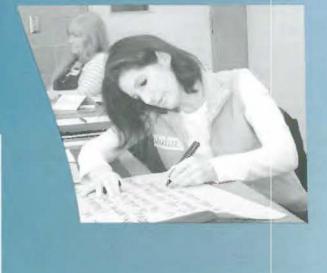
JI JUSTICE INSTITUTE OF B.C.







# Social Services & Community Safety Division

TRAINING FOR SAFER COMMUNITIES





# CALENDAR January to August 2000



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## **JI Telephone Numbers**

Registration Office	(604)528-5590
General Inquiries, Receptionist	(604)525-5422
First Nations Advisor.	(604)528-5621

Library	(604)528-5599
Instructional Media Development Centre	(604)528-5600
Student Services Advisor	(604)528-5663

## **General Information**

## **COURSE TIMES**

Unless otherwise noted, SSCSD courses will be held at the Justice Institute and will be in session from 9:00 am to 4:30 pm.

## **PARKING**

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Parking at the JI campus is free of charge.

#### **PAY PHONES**

Pay phones are located on the ground floor of the building.

## FOOD ON CAMPUS

Cafeteria hours of operation are from 6:30 am to 4:00 pm Monday through Friday. Vending machines are located in the atrium. Food is not permitted in the classrooms.

# Social Services & Community Safety Division Graduation

May 4, 2000

Graduation ceremonies for SSCSD certificate programs candidates will take place on May 4, 2000, from 6:00 to 9:00 pm. Candidates who have successfully completed the requirements for certificates in the following programs will be invited to participate:

Web site: www.jibc.bc.ca

- **Basic Supervisory Certificate**
- Child Abuse and Neglect Support Worker
- Child Sexual Abuse Intervention (all options)
- **Couple and Family Therapy**
- **Couple and Family Support Worker**
- Critical Incident Stress (both options)
- **Management Development for Residential** Settings
- Substance Use/Misuse

- Trainer Development
- Trauma Counselling and Clinical Intervention
- · Working with Youth in Community Settings









# Social Services & Community Safety

Welcome to Social Services & Community Safety Division's January to August 2000 calendar. As you read through the calendar you will note several new offerings as well as the continuation of many of our successful courses and certificate programs. In addition to our regular course offerings, I draw your attention to the upcoming Voices from Each Generation: Reclaiming Wellness in Aboriginal Communities conference, which is being held from February 17 to 19, 2000, in Coquitlam.

As part of our overall commitment to cultural diversity and inclusion, we are beginning to offer workshops and courses that examine and address the unique and specific needs of different cultural communities. Two courses of interest are Caught Between Two Worlds: Supporting Culturally Diverse Adolescent Girls and Art Therapy in Chinese Cultures and Acculturation Problems. If you have suggestions for other course offerings that promote diversity and inclusion, please feel free to contact the Division.

We will also be introducing a prior learning assessment and recognition process for our Trainer Development Certificate Program. A separate brochure describing the process and eligibility requirements will be available in early February.

Finally, I want to bring to your attention our second annual divisional event for certificate graduates. The date for this event is May 4, 2000, and it will be an opportunity for us to acknowledge and recognize all of those who have completed one of our certificate programs.

Your suggestions and feedback are important to us. Please feel free to contact me by phone or e-mail with your ideas and concerns.

Shelley Rivkin Director

## JUSTICE INSTITUTE OF B.C. **OUR VALUES**

#### Student-Centred

Our programs, courses and services focus on providing practical job-oriented skills to meet the learning and developmental needs of our students.

#### Accessible

We believe learning and employment opportunities should be equitable and available to all.

#### Innovative

We believe new ideas and new ways of providing learning build on our successes, and ensure flexibility and creativity.

## Positive and Supportive

We strive to maintain a positive, supportive and safe learning and working environment.

#### Quality-Driven

We are committed to excellence and continuous improvement, reflecting the highest standards in justice and public safety.

#### Relevant

Our programs, courses and services enhance justice and public safety and are relevant to the needs and interests of the people we serve.

## Responsive

We respond quickly and appropriately to the changing learning needs of the people we serve.

## **Teamwork**

We produce our best work by communicating, planning and working together in an atmosphere of mutual respect and trust.

#### **Partnerships**

We believe in developing partnerships that provide leadership and innovation in justice and public safety education and training.

## Who to Contact

If you require specific information on a course offered in this calendar or want more information on the Social Services & Community Safety Division, please contact one of our staff at the appropriate number listed below. If you have an idea for a new course or want to discuss some program ideas that could be offered in the future, please call the Director, Shelley Rivkin.

Shelley Rivkin, Director
Child Abuse and Trauma, Counselling, Women's Issues, Substance Abuse
Natalie Clark, Program Coordinator
Cheryl Bell-Gadsby, Program Coordinator cgadsby@jibc.bc.ca 528-5626
Amber Hall, Program Assistant ahall@jibc.bc.ca 528-5620
Heather Olson, Program Assistantholson@jibc.bc.ca 528-5573
Community Safety, Crime Prevention, Bylaw Enforcement, Critical Incident Stress
Carol McClenahan, Program Coordinator cmcclenahan@jibc.bc.ca 528-5685
Meenpal Basi, Program Assistant
Management Development for Residential Settings, Working with Youth
Sandra Rice, Program Coordinatorsrice@jibc.bc.ca
Nenita Capili, Program Assistantncapili@jibc.bc.ca 528-563
Workplace Skills, Trainer Development
Patricia McNeill, Program Coordinator pmcneill@jibc.bc.ca 528-5623
Nadine Wolitski, Program Assistant nwolitski@jibc.bc.ca 528-5619
Marketing and Special Projects
Tamar Levi-Bandel
Mary Smethurst, Production Assistant msmethnrst@jibc.bc.ca 528-563
First Nations Student Advisor
Renée Nyberg-Smith
Child Protection Worker Pre-Employment Program, Graduated Licensing Project
Cori Wong-Hemmings, Program Coordinator cwong-hemmings@jibc.bc.ca . 528-5583
Program Information Line: Local number
Toll-free number 1-877-275-433

## Visit us at www.jibc.bc.ca

The Social Services & Community Safety Division Web site is one of the best resources available when you are looking for information about our courses and certificate programs.

You can check on course requirements, times, dates, certificate programs, instructors, how to apply for a particular certificate, and so much more.

The latest news is at your fingertips!

Web site: www.jibc.bc.ca

Our Web site will be under reconstruction over the next few months. We welcome your comments and ideas as we expand and become more user-friendly.

## **Community Partnerships**

Community partnerships are our strength. We collaborate with agencies, organizations, other post-secondary institutions, and communities throughout B.C. to develop training, offer courses, and plan high-profile events. We can also custom-design and deliver a broad range of skills-based courses and certificate programs to meet the needs of employees working in government ministries, Crown corporations, municipal offices, non-profit organizations, and private industry.

There are a number of ways we can work together. Individual organizations may select courses offered in our current calendar and arrange for them to be delivered at the work site. A coalition of community organizations may seek our assistance in coordinating a conference or planning a special event, or a regulatory body may request that we work with it to design training for its own staff and others affected by new policy initiatives or legislative changes.

If you are interested in working with us to bring training or professional education to your job site, community, or professional group, please feel free to contact Shelley Rivkin, Director, Social Services & Community Safety Division, at (604)528-5628 or e-mail srivkin@jibc.bc.ca.

Visit our Web site at www.jibc.bc.ca and find out about the projects and initiatives we are involved with.

Did you know that we can develop certificate programs on a contract basis to meet the specific needs of individual communities and organizations?

## First Nations Student Services

Renée Nyberg-Smith, the First Nations Advisor, is available to support Native students attending courses at the JI. This includes academic counselling, emotional support, or just someone to talk to. Renée is available in person, by phone, by fax, or by e-mail. Please feel free to contact her with any questions, Renée can be reached at:

Office: A226

Phone: (604)528-5621 Fax: (604)528-5640 E-mail: rnyberg@jibc.bc.ca

Web: http://www.jibc.bc.ca/ccs/f-ccs.html

# Students with Disabilities and Special Learning Needs

The Justice Institute has received funding from the Ministry of Advanced Education and Training to provide classroom support to students with disabilities and special learning needs who meet Social Services & Community Safety Division course requirements. For more information on the support services available, please contact the Student Services Advisor at (604)528-5663 or TDD/TTY at (604)528-5655. The New Westminster campus of the Justice Institute is completely accessible. Wherever possible, Social Services & Community Safety Division courses held off-site will be offered at wheelchair-accessible locations.

## **Certificate Programs**

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## Voices from Each Generation: Reclaiming Wellness in Aboriginal Communities

February 17-19, 2000

Executive Inn. Coguitlam, B.C.

Co-sponsors: Justice Institute of B.C., Native Education Centre, and Nicola Valley Institute of Technology

Due to the overwhelming response from the Voices from Each Generation: Healing the Effects af Generational Trauma Conference in 1997, the co-sponsors have decided to host a second conference to look at new issues and breakthroughs. This program is for Aboriginal and non-Aboriginal social service providers, administrators, and policymakers involved in health and wellness in First Nations communities. The conference will provide opportunities to explore culturally relevant approaches to prevention and healing from the effects of generational trauma, and to build bridges between Aboriginal and non-Aboriginal service providers, agencies, and communities.

## Workshops confirmed at calendar printing include

## Day 1: Emotional Impact of Trauma and Healing Tools

- Keynote: "Intergenerational Trauma" Rod McCormick
- "Coyote I Need a Change" Bernadette Spence and Alannah Earl Young
- "De-Colonizing Ourselves: Accountability Across Cultures" - Vera Manuel
- "Race and Gender: Implications for Aboriginal Women Survivors" - Elaine Herbert
- "Research into Native Youth Issues" Urban Native Youth Association
- "Healing Our Hearts, Healing Our Spirits" Bearwoman and Associates

## Day 2: Transforming Trauma via Art and Culture

- Keynote: "Healing through Voice, Theatre and Song" -Krystal Cook
- "Abused Mothers, Wounded Fathers: A Commitment to Healing" - Vera Manuel

- "Uplifting Our Hearts Through Song" Tzo'Kam
- "Coming Home to the Body/Coming Home to the Spirit" -Alannah E. Young and Denise Nadeau
- "Reconnect with the Mystery" Stephanie Pobihushchy and Anneli Twan
- "Theories and Techniques of Adventure-Based Learning"
   Joe Salanto

## Day 3: Hope for the Future

- Keynote: "The Family Constellation Process" Martina Whelshula
- "Developing Aboriginal Restorative Justice Initiatives in Urban Settings" – Barry Warhaft and Eileen Lafferty, Vancouver Aboriginal Restorative Justice Project
- "Life After Health Transfer Adams Lake Community" -Sexaeltain Health Centre
- "Individual to Community Healing" Mahara Allbrett,
   Joe Solanto, and Wayne Christian
- "Listening to Our Elders' Teachings on Healthy Living" -Joanne Mussell-Oppenhiem
- "Burnout Prevention and Rejuvenation for our Caregivers" - Monique Gray Smith

Fees: \$275 before December 15, 1999 \$325 after December 15, 1999 (Student and one-day rates are also available)

To receive a conference booklet, please contact Heather Olson at (604)528-5573 or e-mail holson@jibc.bc.ca. For content information, contact Renée Nyberg-Smith at (604)528-5621 or e-mail rnyberg@jibc.bc.ca.

## CHILD, YOUTH, AND FAMILY

We are a family of programs within the Social Services & Community Safety Division of the Justice Iustitute, and within the society of human service work. The Child, Youth, and Family program area consists of the following topic areas:

- · Child Abuse and Trauma
- · Counselling and Supportive Interventions
- · Creative and Expressive Therapies
- Women's Issues
- · Working with Youth

The programs described here will provide beginning practitioners with new knowledge and practical skills; intermediate practitioners with enhanced knowledge and skill development; and experienced practitioners with the opportunity to contribute to the evolution of knowledge and to advance practice in the field.

Many of these courses may be taken in one of three ways:

- As individual courses
- As part of a certificate program
- · On a contract basis

The Child, Youth, and Fainily program area has three Program Coordinators: Natalie Clark, M.S.W., R.S.W., and Cheryl Bell-Gadsby, M.A., R.C.C., for the Child Abuse, Trauma, Counselling and Supportive Interventions, Creative and Expressive Therapies, and Women's Issues programs, and Sandra Rice for the Working with Youth program. We are all committed to adult education and community and professional development, and bring many years of clinical and teaching experience to these programs. We welcome the opportunity to assist you in planning and meeting your professional development needs.

# Train for a New Career! Child Protection Workers

## PURPOSE

In the past, the Ministry for Children and Families (MCF) has provided training for employees hired to deliver child protection services. Recently, the Ministry established a partnership with the Educational Alliance to deliver a pre-employment program through the public post-secondary educational system.

## WHO SHOULD ATTEND?

Successful completion of the program is a prerequisite for employment as a Child Protection Worker with the Ministry for Children and Families.

All applicants must have one of the following degrees:

- . B.S.W. or M.S.W.
- . B.A. Child and Youth Care
- M.A. (Clinical Psychology ) or M.Ed. (Counselling) with practicum experience in a family or child welfare setting

#### **HOW IS IT OFFERED?**

The program will be offered full-time and parttime in various locations throughout B.C. The program will consist of classroom instruction, self-study days, and a field work compouent in a designated MCF office.

#### APPLICATION INFORMATION

For full details about the course or to receive an application package, please visit our Web site at **www.jibc.bc.ca** or contact the Program Coordinator, Cori Wong-Hemmings, at (604)528-5583 or use our toll-free number: 1-877-275-4339.



#### THE EDUCATIONAL ALLIANCE

Justice Institute of B.C., Social Work & Child and Youth Care Education Consortium, and Contract Training and Marketing Society

## Child Abuse and Neglect Support Worker Certificate Program

#### PURPOSE

The certificate program and courses were developed in response to the evolution of the field of child abuse prevention: the rapid, unprecedented changes in services to children, adolescents, and families occurring in the province of British Columbia: and the need for front-line support workers to respond to child abuse and neglect within an integrated Ministry of Children and Families context. The program will provide participants with a comprehensive theoretical framework of child abuse and will emphasize practical skill development.

## WHO SHOULD ATTEND?

The certificate program is designed for a variety of front-line professionals and para-professionals who work with children and adolescents who have experienced child abuse and with their families.

#### HOW TO APPLY

- · Certificate program admission. Interested applicants must complete an admissions form (please contact Amber Hall at [604]528-5620 to request a form) that describes their work and/or volunteer experience with children and their families.
- · Individual course admission. To register for individual courses, applicants must complete an admissions form (please contact Amber Hall at [604]528-5620 to request a form) briefly describing relevant work experience and courses taken in the areas of child abuse and neglect, and send the form to Natalie Clark, Program Coordinator.

A certificate of achievement will be given to participants who attend all four core courses (a total of 10 days) in the order listed below and successfully complete the evaluation activity.

Tor more detailed information on the certificate program, course content, and admission requirements, please contact Natalie Clark at (604)528-5627 or e-mail nclark@iibc.bc.ca.

## Core Courses

## 1. Understanding Child Abuse and Neglect (#EP260)

In this first course in the certificate program, participants will analyze the impact of historical systemic oppression on children, develop a comprehensive theoretical framework of child maltreatment, and understand current systemic responses to child maltreatment.

Length: Dates(s):

Two days April 14-15

Ree.

\$170

Instructor(s): Fran Grunberg, M.S.W., R.S.W., and Tulia

Castellanos

## The Impact of Child Abuse and Neglect: Child Development and Resiliency (#EP261).

This course will build on the foundation created in the first course. It will help participants understand child development, the impact of child abuse and neglect on that development, and key factors in promoting resiliency in children and adolescents.

Length:

Three days

Date(s):

May 11-13

Fee: \$195

Instructor(s): Ronnie Riehm, M.Ed.

## 3. Supporting Children Who Have Been Abused and Neglected (#EP262)

This course will define the role of a support worker within an integrated Ministry of Children and Families context. It will increase participants' level of skill in supporting children and adolescents who have experienced child abuse and neglect. Prerequisite(s): #EP261.

Length:

Three days

Date(s):

June 15-17 \$195

Fee:

Instructor(s): Faye Luxemburg-Hyam

## 4. Safety and Risk: Support Worker Self-Care (#EP263)

This final course will enable participants to identify the various risks associated with support work and define strategies to maintain worker safety and health,

Length:

Two days **July 7-8** 

Date(s): Fee:

\$170

Instructor(s): Faye Luxemburg-Hyam

## Child Abuse and Neglect Support Worker Certificate Program in Terrace

Co-sponsored with Ksan House Society. The entire certificate program will be offered over 10 weekdays in Terrace in Spring 2000. Gourses are as follows:

- Understanding Child Abuse and Neglect (#EP260): April 10-11
- The Impact of Child Abuse and Neglect: Child Development and Resiliency (#EP261): April 12-14
- Supporting Children Who Have Been Abused and Neglected (#EP262): May 1-3
- Safety and Risk: Support Worker Self-Care (#EP263): May 4-5

Fee: \$940. Participants cannot register for individual

courses but must take the entire program.

Location: Health Unit Auditorium, 3412 Kalum Street,

Terrace, B.C.

To register, call (604)528-5590.

## **Family Support Worker Certificate Program**

## PURPOSE

This certificate program was developed in response to requests for education and training for family support workers. The program will provide participants with overviews of key concepts and models guiding family work, and will offer opportunities for skill development and skill practice.

#### WHO SHOULD ATTEND?

This certificate program is for family support workers, social workers, front-line staff, and others working in support capacities with families, who are interested in developing specialized skills and supportive interventions within a family systems framework.

## HOW TO APPLY

To enter the program, applicants must be currently working with families in a supportive capacity, must have a minimum of one year of experience in this area, and must complete an admissions form. (Please contact Douglas College at [604]527-5161.)

A certificate of achievement, will be given to participants who complete each of the five courses outlined below (a total of 12 days), and successfully complete the evaluation activity for each course.

Registration and fees are handled through Douglas College Continuing Education, (604)527-5472.

## **Core Courses**

## 1. Introduction to Family Support Work (#G550A-19973)

This course provides the foundation for the certificate program. Participants will explore current demographic trends related to families; examine personal experiences, values, and beliefs about families; and consider the value and limitations of working within a family systems context.

Length: Two days

Date(s): Fall 2000, at Donglas College

## Supporting Families within a Systems Framework (#G551A-19981)

This course will introduce participants to a framework for understanding their work with families based on a systemic approach. Participants will consider three main systems directly involved in their work: the support worker's system, the client's system, and the societal system or context. The significance of the interface and interactions between systems is explored, highlighting the implications for the support worker.

Length: Three days

Date(s): Fall 2000, at Douglas College

## Developing Intervention Skills in Family Support Work (#G552A-19981)

This course provides participants with the opportunity to develop supportive intervention skills within a systemic framework. Participants will: define "support" within a multicultural context; develop strategies to build rapport and engage with families; identify a process for setting realistic, manageable goals for their work with families; and examine common pitfalls for support workers. Opportunities for skill practice and development are provided through the use of role-plays and case studies.

Length: Three days

Date(s): February 10-12, at Douglas College

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 9

## Child Abuse and Trauma

## Ethical Decision-Making in Family Support Work (#G553A-19982)

This course provides the context for participants to consider key issues of ethical practice in family support work. Support workers will have an opportunity to explore ethical and practical dilemmas, and to observe and practise problemsolving strategies.

Length: Two days

Date(s): March 31 & April 1, at Douglas College

## 5. Family Support Work Practice Supervision (#G554A-19982)

This course provides an opportunity for participants to present cases from their practice for peer consultation and feedback, and to develop strategies to ensure that they receive supervision and support for their work with families.

Length: Two days

Date(s): May 5-6, at Douglas College

## Supporting Adult Survivors Certificate Program (CSA134A)

## **PURPOSE**

This six-day program will provide participants with an understanding of the role and function of support, and will demonstrate specific skills for working with survivors from the time of disclosure to the completion of treatment.

#### WHO SHOULD ATTEND?

This training program is for front-line staff and others who work in a support capacity with adults who were sexually abused in childhood.

#### HOW TO APPLY

To enter the program, applicants must be currently working or volunteering with adults in a supportive capacity and must complete an admissions form (please contact Amber Hall at [604]528-5620 to request an admissions form).

A certificate of achievement will be given to participants who attend all six days of the program and successfully complete the evaluation activity.

For more detailed information on the certificate program, course content, and admission requirements, please contact Natalie Clark at (604)528-5627 or e-mail nclark@jibc.bc.ca.

## CONTENT

- · Create a framework for understanding child sexual abuse within a societal and historical context
- Examine the impact of childhood sexual abuse on the individual through the life cycle
- Define the support needs of sexually abused adults, and the corresponding role of a support worker in responding to these needs
- Discuss the coping mechanisms of survivors and the impact of factors such as culture, sexual orientation, and ability on the experience of adults who were sexually abused in childhood
- Define an appropriate support role and strategies for working with the survivor of sexual abuse in the context of a larger treatment system
- · Develop and practise skills in supportive interventions and effective advocacy for working with adult survivors within an empowerment framework

Length:

Six days

Date(s):

February 10-12 & March 2-4

Fee:

Instructor(s): Heather Whiteford, M.S.W., and Beth Trotter,

M.A., R.C.C.



Registration: (604)528-5590

Web site: www.jibc.bc.ca

General inquiries: (604)525-5422

# Child Sexual Abuse Intervention: Certificate Program for Practitioners (#CSA105)

#### **PURPOSE AND STRUCTURE**

In response to requests from the community, we have redesigned these certificate programs into a new and improved format. Participants will take two core courses (total of five days), and then specialize in one of two streams: child and youth or adult survivor treatment. In addition to the 10 days of core courses, participants must also complete four days of eligible electives related to their stream of choice. For a detailed list of eligible electives please contact Amber Hall at (604)528-5620 or email ahall@jibc.bc.ca

## WHO SHOULD ATTEND

This program is designed for counsellors, and other practitioners working in a therapeutic setting with survivors of childhood sexual abuse.

#### HOW TO APPLY

Interested applicants must submit a resume and a completed an admissions form that describes their clinical/counselling work experience, academic background, and past courses in the area of Sexual Abuse.

To add your name to the mailing list for this program, or for content and admission requirements, please contact Natalie Clark at (604)528-5627 or e-mail nclark@jibc.bc.ca; or Cheryl Bell-Gadsby at (604)528-5626 or e-mail cgadsby@jibc.bc.ca.

## **Child Sexual Abuse Intervention Program Flow**

Introduction to Child Sexual Abuse Intervention Heather Whiteford March 20-22

Sexual Abuse Counselling and the Therapeutic Relationship Maggie Ziegler, Cheryl Bell-Gadsby, & Natalie Clark March 23 & 24

#### **Treatment Modules**

#### Child and Youth Stream

Child and Youth Sexual Abuse Assessment and Treatment Approaches Lisa Shatsky

May 15 & 16

Legal Issnes Wendy Harvey May 17

Case Presentation Lisa Shatsky May 18

Self-Care Lisa Shatsky and Maureen McEvoy May 19

Four Days of Electives

#### Adult Stream

Adult Survivor of Sexual Abuse Assessment and Treatment Approaches

Maureen McEvoy May 15 & 16

Legal Issues Maureen McEvoy May 17

Case Presentation Maureen McEvoy May 18

1

Four Days of Electives

See page 12 for electives.

## Child Abuse and Trauma

These courses may be taken as electives for the Child Sexual Abuse Intervention Certificate Program or on an individual

## Working with Children with Sexual Behaviour Problems (#TS531)

This course will provide participants with the opportunity to identify a continuum of childhood sexual behaviours from usual and normative to unusual and problematic. Participants will also consider cultural and historical ideas of children's sexuality, explore the relationship between sexual behaviour problems and sexual abuse, place understandings in a developmental context, identify and practise early intervention strategies from an individual and family-based perspective, and explore safety planuing in the home, school, and community. There will be an opportunity to practise a number of interventions, including externalization, storytelling, responsibility taking, cognitive-behavioural, and solutionfocused. This course will be of interest to counsellors, social workers, mental health and family support workers, and other practitioners working with sexual abuse issues.

Length: Date(s): Two days June 1-2

Fee:

\$185

Instructor(s): Brenda Rudko, M.A.

## Dissociation and Memory (#CSA192)

Dissociatiou is often a person's first defense against traumatic events. Children who suffer abuse frequently rely on dissociation as a way of coping. Through the use of minilectures, case studies, and audio-visual presentations, this course will examine the continuum of dissociation, the interplay between dissocation and traumatic memory, how to assess levels of dissociation, including scales and instruments, first-stage interventions, and therapeutic strategies to increase internal cohesiveness.

Leugth: Date(s): Two days June 2-3

Fee:

\$185

Instructor(s): Maureen McEvoy, M.A., R.C.C.

## Creativity and Trauma: Using Art as a Tool for Healing (#CSA191)

This workshop will explore the use of art and creativity as a tool for healing the effects of childhood sexual abuse. Participants will have the opportunity to explore the roots of creativity and psychological health, examine the impact of

trauma and psychological shock on the survivor and define how change occurs, and consider the theoretical basis for understanding the art work of their clients in the context of the therapeuric process. Participants will experience a variety of creative media, including art, writing, and visualization. Please note: participents will not receive art therapy credits for this workshop.

Length: Date(s):

Two days May 5-6 \$185

Fee:

Instructor(s): Margaret Jones-Callahan, M.A.

## Group Work with Adult Survivors (#CSA190)

Group work has been documented to be extremely effective in breaking isolation, one of the common legacies of childhood abuse. Through mini-lectures, case studies and audio-visual presentations, participants will explore: normative group development, common difficult group dynamics, frequent issues/themes covered in group content, and the role of group transference and counter/transference with adult survivors.

Length:

Two days

Date(s): Fee:

June 8-9 \$195

Instructor(s): Maggie Ziegler, M.A., and Maureen McEvoy,

M.A.

## Working with Adolescent Females in Trauma: Innovations in Group Treatment (#T\$527)

For a course description, see page 14.

Length:

Two days

Date(s):

May 31 & June 1

Fee:

\$185

Instructor(s): Cheryl Bell-Gadsby, M.A., R.C.C., and

Natalie Clark, M.S.W., R.S.W.

## Art and Play Therapy with Neglected and Abused Children (#CY104B)

For a course description, see page 26 in the Creative and Expressive Therapies category.

Length: Date(s): Two days July 14-15

Fee:

\$195

Instructor(s): Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S

## Trauma Counselling and Clinical Intervention

#### **PURPOSE**

The courses focus on key theories of trauma and traumatic stress, central concepts in trauma intervention, and practical skill application. The program consists of five courses (18 days of core courses, including the two-day prerequisite course). Participants can complete the program in 10 months and must complete the program in two years.

#### WHO SHOULD ATTEND

This program is designed for counsellors, therapists, clinical social workers, psychologists, and other mental health practitioners who are working with survivors of trauma.

## **HOW TO APPLY**

All certificate program candidates and individual course registrants are required to take the two-day prerequisite. course, Trauma and Post-Traumatic Stress Reactions (#EP251).

- · Certificate program admission. Interested applicants must submit a resume and a completed an admissions form that describes their clinical/counselling work experience. academic background, and past courses in the area of traumatic stress.
- Individual course admission. To register for individual courses, applicants must complete an admission form briefly describing relevant work experience and courses taken in the areas of counselling and traumatic stress.

A certificate of achievement will be given to participants who attend all four core courses (a total of 16 days) and successfully complete the evaluation activity.

To request an admissions form, please contact Amber Hall at (604)528-5620 or e-mail ahall@jibc.bc.ca.

To rmore detailed information on the certificate program, course content, and admission requirements, please contact Natalie Clark at (604)528-5627 or e-mail nclark@jibc.bc.ca.

## Core Courses

## Introduction to Trauma and Post-Traumatic Stress Reactions (#EP251)

This course is for front-line workers, support workers, victim service workers, peer personnel from high-risk professions, and other service providers working with trauma survivors in an individual, group, or community context. Participants will acquire a basic understanding of trauma, post-traumatic stress, and critical incident stress, and a working knowledge of the impact of trauma on individuals, the community, and trauma responders. Responses to the critical incident, short-term and long-term consequences of trauma, and post-tranmatic stress disorder are discussed. Participants will examine the spectrum of trauma responders in the community and learn about their relationship to one another. Both certificate candidates and non-candidates may enrol in this course. This course is a prerequisite for all the Traumatic Stress Certificate Pragrams.

Length:

Two days

Date(s):

January 25-26 or February 14-15

Time:

9:00 am - 4:30 pm

Fee:

\$185

Instructor(s): Joe Solanto, Ph.D.

## Trauma Assessment and Treatment Planning (#TS210)

This course will provide an overview of assessment and treatment within a socio-political and cultural context. A multi-dimensional approach to assessment and a variety of assessment interviews and instruments will be reviewed. Participants will explore the significance of risk assessment protocols, diagnose Post-Traumatic Stress Disorder (PTSD) using the DSM-IV criteria, understand psychopharmacology and PTSD treatment, and address the therapeutic challenges related to traumatic memory. Participants will also consider the importance of having a theoretical model to guide their treatment work with survivors of trauma, develop a framework for treatment, and apply this framework to specific trauma populations and client presentations. Participants will also apply various assessment tools and treatment-planning concepts to case situations.

Length: Date(s):

Four days May 10-13

Fee:

\$295

Instructor(s): Elizabeth Fortes, M.A.; Joe Solanto, Ph.D.;

Maggie Ziegler, M.A.

## 2. Trauma and the Therapeutic Relationship (#T\$221)

This course will assist participants to identify their role in trauma treatment within a continuum of trauma professionals and to develop a model for ethical trauma counselling. The relational injury inherent in trauma will be explored, the implications of this injury for the therapeutic relationship will

## Child Abuse and Trauma

be discussed, and practical skills to address these issues and create safety in the client-therapist relationship will be presented. Through structured exercises, participants will consider the impact of their values, beliefs, and assumptions in the therapeutic setting; identify and respond to transference and conntertransference in their work with trauma survivors; and differentiate these from the causes and symptoms of vicarious traumatization. **Prerequisite(s)**: #EP251.

Length: Three days
Date(s): June 15-17
Fee: \$225

Instructor(s): Elizabeth Fortes, M.A., and Maggie Ziegler, M.A.

## 3. Trauma Intervention (#TS222)

Participants will develop and practise intervention skills relating to a diversity of trauma experiences and traumatized populations. Participants will learn and apply clinical skills to a range of in-session dynamics and situations, including: skills to manage the emotional intensity and pacing of sessions; identifying and responding to in-session dissociations and survivors' internal conflicts; and clinically managing the conflicts and ambivalence of the therapist. Demonstrations and opportunities for skill practice will be used to explore symptom management (including reducing physiological overreactivity, thought-stopping techniques, creating internal safety, reducing affective overload around traumatic images, and rehearsing new behaviours). Prerequisite(s): #EP251.

Length: Five days

Date(s): February 24-26 & March 10-11 or

September 21-23 & September 29-30

Fee: \$325

Instructor(s): Elizabeth Fortes, M.A.; Joe Solanto, Ph.D.;

Maggie Ziegler, M.A.

## 4. Trauma Counselling Consultation Group (#TS223)

This course will provide a forum for participants to evaluate their current clinical work with traumatized clients, consider what has and hasn't worked, and integrate the assessment and intervention concepts/skills presented throughout the program. Participants will present audio and videotaped segments of their work with trauma clients (from their practice) for exploration and feedback in a small-group setting. Participation in this consultation group is required for candidates to receive the certificate of achievement.

Length: Four days

Date(s): May 5-6 & 26-27 or

October 25-28

Fee: \$450

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Instructor(s): Joe Solauto, Ph.D., & Maggie Ziegler, M.A.

## Additional Child Abuse and Trauma Courses

#### NEW

Working with Adolescent Females in Trauma: Innovations in Group Treatment (#TS527)

This two-day workshop will provide participants with an opportunity to explore the impact of trauma on adolescent females. Topics covered will include a review of current theories and research in the area of adolescent female development with a specific emphasis on how trauma impacts the daily lives and relationships of these young women. Participants will explore innovative group models of intervention on a continuum ranging from girls' groups to therapeutic treatment groups. Specific relational tools and strategies for working with this challenging population within a group format will be presented. This course will be of interest to professionals working with adolescent females in a support or treatment capacity.

Length: Two days

Date(s): May 31 & June 1

Fee: \$185

Instructor(s): Cheryl Bell-Gadsby, M.A., R.C.C., and

Natalie Clark, M.S.W., R.S.W.

## NEW

Exploring the Intersection of Trauma and Cultural Diversity in Clinical Work (#TS530)

Culture penetrates deeply into every aspect of communication. It is the clinician's ability to validate and navigate this domain of conversation that will build bridges and create safety towards the eventual approach of trauma material. This workshop will support practitioners in becoming increasingly culturally responsive and skilled in maintaining effective intercultural dialogues in their work with members of multicultural communities who have trauma-related histories. This course will address a variety of concepts, theories, and activities to stimulate clinicians to stay open and present to the challenges of intercultural communications.

Length: Two days
Date(s): March 24-25

ee: \$185

Instructor(s): Elizabeth Fortes, M.A.



# Chronic Trauma and Attachment: Understanding the Impact of Early and Chronic Trauma, Abuse, and/or Sexual Abuse on Child Development (#EP310)

This course will be of interest to therapists, counsellors, social workers, mental health and family support workers, and practitioners who are working with children who have been abused, neglected, and/or traumatized. The dynamics of early attachment and the impact of unavailable, insensitive, or hurtful caretaking upon the long-term psychopathology of both the child and the adult will be explored. Participants will examine assessment techniques to distinguish children who have experienced chronic trauma and attachment breaks from those who have experienced a single traumatic incident. This workshop will also help participants to: identify and practise interventions, such as play therapy related to the child who has experienced chronic trauma and attachment breaks.

Length: Two days
Date(s): March 27-28

Fee: \$195

Instructor(s): Barbara C. Mills, Ph.D., R.Psych.

# EMDR and Sexual Abuse: A Workshop for Clinicians (#TS529)

This one-day workshop is for EMDR-ttained clinicians who are working with abuse survivors. Participants will have an opportunity to review and discuss protocols and cognitive interweaves, discuss problems and successes in applying EMDR to sexual abuse survivors, and case consultation. Participants who wish to present a case should come with EMDR worksheets and client consents. Although Level 2 EMDR training is preferred, participants who have taken Level 1 more than six months ago and are currently using EMDR with abuse survivors will be accepted. Note: Instructor Maggie Ziegler has been using EMDR with trauma survivors since 1995, and is an EMDR Institute—trained facilitator.

Length: One day
Date(s): April 29
Fee: \$125

Instructor(s): Maggie Ziegler, M.A.

# Trauma and Post-Traumatic Stress Reactions, Level II (#EP251A)

This course is for front-line workers, support workers, victim service workers, and other service providers working in a support capacity with survivors of trauma in an individual, group, or community context. It will build on the theoretical foundation presented in #EP251. Participants will review individual responses to trauma from a multi-dimensional perspective and examine the implications for effective treatment planning. Emphasis will be placed on linking a client's troublesome thoughts, feelings, and behaviours to

his/her traumatic experience. An overview of specific supportive interventions within the context of a larger treatment system will be presented, as well as the ethical issues and other challenges inherent in working with tranma survivors.

Length: Two days
Date(s): February 16-17

Fee: \$185

Instructor(s): Joe Solanto, Ph.D.

#### NEW

## Images of Trauma in Children's Art, Play, and Sandplay (#TS518)

This workshop will focus on the role of imagery in helping children come to terms with their traumatic experiences. A variety of expressive therapy methods that encourage children's symbolic expression as well as provide ways of creating healing images to facilitate the recovery process will be considered. Through a slide presentation, the presenter will explore and discuss the images created by tranmatized children in their art, play, and sandplay through the various stages of their healing process. The role of the therapist and the challenges of each stage in facilitating such a process will be discussed. The patterns of imagery and symbols created at various stages, depending on the type of trauma, will also be considered. Prerequisite(s): Expressive Play Therapy Methods (#CY104) or equivalent.

Length: Two days
Date(s): June 9-10
Fee: \$195

Instructor(s): Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S

## Children Who Witness Abuse, Level I (#CY111)

This course will be of interest to social workers, family court counsellors, child and youth workers, legal advocates, and practitioners involved in assessing or working with children, youth, or families where violence has been an issue. This course reflects the most recent information and knowledge in the field based on the 54 Children Who Witness Abuse programs of the B.C./Yukon Society of Transition Houses. This course gives an overview of the behavioural consequences and coping styles of children exposed to violence in their homes as well as the most effective strategies for responding to their needs. It also addresses strategies to empower abused women as mothers and explores current challenges in doing this work.

Length: Two days
Date(s): April 3-4
Fee: \$185

Instructor(s): Tulia Castellanos

## Child Abuse and Trauma

## Children Who Witness Abuse, Level II (#CY111A)

This course takes participants through an in-depth understanding of the needs and rights of child witnesses through the transition times in their lives. Through case studies participants will: learn about appropriate interventions, learn how to handle disclosures of witnessing abuse from preschool and school-age children as well as youth, and learn how to do risk assessments. This workshop will also look at the impact of abuse on parenting and how to support parents to better help their children. It will be of interest to those working or coming into contact with children or youth exposed to family violence and with their parents; social workers, family court counsellors, mediators, teachers, counsellors, and youth workers. **Prerequisite(s)**: Children Who Wimess Abuse, Level I (#CY111).

Length: Date(s): Two days
June 16-17

Fee: \$185

Instructor(s): Melody Augustine



## SPECIAL EVENTS

The B.C. Association of Family Resource Programs

presents

Building Family Support Conference III

May 5 & 6

Justice Institute of B.C., New Westminster, B.C.

Keynote: Dr. Clyde Hertzman

- What supports do families need to optimize their child's development?
- How can communities support families?
- How well do family resource programs meet the needs of families with young children?

A provincial conference for staff and volunteers who dedicate themselves to strengthening families with young children in B.C.

For more information, please contact Marianne Drew-Pennington at (604)738-2819 Watch for an upcoming event with

Scott Miller, Ph.D.

October 19-21, 2000

Co-sponsored by the Justice Institute of B.C. and Maple Ridge Alcohol and Drug Counselling

For more information, contact
Cheryl Bell-Gadsby at (604)528-5626 or
e-mail candsby@jibc.bc.ca

Web site: www.jibc.bc.ca

## Substance Use/Misuse Certificate Program

#### **PURPOSE**

The Substance Use/Misuse Certificate Program will provide participants with a theoretical overview of key concepts, intervention models, and principles guiding the prevention, assessment, and treatment of substance use/misuse. This program will emphasize a harm-reduction approach, including: understanding of substance use within a bio-psycho-social-spiritual framework; current research and knowledge about interventions; and exploration of social justice issues such as race, class, gender, power, poverty, and violence. Specific assessment and treatment approaches, including motivational interviewing, will be modelled, and opportunities for skill practice and skill development will be provided. This program will highlight multidisciplinary approaches to substance use/misuse.

## WHO SHOULD ATTEND?

This certificate program will be of interest to persons working in a variety of settings, including social services, youth justice, family support, health, and women's services, where they come into contact with youth, families, or adults who are misusing substances.

## HOW TO APPLY

Individual course admission. To register for individual courses, applicants must complete an admissions form briefly describing relevant work experience and courses taken.

Certificate program admission. Interested applicants must submit:

- · A completed admissions form
- A recent resume outlining relevant work experience, past training in the field, and academic background and/or volunteer experience
- A personal statement of their interest in the program and expectations
- Letters of reference from appropriate professionals

Besides the eight core courses, four days of Justice Institute electives are required to complete the certificate program. These elective courses are marked with an asterisk (\*).

A certificate of achievement will be given to participants who attend all eight core courses (a total of 15days), successfully complete the evaluation activity, and attend four days of Justice Institute electives.

To request an admissions form, please contact Heather Olson at (604)528-5573 or e-mail holson@jibc.bc.ca.

For more detailed information on the certificate program, course content, and admission requirements, please contact Cheryl Bell-Gadsby at (604)528-5626 or e-mail cgadsby@jibc.bc.ca, and ask for a brochure.

## **Core Courses**

## 1. Understanding Substance Misuse (#AD110)

This course covers current topics, theories, and models of substance use/misuse, including the bio-psycho-social-spiritual model and the harm-reduction approach; continuum of substance use/misuse; impact on the individual, family, and community; identification of barriers to accessing help; and ethical issues and challenges.

Length:

Three days

Date(s):

February 7 -9

Fee:

\$225

Instructor(s): Jeanne Harris, M.S.W., R.S.W., and

Scott Robertson, M.S.W., R.S.W.

## Continuum of Risk, Care, and Harm Reduction (#AD111)

This course covers such topics as: introduction to the risk continuum, mapping the continuum of care, scope of practice and related strategies, harm reduction, risk management, matching theory to reality, and relapse prevention.

Length:

Two days

Date(s):

February 10-11

Fee:

\$185

Instructor(s): Scott Robertson, M.S.W., R.S.W.

## 3. Assessment of Addictive Behaviours (#AD112)

This course covers: values clarification, identification of helper characteristics, assessment methods and instruments, Transtheoretical Model of Change, motivational interviewing, and treatment planning.

(continued on next page)

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Length: Date(s): Two days June 5-6

Fee:

\$185

Instructor(s): Rob Axsen, B.A.

## Integrated Case Management (#AD113)

This course covers: treatment planning as it relates to integrated case management, a multidisciplinary approach to integrated case management practice that includes a review of the current Ministry for Children and Families integrated case practice model, ethical and confidentiality issues, and current practices in documentation/record keeping.

Length: Date(s): Two days June 21-22

Fee:

\$185

Instructor(s): Janet Amos, M.S.W.

## Interconnected Risk (#AD114)

This course covers: social determinants of health; interconnected risks such as substance use/misuse and violence, trauma, sexuality, mental health, marginalization. and poverty; building your own model/approach; multidiagnosis; integrated care planning; and safety strategies and complementary treatment approaches.

Length:

Two days April 3-4

Date(s): Fee:

\$185

Instructor(s): Scott Robertson, M.S.W., R.S.W.

## 6. A Lifespan Approach to Understanding FAS/NAS (#AD115)

This course covers: the impact of prenatal exposure to substances; definition of Fetal Alcohol Syndrome (FAS), Partial FAS, alcohol-related birth defects (ARBD), and Neonatal Abstinence Syndrome; the lifespan approach; effective practice approaches; models and resources for working with pregnant women who are using substances and their families; ethical issues and dilemmas; and personal, professional, and systemic barriers.

Length: Date(s):

Two days April 5-6

Fee:

\$185

Instructor(s): Janet Amos, M.S.W.

## 7. Contemporary Issues (#AD116)

This course covers: current policy and its costs, acupuncture and other alternative treatment methods, rapid detox, ethics and methadone, and other current issues.

Length:

One day

Date(s): Fee:

April 7 \$95

Instructor(s): Scott Robertson, M.S.W., R.S.W.

## 8. Self-Care (#AD117)

This course covers: assessment of personal needs, development of strategies for personal well-being, vicarious trauma, risks and opportunities in working with substance users, design of a self-care plan, and more.

Length:

One day June 23

Date(s):

\$95

Instructor(s): Jeanne Harris, M.S.W., R.S.W.

## **Flectives**

Four days of Justice Institute electives are required in the Substance Use/Misuse Certificate Program. Participants can focus their electives within a specific content area or combine electives from the following two streams: Counsellor Skill Development and Youth.

The following courses may be used as electives:

- · Introducing Narrative Therapy: Ideas and Practices (#AD205) - page 21
- Becoming a More Effective Counsellor (#EP508) page 24
- The Therapeutic Relationship: Introduction to Ethics and Professional Boundaries (#EP255) - page 21
- Advanced Motivational Interviewing (#AD204) page 25
- Making Connections: An Introduction to Effective Conflict Resolution Skills for Working with Youth (#CY185) - page 33
- Developing Effective Interventions: Interventions for Moderate to High At-Risk Youth (#CY189) - page 34
- Effective Support and Interventions with Youth Who Misuse Substances: Understanding Ourselves and Adolescents (#AD202) - page 23
- · Making Connections: Managing Emotional and Aggressive Situations with Youth (#CY186) - page 33
- · Making Connections: Third-Party Facilitation when Working with Youth (#CY187) - page 34
- Understanding Pharmacology from a Counsellor's Perspective (#EP308) - page 23
- Special Issues in Suicide: Substance Misuse and Depression in the Geriatric Population (#AD206) - page 21
- Tor more information, contact Heather Olson at (604)528-5573 or e-mail holson@jibc.bc.ca.

## Couple and Family Therapy Certificate Program

#### **PURPOSE**

In response to requests from family practitioners for education and training in couple and family work, Douglas College Continuing Education and Social Services & Community Safety Division of the Justice Institute of B.C. collaborated to develop this certificate program. The program was created in consultation with family therapists working in agency or private practice settings, representatives of the B.C. Chapter of the Canadian and American Association of Marriage and Family Therapy. The program is designed to meet the basic educational requirements of the AAMFT (American Association of Marriage and Family Therapy).

## WHO SHOULD ATTEND?

This certificate program is for experienced counsellors and other practitioners working in a therapeutic setting with individuals, couples, and/or families, who are interested in specific professional training in couple and family therapy.

#### HOW TO APPLY

- Certificate program admission. Interested applicants must submit a completed admissions form and a recent resume outlining relevant work and/or volunteer experience. To enter the program, applicants must be currently working with individuals, couples, and/or families, and have a Master's degree in counselling, social work, or equivalent.
- Individual course admission. To register for individual courses, applicants must complete an admissions form briefly describing relevant work experience and/or volunteer experience and courses taken.

A certificate of achievement will be given to participants who attend all six courses (a total of 36 days) and successfully complete the evaluation activity for each course.

To request an admissions form, please contact Heather Olson at (604)528-5573 or e-mail holson@jibc.hc.ca.

For more detailed information on the certificate program, course content, and admission requirements, please contact Cheryl Bell-Gadsby at (604)528-5626 or e-mail cgadsby@jibc.bc.ca, and ask for a brochure.

#### **Core Courses**

## Introduction to Theories and Models of Couple and Families (#CFT100)

This course provides an introduction to the theory and practice of family systems therapy. Participants will review the historical development of the field, examine the distinctions between individual and systemic approaches, and explore basic concepts, models, theories, and family life cycle issues. The future directions of theory, practice, and research in the field will also be discussed. Throughout the course, contextual factors such as race, ethnicity, religion, age, gender, class, sexual orientation, and abilities will be explored in relation to how they affect families, therapists, and practice approaches. During the first three days, theoretical frameworks, contextual factors, and developmental issues will be examined. The final three days will address specific theories and models in the field, and provide participants with the opportunity to critique and evaluate these models based on the content presented, their own expectations, and practice experience.

Length: Six days
Date(s): Fall 2000
Fee: \$415
Instructor(s): TBA

## 2. Couple and Family Assessment (#CFT120)

This course is designed to give a broad overview of the philosophies, methods, and debates surrounding comple and family assessment. Participants will explore the implications of the social context of the client and the therapist, as well as the theoretical context of the therapist. Emphasis is placed on the development of a multi-dimensional, multi-method approach to comple and family assessment. Specific assessment methods and tools are examined as they apply to assessment of individual, dyad, "nuclear" family, and extended family systems. Participants are enconraged to bring case examples and dilemmas from their practice to synthesize course materials that fit their theoretical model.

Length: Six days
Date(s): Fall 2000
Fee: \$415
Instructor(s): TBA

## Ethical, Legal and Professional Issues in the Practice of Couple and Family Therapy (#CFT130)

This course provides a broad overview of ethical, legal, and professional issues that emerge in couple and family therapy. Participants will examine the social and interpersonal context in which these issues are identified, analyzed, and resolved. The socio-legal context of therapy, the personal/professional

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ethics of the therapist, and current views regarding professional ethics and professional codes will be explored. Participants will have an opportunity to consider the barriers they face in recognizing and dealing with ethical issues; describe a process of decision making when faced with ethical, legal, or professional issues in practice; examine key issues that can arise in the practice of couple and family therapy; and develop a personal plan for ongoing development in this area.

Length:

Six days

Date(s):

February 3-5 & 17-19

Fee:

\$415

Instructor(s): Cameron Egyeda, M.A. (Ps), and Marilee Sigal,

M.A., R.C.C.

## 4. Treatment Methods of Couple and Family Therapy, Level I (#CFT140)

This course examines the treatment methods of the major theories and models of couple and family therapy. When discussing the "working" or "facilitating change" stage of therapy, the focus will be on strategies and interventions. Issues related to engaging, assessing, contracting and terminating therapy will be examined briefly. The links among perceptual, conceptual, and therapeutic skills in each model of therapy will also be addressed. Participants will describe and analyze their own treatment methods, consider the connections between their approaches and the methods presented, and examine the consistency between theoretical understandings and treatment methods.

Length:

Six days

Date(s):

April 13-15 & 27-29

Fee:

Instructor(s): Cameron Egyeda, M.A. (Ps); Glenn Grigg, M.A.,

R.C.C.; Jung Hwa Suh, M.A.

## Treatment Methods of Couple and Family Therapy, Level II (#CFT150)

This course examines treatment methods for specific problems that may arise in couple and family therapy. It builds on Treatment Methods of Couple and Family Therapy, Level I, by examining how the conceptual and therapeutic skills developed in Level I can be used to understand and intervene with specific problems. Issues such as divorce, recoupling, psychiatric or physical disabilities, substance misuse, abuse, or violence, and their implications on the selected treatment methods, will be examined. Contextual factors that affect

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families, as well as the experiences and patterns common to families with specific issues or problems, will be addressed. Throughout the course, participants will explore the therapeutic challenge of working with these issues without defining their clients by their problems.

Length:

Six days

Date(s):

May 25-27 & June 8-10

Fee: \$415

Instructor(s): Heather Whiteford, M.S.W.; Cameron Egyeda,

M.A. (Ps); Robert Finlay, M.A.

## Couple and Family Therapy Practice Supervision (#CFT160)

This course focuses solely on supervision of participants' practice of couple and family therapy. Supervision occurs in small groups over a 12-week period. Participants will present cases from their practice on audio- or videotape for examination and feedback. Supervision will focus on the analysis of practice along theoretical, ethical, and legal dimensions. Participants will be encouraged to describe the treatment methods utilized and provide a rationale for methods chosen. Presentations will also emphasize personal and contextual factors relevant to practice.

Length:

Six full-day sessions

Date(s): March 2-4 & June 22-24

Fee: \$450 Instructor(s): TBA

## Brief Therapy: Strategies, Solutions, and Narratives (#CFT700)

This workshop introduces therapists and counsellors to the skills and theory of brief psychotherapy. Special attention is given to determining which clients, with which problems, are appropriate for this powerful but sometimes overgeneralized mode of helping. Participants will see demonstrations of skill grounded in Eriksonian, strategic, solution-oriented, and narrative therapy. Practice as well as handouts are part of the day.

Length: Date(s): Two days February 4-5

\$185 Fee:

Instructor(s): Glenn Grigg, M.A., R.C.C.

Eating Disorders Awareness Week

February 6-12

## **Additional Counselling and Supportive Interventions Courses**

These courses provide front-line support workers and those working in the field of counselling, social work, and mental health services with the opportunity to build on existing knowledge, skills, and theory. The courses emphasize the development of practical skills and effective interventions.

## NEW

# Grief Work Is Not Enough: Working with Infertile Couples (#EP580)

Infertility affects one in six couples, and is often a hidden stressor in many comples' relationships. This one-day workshop is designed to give practitioners the necessary information to assist couples who are coping with infertility. Through minilectures and case vignettes, participants will explore: the prevalence and nature of infertility; the emotional aspects of dealing with infertility, including gender differences; the types of treatment decisions couples face; and common short- and long-term personal and relationship consequences of dealing with infertility. Both presenters have professional and personal experience with infertility.

Length:

One day

Date(s):

February 28

Fee: \$9

Instructor(s): Manreen McEvoy, M.A., and Judith Daniluk,

Ph.D.

# The Therapeutic Relationship: Introduction to Ethics and Professional Boundaries (#EP255)

Counselling is a challenging profession because of the numerous and complex ethical dilemmas that counsellors face daily. A clearly defined ethical framework that is congruent with a counsellor's values prevents boundary violations and practitioner burnout. This course will provide an introduction to the area of professional boundaries and ethical practice, including the limits of confidentiality, dual relationships, conflict of interest, and legal liability. Participants will explore internal and external factors that affect their ability to enact personal values in their role as connsellors, and consider the role of countertransference in developing an effective counselling relationship. A variety of professional codes of ethics will be examined critically to identify their strengths and limitations in guiding counsellors to assume personal/professional accountability, establish and maintain therapentic boundaries, and skillfully use ethical judgement in their work. A model of ethical decision making related to boundary issues in counselling will be presented, and participants will develop skills to respond to and resolve conflicts between their personal values and professional codes of ethics.

Length: Two days
Date(s): March 17-18

Fee: \$175 (\$95 student price)

Instructor(s): Monica Franz, B.A., RCAT, BCATR

# Introducing Narrative Therapy: Ideas and Practices (#AD205)

This two-day course is an excellent primer on demystifying Narrative theory and language. It is open to therapists, counsellors, and mental health professionals interested in learning about this exciting approach and its relevance in substance misuse counselling. Key concepts and practices will be explained and illustrated, such as the story metaphor, mapping the problem, externalizing conversations, unique experiences, and reflecting teams. Narrative approaches to counselling people experiencing substance misuse problems will be discussed and demonstrated through applications in practice. This course is interactive and includes group exercises and conversations designed to assist participants in learning and putting Narrative pracrices into immediate use.

Length: Two days
Date(s): May 8-9
Fee: \$185

Instructor(s): Stephanie Saville, M.A., R.C.C.

## NEW

# Special Issues in Suicide: Substance Misuse and Depression in the Geriatric Population (#AD206)

Suicide threats or attempts raise the anxiety of even the most experienced practitioner. This course is designed for therapists, social workers, and mental health staff who wish to further develop their skills in identification, assessment, and appropriate response with older adults. Special consideration will be given to the highest at-risk and most often neglected group, the geriatric population. Emphasis will be on risk factors and examining the needs of individuals who misnse drngs and alcohol. Participants will review the most current research on assessment and effective intervention strategies. Opportunity for skill practice and case discussion will be provided.

Length: Two days
Date(s): May 29-30
Fee: \$185

Instructor(s): Gladys Adilman, Suri Vangolen, and

Christina Dunsmuir

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# Safe Teen, Powerful Alternatives: Skills to Stand Strong Without Violence (#EP562)

This two-day introductory workshop will present Safe Teen, a skill-based violence prevention program that has been integrated into the curriculum in many school districts throughout B.C. The Safe Teen program is grounded in theory on socialization and gender, and addresses the dynamics of power and powerlessness as the underlying factors of harassment, bullying, and assault. Participants will be introduced to skills and concepts to use in their work with adolescents, including assertiveness, building and respecting boundaries, embracing differences, handling disclosures, defining sexual harassment and sexual assault, and increasing self-esteem/power. Participants will learn how to pass on violence prevention skills to the adolescents with whom they work. This workshop is for youth workers, support workers, teachers, and counsellors who work with adolescents in a variety of settings. Participants are encouraged to wear comfortable clothing. (Note: This is an introduction and a prerequisite to the Safe Teen certificate program. We will be offering six additional days of training during the Winter/ Spring session. Upon completion of the six additional days, interested participants will receive a certificate of achievement from the Justice Institute and the Safe Teen program.)

Length: Two days
Date(s): March 3-4
Fee: \$185

Instructor(s): Anita Roberts

This course is also being offered in Yellowknife:

Length: Two days
Date(s): May 12-13
Fee: TBA

Instructor(s): Anita Roberts

# Everything You Ever Wanted to Know about the DSM-IV: Level 1 (#EP204)

This introductory course is for counsellors, support workers, group home staff, social workers, and other mental health professionals interested in expanding their familiarity with and understanding of psychiatric concepts and processes in order to better serve their clients who are receiving medical/clinical services within the mental health care system. Participants will examine the *Diagnostic and Statistical Manual of Mental Disorders* (4th edition), review basic psychiatric diagnostic terminology, and explore the Multi-Axial Evaluation according to DSM-IV criteria. Common diagnostic categories such as mood disorders, anxiety disorders, and personality disorders will be discussed, highlighting the role of non-medical mental health professionals in the diagnostic process.

Length: Two days
Date(s): March 8-9
Fee: \$185

Instructor(s): Joe Solanto, Ph.D.

# Everything You Ever Wanted to Know about the DSM-IV: Level II (#EP204A)

This advanced course is open to counsellors, support workers, group home staff, social workers, and other mental health professionals who have completed Level I (#EP204) or the equivalent. Participants will have the opportunity to explore in greater depth the major psychiatric disorders and differential diagnoses; consider factors relating to the selection of effective treatment approaches, including medical and non-medical interventions; and examine a process for creating comprehensive treatment plans. The role of non-medical mental health professionals in the diagnostic and treatment process will be highlighted. This course is not intended to qualify individuals to use psychiatric diagnostic procedures beyond their level of professional competence.

Length: Two days
Date(s): May 3-4
Fee: \$185

Instructor(s): Joe Solanto, Ph.D.

# Connecting with Children Under 12: Resolving Anger Issues (#CY192)

This two-day workshop will provide counsellors, social workers, child and youth care workers, and other mental health practitioners with the opportunity to understand and develop skills and strategies to work with children under 12 and their families where anger is an issue. The intervention strategies will focus on: effective communication of anger within a developmental context, identifying specific triggers and the anger cycle for younger children, exploring the role of the family in communication and anger expression, and specific skill practice sessions involving real on-the-job situations. The intervention strategies presented are designed to be incorporated in group and individual sessions with both children under 12 and their families.

Length: Two days
Date(s): June 1-2
Fee: \$175

Instructor(s): Mary Dowdall, M.S.W., and Susan Leaf, M.A.

(Cand.)

page 22 Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422

## The Art of Marketing and Networking in Private Practice (#EP522)

Marketing is not merely "a way to get clients" but a reflection of a practitioner's professional and therapeutic integrity. A clearly articulated and well-managed marketing plan contributes to the long-term viability of a private practice. This course is for practitioners who are beginning a private practice and those who have already established a private practice and are interested in enhancing their marketing skills. The course will address issues related to general concepts of marketing a private practice, and will include ethical considerations of marketing, marketing strategies, and the construction and effective implementation of a marketing plan. The principle of personal contact marketing and the use of networking resources will be highlighted. Participants will receive a manual detailing the format for developing a marketing plan. The manual will also include a resource guide and bibliography.

Length:

Two days

Date(s): Fee:

February 21-22 \$185

Instructor(s): Monica Franz, B.A., RCAT, BCATR

## Crisis Intervention with Children and Youth: Assessment of Suicidal and Homicidal Risk (#EP306)

This course is for therapists, social workers, mental health staff, child care counsellors, probation and correctious officers, teachers, school counsellors, and other practitioners who work with youth. Participants will develop skills to identify and assess suicide and homicide risk factors. They will also examine and distinguish between a range of high-risk indicators, including self-harming behaviours and suicidal ideation. This course will address assessment of suicide risk with children under 12. Participants will have the opportunity to practise their newly learned assessment skills in case scenarios.

This course will focus on innovative outreach and crisis intervention with youth. A theoretical framework, including a gender and cultural context, will be presented, along with hands-on crisis intervention skills to apply to participants' work with youth.

Length:

Two days

Date(s):

March 30-31

\$185

Instructor(s): Munir Velji, B.A. Crim., M.S.W.

## Understanding Pharmacology from a Counsellor's Perspective (#EP308)

This course is for counsellors, therapists, social workers, mental health staff, alcohol and drug counsellors, child care counsellors, foster parents, support workers, and other practitioners who are interested in expanding their knowledge of pharmacology and how it pertains to clinical counselling situations. Topics to be addressed include the central nervous system, anti-depressant medications, anti-anxiety medications, and drugs used to treat schizophrenia and bipolar disorder. Special emphasis will be placed on substance abuse and the consequences of mixing psychotropic medications with street drugs. Through discussion and case scenarios, participants will gain knowledge of psychotropic medication, including its effects, side effects, lethality, and interaction with street medications.

Length:

Two days

Date(s):

February 21-22

Fee: \$185

Instructor(s): Munir Velji, B.A. Crim., M.S.W., and

Yvonne Savard, B.Sc.N.

## Effective Support and Interventions with Youth Who Misuse Substances: Understanding Ourselves and Adolescents (#AD202)

This workshop is for youth workers, social workers, counsellors, alcohol and drug counsellors, support practitioners, residential care providers, and other related workers who are interested in working with substancemisusing youth. This workshop emphasizes the value of understanding ourselves and youth in order to build supportive relationships and provide effective services to youth. Participants will gain a deeper imderstanding of substance-misusing adolescents by exploring adolescent development and adolescent values and beliefs, and by listening to the voices of youth. A panel of youth will teach participants about the effective support and services they experienced during their change process. A youth will also lead participants in a discussion about youth empowerment.

Length:

Three days

Date(s):

April 12-14

Fee:

\$225

Instructor(s): Kathy Snowden, B.S.W., M.S.W., and

Mary Anne Crabtree, B.A. (Hon.), B.S.W.

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 23

#### NEW

## Putting a Youth Twist into Substance Misuse Information and Youth Services (#AD207)

This workshop is for youth workers, social workers, counsellors, alcohol and drug counsellors, support practitioners, residential care providers, and other related workers who are interested in working with substance- misusing youth. The workshop recognizes the unique differences between youth and adults who struggle with substance abuse issues. Basic substance misuse information will be reviewed, with emphasis on how to apply the material specifically to youth. Participants will review models of substance misuse, harm reduction, stages of use, and the model of change through a youth lens. Participants will learn how to implement tools that will help youths assess their own substance use and how to create services that are effective with substance-misusing youth.

Length: Date(s): Two days June 22-23

Fee:

Instructor(s): Kathy Snowden, B.S.W., M.S.W., and

Mary Anne Crabtree, B.A. (Hon.), B.S.W.

## Introduction to Treatment Issues in Grief and Bereavement (#EP582)

This two-day workshop is for support workers and beginning therapists who are working with clients who have grief and bereavement issues. Participants will explore normal bereavement and the factors influencing that process; discuss the responses of children, adolescents, and adults to loss; and examine dynamics impacting on the grief process, thereby complicating bereavement. Attention will be paid to some management strategies for clients and self-care for practitioners to prevent compassion fatigue.

Length:

Two days

Date(s):

April 28-29

Fee:

\$185

Instructor(s): Linda Rosenfeld, B.S.W., and Suri Vangolen,

B.A., R.C.C.

## Unspoken Sorrow - Understanding Loss from Disability (#EP583)

With the social, medical, and technological advances that have been made in the past two decades, people with disabilities now have the opportunity to live full, productive lives and to contribute in meaningful ways to their communities. However, unresolved grief after disability is a major factor that often prevents people from taking advantage of the opportunities that are available. This workshop is for health care practitioners, counsellors, and other service providers who

Registration: (604)528-5590

work with people with disabilities. Participants will consider and discuss the range of losses resulting from disability, and identify factors that complicate the grieving of loss from disability and the completion of the tasks of mourning. Through group discussion, written exercises, and case studies, strategies for helping persons affected by disability to move beyond loss will be presented.

Length: Date(s): One day May 5

Fee:

\$95

Instructor(s): Sally Scott

## Chronic Trauma and Attachment: Understanding the Impact of Early and Chronic Trauma, Abuse, and/or Sexual Abuse on Child Development (#EP310)

For a course description, see page 15 in the Child Abuse and Trauma category.

Length:

Two days March 27-28

Date(s): Fee:

Instructor(s): Barbara C. Mills, Ph.D., R.Psych.

## EMDR and Sexual Abuse: A Workshop for Clinicians (#TS529)

For a course description, see page 15 in the Child Abuse and Trauma category.

Length:

Oue day

Date(s):

April 29

Fee: \$125

Instructor(s): Maggie Ziegler, M.A.

## Becoming a More Effective Counsellor (#EP508)

The course is for front-line workers who are currently working with clients and are interested in building and refining their counselling skills. Participants will explore verbal and nonverbal counsellor-client communications, review a process for reflecting feelings and thoughts, discuss how to use silence effectively, consider how to minimize boundary violations, and identify specific steps to ensure that clients are learning problem-solving skills. Participants will consider 18 characteristics of effective counsellors; seek to model congruency of thoughts, feelings, and actions; and differentiate between support, counselling, and therapy. Demonstrations, video clips, and discussions will be used to present the material and to create an encouraging environment where participants can practise and expand their skills,

General inquiries: (604)525-5422 Web site: www.iibc.bc.ca

Length: Two days
Date(s): March 20-21
Fee: \$175

Instructor(s): Elaine Stoll, B.A., R.C.C.

## Building on Client Strengths (#EP196)

Clients bring their specific problems and, in some cases, destructive behaviours to their relationship with helping professionals. It is often difficult for the client and the worker to consider the strengths underneath these behaviours. This course is for counsellors, victim service workers, social workers, and other front-line staff who provide support to children, youth, and adults and are interested in building on existing client strengths. Participants will review the essential elements of Choice Theory; develop skills in enhancing existing strengths in their clients; and explore the psychological need motivating these behaviours and survival strategies. Emphasis will be placed on avoiding common pitfalls for support workers, and on supporting clients to strengthen internal responsibility for their behavioural choices.

Length: Two days
Date(s): April 12-13
Fee: \$175

Instructor(s): Elaine Stoll, B.A., R.C.C.

## NEW

# Caught Between Two Worlds: Supporting Culturally Diverse Adolescent Girls (#CY109A)

For a course description, see page 29 in the Women's Issues category.

Length: Two days
Date(s): June 2-3
Fee: \$185

Instructor(s): Natalie Clark, M.S.W.; Lynn Redenbach, B.A.;

Sonia Manhas, M.S.W. (Cand.)

## Advanced Motivational Interviewing (#AD204)

This course is for service providers who wish to develop more in-depth knowledge and skills related to motivational interviewing. Motivational interviewing is a system of techniques to assist clients in building motivation to change behaviours, strengthen the commitment to make changes, and maintain changes once they are made. Participants will develop a more comprehensive understanding of how people change, using the Transtheoretical Model of Change, and will learn specific strategies for working with clients at each level of readiness to change. The course material will focus on application towards working with substance misuse issues through use of Decisional Balance Grids, and will address issues around working with resistance and ambivalence.

**Note**: Participants will benefit from having previous exposure to an introductory level of Motivational Interviewing, such as that offered in the Assessment of Addictive Behaviours course (#AD112) being offered on June 5 & 6.

Length: Four evenings

Date(s): June 13, 15, 20, & 22 (6:30 – 9:30 pm)

Fee: \$185

Instructor(s): Rob Axsen, B.A.

## NEW

## Facilitating Parenting Groups - Essential Skills (#EP586)

This course will be of interest to anyone currently facilitating parenting groups of any kind. Over the two days, participants will learn more about presenting material creatively that might otherwise elicit defensiveness from the parent or from the group. Emphasis will be given to helping parents separate out two key areas: partner issues from parenting problems, and confusing their own childhoods (past) with their children's childhood (present). A wide range of nseful techniques will be developed to help facilitators keep parents focused on their choices, not their children's behaviour; clarify parental roles, styles, and approaches; and use the developmental stages of children as a dynamic tool. Participants will develop their creativity and confidence for using spontaneity and identifying the "teachable moment." Finally, participants will learn how to ensure that they are using up-to-date materials by accessing print media, TV/VCRs, and Internet sites.

Length: Two days
Date(s): February 14-15

Fee: \$185

Instructor(s): Elaine Stoll, B.A., R.C.C.

# Counselling Families and Individuals Through Family Transition: Divorce, Separation and Remarriage (#EP554)

All family members are inevitably affected by the impact of family restructuring brought about by separation, divorce, and remarriage. This course will expand the knowledge and abilities of counsellors, social workers, and other mental health professionals working with children, adults, and families who are experiencing family transitions. Participants will learn about the family dynamics involved in changing family structures, stages of the uucoupling and recoupling process and related therapeutic issues, and developmental concerns of children experiencing family break-up. Specific skills will be emphasized in determining appropriate therapeutic interventions, assessing parenting plans, assisting parents in post-divorce parenting, and developing strategies to ensure the optimal adjustment of children and adults.

Length: One day
Date(s): April 5
Fee: \$95

Instructor(s): Ellen Shapiro, M.A., R.C.C., Dip.C.

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 25

## Creative and Expressive Therapies

## Expressive Play Therapy Methods (#CY104)

This introductory course is for counsellors, social workers, child care workers, and mental health professionals currently working with children 3 to 12 years old. The workshop focuses on the content of expressive play therapy methods and covers the function of art and play through the developmental stages. Participants will have the opportunity to become familiar with the toys and various art therapy exercises used in working with children in this age group.

Length: Date(s):

Two days March 22-23

July 10-11

Fee:

\$195

Instructor(s): Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S

## Child-Centred Play Therapy (#CY104A)

This course is for practitioners who use play and various expressive therapies in their work with children. Child-centred play therapy is an exploration of the process built on the content presented in #CY104. The workshop includes guiding principles of child-centred play therapy, the intake process, setting up a playroom, how to structure the session, when to lead and when to follow, and permissiveness and limits. These issues will be illustrated by a videotape of excerpts from sessions and practised through role-plays.

Length: Date(s): Two days March 24-25

July 12-13

Fee:

\$195

Instructor(s): Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S

# Art and Play Therapy with Neglected and Abused Children (#CY104B)

This course is for practitioners who use art and play therapy in their work with children who have experienced and disclosed neglect and abuse. Course content reviews theoretical principles underlying the use of art and play therapy with traumatized children, illustrates ways of addressing the main clinical issues of neglected and abused children, and examines the recurring images that emerge in children's play and art (through the various stages of therapy). It is recommended that participants take #CY104 and #CY104A before registering for this course.

Length:

Two days July 14-15

Date(s): Fee:

\$195

Instructor(s): Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S

# Creativity and Trauma: Using Art as a Tool for Healing (#CSA191)

For a course description, see page 12 in the Child Abuse and Trauma category.

Length:

Two days

Date(s):

May 5-6 \$185

Fee: \$1

Instructor(s): Margaret Jones-Callahan, M.A.

## SUMMER ART AND PLAY SERIES

Because of our many out-of-town participants and the popularity of this program, we are pleased to offer a week-long schedule of three of Marie Jose-Dhaese's courses in July. Participants are encouraged to enrol in the week-long offering or take an individual course, provided the prerequisites are met.

## Expressive Play Therapy Methods (#CY104)

Length: Two days Date(s): July 10-11 Fee: \$195

## Child-Centred Play Therapy (#CY104A)

Length: Two days Date(s): July 12-13 Fee: \$195

# Art and Piay Therapy with Neglected and Abused Children (#CY104B)

Length: Two days Date(s): July 14-15 Fee: \$195

# Images of Trauma in Children's Art, Play, and Sand Play (#TS518)

For a course description, see page 15 in the Child Abuse and Trauma category.

Length: Two days Date(s): June 9-10 Fee: \$195



## Creative and Expressive Therapies

#### NEW

## Images of Trauma in Children's Art, Play, and Sandplay (#TS518)

For a course description, see page 15 in the Child Abuse and Trauma category.

Length:

Two days

Date(s):

June 9-10 \$195

Fee:

Instructor(s): Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S

## NEW

## From Image to Vision: What Is Conscious Dying and Living, Anyway? (#EP584)

This experiential one-day course is for healing arts practitioners at all levels of experience who wish to explore their own images of dying and death and then integrate these into their practice. Participants will explore images of dying and death and how attachment to these fears and images affect how we live. This workshop will also expand participants' vision of dying and death, and thus begin healing the separation between living and dying. Participants will have the opportunity to use collage. writing, and a witnessing process to facilitate their experience.

Length:

One day

Date(s): Fee:

February 2 \$95

Instructor(s): Diana C. Douglas, M.Ed.

#### NEW

## Inner Journeys/Outer Expressions (#EP585)

This one-day workshop is for anyone in the helping professions who is interested in exploring and experiencing a variety of expressive meditation practices, including writing, painting, and collaging, as pathways to the Creator/Divine within. The course is ideal for experienced meditators who are looking for new ways of meditating, or those who already like to meditate but who would like to find alternatives to sitting in silence.

Length: Date(s): One day February 3

Fee:

\$95

Instructor(s): Diana C. Douglas, M.Ed.



## Integrating Energetic Bodywork into a Solution-Focused Counselling Process - Level I (#EP232)

Issues such as chronic pain, anxiety, depression, and trauma reactions affect clients both physiologically and emotionally, and are rarely resolved using cognitive therapy alone. This course explores therapeutic interventions from energetic and solution-focused, and metaphorical, models and approaches. Participants will: acquire practical clinical tools for heightening mind-body communication, develop hands-on skills to help clients reconnect with internal resources, learn the guiding principles and techniques of practising energy work, and examine legal and ethical issues related to touch therapy.

This course is open to professionals in mental health-related fields with a Master's degree (or equivalent experience) or a nursing degree, students enrolled in graduate programs in related disciplines, and/or other practitioners with a combination of relevant training and clinical experience.

Length:

Four days

Date(s):

January 18-21

Fee: \$360

Instructor(s): Ruth Lamb, R.N., M.Sc.N., CHTI, and

Cheryl Bell-Gadsby, M.A., R.C.C.

## NEW

## Introduction to Art Therapy for Counsellors and Therapists (#CY250)

This workshop will be of interest to the many therapists, counsellors, and other mental health professionals who integrate some form of art making in their clinical work but who have not yet pursued the formal postgraduate level training required to become a professional art therapist. The course will provide participants with introductory information on the theory and practice of art therapy to enable them to use this powerful therapeutic medium with effectiveness, skill, and ethical integrity. Areas covered will include the therapeutic benefits and contraindications of art therapy; ethical and liability issues; creating and maintaining an art therapeutic environment; and issues pertaining to the experience of the therapist, such as vicarious traumatization and boundary management. Opportunities will be provided for experiential engagement with the art materials, art therapeutic processing, and a review of slide-illustrated case studies.

Length:

Two days

Date(s):

March 10-11

Fee:

\$185

Instructor(s): Monica Franz, B.A., RCAT, BCATR

## Creative and Expressive Therapies

## NEW

## Art Therapy in Chinese Cultures and Acculturation Problems (#CY251)

This course is for professionals such as counsellors, social workers, health-care workers, therapists, and others who are working with Asian immigrants. Participants will learn about how the philosophy of the Chinese culture affects the acculturation process. By a single daring assumption of the cosmic principle of the Tao, the Chinese focused on the notion of one power permeating the whole universe. Tao is a liberating experience that offers individuals the potential for self-understanding as well as for understanding others. This course offers participants a first-hand experience of the application of the Chinese culture in Western art therapy activities. This course will be limited to 16 people.

Length:

page 28

Two days March 6-7

Date(s): Fee:

\$185

Instructor(s): Sze-Oi Lau, M.S., M.Ed.

## NEW

## Transforming Trauma: Writing as a Tool for Voice and Healing (#EP565)

This experential workshop will be of interest to counsellors. youth workers, front-line workers, teachers, social workers, and other mental health professionals who are interested in exploring the transformation of trauma through creative expression. This workshop will introduce participants to creative tools for healing, which can be powerful avenues for supporting clients in their expression of voice, sharing of culture and life stories, and healing. The workshop is designed so that participants can take back the exercises to share with their classes, youth groups, and clients.

Length:

One day

Date(s): Fee:

April 8 \$95

Instructor(s): Krystal Cook

## B.C. Prevention of Violence Against Women Week

April 19-25

For information about our courses and programs, visit our Web site at

www.jibc.bc.ca



Web site: www.jibc.bc.ca General inquiries: (604)525-5422 Registration: (604)528-5590

# Eating Problems and Other Expressions of the Female Body (#CY198)

This one-day workshop will invite participants to explore the complex relationship women and adolescent girls have with their bodies. Using hands-on exercises and concepts that can be adapted to our various roles in working with females, this workshop will provide opportunities to explore the factors influencing how we perceive and work with the many expressions of the body. To facilitate this process, disordered eating will be centralized in the presentation and discussion because of its relevance and prevalence in the lives of females at this point in history. In addition, a culturally sensitive approach will be integrated, taking into consideration issues of race, class, ethnicity, and sexual orientation as they pertain to this topic. We encourage everyone to wear comfortable clothing.

Length: One day
Date(s): February 3
Fee: \$95

Instructor(s): Lynn Redenbach, B.A., R.PN.

## NEW

## Our Bodies in Balance: Art and Drama Therapy as a Healing Tool for Women with Disordered Eating (#CY252)

This introductory workshop is for professionals, counsellors, social workers, psychologists, and other mental health practitioners interested in the use of art and drama therapy as a healing tool in their work with women who have a history of sexual, physical, and emotional abuse, and who as a result have developed an eating disorder as a coping mechanism. Participants will work experientially with art and drama in order to develop some understanding of the power of the creative mediums. These mediums used in the group help clients develop a more meaningful sense of self, promoting self-love in place of self-harming behaviour. No art or drama experience is necessary. The drama therapy presented is not psychodrama; rather, it uses metaphor, symbol, and story as a means with which to heal. Please wear comfortable clothing.

Length: One day
Date(s): February 4
Fee: \$95

Instructor(s): Katharine Carol, B.F.A., R.D.T., and Carol

Sedgewick, ATR, BCATR, RCAT

#### NEW

# Caught Between Two Worlds: Supporting Culturally Diverse Adolescent Girls (#CY109A)

This workshop is for youth workers, support practitioners, and counsellors in community, private, and school settings who are working with young women. Participants will review current theories of female adolescent development in relation to the experiences of bicultural adolescent girls, and explore cultural

and societal constructs of self-identity. The course will present a framework of bicultural development as well as provide relational tools to facilitate a young woman's exploration of self. It will highlight creative strategies to address the diverse developmental issues and crises experienced by adolescent girls and provide opportunities to develop anti-bias social service skills.

Length: Two days
Date(s): June 2-3
Fee: \$185

Instructor(s): Natalie Clark, M.S.W.; Lynn Redenbach, B.A.;

Sonia Manhas, M.S.W. (Cand.)

## NEW

## Working with Adolescent Females in Trauma: Innovations in Group Treatment (#TS527)

For a course description, see page 14 in the Child Abuse and Trauma category.

Length: Two days
Date(s): May 31 & June 1

Fee: \$185

Instructor(s): Cheryl Bell-Gadsby, M.A., R.C.C., and Natalie

Clark, M.S.W., R.S.W.

## New Visions for Mid-Life: How Counsellors Can Help Women Entering Second Adulthood (#EP305)

This course is for professionals such as counsellors, social workers, physicians, health-care workers, career counsellors, and others who are working with women in their late 30s to mid-50s. Participants will review contextual factors that might lead to a revisioning of mid-life and will identify salient issues that may need to be addressed. A number of concrete steps will be provided for counsellors working with adults in midlife, to guide them in helping their clients move toward more satisfying lives. These steps are contained within a bio-psychosocial model and a feminist, existential framework of adult development. Participants will be encouraged to examine their own assumptions or biases about ageing, and will have an opportunity to experience and learn about some creative interventions such as art therapy and life review.

Length: Two days
Date(s): May 29 & 30

Fee: \$185

Instructor(s): Sally Halliday, M.A., and Kate Collie, M.A.

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 29

## Women's Issues

## NEW

# Grief Work Is Not Enough: Working with Infertile Couples

For a course description, see page 21 in the Counselling and Supportive Interventions category.

Length: Date(s):

One day February 28

Fee:

Instructor(s): Maureen McEvoy, M.A., and Jndith Daniluk,

Ph.D.

## Violence Against Women in Relationships Core Training (#EP193)

This two-day course is designed to give participants a basic overview of how and why violence against women operates in our society. It will provide an introduction to intervention theory and techniques and is designed to be highly participatory. Many of the exercises draw on the experiences of participants. The curriculum is written from a feminist and popular-education perspective. Topics include: continuums of abuse, lethality assessments, effects of abuse on women and children, men who abuse, crisis intervention and safety planning, and legal and service delivery needs of women. The course is for community health nurses, workers in women-serving agencies, victim service workers, police, family support workers, homemakers, and so on.

Length:

Two days

Date(s): January 28 & 29

Fee:

\$125

Instructor(s): Melody Augustine

## Violence Against Women - Advanced Skills for Practitioners (#EP220)

This two-day workshop explores the use of the Transtheoretical Model of Change as an effective approach to understanding the challenges for women who are currently in violent relationships. By understanding the stages of change and the corresponding barriers to safety that women may experience, workers can support women as they move through the stages of change leading toward and maintaining positive action. Through discussion and case studies, participants will have an opportunity to examine the Transtheoretical Model of Change as it applies to work with women who are in abusive relationships, explore specific approaches that arise out of using this model, and observe and apply specific methods through the use of case studies. This course is for transition house and women's centre staff, counsellors, social workers, and mental health professionals who work with women who have experienced violence. Priority will be given to participants who have taken previous training in working with this client population.

Registration: (604)528-5590

Length: Date(s): Two days April 17 & 18

Fee: \$185

Instructor(s): Anne Davidson, M.Phil., P.G.C.E., B.Sc.Econ., B.A.

## Group Work with Women Who Have Experienced Violence (#EP301)

Day 1 of this workshop will provide participants with an understanding of the roles and dynamics of group work as a counselling approach with women who have experienced abuse or violence. Participants will examine their own experience and beliefs about group work while learning about group dynamics and facilitation skills. The topics covered are: purpose of groups, benefits and challenges of groups, various group formats, and stages of groups. Day 2 will focus on effective intervention strategies in a group format while maintaining a safe group environment. Participants will have an opportunity to learn how facilitators can play a therapeutic role with each woman while paying attention to the dynamics of group learning and group support. Appropriate intervention and tools will be introduced to address issues such as flashbacks, anger, attachment, and low self-esteem. This workshop is for counsellors working with women who have experienced violence who want to use a therapeutic group format in addition to individual and/or support group work.

Length:

Two days

Date(s):

June 9 & 10

Fee: \$185

Instructor(s): Ninu Kang, M.A. (Cand.)

#### LINK

LINK is a two-day workshop exploring the links between alcohol and drug misuse and violence against women and children. It was developed to enable workers in the fields of alcohol and drug abuse and family violence to explore common issues and concerns related to identifying, screening, supporting, and referring clients. Another goal of the workshop is to strengthen working relationships among workers in these fields. LINK workshops are offered around the province and are facilitated by local instructors from these two fields. The registration fee is \$90 and includes course materials.

The square interested in organizing a LINK workshop in your community, contact Cheryl Bell-Gadsby at (604)528-5626.

> International Women's Day March 8

## Working with Youth in Community Settings Certificate Program

## **PURPOSE**

This certificate program was developed with the help of employers and youth and family care practitioners, research into the current literature, and the proposed criteria for certification developed by the Child and Youth Care Association of British Columbia. The program is based on the beliefs, values, and practices found in three theoretical approaches: the Resilience Model, the Psycho-education Model, and Positive Peer Culture. The fundamental principles of each of these theoretical frameworks are that adolescence must be viewed from a Normative Development perspective: that each youth is making the often challenging transition from childhood to adulthood to the best of their abilities, given their circumstances: that each youth must be viewed as a unique individual with different strengths, abilities, and needs: and that every youth wants to feel valued, respected, and understood.

## WHO SHOULD ATTEND

This program is designed for professionals who are currently working with youth and families in a variety of community settings (residential, treatment, recreational, outreach, educational, or therapeutic foster care programs). Applicants must currently be working a minimum of 25 hours per week as a youth care practitioner with clients who are youth between

the ages of 13 and 18. Applicants must have a minimum of one year of experience as a youth care practitioner.

#### **HOW IT IS OFFERED**

The certificate program consists of four parts of four days each which must be completed with the same group of participants in consecutive order, and four elective days of youth-related Justice Institute courses. Participants must fully attend and participate in class and successfully complete related course assignments. The certificate program must be completed within two years. Participants must complete an application form to be accepted into the program.

## CERTIFICATE OF ACHIEVEMENT

A certificate of achievement will be given to participants who complete the 16 core days of the certificate program and four days of youth-related Justice Institute electives plus assigned course work.

#### APPLICATION INFORMATION

For more information, call the Program Coordinator, Sandra Rice, at (604)528-5633. For detailed brochures and an admissions form, call the Program Assistant, Nenita Capili, at (604)528-5631.

## **CORE LEARNING OBJECTIVES**

- Explore the impact of values and beliefs when working with youth
- Strengthen communication skills to build relationships with youth
- Define the role and influence of family in youth care work
- Define the normative stages of development for children and youth and the impact on a youth's ability to accomplish the developmental tasks
- · Understand and apply the principles of the Resilience Model
- Develop and strengthen interventions based on the Psychoeducation Model
- · Define and practice the principles of Positive Peer Culture
- Develop caring and sensitive approaches to sexuality issues with youth
- Describe and practise specific written communications required of youth care practitioners
- · Describe and practise ethical decision making

#### FEES

The fee for the four parts of the program is \$975. Immediately upon acceptance, applicants must pay a deposit of \$100, which will be deducted from the full program fee. An additional \$475 is due on March 6, and the balance of \$400 is due on April 14.

Please note that each session is to be completed with the same group of participants for each of the four parts.

## Working with Youth in Community Settings Certificate Program (Parts 1, 2, 3, and 4) (#CY169)

Length:

Sixteen days

Fee:

\$975

Date(s):

Part 1 - March 27-30

Part 2 - May 1-4

Part 3 – June 5-8 Part 4 – July 4-7

Instructor(s): Bruce Hardy, Martha Joy, and Debbie Verkerk

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 31

## Courses for Professionals Who Work with Children, Youth, and Families

#### NEW COURSE SERIES

## Adventure-Based Learning with Youth

#### **PURPOSE**

Social Services & Community Safety Division is pleased to offer a pilot series of four courses in Adventure-Based Learning for professionals who work with youth. The series is based on the principles of programs such as Outward Bound and Project Adventure. It will offer theoretical and practical skills to enable professionals who work with youth in a variety of settings to enrich their programs by using proven techniques of experiential learning. Over the past two decades, adventure-based programs have been offered in public schools to enrich the academic curricula as well as provide alternative learning approaches to special needs students. These approaches have proven their effectiveness in rehabilitation programs for a wide variety of specia! populations.

## WHO SHOULD ATTEND?

These courses are open to all professionals who work with children, youth, and families in a variety of community settings (educational, residential, correctional, recreational, therapeutic). It is recommended that participants complete the first two courses in sequence, as they have been designed developmentally.

Some selected courses can also be used as electives in the Working with Youth in Community Settings Certificate Program, These courses are marked with an asterisk (\*).

#### **COURSE STREAMS**

Two separate streams are being developed for a future certificate program. One stream will be "Educational," the other "Therapeutic." Advanced courses in the new certificate program will include off-site visits in appropriate challenge and wilderness settines.

Look for more courses in each stream in our Fall 2000 calendar.

## Course 1: Introduction to Adventure-Based Learning with Youth (#CY210)\*

This two-day course will ask participants to review the history of adventure-based learning, explore the academic models on which it is based, examine the experiential learning cycle, critically review relevant research, reflect on professional ethical issues, and begin to project program applications in a variety of settings for working with youth, Participants will gain an appreciation of the specific sequence of skills that ensure that learners will become increasingly comfortable and confident and more ready to cooperate toward the accomplishment of individual and group goals.

Length: Date(s): Two days

Fee:

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February 1-2 \$185

Instructor(s): Conrad Cone and Chris Moore

## Course 2: Leadership Skills in Adventure-Based Learning with Youth (#CY211)\*

This two-day course will help participants examine the skills and qualities of an effective adventure-based learning leader. The principles reviewed will be a combination of group facilitation skills, leading by modelling, and specific skills and strategies for program planning and delivery in fluid and unstructured settings. Effective leadership requires a balanced combination of "hard" (activities-based) and "soft" (human relationship) skills. This balance will be modelled by the instructors and fostered in each participant. Participants will learn how to lead individual youth and youth groups in ways that empower them to maximize their efforts, learn from their experiences, and transfer this learning to real-life settings.

Length:

Two days March 2-3

Date(s): Fee:

\$185

Instructor(s): Joe Solanto, Ph.D., and Chris Moore

Eating Disorders Awareness Week

February 6-12

Web site: www.jibc.bc.ca General inquiries: (604)525-5422 Registration: (604)528-5590

#### **EDUCATIONAL STREAM**

## Course 3: Educational Applications of Adventure-Based Learning with Youth (#CY212)\*

This two-day course will emphasize the applications of adventure-based learning in the general academic program to enrich existing curricula offerings. Participants will learn how to select appropriate activities within the classroom in order to support learning activities by helping youth build selfconfidence; increase cooperative behaviours; and enhance creativity, problem-solving, decision-making, and conflict resolution skills.

Length:

Two days

Date(s): Fee:

April 10-11 \$185

Instructor(s): Joe Solanto, Ph.D., and Conrad Cone

## THERAPEUTIC STREAM

## Course 4: Adventure-Based Counselling for Youth at Risk (#CY196)\*

Programs such as Outward Bound and Project Adventure have provided models for helping individuals develop self-esteem, increased self-confidence, and enhanced social and community skifls by succeeding at exciting and challenging outdoor experiences. These basic models have been expanded to adapt to the needs of special populations such as "high-risk" youth who need to feel genuinely engaged and challenged yet successful. The course will present an overview of adventurebased counselling principles and resources. It will examine ways in which programs for youth can incorporate these into their philosophy and everyday practice as well as provide these outdoor experiences for their clients.

Length: Date(s):

Two days May 30-31

Fee:

\$185

Instructor(s): Joe Solanto, Ph.D.

## SSCSD Graduation

May 4, 2000

6:00 - 9:00 pm

## Making Connections: Working Through Conflict with Youth

## Course 1: Making Connections: An Introduction to Effective Conflict Resolution Skills for Working with Youth (#CY185)\*

The first two-day course in the Making Connections: Working Through Conflict with Youth series is designed as an introduction to effective conflict resolution skills for practitioners who work with youth in a variety of community settings. Participants will increase their awareness of their own beliefs about conflict, and the impact of these beliefs on their actions when working through conflict situations with young people: assess their skills in resolving difficult situations with youth; identify and practise non-coercive collaborative processes for resolving youth-related conflicts; and develop key skills such as assertive expression, non-defensive listening, and selfmanagement.

Length:

Two days

Date(s):

February 24-25 \$185

Fee:

Instructor(s): Mario Govorchin

## Course 2: Making Connections: Managing Emotional and Aggressive Situations with Youth (#CY186)\*

The second course in the Making Connectious: Working Through Conflict with Youth series is designed for youth care professionals and other individuals who work directly with youth in a variety of community settings. Participants will examine their own responses to highly emotional and aggressive behaviours in youth; strengthen their skill level in managing these behaviours; explore and practise a range of defusing and limit-setting strategies for responding to youth in crisis; and practise strategies for coaching youth to manage their own behaviours. (It is recommended that Course 1 be completed before Course 2 or 3.)

Length:

Two days

Date(s):

March 22-23 June 12-13

Fee:

\$185

Instructor(s): Mario Govorchin

Pamela Theriault

Coach:

## Working with Youth

## Course 3: Making Connections: Third-Party Facilitation when Working with Youth (#CY187)\*

The third course in the Making Connections: Working Through Conflict with Youth series is designed for youth care professionals and other individuals who work directly with yonth in a variety of community settings. Participants will examine options for facilitating as a third party in situations of conflict with youth; practise strategies for successful arbitration, conciliation, and mediation with youth; develop skills to facilitate communication between disputants; examine their role as third-party facilitator; develop skills to manage the emotional climate and ensure safety for youth during interventious; and practise process and communication skills to guide youth in conflict through a simulated mediation process. (It is recommended that Course 1 be completed before Course 2 or 3.)

Length: Date(s): Two days July 10-11

Fee:

\$185

Coach:

Instructor(s): Mario Govorchin Pamela Theriault

## Developing Effective Interventions: Interventions for Moderate to High At-Risk Youth (#CY189)\*

This two-day course is designed to respond to the changing complexities of working with youth who have moderate to high needs. Child and youth care workers are frequently expected to work with youth who may display behaviours that can be challenging, aggressive, violent, suicidal, and/or chemical-dependent. Participants will have the opportunity to share ideas, deal with specific on-the-job realities, and meet with community-based professionals who manage these issues on a daily basis. The course will focus on specific practical interventions with a range of behaviours such as motivational issues, manipulation, mental health issues, violent offenders, sexual intrusiveness, and aggression. Participants will discuss the real numbers behind high-risk statistics and examine the chauges in the field and how to access resources to help in their work with young people.

Length: Date(s): Two days March 8-9

\$185

Fee:

Instructor(s): Bruce Hardy, Ph.D. (Cand.)

## Advanced Level: Developing Effective Interventions with Moderate to High At-Risk Youth (#CY219)\*

This two-day course has been designed for participants who have previously completed the Developing Effective Interventions course (#CY189) and want to focus on their skill development. Participants will review the ethics of interventions and how they affect our work with youth; several ethical

Registration: (604)528-5590

models; the rights of children and youth; and the challenge of working with extreme behaviours, including threats, violence, and suicide attempts. Participants will work with videotape and the instructor to assess where their skills need to be strengthened. Practice sessions with real on-the-job situations will be the focus of the course.

Length:

Two days

Date(s): Fee:

April 27-28 \$185

Instructor(s): Bruce Hardy, Ph.D. (Cand.)

## Advanced Level: Effecting Change Through Youth Peer Relationships (#CY223)\*

This two-day course has been designed for participants who have previously completed the Creating Positive Change Through Peer Groups course (#CY182) or who have extensive experience in running groups that help youth develop their peer relationships. The focus will be on experiential learning to further develop participants' facilitation of youth peer groups. This advanced course will help participants identify the process from leadership to facilitation to self-direction as the youth group matures, and learn how to help youth recognize their own strengths through the process of helping each other.

Length:

Two days

Date(s): Fee:

May 15-16 \$185

Instructor(s): Debbie Verkerk and Lenox Neher

## Working With Gay, Lesbian, Bisexual, and Transgender Youth (#CY188) \*

Increasingly youth-serving agencies and professionals who work with youth are recognizing the sensitive and complex needs of sexual-minority youth. Gay, lesbian, bisexual, and transgender youth are at an increased risk for harassment/violence/abuse, substance use, suicide, mental health concerns, and isolation. This course is designed to engage participants in a process that raises general awareness, provokes discussion of specific issues related to good youth care practice, and suggests concrete "uext steps" for improving support of sexual-minority youth. Participants will explore homophobia versus homohatred: multiple risks and stressors and coping strategies for youth; educational and informational needs; legal and ethical concerns; human rights of youth; health issues; family issues; systemic barriers and challenges; and strategies for improving support to sexual-minority youth.

Length:

Two days

Date(s):

June 1-2 \$185

Fee:

Instructor(s): Scott Robertson, M.S.W., ICADC

## Connecting with Children Under 12: Resolving Anger Issues (#CY192)

For a course description, see page 22 in the Counselling and Supportive Interventions category. (This course is not an elective in the Working with Youth in Community Settings Certificate Program.)

Length: Two days June 1-2 Date(s):

Fee: \$185

Instructor(s): Mary Dowdall, M.S.W., and Susan Leaf, M.A.

(Cand.)

### NEW

## Safe Teen, Powerful Alternatives: Skills to Stand Strong Without Violence (#EP562)\*

For a course description, see page 22 in the Counselling and Supportive Interventions category.

Two days Length: Date(s): March 3-4

\$185 Fee:

Instructor(s): Anita Roberts

## NEW

## Transforming Trauma: Writing as a Tool for Voice and Healing (#EP565)

For a course description, see page 28 in the Creative and Expressive Therapies category.

Length: One day Date(s): April 8

Fee: \$95

Instructor(s): Krystal Cook

## B.C. Association for Community Living AGM and Conference

"2000 and Beyond: Shaping Our Future"

Whistler Convention Centre Whistler, B.C. June 1-3, 2000

## Crisis Intervention with Children and Youth: Assessment of Suicidal and Homicidal Risk (#EP306)\*

For a course description, see page 23 in the Counselling and Supportive Interventions category.

Length:

Two days

Date(s):

March 30-31

Fee: \$185

Instructor(s): Munir Velji, B.A. Crim., M.S.W.

## Effective Support and Interventions with Youth Who Misuse Substances: Understanding Ourselves and Adolescents (#AD202)\*

For a course description, see page 23 in the Counselling and Supportive Interventions category.

Length: Date(s): Three days April 12-13

Fee:

\$225

Instructor(s): Kathy Snowden, B.S.W., M.S.W., and

Mary Anne Crabtree, B.A. (Hon.), B.S.W.



## **■ CAREER AND MANAGEMENT DEVELOPMENT**

Courses in the Career and Management Development area are designed to provide supervisors and managers with skills and knowledge to help them do their jobs more effectively. The courses are divided into two categories:

- · Residential Care Management
- Management Skills Training

Conrses in the Management Development for Residential Settings Certificate Program require that front-line managers and supervisors who work in residential and vocational settings have completed an application form and are accepted into the certificate program. See below for full details. Other Residential Care courses listed on page 39 are open for enrolment to all managers who work in the residential/vocational field, and do not require acceptance into the certificate program.

Courses in the Management Skills Training category include the Basic Supervisory Certificate Program and a number of individual courses on a variety of topics. The individual courses may be used as electives in the Basic Supervisory Certificate Program, but they are also open for general enrolment. Some of the individual courses expand on subjects introduced in the Basic Supervisory Certificate Program; they all address current or emerging workplace issues. The courses in the Management Skills Training category will be of interest to supervisors and managers from both the public and private sectors.

Sandra Rice is the Program Coordinator for the Residential Care Management courses; Patricia McNeill coordinates the Management Skills Training. Both have extensive experience with programming in these areas.

## **Residential Care Management**

## Management Development for Residential Settings Certificate Program

#### PURPOSE

This certificate program was created in consultation with executive directors and front-line managers from the residential and vocational fields. It is designed to meet the needs of supervisors and managers who work in a variety of residential and supported employment settings. The program provides management skills specific to this workplace and opportunities to network with other professionals from the field.

## WHO SHOULD ATTEND?

This certificate program is designed for front-line supervisors and managers who work in a variety of residential and supported employment settings (community living, adolescent, transition, alcohol and drug, long-term care).

## **HOW IS IT OFFERED?**

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The program consists of 20 days of training: eight two-day core courses and four classroom days of Justice Institute management-related electives. Courses should be completed in sequence from levels 1 to 8 unless otherwise approved by the Program Coordinator or if participants are travelling from out-of-town locations or taking the program in Victoria.

#### CERTIFICATE PROGRAM REGISTRATION

Applicants must have supervisory/management experience in a residential or supported employment setting. Participants with non-supervisory experience may apply for four seats that are available for those wishing to prepare for a supervisory/management role.

#### CERTIFICATE OF ACHIEVEMENT

A certificate of achievement will be given to participants who complete the 16 core days of the certificate program and four days of management-related Justice Institute electives, fully attend and participate in classes, and successfully complete two assigned course projects. The certificate program must be completed within three years.

For more information, call the Program Coordinator, Sandra Rice, at (604)528-5633 or e-mail srice@jibc.bc.ca. For a brochure describing program structure, content, and eligibility, contact the Program Assistant, Nenita Capili, at (604)528-5631 or e-mail ncapili@jibc.bc.ca.

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422

### **Core Courses**

## Management Development for Residential Settings, Level 1 (#MGMT214)

This two-day course is designed to help supervisors examine and apply basic supervisory skills. It covers the role and responsibilities of the supervisor, ways to assess the supervisor's personal communication style and strengthen communication with staff, methods for assessing employees' levels of motivation and ability, and how to communicate with and delegate to staff who work shifts or on call.

Length:

Two days

Date(s):

January 24-25 May 15-16

Fee:

\$185

Instructor(s): Mario Govorchin

## Management Development for Residential Settings, Level 2 (#MGMT218

This two-day course is designed to help supervisors who work in residential/supported employment settings develop performance goals and objectives with their staff, practise writing performance standards, examine methods for conducting effective performance reviews, develop action plans for staff development, practise managing performance problems, examine situational leadership theory and assess personal leadership sryles, diagnose the level of competence and commitment of staff in relation to tasks, and contract with staff for specific leadership sryles to best suit their needs.

Length:

Two days

Date(s): February 15-16

June 19-20

e: \$185

Instructor(s): Leslie Robinson

# Management Development for Residential Settings, Level 3 (#MGMT230)

This two-day course is designed to help supervisors strengthen their supervisory skills and knowledge. Participants will gain information to develop a set of ethical and professional standards for their workplace. They will also explore current information on professionalism and review legal constraints on these standards, and examine the supervisor's role in relation to ethical standards, values, and professionalism in residential settings. Participants will also examine the supervisor's role in promoting effective time and stress management within the team, identify sources of employee stress and strategies for coping, and examine the organizational hierarchy and communication flow to assess levels of stress.

Length: Two days
Date(s): March 13-14

Fee: \$185

Instructor(s): Martha Joy, B.S.W.

### Management Development for Residential Settings, Level 4 (#MGMT240)

This two-day course is designed to help supervisors develop a methodology for effective labour/management relations. Participants will have the opportunity to clarify existing policies and legalities, such as collective agreements and employment standards, that govern labour/management relations; identify discrepancies between policies (contracts) and practice; identify and practise the communication skills required for effective disciplinary action; explore the principles of clarity, consistency, and fairness that constitute due process; and examine the legal and ethical responsibilities of the employer/manager regarding labour relations and some areas of contention.

Length: Date(s): Two days April 6-7

Fee: \$185

Instructor(s): Carol Cohen, M.A., and Marion Malcolmson,

M.S.W., R.S.W.

## Management Development for Residential Settings, Level 5 (#MGMT250)

This two-day course is designed to help supervisors identify and practise specific management problem-solving and decision-making techniques and their effectiveness; define existing management structures and roles; set agendas and practise basic facilitation skills for effective team meetings; and examine potential meeting challenges such as conflict, hidden agendas, content over process, and process over content.

Length:

Two days

Date(s):

April 25-26

Fee:

\$185

Instructor(s): Leslie Robinson

# Management Development for Residential Settings, Level 6 (#MGMT260)

This two-day course is designed to help supervisors write job descriptions, interview and select staff, and provide effective orientation in the context of residential/supported employment facilities. Participants will gain an understanding of the functions and elements of a job description, practise writing job descriptions, identify effective recruitment procedures for full-time and relief staff, practise methods for conducting an effective job interview that also complies with ethical standards, and identify the elements of a successful orientation.

(continued on next page)

# **Residential Care Management**

Length:

Two days

Date(s):

May 17-18 \$185

Fee: \$185 Instructor(s): Jacinta Eni

# Management Development for Residential Settings, Level 7 (#MGMT270)

This two-day course is designed to help supervisors strengthen their flnancial management, budget projection, and report-writing skills. Participants will examine the tendering process for contracted house maintenance; methods for building a resource file for contractors; budget projection and petty cash management; various contractual arrangements with funding bodies; and techniques for writing successful letters, reports, and proposals.

Length:

Two days

Date(s):

January 26-27

June 12-13

Fee:

\$185

Instructor(s): Elizabeth Robinson, M.S.W., R.S.W.

## Management Development for Residential Settings, Level 8 (#MGMT280)

This two-day course is designed to help supervisors gain information and techniques needed to manage emergencies and understand the legal obligations of managing a residential facility. Participants will examine the manager's role in managing fire safety, emergency response planning, and house security; and examine the protocol for critical jucidents and the debriefing process.

Length:

Two days

Date(s):

February 17-18

July 5-6

Fee: \$185

Instructor(s): Elizabeth Robinson, M.S.W., R.S.W.

# Course Times

Unless otherwise noted, SSCSD courses will be held at the Justice Institute and will be in session from 9:00 am to 4:30 pm.

## **Electives**

Four days of Justice Institute electives are required in the Management Development for Residential Settings Certificate Program. Electives currently being offered are listed below. See course descriptions in this calendar in the Counselling and Supportive Interventions, Management Skills Training, and Trainer Development categories, and under Other Residential Care Courses on page 39. Electives must be Justice Institute courses. Check the separate Centre for Conflict Resolution calendar for more detailed information about some of these electives (course numbers beginning with "CR").

Asserting Yourself in Conflict Situations (CR105)

Artendance Awareness (#MGMT350)

Clear and Simple: A Course on Writing Memos, Letters, and Reports (#MGMT212)

Coaching for Improved Performance (#MGMT332)

Creativity-Based Solutions: New Tools for Managing People and Problems (#MTMT342)

Critical Skills for Communicating in Conflict (CR102)

Criticism: How to Give and Receive It (CR206)

Dealing with Anger (CR200)

Dealing with Interpersonal Conflict (CR110A)

Facilitating for Results: Helping Gronps to Succeed (#MGMT306)

Fundamentals of Instructional Planning (#TD300)

Harassment Awareness (#MGMT340)

Ideas for Active Learning (#TD100)

Instructional Skills, Level 1 (#TD200)

Making It Hard to Say No – Negotiating with Difficult People (CR362)

Mediation Skills Level I (CR250)

Organizational Effectiveness (#MGMT333)

People Problems: How to Supervise Challenging Employees (#MGMT315)

Risky Business: Risk Management Skills for Managers (#MGMT111)

Together We Stand: Effective Team Building (#MGMT120) Values-Based Policy Development: A Process for Organizational Effectiveness (#MGMT331)

Values-Based Strategic Planning: The Foundation of Organizational Effectiveness (#MGMT336)

Whose Home Is It, Anyway? The Manager's Role: Client-Focused Principles and Practice (#MGMT112)

Working with Groups in Instructional Settings (#TD320)

# Other Residential Care Courses

# Risky Business: Risk Management Skills for Managers (#MGMT111)

This course is for managers who work in residential programs and want to strengthen their competency in risk management. The course will focus on helping managers/supervisors assess potential risk situations to their clients in care; developing preventive strategies and applying these strategies to improve care systems; the physical environment; staff education; and decreasing serious incidents such as allegations of abuse and neglect. The course will provide opportunities for managers to examine the effectiveness of current policies, define factors that contribute to abuse and neglect, review the investigation process when there is an allegation of abuse and ueglect, and practise specific skills and strategies for preventing serious incidents.

Length: Two days
Date(s): March 6-7

June 26-27

Fee: \$185

Instructor(s): Leslie Robinson

# Whose Home Is It, Anyway? The Manager's Role: Client-Focused Principles and Practice (#MGMT112)

This course is for managers and supervisors who wish to strengthen and maintain a client-focused environment that adheres to the principles of self-determination and empowerment. The course will address the challenges that managers and supervisors encounter when balancing complex snpport requirements with the need to respect the individuality of the person with a disability. Participants will gain an understanding of how to promote client-focused practice in all aspects of their jobs, including team meetings, personal planning meetings, and health care decision making. Normalization, inclusion, discomfort with disability, language, and sexuality are topics that will be included.

Length: Two days
Date(s): May 24-25
Fee: \$185

Instructor(s): Elizabeth Barnett and Sally Scott, M.A., C.C.C.

### **CONTRACT COURSES**

The Management Development for Residential Settings
Certificate Program and other courses are available on a
contract basis at locations outside the Lower Mainland. For
information, contact the Program Coordinator, Sandra Rice, at
(604)528-5633.

# **Courses in Victoria**

Victoria participants may take the following courses out of sequence without the prior approval of the Program Coordinator.

# Management Development for Residential Settings, Level 6 (#MGMT260V)

Length: Two days
Date(s): March 27-28

Location: TBA Fee: \$195

#### Level 7 (#MGMT270V)

Length: Two days
Date(s): April 26-27
Location: TBA
Fee: \$195

### Level 8 (#MGMT280V)

Length: Two days
Date(s): May 31-June 1

Location: TBA Fee: \$195

### Level 4 (#MGMT240V)

Length: Two days
Date(s): January 27-28

Location: TBA Fee: \$195

#### Level 5 (#MGMT250V)

Length: Two days
Date(s): February 28-29

Location: TBA Fee: \$195

# Risky Business: Risk Management Skills for Managers (#MGMT111V)

For a course description, see opposite column.

Length: Two days
Date(s): April 11-12
Location: TBA
Fee: \$225

Instructor(s): Leslie Robinson

# Together We Stand: Effective Team Building (#MGMT120V)

For a course description, see page 43 in the Management Skills Training category.

Length: Two days
Date(s): June 6-7
Location: TBA
Fee: \$225

Instructor(s): Elizabeth Robinson, M.S.W., R.S.W.

# **Basic Supervisory Certificate Program**

#### **PURPOSE**

The Basic Supervisory Certificate Program provides participants from a range of backgrounds and settings with the core skills and knowledge they need to be an effective supervisor. The program was developed in response to requests from participants for a certificate to show that they have successfully completed the supervisory skills courses. It was designed by adult education professionals with input from participants in early Basic Supervisory Program courses.

#### WHO SHOULD ATTEND?

The certificate program is designed for first level supervisors, or those who aspire to be supervisors, in government service, non-profit agencies, and private industry.

### CERTIFICATE OF ACHIEVEMENT

To receive a Basic Supervisory Program certificate, you must fulfil the following requirements:

- 1. Full attendance at Basic Supervisory Program Weeks 1 and 2.
- Completion of four additional days of training in management courses offered by Social Services & Community Safety Division.
- 3. Successful completion of a written report that shows you have met the goals of the program. The report will be based on an actual intervention you have completed in your workplace or volunteer organization.

Certificate program requirements must be completed within three years.

For further information, please contact the Program Coordinotor, Patricia McNeill, at (604)528-5623 or e-mail pmcneill@jibc bc.ca. To request an application package or a booklet describing the Basic Supervisory Certificate Program, contact the Program Assistant, Nadine Wolitski, at (604)528-5619 or e-mail nwolitski@jibc.bc.ca.

#### **Core Courses**

### Basic Supervisory Program, Week 1 (#BSCP200)

Week 1 of the Basic Supervisory Program is for first-level supervisors, or those who aspire to be supervisors, in both government and private agencies. This competency-based course covers such topics as the role of the supervisor, situational leadership and teamwork, staff development, delegation of work, communication and interpersonal effectiveness, problem solving and decision making, and conflict resolution. Participants will receive a package of forms to be completed before the course begins. We recommend that you register at least three weeks before the course start date to allow time for you to receive and complete the forms. Co-sponsored with the Corrections and Community Justice Division. Enrolment is limited to 16.

Length:

Five days

Date(s):

January 24-28

March 13-17 May 8-12

Time:

9:00 am - 4:30 pm on day 1;

8:30 am - 4:30 pm on subsequent days

Fee: \$500

Instructor(s): A consultant with Ryane Consulting Inc.

Registration: (604)528-5590

# Basic Supervisory Program, Week 1, Part A (#BSCP210)

This course covers the first two days of the Week 1 program described previously. Specific topics to be addressed are the role of a supervisor, leadership, and motivation and delegation.

Length:

Two days

June 5-6

Date(s): Time:

8:30 am - 4:30 pm

Fee:

\$200

Instructor(s): A consultant with Ryane Consulting Inc.

# Basic Supervisory Program, Week 1, Part B (#BSCP220)

This course covers the last three days of the Week 1 program described previously. Specific topics to be addressed are effective communication, problem solving and decision making, managing diversity, and managing conflict. **Prerequisite(s)**: Basic Spervisory Program, Week 1, Part A (#BSCP210).

Length:

Three days July 10-12

Date(s): Time:

8:30 am - 4:30 pm

Fee:

\$300

Instructor(s): A consultant with Ryane Consulting Inc.

#### Basic Supervisory Program, Week 2 (#BSCP300)

Week 2 of the Basic Supervisory Program is for people who have completed Week 1 of the program and wish to further develop their supervisory skills and knowledge. This course uses short lectures, discussion groups, case studies, and practice sessions to build on the skills gained in Week 1. Week 2 addresses three key challenges of supervisors: completing performance appraisals, dealing with problem employees, and building an effective team. It includes practical exercises to improve the team's cooperation and commitment, and the supervisor's own time management and meeting skills. Participants are encouraged to share ideas and concerns encountered in their role as a supervisor. **Prerequisite(s)**: Basic Supervisory Program, Week 1. Enrolmeot is limited to 16.

Length: Five Date(s): Apr

Five days April 3-7

July 17-21

Time: 9:00 am – 4:30 pm on day 1;

8:30 am - 4:30 pm on subsequent days

Fee: \$500

Instructor(s): A consultant with Ryane Consulting Inc.

# Basic Supervisory Certificate Program: The Report Project (#BSCP400)

To receive a Basic Supervisory Program certificate, participants must attend Basic Supervisory Program, Weeks 1 and 2; complete four additional days of training in management courses offered by Social Services & Community Safety Division; and successfully complete a written report that shows that they have met the goals of the program. The report will be based on an actual intervention completed in the workplace or in a volunteer organization. Certificate program requirements must be completed within three years.

Fee: \$150

## **Electives**

The following courses are open for general enrolment. They may also be used as electives in the Basic Supervisory Certificate Program. Courses marked with an asterisk (\*) may be taken as electives in the Management Development for Residential Settings Certificate Program.

### Ethical Decision Making (#MGMT103)

This course is designed to help participants think more clearly about ethics in the workplace. Topics include: common terms used in discussion of ethical matters, the difference between facts and values, and the impact of group dynamics on perceptions and value choices. Participants will have an opportunity to apply commonly accepted theories of ethical decision making to resolving some of their own ethical dilemmas at work.

Length: One day Date(s): January 24

Fee: \$110

Instructor(s): Rob Goodall, M.A.

# The Fundamentals of Corrective Discipline (#MGMT334)

This course is for supervisors and managers who deal with employee performance issues. The course describes what corrective discipline is and how it motivates employees to improve their performance. Participants will: identify performance issues that require a disciplinary response; distinguish between culpable and uon-culpable performance or behaviours; understand the steps in corrective discipline and the fundamental principles in a disciplinary process; highlight guidelines that will assist managers in changing employee performance; review performance issues, analyze data collected; apply the principles of the Wm. Scott case to determine appropriate corrective action; and apply the principles of corrective discipline to workplace situations.

Length: One day
Date(s): February 7
June 14

Fee: \$125 Instructor(s): Diane Fru

### Attendance Management (#MGMT350)\*

This course is designed to help supervisors and managers develop practices that will reduce absences in the workplace, thus improving consistency, quality, and effectiveness of service delivery. Participants will review statistics related to average attendance for workers and the costs of absenteeism, identify why staff are absent and what constitutes culpable and non-culpable absenteeism, understand employers' and employees' rights and responsibilities when addressing absenteeism issues, practise how to effectively discuss absenteeism issues with employees, and develop methods to improve attendance. Discussion will focus on positive, creative methods for improving attendance.

Length: One day
Date(s): February 11

Fee: \$125

Instructor(s): Kelly Rainsforth, B.Ed., M.Sc. (Policy and

Management)

### Harassment Awareness (#MGMT340)\*

This course is for those who want to strengthen their competency in understanding and preventing workplace harassment. Participants will explore current attitudes about harassment; identify the characteristics of harassment and what harassment is not; identify legislation, policy, and collective agreements that outline the requirements for harassment-free work environments; review how courts of law and administrative tribunals interpret and affect workplace harassment and assess liability; identify the responsibilities of employees and the employer in maintaining a harassment-free workplace; and explore the formal and informal harassment complaint avenues available for employees.

Length: One day
Date(s): February 14
Fee: \$125

Instructor(s): Leslie Robinson

# Creativity-Based Solutions: New Tools for Managing People and Problems (#MGMT342)\*

In this course for managers and supervisors, participants will review creativity-based alternatives to problem-driven and "boss" models of service management and apply creative tools to examples from their own workplace. Participants will discuss the roots and fallacies of problem-driven thinking in management, review the fundamentals of Creativity-Based Solutions and their applications, and explore ways to avoid the restrictions of problem-driven thinking.

Length: One day
Date(s): February 21
Fee: \$125

Instructor(s): Thomas F. Keenan, M.A.

#### NEW

# Responding to Workplace Incidents: Investigations, Reports, and Hearings (#MGMT360)

This course is for managers who want to strengthen their competency in investigating workplace incidents, writing reports about those incidents, and convening hearings. Over the course of the two days, participants will review legislation, workplace policies, and collective agreements under which responsibilities for investigations and hearings are defined; identify techniques for gathering, documenting, and preserving evidence; practise effective communication strategies used during investigation inverviews; review the elements of effective report writing; and identify and practise procedures for convening effective hearings. Participants are requested to forward a copy of their workplace policy and sections of their collective agreements that are specific to conducting investigations and hearings to Nadine Wolitski at the Justice Institute (or fax to [604]528-5640) three weeks prior to the course date.

Length: Two days
Date(s): February 22-23

Fee: \$200

Instructor(s): Leslie Robinson

#### NEW

### Creating Healthy Workplaces (#MGMT355)

Creating Healthy Workplaces is a two-day course for leaders, department managers, and individuals who want to learn about and develop a strategic approach to improving the health of their organization. Through experiential exercises, dialogue, and small group discussion, participants will learn about the factors that contribute to individual and organizational health; the importance of leadership, sponsorship, and direction; the value of an organizational needs assessment; and the effectiveness of organization-wide employee involvement for successful implementation. Participants will go back to their organizations with practical ideas and tools to begin to encourage leadership and employee participation, to assess present factors that affect organizational health, and to prioritize information and create action plans for making changes.

Length: Two days
Date(s): March 6-7
Fee: \$200
Instructor(s): Shelley Karrel

# Facilitating for Results: Helping Groups to Succeed (#MGMT306)\*

This foundation course is for people who may be called upon to facilitate work or quality teams, community groups, or other groups that are trying to get things done through collaborative processes. Participants will define and explore the role of the facilitator and others involved in the facilitation process; review and evaluate the contribution of non-facilitator group members; explore methods for understanding and dealing with challenging members of the group; explore problemsolving methods; and identify ways to evaluate the success of facilitation and the facilitator's performance. Participants will develop a flexible process for facilitating in a variety of situations.

Length: Two days
Date(s): March 16-17
Fee: \$200

Instructor(s): Sandra Heath, B.A.

### Organizational Effectiveness (#MGMT333)\*

This course is for managers who face the challenge of trying to achieve greater and better results within their organization, often with fewer human and material resources. The conrse will assist participants to identify the challenges facing their organizations and how they can effectively respond to both pressures and opportunities. Participants will be introduced to models that will energize their organizations through renewal. strategic planning, results-based decision making, values orientation, leadership development, and employee involvement.

Length: Date(s):

Two days March 27-28

Fee:

\$200

Instructor(s): John Konrad, B.A., M.C.A.

## Together We Stand: Effective Team Building (#MGMT120)\*

This course is for managers who want to develop their competence in team building. The course will explore the concept of team - what differentiates a group from a team, what a team really is, why teams exist in the first place, and how teams are developed - and look at ways to measure and improve team effectiveness. The role of the leader in work teams will also be explored. Participants will practise strategies for building and enhancing teams while developing an understanding of how teams function.

Length:

Two days

Date(s):

March 29-30

Fee:

\$200 Instructor(s): Elizabeth Robinson, M.S.W., R.S.W.

# People Problems: How to Supervise Challenging Employees (#MGMT315)\*

This course is for supervisors and managers who face the challenge of dealing with employees whose performance is ineffective or whose behaviour gets in the way. Managing these people is demanding, stressful, and time-consuming. If the problem is ignored, the motivation and productivity of all employees often decrease. Having the skills to deal with poor performance makes the job of the supervisor or manager easier and more satisfying. This course will focus on specific guidelines and techniques to help meet the challenge of problem behaviour confidently and effectively.

Length: Date(s): Two days April 10-11

Fee:

\$200

Instructor(s): A consultant with Ryane Consulting Inc.

#### NEW

## Self-Directed Work Teams (#MGMT345)

This course is for individuals who are currently working in a self-directed work team, and for those who are considering implementing self-directed teams in their workplace. Selfdirected work teams are highly trained, committed teams of employees who are fully responsible for a final product or service. The team performs not only the work itself but also many of the management duties needed to get the work done. These teams can operate without supervisors; they schedule their own work and make their own problem-solving decisions. This course explores the concept of Self-Directed Work Teams (SDWTs) and what the criteria might be to begin a process of creating SDWTs. Barriers to SDWTs will also be a focus. Participants will have an opportunity to analyze the readiness of their own teams implement a SDWT, and will develop a plan to implement a SDWT.

Length:

One day

Date(s):

April 12

Time: Fee:

9:00 am - 4:30 pm

\$125

Instructor(s): Elizabeth Robinson, M.S.W., R.S.W.

### NEW

## Overcoming Information Anxiety: How to Manage Information When There Seems too Much to Manage (#MGMT356)

This course will provide managers with practical skills to enable them to select and organize from the vast amounts of information they need to do their job well. Weekday editions of some major North American newspapers contain more information than the ayerage person was likely to come across in a lifetime in the 17th century. Yet, for all the information we now have, most of us become frustrated and anxious over how little we know and understand. For managers, who are generally expected to be "in the know" and keeping current, such anxiety can be debilitating. Through simple principles and a variety of easy-to-use shortcuts for dealing with information, participants in this course will learn to manage gracefully, and sanely, in the Age of Information.

Length: Date(s): One day April 28 \$125

Instructor(s): Tom Keenan

# Values-Based Strategic Planning: The Foundation of Organizational Effectiveness (#MGMT336)\*

This course will be of particular interest to leaders, planners, and executives who are responsible for or who participate in the planning process for their organization. The course is highly interactive and will provide an overview of the strategic planning process, from identification of values and philosophy

to setting key directions and developing corporate goals and divisional operating plans. The strategic planning model will be linked to the process for performance planning and review and the development of values-based policy. This is a companion course to Values-Based Policy Development. Either course can be taken alone; together they complete the planning and policy process using values as a foundation.

Length: Two days
Date(s): May 23-24
Fee: \$200

Instructor(s): Juhree Zimmerman, R.N., B.Sc.N., M.Ed.

(Counselling Psychology), and Bobbi Noble

# Values-Based Policy Development: A Process for Organizational Effectiveness (#MGMT331)\*

This course is for individuals who are responsible for or participate in the policy development process within their organization. The values of an organization should be evident in its policies and procedures. In this highly interactive course, participants will: identify how policy development fits into the strategic planning process; define and clarify what policy issues are; develop policy and procedures that document "best practices" based on the organization's values; and write policy statements in clear, concise language. Recommended: Values-Based Strategic Planning (#MGMT336).

Length: One day Date(s): May 25 Fee: \$125

Instructor(s): Jnhree Zimmerman, R.N., B.Sc.N., M.Ed.

(Counselling Psychology), and Bobbi Noble

### Coaching for Improved Performance (#MGMT332)\*

This course is for team leaders and others who want to develop their coaching skills to better prepare them to guide others in problem solving and improving performance. Leaders must have employee commitment in order to achieve the kinds of results that are needed in today's workplace. This course will provide participants with a strategy and the skills to coach employees and achieve long-term results. Topics to be covered include: identifying which type of coaching is required, avoiding the pitfalls involved with coaching, using specific communication skills to facilitate the coaching process, and using coaching to help develop commitment.

Length: Two days
Date(s): June 12-13
Fee: \$200

Instructor(s): Manreen Hannah, B.Sc., M.B.A. (Managerial

Leadership), and Juhree Zunmerman, R.N., B.Sc.N., M.Ed. (Counselling Psychology)

### Handling Grievances Effectively (#MGMT335)

This half-day course focuses on the skills and techniques supervisors and managers need in order to facilitate problem-solving methods that build effective work relationships. Participants will discuss what a grievance is, what actions are grievable, and who has what authority throughout the process; explore the role of the supervisor/manager as the employer's representative in handling grievances; and develop problem-solving strategies to successfully resolve them. Opportunities will be provided for participants to practise conducting a grievance meeting, review various collective agreements and individual participants' situations, and focus on problem-solving strategies. Participants are invited to bring their individual collective agreements.

Length: One-half day Date(s): June 15

Time: 9:00 am - 12:00 noon

Fee: \$75 Instructor(s): Diane Fru

# Clear and Simple: A Course on Writing Memos, Letters, and Reports (#MGMT212)\*

This conrse is for supervisors and managers who know what they want to say but have difficulty putting it in writing. Course content is based on plain language principles. Days 1 and 2 will cover communication as a transaction, writing skills, business styles, and conveying organizational messages. Day 3 will focus on report writing and will cover planning, organizing, and special techniques. Participants are requested to bring to the course two to three samples each of memos, letters, and reports they have written. These samples will be used on days 2 and 3. Enrolment is limited to 18.

Length: Three days
Date(s): June 19-21
Fee: \$275

Instructor(s): A consultant with Ryane Consulting Inc.

#### Preventing and Managing Stress (#T\$350)

For a course description, see page 52 in the Critical Incident Stress category.

Lengrh: Two days
Date(s): April 27-28
Time: 9:00 am - 4:30 pm

Fee: \$185

Instructor(s): Mark Brunke, M.A.

page 44 Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422

# **■ TRAINER DEVELOPMENT**

# Trainer Development Certificate Program

#### PURPOSE

The Trainer Development Certificate Program was designed to provide trainers with the core skills and knowledge they need to plan and deliver training in an adult learning environment. It was developed with input from trainers in variety of settings. Instructors are training professionals with a background in adult education.

The program focuses on the core skills and knowledge required to plan and deliver creative, effective training sessions. It also provides opportunities, in the classroom, for participants to apply the skills and knowledge that are the foundation of each course.

#### WHO SHOULD ATTEND?

The program is designed for both full-time training professionals and persons who provide training as part of their overall job responsibilities within an organization.

#### CERTIFICATE OF ACHIEVEMENT

To qualify for the certificate, applicants must complete 12 days of core training (six courses/78 hours), four days of electives (usually two coorses/26 hours), and a two-part assignment. Persons who have previously taken Training for Trainers courses through Social Services & Community Safety Division will receive credit for those courses.

Certificate program requirements must be completed within three years.

For further information, please contact the Program Coordinator, Patricia McNeili, at (604)528-5623 or e-mail pmcneill@hbc.bc.ca. To request an application package or a booklet containing additional information about the certificate program, contact the Program Assistant, Nadine Wolitski, at (604)528-5619 or e-mail nwolitski@jibc.bc.ca.

All of the courses in this section are open to both certificate and non-certificate participants.

# Core Courses

Once prerequisites have been satisfied, core courses in the Trainer Development series can be taken in any order.

Courses marked with an asterisk (\*) may be taken as electives in the Management Development for Residential Settings Certificate Program.

### Instructional Skills, Level 1 (#TD200)\*

(Formerly Training for Trainers: Tips, Techniques, and Tactics)

This practical course is for people who deliver training as part of their overall job and want to learn new skills or enhance existing ones. Content includes: characteristics of adult learners, ways of creating and maintaining a positive learning environment, instructional styles, characteristics of a motivating instructor, instructional techniques, and instructional challenges. Enrolment is limited to a maximum of 12, to allow time for participants to practise delivering group instruction in a supportive setting. Each participant will have an opportunity to participate in two practice delivery sessions.

Length: Two days

Date(s): January 24-25, Reva Kalef, M.Ed.; Vancouver

Maritime Museum, 1905 Ogden Avenue, Vancouver

March 6-7, Margaret Owens, M.Ed. April 6-7, Reva Kalef, M.Ed.

May 29-30, Margaret Owens, M.Ed. July 10-11, Colleen Vaughan, M.Ed.

\$250 Fee:

# Instructional Skills, Level 2 (#TD220)

This course is for trainers who want to increase their knowledge of the instructional process, reflect on their present approach, practise micro-skills, and receive feedback. Content includes: critical thinking; perceptual learning styles; motivation; communicating clearly; use of questions; overviews, cueing, debriefing, integration, and summaries; assessment; feedback; ethical concerns; and instructor self-care. Participants will have an opportunity to practise micro-skills individually, with partners, and in small groups. Enrolment is limited to 16. Prerequisite(s): Instructional Skills, Level 1 (#TD200). If you have not taken #TD200, please send a written application to the Program Coordinator outlining training experience and/or previous training for trainers courses. Please include the name of the instructor, the length of the course, and a brief description of the course.

Length:

Date(s):

February 24-25; Vancouver Maritime Museum,

1905 Ogden Avenue, Vancouver

April 10-11

Fee:

\$240

Instructor(s): Reva Kalef, M.Ed.

# Fundamentals of Instructional Planning (#TD300) \*

This interactive course is for trainers who are responsible for planning instruction for adult learners. Participants will have an opportunity to increase their understanding of the instructional planning process and apply the knowledge and skills to their

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 45

# **Trainer Development**

own planning situation. Participants should have a project in mind to work on during the course. Enrolment is limited to 16. Prerequisite(s): Instructional Skills, Level 1 (#TD200). If you have not taken #TD200, please send a written application to the Program Coordinator outlining training experience and/or previous training for trainers courses. Please include the name of the instructor, the length of the course, and a brief description of the course.

Length: Two days
Date(s): May 4-5
Fee: \$240

Instructor(s): Reva Kalef, M.Ed.

### Working with Groups in Instructional Settings (#TD320) \*

This practical advanced course is for trainers who instruct in a group setting. Participants will have an opportunity to increase their understanding of group dynamics and ways to enhance learning in groups. Content includes: climate setting, a group dynamics model, purposes of groups, observation possibilities, and dealing with common group challenges. Enrolment is limited to 16. Prerequisite(s): Instructional Skills, Level 1 (#TD200). If you have not taken #TD200, please send a written application to the Program Coordinator outlining training experience and/or previous training for trainers courses. Please include the name of the instructor, the length of the course, and a brief description of the course.

Length: Two days

Date(s): March 30-31; Vancouver Maritime Museum,

1905 Ogden Avenue, Vancouver

Fee: \$240

Instructor(s): Reva Kalef, M.Ed.

#### Conducting a Training Needs Assessment (#TD340)

Needs assessment is an important tool for planning relevant, high-quality training programs. This course is for trainers who would like to learn about the role of needs assessment in planning, how to design needs assessments, the limitations of needs assessment, and alternatives to needs assessment. The course uses cases from the experience of participants to illustrate the process. Participants will plan several different kinds of assessments and will learn how to determine when it is better to use an alternative to needs assessment. Enrolment is limited to 16. Recommended: Fundamentals of Instructional Planning (#TD300).

Length: Two days
Date(s): May 8-9
Fee: \$240

Instructor(s): Thomas Sork, Ph.D.

# **Evaluating Training Programs (#TD360)**

This interactive course is for trainers responsible for planning and/or carrying out evaluations of their training programs. It provides a systematic overview of program evaluation; the concepts covered can be applied to a wide range of situations. Participants will have an opportunity to increase their understanding of the type of evaluation most appropriate for their programs, and to apply the knowledge and skills to their own work. They should have in mind a program evaluation to work on over the course of the two days. Enrolment is limited to 16. Prerequisite(s): Fundamentals of Instructional Planning (#TD300) (formerly #MGMT223A). If you have not taken #TD300 (or #MGMT223A), please send a written application to the Program Coordinator outlining previous training or experience in instructional planning.

Length: Two days
Date(s): June 19-20
Fee: \$240

Instructor(s): Margaret Owens, M.Ed.

# **Electives**

The following courses are open for general enrolment. They may also be used as electives in the Trainer Development Certificate Program.

#### Training that Works for Everyone (#TD140)

The people who attend training sessions come from increasingly diverse backgrounds. Today's trainers need to consider the impact of culture and gender factors (e.g., behavioural/values differences, language, stereotyping, invisibility, and so forth) on the learning process. This practical course will give trainers the opportunity to examine these factors, and will provide tools for analyzing and redesigning their own training in order to optimize the learning experience for all participants. Participants should bring samples of training materials they use to work with during the session.

Length: One day
Date(s): February 2
Fee: \$125

Instructor(s): Rhonda L. Margolis, M.A.

### Creating Instructional Materials (#TD120)

This interactive course is for people who create instructional materials for adults. It focuses on principles of design and plain language to meet the special needs of the adult learner and instructional designer. Participants will be able to apply the skills and knowledge to their own materials. Topics include creating effective overheads, flipcharts, haudouts, workbooks, and other materials used to plan and design instructional events. Manuals and other "stand-alone" materials will be discussed; however, the focus of the course is on material used for

# **Trainer Development**

classroom-style instruction. Please bring samples of your materials to the course.

Length: Two days
Date(s): March 13-14

Fee: \$240

Instructor(s): Cheryl Cahill, B.B.A., and Tanyce Westgard, B.B.A.

# Team Teaching and Other Ways to "Share the Spotlight" (#TD130)

This course is for instructors who want to involve others in their training courses. It will demonstrate tools and techniques that trainers can use to explore the power of "sharing the spotlight" with guest speakers, co-workers, or team teachers. The conrse will provide an opportunity for participants to analyze the technical, theoretical, and personal abilities of other people involved in the training session. Topics include: sharing the role to enhance learning, identifying common teaching styles, and developing strategies to successfully team-teach. Enrolment is limited to 16.

Lengrh: Two days
Date(s): April 27-28
Fee: \$240

Instructor(s): Cheryl Cahill, B.B.A., and Tanyce Westgard, B.B.A.

### One-to-One Training (#TD150)

This one-day course is designed for one-to-one trainers who want to explore different planning and instructional strategies and techniques for conducting effective one-to-one training sessious. Research has shown that more than half of all training efforts are conducted on the job and that they occur on a one-to-one basis. However, little attention has been given to this type of instruction. This one-day course will challenge the notion that the necessary knowledge and skills to perform a job will be acquired by simply sitting and observing another person, or by being shown how to do something. Recommended: Instructional Skills, Level 1 (#TD200).

Length: One day Date(s): May 26 Fee: \$125

Instructor(s): Colleen Vaughan, M.Ed.

### Enhancing Delivery Skills (#TD160)

This one-day course is for instructors and trainers who want to have a practical, hands-on practice delivery session. They may be new trainers who want to polish their delivery skills, or more experienced trainers who want to try out new materials or techniques in a supportive environment. Participants will learn through practising their own delivery skills in one 15-minute session, and through observing and analyzing the practice sessions of other participants. Videotaping (for participants' own review following the course) is optional. Advance preparation for practice sessions is required

(preparation instructions will be mailed, so please register early). No class time will be allotted for preparation. Enrolment is limited to 10. Prerequisite(s): Instructional Skills, Level 1 (#TD200). If you have not taken #TD200, please send a written application to the Program Coordinator outlining training experience and/or previous training for trainers courses. Please include the name of the instructor, the length of the course, and a brief description of the course.

Length: One day Date(s): June 12

Time: 9:00 am - 5:00 pm

Fee: \$150

Instructor(s): Margaret Owens, M.Ed.

### Ideas for Active Learning (#TD100)\*

This course is for trainers who are looking for new ideas to make their training more active. Participants will explore how to integrate interactive techniques into their instructional plans and delivery. Content includes: qualities of active learning, introductions, expectation setting, energizers, retention and transfer, and closure. Enrolment is limited to 16. Prerequisite(s): Instructional Skills, Level 1 (#TD200). If you have not taken #TD200, please send a written application to the Program Coordinator outlining training experience and/or previous training for trainers courses. Please include the name of the instructor, the length of the course, and a brief description of the course.

Length: Two days
Date(s): June 22-23
Fee: \$240

Instructor(s): Reva Kalef, M.Ed.

# Trainer Development Certificate Program: Assignment (#TD500)

To receive the Trainer Development Certificate, participants must complete 12 days of core training (six courses/78 hours), four days of electives (usually two courses/26 hours), and a two-part assignment. In the first part of the assignment, participants will analyze instructional delivery in a group setting and examine the ways in which instructional planning and delivery can influence the learning process. The second part focuses on instructional planning: it provides an opportunity for participants to reflect on the choices they have made or are making in planning an educational program, and the factors that influence these choices. After completing the assignment, candidates for the certificate will prepare a written report of their analysis. Certificate program requirements must be completed within three years.

Fee: \$150

For further information or to request a certificate program application package, please contact the Program Assistant, Nadine Wolitski, at (604)528-5619 or e-mail nwolitski@jibc.bc.ca.

# **■ COMMUNITY HEALTH AND SAFETY**

Courses and certificate programs in Community Health and Safety are designed to provide vital information on management of critical incidents, bylaw enforcement and investigative skills, school safety, and crime prevention. They provide knowledge and skills that will enable staff, both line and management personnel, to perform their work more effectively.

Courses in the Critical Incident Stress Certificate Programs (Peer Support or Debriefing) are designed to ensure that critical incidents at a work site can be effectively managed in order to provide for the emotional safety and health of those involved. The courses are open not only to those seeking a certificate but also to those who want to take individual courses for personal growth and professional development. The courses and certificate programs will be of interest to employees at every kind of work site, as critical incidents can and do happen everywhere.

The purpose of the certificate programs Bylaw Enforcement and Investigative Skills, Level 1 and Advanced Bylaw Enforcement and Investigative Skills, Level II is to enhance the bylaw officer's knowledge of all the parameters of bylaw enforcement and to provide an opportunity to practise skills that are necessary for enhanced job performance. The courses are open to those who are interested in learning about bylaw enforcement and investigation, whether or not they are currently employed as bylaw officers.

School safety and crime prevention courses provide participants with enhanced skills and knowledge in handling safety within the school, management of inappropriate behaviour, bullying and bully prevention, and harassment. These courses will be of interest to people who work in a school setting.

Carol McClenahan is the Program Coordinator for Community Health and Safety certificate programs and courses. She can be reached by telephoning (604)528-5685 or by e-mail at cmcclenahan@jibc.bc.ca.

# **Enforcement and Investigation**

# **Enforcement and Investigative** Skills (#EP209C)

This contract-only course can be presented in your area and tailored to suit your specific information and practical needs.

The five-day onsite program will prepare individuals responsible for administration and enforcement of provincial and municipal laws to successfully investigate, prepare, and prosecute their cases. The course includes a discussion of relevant legislation and the steps involved in prosecuting a case, from gathering and preserving evidence to presenting the evidence in court, a court visit, quizzes/exam, and a mock trial in which participants have an opportunity to present evidence based on real or composite cases typical of those they enforce.

For further information, or to discuss a course specifically designed for your agency, contact the Program Coordinator, Carol McClenahan, at (604)528-5685 or e-mail cmcclenahan@jibc.bc.ca.

# Courtproofing for Enforcement Personnel (#EP177)

This course is designed to assist enforcement personnel from a variety of agencies to successfully present their evidence in court when required. Course content focuses on an overview of the criminal justice system and the court system. Participants learn and discuss the steps that lead to, and through, the court process. On day 2, participants will have the opportunity to participate in a mock trial, in which they will present evidence and be cross-examined on that evidence. Suggestions for skill improvement will be provided.

Length: Date(s): Two days June 15-16

Fee:

\$235

Instructor(s): James W. Williams, LL.B.

Responding to Workplace Incidents: Investigations, Reports, and Hearings (#MGMT360)

For a course description, see page 42 in the Management Skills Training category.

Length:

Two days

Date(s):

Web site: www.jibc.bc.ca

February 22-23

\$200

Instructor(s): Leslie Robinson

# Bylaw Enforcement and Investigative Skills, Level I (#EP209)

#### **PURPOSE**

This certificate program was developed in consultation with Crown prosecutors and lawyers and experts in the bylaw enforcement field. It is co-sponsored by the Justice Institute and the Union of B.C. Municipalities, and is endorsed by the Bylaw Enforcement Officers and Licence Inspectors Association of B.C., the Building Officials' Association of B.C., and the Municipal Officers' Association of B.C.

Course content is designed to provide local government regulatory personnel with skills to successfully investigate. prepare, process, and prosecute cases pursuant to legislation applicable to them. The course includes lectures, a court visit, quizzes/exam, and active participation by those attending the sessions.

#### WHO SHOULD ATTEND?

This intensive five-day course is for current bylaw enforcement officers; licence, building, plumbing, electrical, and gas inspectors; and other local government employees responsible for the administration and enforcement of municipal bylaws. It is also a course that can be taken by those who aspire to become Bylaw Enforcement Officers and need to qualify for a competitive position.

#### **HOW IS IT OFFERED?**

The certificate program is offered in a five-day format, After attending the five days, which include quizzes and an examination, the successful candidate will be awarded a certificate of achievement.

Lawyers with experience in prosecuting and defending cases in the British Columbia court system conduct all enforcement and investigation courses. Assistance is provided to the primary instructor by other instructors with experience in specific fields related to the topics presented.

Length:

Five days

Date(s):

February 28-March 3

May 8-12

Time:

8:30 am - 4:30 pm

Fee:

\$640

Instructor(s): TBA

😰 For further information, contact the Program Coordinator, Carol McClenahan, at (604)528-5685 or e-muil cmcclenahan@jibc.bc.ca. or contact the Program Assistant. Meenpal Basi, at (604)528-5630 or e-mail mbusi@jibc.bc.ca.

# Advanced Bylaw Enforcement and Investigative Skills, Level II (#EP210)

#### **PURPOSE**

This course is offered in response to requests for an intensive and advanced level course for experienced Bylaw Enforcement Officers. It is co-sponsored by the same associations and agencies listed under Bylaw Enforcement and Investigative Skills, Level I.

Course content is designed to prepare participants to to better investigate, prepare, and prosecute cases pursuant to applicable legislation. Drafting of bylaws, development of policies and procedures, risk management, and defusing potentially volatile situations will be addressed.

#### WHO SHOULD ATTEND?

This course is for local government regulatory personnel who are bylaw enforcement officers; licence, building, plumbing, electrical, and gas inspectors; and other local government employees with responsibility for bylaw code and regulatory enforcement.

#### **HOW IS IT OFFERED?**

The certificate program is offered in a five-day format. After attending the five days, which include quizzes and au examination, the successful candidate will be awarded a certificate of achievement.

Lawyers with experience in prosecuting and defending cases in the British Columbia court system conduct all enforcement and investigation courses. Assistance is provided to the primary instructor by other instructors with experience in specific fields related to the topics presented.

Length:

Five days

Date(s):

April 10-14

Time:

8:30 am - 4:30 pm

Fee:

Instructor(s): TBA

🖀 For further information, contact the Program Coordinator, Carol McClenahan, at (604)528-5685 or e-mail cnuclenahan@jibc.bc.ca. or contact the Program Assistant, Meenpal Basi, ot (604)528-5630 or e-mail mbasi@jibc.bc.ca.

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# **Community Safety and Crime Prevention**

### Enhancing School Safety (#CP100)

Designed and developed in consultation with educators and school-police liaison officers, this course will provide practical information for teachers, counsellors, administrators, schoolpolice liaison officers, and school support staff.

At times violence in the community can spill over into the school setting. Specific knowledge, strategies, and skills to intervene when school violence erupts and to prevent further violence will be discussed. The content covers: conducting school-based safety audits, crisis management, contact and management of intruders, verbal skills to defuse potentially violent situations, and intervention strategies following a critical incident.

Length: Date(s):

One day February 21

Fee:

\$125

Instructor(s): Jules Tessarolo

# Classroom Management Techniques: Dealing with Inappropriate Behaviour (#CP110)

Developed in consultation with educators, this course is for teachers and teacher assistants who want to strengthen their ability to manage inappropriate behaviour by students in their classrooms. In this interactive workshop, participants will learn and share skills for responding appropriately to disruptive or misdirected classroom behaviour; communication strategies for setting limits; and ways to avoid power struggles, which inhibit effective classroom teaching, learning, and meeting of learning objectives.

Length: Date(s):

Fee.

One day March 13 \$125

Instructor(s): Gordon Collings

## Taking Back the Schoolyard: A Bully Prevention Workshop (#CP210)

This course is developed and designed by educators and crime prevention specialists for elementary school teachers, administrators, teacher assistants, school support staff, and school-police liaison officers. Participants will explore the nature and extent of bullying at school, the characteristics of bullies, and the effects on victims and on those who are not victimized but who are well aware of the incidents and are afraid. Practical tips for stopping bullying behaviour, as well as effective school and classroom prevention strategies, will be presented and discussed.

Length: Date(s): One day April 17

Fee:

\$125

Instructor(s): Lisa Pedrini

## Dealing with Harassment and Peer Victimization: A Solution-Focused Approach (#CP220)

Developed by counsellors of adolescent victims of harassment and discrimination, this course is appropriate for secondary school educators, administrators, counsellors, and schoolpolice liaison officers. It will provide current information and prevention and intervention strategies to address the problems of sexual harassment, intimidation, assault, and discrimination based on gender, sexual orientation, race, or culture. Participants will explore and practise solutions for providing a safe environment, learn a format for dealing with disclosures, gain an understanding of the psychological impact of victimization, and discuss implementation of solution-focused prevention models that positively influence critical thinking, problem solving, and healthy choices for everyone.

Length:

One day April 3

Date(s): Fee:

\$125

Instructor(s): Teresa Colleen Harris

# Responding to Workplace Incidents: Investigations, Reports, and Hearings (#MGMT360)

For a course description, see page 42 in the Management Skills Training category.

Length:

Two days

Date(s):

February 22-23

Fee:

\$200

Instructor(s): Leslie Robinson

For more information about the above courses or to arrange for a course to be given at your work site, call the Program Coordinator, Carol McClenahan, at (604)528-5685 or e-mail cmcclenahan@jibc.bc.ca. For other courses on workplace harassment, contact Patricia McNeill at (604)528-5623 or e-mail pmcneill@jibc.bc.ca.

Safe Communities Day

August 15

# Critical Incident Stress (CIS) Peer Support Certificate Program

This certificate program and individual courses were developed in consultation with student focus groups and trauma practitioners with expertise in the management of critical incidents. The courses and certificate program are a response to requests from people in many professions who need to acquire this knowledge and skill.

The certificate program focuses on the key theories of traumatic stress and crisis intervention, principles of defusing and debriefing, prevention and management of stress, ethical service delivery, and supervised skill-building practice. By successfully completing the courses and the final assignment. participants will acquire the essential knowledge and skills to conduct effective peer defusings.

#### WHO SHOULD ATTEND?

Representatives from all occupations who want to provide quality emotional first aid (defusing) services at their work sites should attend. Upon completion of the program, they will be qualified to be a part of the critical incident management team at their workplace.

### **HOW IS IT OFFERED?**

All five required courses in the certificate program are offered three times per year. Participants may work towards the certificate or take individual courses, with no set time limit for completion. However, consistently completing courses every year is recommended. A Certificate Completion Assignment Package is provided to participants upon successful completion of all required courses. The assignment must be completed within three months and includes a case analysis, a "mock" defusing exercise on audio/videotape, and the provision of three references indicating the certificate candidate's suitability to provide peer support. The assignment is professionally evaluated, at no cost to the certificate candidate. The certificate is awarded upon successful completion of the final assignment.

#### HOW TO APPLY

Both certificate and non-certificate participants need to submit an application form in order to register as a certificate candidate and/or be able to register for the skill-based courses #T\$320 and #T\$330.

🖀 To obtain an application form or a Certificate Completion Assignment Package, phone the Program Assistant, Meenpal Basi, at (604)528-5630. For further information, contact the Program Coordinator, Carol McClenahan, at (604)528-5685, e-mail cmcclenahan@jibc.bc.ca, or fax (604)528-5640; or contact Meenpal Basi ot (604)528-5630 or e-mail mbasi@jibc.bc.ca.

Please note the start times for the courses listed for this certificate program.

# Introduction to Trauma and Post-Traumatic Stress Reactions (#EP251)

This course is for front-line workers, support workers, victim service workers, peer personnel from high-risk professions, and other service providers working with trauma survivors in an individual, group, or community context. Participants will acquire a basic understanding of trauma, post-traumatic stress, and critical incident stress, and a working knowledge of the impact of trauma on individuals, the community, and trauma responders. Responses to the critical incident, short-term and long-term consequences of trauma, and post-traumatic stress disorder are discussed. Participants will examine the spectrum of trauma responders in the community and learn about their relationship to one another. Both certificate candidates and non-candidates may enrol in this course. This course is a prerequisite to #TS320 and #TS330.

Length:

Two days

Date(s):

January 25-26

February 14-15

Time:

9:00 am - 4:30 pm

Fee:

\$185 Instructor(s): Joe Solanto, Ph.D.

### Trauma Debriefing and Defusing (#TS310)

In this course, the information needs of participants are met through the study of both the core concepts and basic skills used in trauma defusing and debriefing. Course content focuses on the theory of crisis intervention and the structure of trauma interventions, including triaging, defusing, and debriefing. The relationship between several types of stress, psychological issues, and individual differences in reaction to trauma will be discussed. Efficacy studies on defusing will be presented, and a set of principles of practice for trauma intervenors, including ethical and moral issnes, will be introduced. Both certificate and non-certificate candidates may

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# **Critical Incident Stress**

enrol in this course. The course is a prerequisite to #TS320 and #TS330.

Length: Date(s):

Two days February 28-29

April 3-4

Time:

8:30 am - 4:00 pm

Fee: \$

\$185

Instructor(s): Toby Snelgrove, Ph.D.

### Peer Defusing, Level I (#TS320)

This course is for participants who want to learn the process of peer defusing and begin to practise defusing in a supportive classroom setting. The knowledge and skills gained will begin to prepare participants for front-line trauma defusing. Topics include: the causes and symptoms of critical incident stress resulting from a traumatic event, the purpose and process of individual peer defusing, and the role of the peer support person. Suggested solutions for problematic situations will be discussed, such as methods for dealing with problems of alcohol and drug abuse by the traumatized person and ethical and supportive ways to close an individual defusing, when the person being defused is in various states of distress. An introduction to practice boundaries and ethical issues relating to peer defusing, including limits to confidentiality, will be presented. Prerequisite(s): Iutroduction to Trauma and Post-Traumatic Stress Reactions (#EP251), Trauma Debriefing and Defusing (#TS310), and admission to the certificate program.

Length:

One day
March 20

Date(s): Time:

8:30 am - 4:00 pm

Fee: \$100

Instructor(s): Toby Snelgrove, Ph.D.

#### Peer Defusing, Level II (#T\$330)

This course will provide participants with both vital knowledge and further practice and development of their defusing skills that they can use in the post-traumatic helping relationship. Topics include: the steps in the peer-support relationship; crisis intervention and how it relates to peer defusing; the four active-listening skills (including practice sessions); the affirm-and-reframe trauma intervention; and an in-depth discussion of methods for dealing with serious boundary and ethical issues that may arise in peer support situations.

Prerequisite(s): Peer Defusing, Level I (#TS320).

Registration: (604)528-5590

Length: Date(s): Two days March 21-22 8:30 am – 4:00 pm

Time: 8:30 Fee: \$195

Instructor(s): Toby Snelgrove, Ph.D.

# Preventing and Managing Stress (#TS350)

Learning techniques to successfully identify, manage, and prevent stress is the focus of this course. The sources and symptoms of stress will be explored. Attention will be paid to the amount of stress in people's lives and people's varying perceptions and reactions to the stress. Discussion of a theory of stress will highlight the importance of using the provided techniques to increase "hardiness," in order to avoid the negative effects of stress. Participants will then be able to apply direct, relevant, and easy techniques to the prevention and management of stress for themselves and for others. Both certificate candidates and non-candidates may enrol in this course.

Length: Date(s): Two days April 27-28

Time:

9:00 am - 4:30 pm

Fee: \$185

Instructor(s): Mark Brunke, M.A.

### SPECIAL OFFERING

To meet the needs of people who live outside the Lower Mainland and those who want to complete the course work quickly, we are offering a Summer Certificate Program. All nine days of courses are offered, as described earlier in this section, with the same instructors.

Preference will be given to participants who register for the entire program. After June 1, 2000, however, registrations for individual courses will be accepted by the Registration Office as space permits.

The course numbers and dates are:

#EP251 June 26-27 #TS310 June 28-29 #TS320 June 30

#TS320 June 30 #TS330 July 4-5

#TS350 July 6-7

Times: Same as courses listed in this section.

Fee: \$850

# Critical Incident Stress (CIS) Certificate in Debriefing

#### **PURPOSE**

The courses and certificate program were developed in consultation with student focus groups and trauma practitioners with expertise in managing critical incidents. The courses and program are offered in response to requests from people in many professions who need to acquire this knowledge and skill.

The courses and program focus on the key theories of traumatic stress and crisis intervention, community responses to trauma, traumatic loss, and principles of defusing and debriefing. Essential principles of critical incident stress management, clinical assessing, and the oral and written reporting of trauma-related incidents in the workplace are discussed. Ethical service delivery is highlighted. Supervised practical skill-building applications are provided to ensure competency in conducting debriefings.

#### WHO SHOULD ATTEND?

Representatives from all occupations who are or who may be required to provide debriefing services at their or other work sites when a critical incident occurs should attend. Upon completion of the program, participants will be qualified to be a part of the critical incident management team at their workplace.

#### HOW IS IT OFFERED?

All seven required courses for the certificate program are offered three times per year. Participants may work towards the certificate or take individual courses, with no set time limit for completion. However, consistently completing courses every year is recommended. A Certificate Completion Assignment Package is provided to participants upon successful completion of all required courses. The assignment must be completed within three months and includes a case analysis, a "mock" debriefing on videotape, and the provision of three references indicating the certificate candidate's suitability to provide debriefing management. The assignment is professionally evaluated, at no cost to the candidate. The certificate is awarded upon successful completion of the final assignment.

#### HOW TO APPLY

Both certificate and non-certificate participants need to submit an application form in order to register as a certificate candidate and/or to be able to register for the skill-based courses #TS410 and #TS420.

To obtain an application form or a Certificate Completion Assignment Package, phone the Program Assistant, Meenpal Basi, at (604)528-5630. For further information, contact the Program Coordinator, Carol McClenahan, at (604)528-5685, e-mail cmcclenahan@jibc.bc.ca, or fax (604)528-5640; or contact Meenpal Basi at (604)528-5630 or e-mail mbasi@jibc.bc.ca.

Please note the start times for the courses listed for this certificate program.

## Introduction to Trauma and Post-Traumatic Stress Reactions (#EP251)

For a course description, see page 51. This course is a prerequisite to #TS410 and #TS420.

Length:

Two days

Date(s):

January 25-26

February 14-15 9:00 am - 4:30 pm

Time: Fee:

\$185

Instructor(s): Joe Solanto, Ph.D.

#### Trauma Debriefing and Defusing (#TS310)

For a course description, see page 51. This course is a prerequisite to #TS410 and #TS420.

Length:

Two days

Date(s):

February 28-29

April 3-4

Time:

8:30 am - 4:00 pm

\$185

Instructor(s): Toby Snelgrove, Ph.D.

# The Group Debriefing: Basic Knowledge and Skills Development (#TS410)

This course is for those participants who want to learn/improve their debriefing services. Through instruction and role-play, participants will be provided with a supervised opportunity to understand and practise core knowledge,

# **Critical Incident Stress**

enhance skills, and demonstrate appropriate and ethical attitudes related to post-trauma group processes. Various models of debriefing will be reviewed, including the Mitchell CISD and Raphael's psychological debriefing. The main focus will be on learning and using psychological-educational debriefing for a work setting. Special attention will be paid to the contracting and storytelling stage and the affirm-and-reframe intervention. Prerequisites(s): Introduction to Trauma and Post-Traumatic Stress Reactions (#EP251), Trauma Debriefing and Defusing (#TS310), and admission into the certificate program.

Length: Two days
Date(s): March 23-24
Time: 8:30 am - 4:00 pm

Fee: \$195

Instructor(s): Toby Snelgrove, Ph.D.

# The Group Debriefing: Practice (#TS420)

This course will benefit certificate candidates who want to enhance their group debriefing skills through practice role-plays. Participants will have the opportunity to debrief and be debriefed twice. Debriefing groups will be videotaped, supervised, and evaluated by an experienced debriefer. Prerequisite(s): The Group Debriefing: Basic Knowledge and Skills Development (#TS410).

Length: Two days
Date(s): April 17-18
Time: 8:30 am - 4:30 pm

Fee: \$250

Instructor(s): Toby Snelgrove, Ph.D.

#### Community-Based Trauma Interventions (#TS340)

Responses to a major disaster and how to apply various intervention methods will be discussed. Topics include the characteristics of a disaster, the impacts of disaster on individuals and the community, and community and individual needs at various stages of a disaster. The role of community and provincial and federal agencies before, during, and after a disaster, and models for community intervention will be presented. The symptoms associated with various reactions and syndromes associated with a disaster, potential role conflicts, and needs of disaster responders and survivors will be addressed. Stress management strategies will be emphasized.

Length: Two days
Date(s): May 23-24

Time: 9:00 am - 4:30 pm

Fee: \$185

Instructor(s): Laurie Pearce, M.S.W., M.A.

#### Traumatic Loss (#TS440)

Important information about the increased trauma suffered by survivors when someone dies in a traumatic incident is provided in this course. The effects on survivors are often more profound and the recovery process can be adversely affected. Topics include the symptoms associated with profound loss, the grieving process, and appropriate individual and group interventions. Participants review their own experiences with loss and discuss the possible impact of such experiences on their role as trauma intervenors.

Length: One day Date(s): June 21

Time: 9:00 am - 4:30 pm

Fee: \$115

Instructor(s): Jessica Easton, M.A.

# Clinical Assessing and Reporting Trauma in the Workplace (#TS430)

This course will assist people at their workplace who are responsible for assessing psychological trauma and the resulting critical incident stress on a worker. Reports must always be submitted about the incident and the assessment to the employer. Ways an assessor can accurately evaluate the impact of critical incident stress will be discussed. Important information will be provided to ensure that written and oral reports are objective and accurate and that they meet the requirements of agencies such as the Workers' Compensation Board and the Insurance Corporation of British Columbia. Both certificate candidates and non-candidates may enrol in this course.

Length: One day Date(s): June 20

Time: 9:00 am - 4:30 pm

Fee: \$115

Instructor(s): Joe Solanto, Ph.D.

## SPECIAL OFFERING

To meet the needs of people who live outside the Lower Mainland and those who want to complete the course work quickly, we are offering a Summer Certificate Program. All nine days of courses are offered, as described earlier in this section, with the same instructors, except where noted below by "TBA."

Preference will be given to participants who register for the entire program. After June 1, 2000, however, registrations for individual courses will be accepted by the Registration Office as space permits.

The course numbers and dates are:

EP 251 July 10-11 (TBA) TS440 July 19
TS310 July 12-13 TS340 July 20-21
TS410 July 14-15 TS430 July 22 (TBA)
TS420 July17-18

Times: Same as courses listed in this section.

Fee: \$1,230

# **■ FIRST NATIONS PROGRAMS AND SERVICES**

# **First Nations Advisor**

Renée Nyberg-Smith, the First Nations Advisor, is of Secwepemc (Shuswap) and German origin and was raised in the interior of B.C. She has worked with Aboriginal communities and agencies in social development since 1988, and is an experienced counsellor, trainer, and curriculum developer. Her duties at the Justice Institute include developing and delivering training programs for Aboriginal communities and for agencies working in social services and community safety, as well as coordinating the new Traumatic Stress Certificate Program for Aboriginal Practitioners, to be offered for the first time in Fall 2000. She also works closely with other JI staff on programs they provide to Aboriginal people.

Renée Nyberg-Smith can be reached at:

Office: A226

Phone: (604)528-5621 Fax: (604)528-5640 E-mail: myberg@jibc.bc.ca

Web: http://www.jibc.bc.ca/ccs/f-ccs.html

# **Training**

For the past 11 years, Social Services & Community Safety Division has been responding to the requests of Aboriginal communities and agencies for culturally relevant, skills-based training. Our program staff are committed to working with First Nations communities to develop and deliver training to meet changing needs. Wherever possible, Aboriginal instructors are selected to deliver this training. Some of the courses and programs that we have delivered to Native clients include:

- · By-law Enforcement and Investigation Skills
- · Basic Supervisory Certificate
- Child Sexual Abuse Certificate
- · Tranmatic Stress Certificate
- · Connecting with Children Under 12: Resolving Anger Issues
- · Critical Incident Stress Debriefing
- · Grief and Bereavement
- · Responding to Family Violence
- Working with Youth in Community Settings Certificate
- Family Support Worker Certificate
- Substance Use/Misuse Certificate
- Supporting Survivors of Residential School Certificate

If you would like to bring a Social Services & Community Safety Division program or course to your community:

- Contact the appropriate Program Coordinator or the First Nations Advisor to discuss how we can help you.
- Set np an appointment to discuss your training needs and work with JI staff to develop a program proposal and budget.
- Work with the appropriate Program Coordinator or the First Nations Advisor to identify content, select instructors, schedule dates, choose locations, and advertise the event.

# Traumatic Stress Certificate Program for Aboriginal Practitioners

This new program is being developed by the Justice Institute of B.C. in response to requests to provide comprehensive training in trauma assessment and intervention for professionals working within First Nations communities or with First Nations clients. The program is designed to enhance the work of counsellors, therapists, and front-line workers who are working with First Nations survivors of trauma or planning community programs to meet their needs.

While the theoretical and practical training components are based on current clinical understanding in the fields of critical incident stress and traumatology, the curriculum development team has ensured that Native experiences, perspectives, and healing approaches have been woven throughout the training as the basis of the theory. Issues such as the Indian Act, enfranchisement, racism, residential school, the "60s scoop," adoption by non-Natives, and loss of culture will be addressed.

The program can be delivered in two streams, one in clinical intervention and one in support work. The clinical intervention stream is for counsellors and therapists providing long-term counselling for Native survivors of trauma. The support work stream is for front-line workers providing support services to Native survivors of trauma.

The program is 20 days long and will start in September 2000. Look for a detailed booklet in Spring 2000. The program is currently available on contract for Aboriginal communities and agencies. Contact Renée Nyberg-Smith for more information.

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 55

# Instructors

- Gladys Adilman, B.A., is the Senior Mental Health Worker at SAFER (Suicide Attempt Follow-up, Education, and Research), where she has worked since 1973. She coordinates the educational program and acts as an advisor to organizations developing programs or videos on suicidal behaviour (prevention, intervention, or postvention). She is a member of the Audit Committee for Greater Vancouver Mental Health Service.
- Janet Amos, M.S.W., has 10 years of experience in the alcohol and drug field, in the areas of direct practice and program development. In addition, she worked for four years in the field of violence against women, providing direct services for women and participating in community development initiatives. Janet is currently the Provincial Fetal Alcohol Early Intervention Consultant and is based at the Aurora Treatment Centre for Women. She provides support, resources, and training to health and social services providers working with women who are pregnant and using substances.
- Kate Anderson, M.Ed., Ph.D. (Gand.), is a sessional instructor in the School of Child and Youth Care at the University of Victoria. Kate has extensive experience with a number of advocacy organizations involved with health, disability, and mental health concerns in children, youth, and families. She developed and authored the Supported Child Care Training Project at the University College of the Fraser Valley, and has worked as a mental health consultant with the Vancouver Health Department and West-Main Health Unit.
- Melody Angustine has worked on behalf of women and children who are victims of violence for the past eight years, as a volunteer, Women's Support Worker, and Child Support Worker in a Lower Mainland transition house. For the past three years, she has been working as a Children Who Witness Abuse Couusellor at Fraserside Community Services in New Westminster.
- Rob Axsen, B.A., has more than 20 years of experience providing counselling, clinical supervision, and training. He has worked with corrections, mental health, and addiction services. Rob also has specialized experience working with youth. He has a private practice focusing on youth issues, the change process, and applied motivational interviewing.
- Elizabeth Barnett is a Program Coordinator with North Shore Disability Resource Centre, where she supervises 10 adult residential programs. Liz has extensive experience in supporting people with disabilities and their families in the area of behavioural challenges and developmental and physical disabilities.
- Cheryl Bell-Gadsby, M.A., R.C.C., is a Program Coordinator with the Social Services & Community Safety Division at the Justice Institute of B.C. Cheryl has extensive experience in Canada and the U.S. as a feminist therapist, clinical supervisor, and educator. She has specific expertise in issues of trauma, family violence, sexual exploitation, child and adolescent development, and hypnotherapy with

- children, adolescents, and adults. Cheryl has recently co-authored Reclaiming Herstory: Ericksonian Solution-Focused Therapy for Sexual Abuse.
- Mark Brunke, M.A., is an employee assistance counsellor with Brown Crawshaw Inc. He has counselled individuals, couples, and families for more than 15 years, and has offered stress workshops at a wide variety of work sites. Mark has also been active in providing Critical Incident Stress Debriefings for individuals and groups, and has helped set up peer support teams for emergency workers.
- Cheryl Cahill, B.B.A., has an educational background in commerce and adult education. As a trainer, she specializes in the development of managers, supervisors, directors, and senior executives who are required to train front-line staff. She has more than 10 years of experience designing, delivering, and evaluating management workshops and seminars in business and industry.
- Katharine Carol, B.F.A., R.D.T., is a Registered Drama
  Therapist who works at Burnaby Family Life Institute on
  the "Stopping Violence Against Women" contract and in
  private practice. Katharine trained at the Central School of
  Speech and Drama in London, England.
- Tulia Castellanos is a social worker who did her early work in South America developing, implementing, and evaluating educational programs for both adults and children. In addition to her work as a family and child counsellor at a Vancouver inner-city school, she also coordinates a program that provides preventative educational groups to the community. Tulia has extensive experience working with immigrant and refugee families in Canada, and creates and delivers training in the areas of community development, cross-cultural, and family issues.
- Natalie Clark, M.S.W., R.S.W., is a Program Coordinator with the Social Services and Community Safety Division at the Justice Institute of B.C. and is the past Clinical Coordinator of Cameray Counselling Centre. Natalie has extensive experience as a feminist therapist, clinical supervisor, and educator specializing in issues of child abuse, trauma, sexual exploitation, and adolescent female development. She currently facilitates a girls' group for marginalized adolescent females through the Edmonds Youth Resource Centre as well as provides counselling for youth at Cameray and the Burnaby Youth Clinic.
- Carol Cohen, M.A., is a connsellor/coordinator with the Family Services Employee Assistance Group. She has worked in residential settings for youth and is experienced in both direct service and management.
- Kate Collie, M.A., graduated from the Department of Counselling Psychology at UBC in 1999 and is entering the Ph.D. program. Her research area is facilitating art therapy groups via the Internet. Kate is a professional artist who specializes in art therapy. She is currently facilitating art therapy groups for cancer patients at the Hope House.

- Gordon Collings is a junior secondary school principal in Delta. He has more than 20 years of secondary teaching, counselling, and administrative experience. A former certified Crisis Prevention Institute instructor, Gordon is a member of the B.C. Principals and Vice Principals Association School Safety and Violence Prevention Committee. He also delivers workshops on crisis intervention techniques and conflict resolution.
- Conrad Cone has worked with youth and adjudicated populations in the outdoors for the past eight years. He is the co-director of Pacific Adventure Learning, where he specializes in using adventure counseling and experiential learning with students and youth at risk. He recently completed an internship through Princeton University using Adventure Therapy techniques, and is a consultant for The Duke of Edinburgh's Award Program Youth at Risk Initiative in B.C.
- Krystal Cook is a Kwakwaka'wakw woman who has had the opportunity and honour to train and work with a rich variety of facilitators/teachers who approach creativity, performance, writing, and healing from a holistic perspective. Mask, PlayBack Theatre, Earth Based Theatre, Indigenous Theatre, and Sacred Clown training and performance have greatly inlluenced her. She is a graduate of the Centre for Indigenous Theatre's Native Theatte School and the University of Victoria's En'owkin International School of Writing.
- Mary Anne Crabtree, B.A. (Hon.), B.S.W., is currently program director of Nexus, a substance misuse outreach program. She has been providing support services to street-involved youth for 15 years, beginning as a group home parent and later becoming a youth and family outreach counsellor. She has also been active in providing training and has been involved in youth program development.
- Judith Daniluk, Ph.D., is Associate Professor in the Department of Counselling Psychology at UBC and a clinical consultant to Genesis Fertility Centre. Her research and clinical work focus primarily on women's sexual and reproductive health. Judith has conducted extensive research on the long-term impact of infertility on couples.
- Anne Davidson, M.Phil., P.G.C.E., B.Sc.Econ., B.A., has worked with the Elizabeth Fry Society as a front-line counsellor and supervisor in maximum security settings since 1993. She has also worked with perpetrators of violence against women in Surrey and has been a member of ACAM since 1994. Anne recently worked in the United Kingdom with women who have experienced violence, and trained social workers, accident and emergency personnel, and police officers in working with this client population. Anne wrote the manual Violence Against Women Taking Control of our Lives in Stages and has trained health care professionals throughout the UK and B.C.
- Mary Dowdall, M.S.W., has an extensive background in child, adolescent, and family issues. For more than seven years she has facilitated many group programs in the area of

- anger management for children and families in conjunction with North Shore Mental Health. Mary also has a private practice called Cornerstone Professional Counselling Practice.
- Christina Dunsmuir, M.S. (Clinical Psychology), did her graduate work at San Jose State University in California. She has worked for four years in addiction services, with experience in forensic, youth, and family work. She currently works at SAFER (Suicide Attempt Follow-up, Education, and Research) and is part of the Education Committee for Greater Vancouver Mental Health Service.
- Jessica Easton, M.A., is a principal and clinical director of EASTON\*SNELGROVE Inc., a private connselling centre specializing in trauma and loss. For the past 18 years she has worked as a psychotherapist with individuals, couples, families, schools, and community organizations with a focus on traumatic loss. She also conducts workshops, trauma debriefings, and lectures for schools, hospitals, government agencies, and private organizations.
- Cameron Egyeda, M.A.(Ps), is a Clinical Member and Approved Supervisor of the American Association for Marriage and Family Therapy, registered in B.C., and with the registry of MFTs in Canada. She brings more than 30 years of clinical experience to her private practice in individual, couple, and family therapy; teaching; and supervision.
- Jacinta Eni is currently the Executive Director of Community Ventures Society. She has worked in preschool, residential, and vocational settings for people with developmental disabilities, and has extensive experience as a manager in each of those settings.
- Robert Finlay, M.A., has been a Clinical Member and Approved Supervisor with the American/Canadian Association of Marriage and Family Therapy (AAMFT) since 1980. He works in private practice with his wife, Judi, where they specialize in conducting solution-focused marital therapy as a husband-and-wife team.
- Elizabeth Fortes, M.A., has been a clinician in the field of suicide prevention and traumatic bereavement since 1982. She has worked with SAFER of GVMHS and has been working with Aboriginal populations in Northwest Territories and Nnnavut. Elizabeth has had a long-term interest in exploring how intercultural transitions affect the predicament of those touched by trauma.
- Momica Franz, B.A., RCAT, BCATR, is a professional art therapist registered with both the Canadian Art Therapy Association and the British Columbia Art Therapy Association and serves as vice president and ethics chair for the latter. She has been in private practice for over 10 years and works art therapeutically primarily with people who have experienced abuse, loss, grief, and trauma. She also offers clinical supervision for those working art therapeutically with their clients.

- Diane Fru is a management consultant whose background and specialties are training and human resources. She also has experience as a line manager and has developed and delivered a variety of human resources courses for the public sector and for private organizations.
- Rob Goodall, M.A., is a management consultant in private practice. He has had experience as a teacher, education instructor, and education department manager. He has been in private practice since 1993, and works particularly in the health care field.
- Mario Govorchin is a consultant and trainer with extensive experience working with youth in a variety of settings.

  Mario is a trainer in the Management Development for Residential Settings Certificate Program and a senior trainer in the Justice Institute's Centre for Conflict Resolution.
- Glenn Grigg, M.A., R.C.C., is a couple and family therapist at the Children's Foundation and in private practice. He works extensively with families whose children have experienced severe traumas.
- Fran Grunberg, M.S.W., R.S.W., is a therapist, educator, and consultant in private practice. She has 24 years of experience working on child, youth, and family issues, including child protection, policy analysis, program development, research, training, prevention, and treatment.
- Sally Halliday, M.A., graduated from the Department of Counselling Psychology at UBC in 1998, having made a mid-life career change from journalism. Her thesis research was about the successful mid-life transition for women. She has facilitated Life Review workshops for women and cancer patients, and several workshops for women at the UBC Women Students' Office.
- Maureen Hannah, B.Sc., M.B.A. (Managerial Leadership), has designed and delivered leadership courses that focus on coaching, interpersonal communication, team effectiveness, and conflict resolution skills for 24 years. She offers information and skills that are practical and can be applied immediately and directly to work situations.
- Bruce Hardy, Ph.D. (Cand.), is currently the executive director of West Coast Family Resources. He instructs in the child and youth care programs at the University of Victoria and Douglas College. Bruce is a tribunal member for the B.C. Children's Commission, a board member of the Legal Services Society of B.C., a board member of Experience Canada, and an active chair of the National Council of Welfare.
- Jeanne Richard Harris, M.S.W., R.S.W., has more than 30 years of experience working with special populations in education, geriatrics, psychiatry, community mental health, addictions, and dual diagnosis. Jeanne has developed a dual diagnosis curriculum for the Native Education Association, Addiction Counsellor Training, the Justice Institute, and Corrections Canada. She currently works for the Vancouver/Richmond Health Board and teaches in the field of substance use/misuse at Douglas College and the University College of the Fraser Valley.

- Teresa Colleen Harris is an adolescent sexual abuse counsellor at Family Services of the North Shore and a high school educator. She provides individual and gronp counselling for teens between the ages of 13 and 19 who have been sexually abused. In addition, she has co-developed curriculum for grade 10 to 11 students on the topics of sexual abuse, date rape, healthy relationships, family violence, and, most recently, peer violence and bullying. To date she has facilitated presentations to more than 8,000 North Shore students; she is also in demand as a workshop presenter and facilitator.
- Sandra Heath, B.A., is a management training and human resources consultant whose experience includes responsibility for human resources, policy development, and training. She has line management experience in B.C. and Alberta and in the federal public sector.
- Marie Jose-Dhaese, Ph.D., ATR, CET, RPT-S, is an adult and child psychotherapist, a clinical supervisor, and educator in private practice. She is a Registered Art Therapist, Certified Expressive Therapist, and Registered Play Therapist with more than 25 years of experience as a therapist and more than 15 years as a supervisor and international workshop leader in the field of expressive therapies, child abuse, and loss.
- Martha Joy, B.S.W., has extensive experience working in the field of child and youth care. During the last 20 years, she has held a variety of positions, including front-line worker, residential program director, trainer, and policy analyst for government.
- Reva Kalef, M.Ed., has been involved in the field of adult education as an instructor, program planner, and consultant for more than 13 years. She specializes in assisting instructors and instructional designers in their ongoing professional development. Reva has extensive experience working with post-secondary educational institutions, government, the non-profit sector, and business and industry.
- Ninu Kang, M.A. (Cand.), is the program coordinator for the Family Violence Initiative, which comprises the Assaultive Husbands Program for Sonth Asian Men and the Women's Support Services at MOSAIC. Ninu has extensive experience in the area of wife assault. She also has formal training in cross-cultural issues and anti-racism, and is involved in providing education and awareness to many groups and organizations.
- Shelley Karrel, B.B.A., principal of The Karrel Consulting Group, has over 14 years experience as an adult educator, coach, and organizational change consultant. Shelley's education, combined with her experience working in the education, health care, and retail service sectors, has given her the opportunity to develop specific skills in organizational health, needs assessment, training design, communication, and performance management. Shelley has an innate ability to identify the real issues and helps her clients create solutions at both the organizational and individual levels.

- Thomas F. Keenau, M.A., is a consultant and trainer with Bright Ideas, specializing in organizational change and systems development. Drawing upon expertise in both experimental and clinical psychology, working as a manager and practising clinician, he has served more than 20 years in private industry and governmental structures throughout North America, primarily as a change agent. To this work he brings his own creativity as a writer, actor, computer afficionado, and chronic humorist.
- John Konrad, B.A., M.C.A., is Executive Vice President of Konrad Consulting Services Inc. He has a varied background in public service work as a policy maker, change agent, and leader. He has held senior positions of responsibility in both provincial and federal government ininistries and administrative tribunals. He combines strong communication skills with results-based decision making, and has a talent for balancing vision with attention to detail.
- Ruth Lamb, R.N., M.Sc.N., CHTI, is the Senior Program
  Coordinator for Langara College Continuing Studies,
  Health and Human Services Division. Ruth has extensive
  experience as a director of nursing and clinical nurse
  specialist. She is president of the B.C. Holistic Nurses
  Practice Group, and designs and teaches the Canadian
  Holistic Nurses Association's Advanced Health Promotion
  Specialization Program. She has a private healing practice,
  teaches energy-based healing nationally, and has been
  studying energy-based healing and mind-body approaches
  to health since 1977.
- Sze-oi Lau, M.S., M.Ed. (Northern Illinois University), is a professional art therapist and clinical counsellor. She has extensive experience in working with abuse victims, trauma, depression, and issues related to immigration. She is a trainer for art therapy and art education in Hong Kong. She is currently a counsellor with CHIMO and also works in private practice.
- Susan Leaf, M.A., is a consultant and educator for North Shore Mental Health and also works in private practice. Susan has extensive experience in crisis intervention and counselling with children, adolescents, and families, including six years of treatment counselling through Maples Centre for Adolescents.
- Faye Luxemburg-Hyain has been working as a child and family counsellor, private and agency therapist, and educator in the area of child abuse for 24 years. She has extensive experience in working with survivors of childhood sexual abuse.
- Marion Malcolmson, M.S.W., R.S.W., works in cross-cultural settings as the Coordinator of Counselling Services at Invergarry Adult Learning Centre. Her counselling and training experiences include employee assistance programs. She has been employed in both direct service and administration, and currently maintains a private practice.

- Rhonda Margolis, M.A., has worked as a cross-cultural training facilitator for more than 10 years. She works with a wide range of businesses, including the telecommunications and financial industries, and postsecondary institutions. She has been an invited speaker at numerous conferences and has published several articles related to cross-cultural training.
- Chris Moore is the founder and co-director of Pacific Adventure Learning. He has more than 10 years of experience working in the Adventure Learning field, founding PAL in 1993. Chris spends much of his professional life as a consultant helping to develop experiential learning programs within educational, therapeutic, and corporate contexts. Chris is the current chair of the International Association for Experiential Education Northwest Region.
- Lenox Neher is a special care contractor with the Ministry of Social Services. She has worked in the child and youth care field for 16 years, is currently co-president of the Child and Youth Care Association of B.C., and operates a special care home.
- Bobbi Noble has eight years of experience as a consultant specializing in policy development, strategic planning, small-group facilitation, and report writing. She has designed and delivered workshops on a variety of topics for hospitals, government, and business. She also has a background in human resource development.
- Margaret Owens, M.Ed., has extensive experience as a consultant and trainer in the design, instruction, and evaluation of adult education programs and materials. She has a special interest in international and distance education.
- Laurie Pearce, M.S.W., M.A., is a trainer and presenter who specializes in disaster management and traumatic stress. She is a visiting faculty member at the Canadian Emergency Preparedness College and a research associate with the Disaster Preparedness Resources Centre at UBC. Laurie is currently a District Supervisor with the Ministry for Children and Families and the Ministry of Human Resources.
- Lisa Pedrini is an education consultant with a special interest in violence prevention and children's issues. She has more than 15 years of experience in education as a primary teacher, as an administrative staff member at the B.C. Teachers' Federation, where she coordinated the work on the BCTF Task Force on Violence in Schools, and as a consultant. Her experience includes work on gender equity, professional development, training and continuing education, family violence prevention, and enhancing school safety.

# Instructors

- Nancy Poole, M.A., is a provincial research consultant on women's substance use issues at the Aurora Treatment Centre in Vancouver. Her work ensures that providers of women's services are supported in developing gender-specific programming and the evaluation of women's treatment and prevention programming. Nancy has helped to develop the B.C. FAS Community Action Guide, published by the Ministry for Children and Families, and the Alcohol and Drug Problems of B.C. Women report, published by the Ministry of Health.
- Kelly Rainsforth, B.Ed., M.Sc. (Policy and Management), is a management consultant who assists small agencies, non-profit organizations, educational institutions, and businesses with strategic planning and human resources/labour relations training and support. He has broad experience in HR/LR within unions and as semior management in educational institutions and non-profit agencies.
- Lynn Redenbach, B.A., R.RN., has a private practice specializing in work with adults and adolescents who have eating problems. She has over 15 years experience in the counselling field working in numerous areas, including family violence, substance abuse, and trauma. In addition to her practice, she facilitates groups in the Tri-Cities Mental Health Eating Disorder Program as well as girls' groups offered through Maple Ridge Family Education Centre. She also has experience facilitating support groups for persons who have experiences with disordered eating.
- Ronnie Riehm, M.Ed., is an elementary school counsellor and has been involved in inner-city school programming and community school development. She has developed training curricula and trained in the areas of child abuse and neglect, childhood sexual abuse, violence prevention, and children who witness violence.
- Anita Roberts has beeu working in the field of assault prevention since 1977. Her Safe Teen program was endorsed by the Vancouver School Board in 1987 and is currently being taught in school districts throughout the province of British Columbia. Anita has also travelled internationally, teaching assault prevention to women as well as to professionals in her field. She is also a published author and public speaker.
- Scott Robertson, M.S.W., ICADC, is a private practitioner and consultant. He has worked on a variery of system issues, such as child welfare, substance use, HIV/AIDS, mental health, and health care, for the last 17 years. Scott is an active volunteer on a local, national, and international level. Current contracts include working with gay, lesbian, bisexual, and transgender people, First Nations supports, training, and program development.
- Elizabeth Robinson, M.S.W., R.S.W., is a social worker in private practice. She has extensive experience as a manager and trainer in child welfare and medical settings. She is also a sessional lecturer at the School of Social Work at UBC.

- Leslie Robinson is a consultant with experience in community living, project management, harassment prevention training and investigations, care facility troubleshooting, policy development, team building, and critical incident review and prevention.
- Linda Rosenfeld, B.A., B.S.W., is the director of SAFER and has been a counsellor with the program since its inception in 1972. She has extensive experience in crisis intervention and in individual, family, and group counselling. She is the co-anthor of *Left Alive*, a book on bereavement and snicide.
- Brenda Rudko, M.A., has extensive experience working in a variety of settings with children and families, including residential care, schools, and mental health centres. She has worked for the past seven years with Act II Child and Family Services in the SHIFT Program (Sexual Health in Family Treatment). She has taught this topic thronghout the province, at UBC, and at many conferences.
- Ryane Consulting Inc. has designed and delivered courses on topics related to leadership and management, communications and conflict, and business writing for more than 20 years. Instructors are highly skilled in creating trust and a participative atmosphere, as well as balancing theory and practical applications.
- Stephanie Saville, M.A., R.C.C., has more than 10 years of experience as a therapist and trainer specializing in problems related to substance misuse. She has extensive climical experience as a Family Therapist using a Narrative framework with youth and families in a residential treatment program. Stephanie holds workshops on Narrative theory and practices, and consults on youth and family issues and overcoming substance misuse. Her current writing focuses on problem identities and relationships constituted by gender stories, and the reclaiming of respectful, equitable, and intimate relationships.
- Sally Scott is a Registered Clinical Counsellor with 17 years of experience in the area of disability. She has worked with individuals with a wide range of disabilities in her private practice, and has facilitated grief and loss debriefing for agency line staff. She has also presented to various community groups on the topic of coming to terms with loss after disability.
- Carol Sedgewick, ATR, BCATR, RCAT, is a Registered Art
  Therapist who works at Burnaby Family Life Institute on
  the "Stopping Violence Against Women" contract and in
  private practice. Her more than 15 years of art therapy
  experience includes training and supervising graduate art
  therapists and pioneering the field of art therapy in New
  Zealand.
- Ellen Shapiro, M.A., R.C.C., Dip.C., is a clinical counsellor in private practice. She specializes in working with families experiencing divorce and separation. She works with individuals, couples and families, and children. She is also an experienced adult educator and trainer.

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- Lisa Shatzky, B.A., M.S.W., is a family therapist working at Act II Child and Family Services. She is also in private practice, specializing in child sexual abuse and other trauma work. She teaches at Pacific Coast Family Therapy Training Association.
- Marilee Sigal, M.A., R.C.C., is a family therapist, trainer, and consultant in Vancouver. She has been working with couples, families, iudividuals, and organizations since 1980.
- Toby Snelgrove, Ph.D., is a trainer, consultant, and therapist with EASTON\*SNELGROVE Inc., a private clinic specializing in traumatic stress, grief, and loss issues. Toby has trained, debriefed, and developed programs for a wide variety of organizations, including community-based CIS teams; hospitals; fire, ambulance, police, and correctional services; First Nations communities; industry; and others.
- Kathy Snowden, B.S.W., M.S.W., is currently the Program Director of Odyssey II, a substance misuse outpatient program for youth and their families. She has had 16 years of experience working with high- and at-risk youth. Her experience in youth care began at the grassroots level in group homes. Later she became involved in a residential treatment program (Peak House) and an outpatient substance misuse counselling program. She has been active in providing training and being an advocate for youth.
- Joe Solanto, Ph.D., is a therapist, clinical supervisor, and educator in private practice. He has provided debriefings for front-line staff coping with victims of personal tragedy and natural disasters, and has worked extensively with psychiatrists and other clinicians in diagnostic assessment and treatment-planning processes. He has more than 20 years of experience working with high-risk youth, and is the Director and Expedition Leader for the Vancouver Ocean Challenge Society, a program that provides high-risk youth with challenging outdoor/marine experiences in a therapeutic context.
- Thomas J. Sork, Ph.D., is Professor of Adult Education at the University of British Columbia. He has presented needs assessment workshops to dozens of practitioner groups from Vancouver to St. John's and Winnipeg to Fort Smith. His research and publications focus on educational planning and professional ethics. Before becoming a full-time faculty member, he worked in several public universities, planning continuing education programs.
- Bernadette Spence, B.S.W., M.S.W., is a member of a First Nations community in Northern Manitoba. Since 1986 she has worked as a front-line social worker, program coordinator, and trainer. She currently works as a private consultant and specializes in the area of research and training in Aboriginal child welfare. She recently completed training in Focusing and is interested in working with human service providers.
- Elaine Stoll, B.A., R.C.C., is a counsellor and trainer in private practice and has been working with violence and abuse issues for 20 years. In addition to facilitating weekly groups for survivors, she also works with teen moms and

- leads parenting groups for adult survivors. She contracts her teaching/training skills to colleges, institutes, agencies, and school boards. Elaine is an accredited instructor with the William Glasser Institute, I.A.
- Jung Hwa Suh, M.A., is a family therapist with Family Services of Greater Vancouver. She has postgraduate training at Brattleboror Family Institute and Yaletown Family Therapy Institute. She is a clinical member of AAMFT.
- Jules Tessarolo is a serving police officer with more than 18 years of experieuce in a variety of venues, from small-town Alberta to large urban centres in B.C. Currently a member of a Major Crime Unit, Jules works as a detective investigating sex crimes, and as a hostage coordinator. His specific interest in school safety stems from his three years as a school-based school-police liaison officer.
- Pamela R. Theriault, M.A., has a private practice and provides therapy and counselling services to youth and families through South Cariboo Family Services. She is also a coach with the Justice Institute's Centre for Conflict Resolution.
- Beth Trotter, M.A., R.C.C., has been a therapist in private practice for 12 years, specializing in working with adults who have experienced trauma in childhood.
- Suri Vangolen, M.A., R.C.C., has worked at SAFER (Suicide Attempt Follow-up, Education, and Research) for more than 11 years. She has many years of experience in crisis interventiou, education, postvention, and bereavement counselling with adolescents and adults. She also has expertise in the area of survivors of childhood trauma.
- Colleen Vaughan, M.Ed., has been an instructor at the Justice Institute of B.C. for more than six years. She has developed and delivered workshops for both the Emergency Management Division and the Corrections and Community Justice Division.
- Munir Velji, B.A. Crim., M.S.W., specializes in working with children and adolescents. He has 10 years of experience in the counselling field and has been working in the mental health field for five of those years. He is currently employed with the Adolescent Crisis Response Program and also provides consultation and relief to the Youth Crisis Response Program. He has conducted numerous workshops focusing on mental health—related topics and suicide prevention.
- Debbie Verkerk, B.A., is a consultant and trainer with more than 15 years of experience with adolescents in residential and school semings, with a focus on positive peer culture. She is the chairperson of the Advisors Committee, School of Child Care, Douglas College, and former program coordinator, Avalon School.
- Tanyce Westgard, B.B.A., has been involved with facilitating, designing, developing, and evaluating workshops, seminars, and courses for more than 11 years. She has worked extensively with front-line managers, directors, and senior executives in business and industry, and is currently completing her Master's degree in education at UBC.

# **Instructors**

- Heather Whiteford, M.S.W., is a therapist with Family Services of Greater Vancouver and an instructor at Pacific Coast Family Therapy Training Association. She is interested in the ways in which work with families can support people in sustaining themselves through trauma and loss.
- James W. Williams, I.L.B., has practised law in Vancouver since 1985. Although he is active primarily as a criminal defence lawyer, he has also appeared before such tribunals as the Law Society of B.C. and the B.C. Securities Commission. Before taking his law degree, he was a member of the RCMP for 11 years.
- Maggie Ziegler, M.A., has worked as a psychotherapist for 20 years, with a specialty in trauma and violence. She has extensive experience in trauma-related curriculum development, teaching, and supervision.
- Juhree Zimmerman, R.N., B.Sc.N., M.Ed., is the Director of Policy, Planning and Communications for the Public Trustee of British Columbia. Among other responsibilities, she directs and manages the strategic planning process and develops corporate and divisional policy.

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Organizational Effectiveness (#MGMT331)44
Values-Based Strategic Planning: The Foundation of
Organizational Effectiveness (#MGMT336)43
Violence Against Women - Advanced Skills for Practitioners
(#EP220)30
Violence Against Women in Relationships Core Training
(#EP193)30

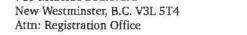
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# **Registration Information**

# It's easy to register!



Justice Institute of B.C. 715 McBride Boulevard





By phone: (604)528-5590; TDD/TTY: (604)528-5655

(8:30 am - 4:00 pm, Monday to Friday)



In person: 8:00 am - 4:30 pm.

Monday to Friday



By fax: (604)528-5653

#### **INQUIRIES BY E-MAIL**

The Registration Office is not set up to accept registration by electronic mail, but cau respond to general inquiries and information requests through this medium. The Registration Office general e-mail address is register@jibc.bc.ca.

#### REGISTER EARLY

Many courses fill quickly, so register early. Registrations are accepted on a first-coine, first-served basis, and cannot be completed until we receive full payment for the course(s). No post-dated cheques will be accepted.

#### TAX DEDUCTION

You may deduct tuition fees from your taxable income if the total amount exceeds \$100 for the year. Income tax receipts will be issued in February 2000 for all 1999 courses.

#### REFUNDS

Registration fees are refundable provided we receive notification of cancellation one week (7 days) prior to the course date. Refunds are subject to an administrative charge.

#### **TRANSFERS**

We must receive notification regarding transfer from one course to another one week (7 days) prior to the date of the course you are transferring from. Transfers are subject to an administrative charge.

### **SUBSTITUTIONS**

Course substitutions are welcome as long as the substituting participant has completed the course prerequisites. The substituting participant must obtain a substitution form from the Registration Office.

#### CONFIRMATION OF REGISTRATION

Confirmation of registration is sent to students by mail. We are unable to confirm registration by fax. If you have questions regarding your confirmation, contact a registration representative at (604)528-5590.

#### COURSE CANCELLATIONS

A full refund of tuition fees will be issued for courses cancelled by the Justice Institute. In every case, as much advance notice as possible will be provided. The Institute is not responsible for participants' expenses (e.g., airline or hotel reservations) if a course must be cancelled. The Institute reserves the right to cancel courses. We truly regret any inconvenience this may cause.

### **NSF CHEQUES**

A fee of \$15 applies to all cheques returned "not sufficient funds."

#### ADDRESS OR NAME CHANGE

If your name or address has changed since you last registered for a course at the Justice Institute, please indicate this on the registration form so that we can update your student file.

#### STUDENTS WITH DISABILITIES



The Justice Institute has received funds from the Ministry of Advanced Education and Training to provide classroom support for students with disabilities attending courses at the Institute. For

more information on the services available, please contact the Student Services Advisor at (604)528-5663 or TDD/TTY at (604) 528-5655.

#### STUDENT PERSONAL EDUCATION NUMBER

The Ministry of Education has extended their student number system, called the Personal Education Number (PEN), into the post-secondary system. Each institution will be able to issue PEN numbers to students who do not already have an assigned number. In order to issue the number, we must collect information on gender, birth date, and level of education. This information is collected under the authority of the Freedom of Information and Protection of Privacy Act, and is needed to process each student's registration form.

# **Frequently Asked Questions**

## 1. Who is eligible to take your courses?

We offer a wide range of courses for many different groups of students. The course descriptions in this calendar will clearly indicate whether the course is directed toward a first-line supervisor, a support worker, or an experienced practitioner.

## 2. What is the difference between a course, a workshop series, and a certificate program?

Courses typically run between one and two days and either address a new or emerging issue or focus on a specific skill set. Some courses are offered on a regular basis, whereas other courses are offered on a one-time basis only.

Workshop series usually run between six and eight days and address a few key themes. Most workshop series are skill-focused and are directed toward more experienced practitioners.

Certificate programs generally run between nine and 20 days and address a body of knowledge and a range of skills. While we offer certificate programs in a number of different formats, all certificate programs require participants to demonstrate their acquired knowledge and skills through classroom participation and homework assignments.

# 3. Why should I consider enrolling in one of your certificate programs?

Our certificate programs are designed to enhance and update the knowledge and skills of people currently working in the human services field. Our instructors are experienced practitioners who bring their knowledge, expertise, and instructional skills into the classroom. The certificate programs have helped many graduates find employment or advance in their chosen career area.

#### 4. How do I register for a certificate program?

Before you are can register for a certificate program, you must submit an admissions form detailing your educational background and work experience. Once the designated program coordinator has accepted your application, you must submit your registration form and payment to the Registration Office.

#### 5. Where can I obtain an admissions form?

You can obtain an admissions form by contacting the appropriate program coordinator. Check the certificate program descriptions in this calendar for further details.

#### 6. Are certificate programs offered only in the Lower Mainland?

Many of our certificate programs are offered in a number of locations around the province. Check the calendar listings or contact the appropriate program coordinator.

## 7. What do I need to do in order to receive a certificate?

Each certificate program will have slightly different requirements. Generally, you are expected to attend all of the sessions, participate in the classroom activities, and complete the necessary homework and final assignments.

# 8. How long will it take to complete a certificate program?

Each certificate program varies in length and format. For certificate courses that are modular in nature, we recommend that you take at least one calendar year to complete the program. This will allow time for you to reflect on the course content and integrate the skills you have acquired into your current work.

### Do the course numbers indicate the "level" of the courses, with courses in the 200 series being less advanced than those listed as 300 or 400 series courses?

No, the numbers are there only to ensure that each course has a number distinct from all other courses.

# 10. Are these courses transferable to another educational institution?

You must check with the specific educational institution you are transferring to regarding their guidelines for transfer credits.

# 11. Are there any student loans or grants that I can apply for?

Most SSCSD courses do not qualify for student loans as they are not considered "full time." For more information on financial assistance, please contact Student Services at (604)528-5663 or the First Nations Advisor at (604)528-5621.

Notes	
- On-	
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## **REGISTRATION FORM**

	<u> </u>			
Have you ever taken a course at the Justic	e Institute of B.C.?	YES 🗆 NO	CURRENT DATE:	
If YES, Student Identity Number (if known):				
If NO, please provide us with the month,	day, and year of your	birth:	<u> </u>	
☐ MALE ☐ FEMALE (for statistical pur	poses)			-
Have you moved recently? If so, we need you	ur new address, If you h	ave changed your name	e, we need your previous and	d current names.
The following is my:  Work address	☐ Home address			
LAST NAME	FIRST NAME		MIDDLE NAME	
POSITION	· · · · · · · · · · · · · · · · · · ·	ORGANIZATION		
STREET NAME AND ADDRESS	•			
CITY	PROVINCE		COUNTRY	
POSTAL CODE	EVENING OR HOME PH	ONE	DAY PHONE	
HIGHEST LEVEL OF EDUCATION COMPLETED:	4 30 3			
DISABILITIES/SPECIAL REQUIREMENTS (PLEASE D				
ARE YOU OF ABORIGINAL HERITAGE?   YES				
Many of our courses have pr	erequisites. Please re before undertaking			arefully
COURSE NAME		COURSE NO.	START DATE	COURSE FEE
	<u> </u>	3		
		<u></u>		
Note: Courses are GST-exempt. Fee payment should be submitted with this form.			-8-0	
ENCLOSED IS MY COURSE FEE PAYMEN	NT BY:			
☐ Cheque or money order. Cheque issue	ed by:			
46			Name of Ca	ardholder
☐ MasterCard				
UVISA III		Exp.		
Authorization Number				
<u> </u>				

□ Please check this box if you already receive this calendar from another source, or if you are not interested in future mailings.

Justice Institute of B.C., 715 McBride Boulevard, New Westminster, B.C. V3L 5T4 For registration only: phone (604)528-5590; fax (604)528-5653

PLEASE USE ONE REGISTRATION FORM PER STUDENT. PHOTOCOPY THIS FORM FOR USE BY EACH ADDITIONAL STUDENT.

Registration: (604)528-5590 Web site: www.jibc.bc.ca General inquiries: (604)525-5422 page 69

# SOCIAL SERVICES & COMMUNITY SAFETY RESOURCES

# **Charting New Waters** Violence Against Women with Disabilities

#### Video and Facilitator's Guide

This 35-minute video with accompanying facilitator's guide has been designed to raise awareness of the barriers and issues faced by women with disabilities when they try to end the violence in their lives. The video combines interviews with disability advocates and criminal justice personnel with three dramatic vignettes portraving women with disabilities who have experienced or are currently experiencing violence in their lives.

Price in B.C.: \$65

Price out-of-province: \$90

# **Critical Incident Stress Debriefing**

#### Video and Facilitator's Guide

This award-winning video shows a fictitious critical incident and illustrates the stages of critical incident stress support that precede and follow it. The revised facilitator's guide provides information and instructional strategies to deliver an introductory workshop.

Price in B.C.: \$75

Price out-of-province: \$100

Warning: This video contains language that may be offensive to some viewers.

## **Telling the Untold Stories**

Video and Facilitator's Guide

This 36-minute video demonstrates the potential impact of traumatic workplace events on staff, including how external resources may assist an organization, and illnstrates the stages of a group debriefing. A non-emergency services work site is used to show the applicability of these debriefings in a general workplace setting.

Price in B.C.: \$75

Price out-of-province: \$100

# **Balancing Conflicting Interests:** A Counsellor's Guide to the Legal Process

This manual explores the clinical and ethical dilemmas counsellors face in their increasing involvement with the legal system, and suggests ideas for resolving them. Topics include: current legal-clinical trends that require counsellors to "think legal"; issues a "thinking legal" counsellor must consider, such as informed consent, confidentiality, questions of privilege, obligations to report, clinical assessments, and gnidelines for record-keeping; concerns counsellors have about going to court; and much more.

Price in B.C.: \$40

Price out-of-province: \$65

To learn more about any of these packages, please contact the Social Services & Community Safety Division at (604)528-5637. To order, please complete the order form below and mail it, together with a cheque or purchase order for the correct amount, to the address on the order form

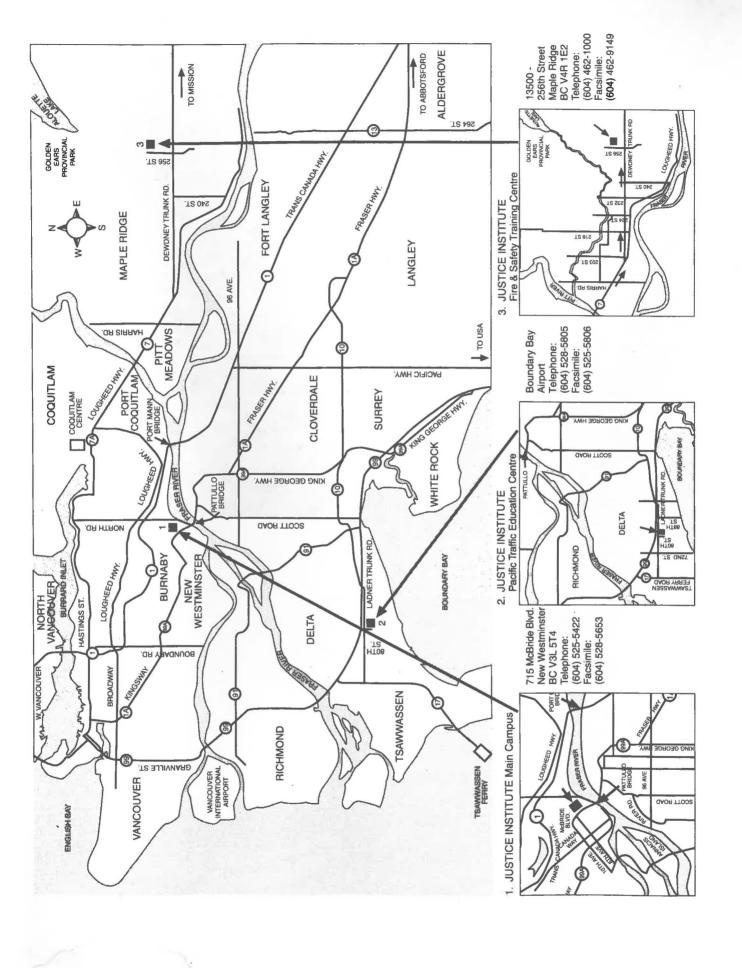
#### ORDER FORM

Date	No. of copi
Name	☐ Charting New Waters
Company/agency	☐ Critical Incident Stress Debriefing ☐ Telling the Untold Stories
Mailing address	☐ Balancing Conflicting Interests
	PST
	GST
Phone/fax	Amount enclosed
Please seud orders to:	A cheque or purchase order for the correct amount must be enclosed with your order. Make cheque payable to the Justice Institute of B.C.

Web site: www.jibc.bc.ca

Social Services & Community Safety Division Justice Institute of B.C. 715 McBride Boulevard New Westminster, B.C. V3L 5T4

For more information about any of these packages, please contact the Social Services & Community Safety Division at (604)528-5637.



# JI JUSTICE INSTITUTE OF B.C.

Out of consideration for the environment and to reduce costs, we continually update our mailing lists. If you receive duplicate copies of the calendar, please send us the bottom half of this page (original or photocopy) from each extra calendar. Mark the labels you want deleted, or indicate any corrections to your name or address you want made. Send labels to:

Mailing List
Justice Institute of B.C.
715 McBride Boulevard
New Westminster, B.C. V3L 5T4

or fax to (604)528-5640

Social Services & Community Safety Division Justice Institute of B.C. 715 McBride Boulevard New Westminster, B.C. V3L 5T4

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