

# Justice Institute Of British Columbia

presents

## Community Programs Schedule

September - December, 1983

### What is the Justice Institute?

The Justice Institute of British Columbia is a post secondary educational organization that provides training and education programs to people working within the fields of justice and public safety. The majority of people trained at the Justice Institute are employees of B.C.'s Corrections, Court Services, Police, Fire and Emergency Health Services.

In addition to training career professionals, the Justice Institute through the Community Programs branch offers a wide range of non-credit courses to a broad range of professionals, community groups and interested citizens.



### Why Community Programs?

By offering courses and workshops for individuals and groups in the area of justice and public safety, the Justice Institute provides:

- a forum for the discussion of justice and public safety issues
- information and education on B.C.'s justice and public safety system
- training to increase participants' skills in dealing effectively with the system.

**Interdisciplinary programs:** workshops on current issues in the justice and public safety system are designed for representatives of a broad range of professionals, community groups and interested citizens. Recent examples include programs on Sexual Abuse of Children Within the Family, Advanced Cardiac Life Support, and Crisis Intervention.

**Public Programs:** to increase the public's awareness of their rights and responsibilities in relation to justice and public safety; examples include sessions on Burglary Prevention in the Home; Schemes, Scams and Cons (a course for senior citizens on ways to protect themselves) and Heart Savers (a basic course in cardiac pulmonary resuscitation.)

**Programs for Private Agencies or Community Groups:** skill building sessions designed for one group or several agencies with a common training need; Leadership Skills, Stress Management, and Skills for Communicating with Clients are recent examples.

Community programs staff initiate programs or respond to requests based on specialized needs. Projects are either sponsored solely by the Justice Institute or developed in conjunction with other organizations. Some programs are held at the Justice Institute; however, staff have a provincial mandate and work co-operatively with other groups to organize programs throughout B.C.

*In addition to the programs contracted for by the Academies at the Justice Institute, a range of interdisciplinary and public programs are offered on a fee-for-service basis. Schedules for these programs are produced three times a year and distributed to a wide cross-section of people interested in justice and public safety education.*

For more information about any of these programs, and to enquire about registration, contact:

Community Programs, Justice Institute of B.C.  
4180 West 4th Avenue, Vancouver, B.C. V6R 4J5 Tel: 228-9771



## ADOLESCENT RUNAWAY REACTION

Dates: **October 14 - 15** in Abbotsford  
**October 28 - 29** in Nanaimo

Fee: \$30 in Abbotsford; \$42 in Nanaimo (includes lunch)

Resource Person: Steven Scofield, Ph.D., clinical and developmental psychologist specializing in work with children and families at Children's Hospital, Vancouver and in private practice.

A two day workshop to provide information, skill development and discussion on dealing with runaways and their families, including assessment and intervention options, adolescent depression, signs/symptoms/signals, and normal vs. abnormal behaviour. In Abbotsford, co-sponsored with Fraser Valley College; in Nanaimo, co-sponsored with Malaspina College.

## CRISIS MANAGEMENT SKILL TRAINING

Dates: **Nov. 14-16** at the Justice Institute in Vancouver

Fee: \$120

Resource People: Fred Van Fleet, Ph.D., Consulting Psychologist, Justice Institute; Lynn Alden, Ph.D., Clinical Psychologist, UBC.

A three day session to: assist management and supervisory personnel recognize the effects of stress on their staff; identify employees who are experiencing stress which may adversely affect their on-the-job performance; learn skills in crisis intervention, counselling and referral techniques to assist them in their role as supervisors. This session is designed for supervisors from crisis-oriented justice and public safety professions.

## DEMYSTIFYING THE FUNDRAISING PROCESS: The Team Approach

Dates: **Sat. Nov. 5** and **Sat. Nov. 19** at the Justice Institute in Vancouver.

Fee: \$50 per person if two or more from one agency  
\$65 for one person

Resource Person: Doug Kerr, Tracon Training Consultants Corp., management consultant and trainer with corporations, government and non-profit agencies.

This two day workshop is designed for managers and board members of private agencies who are or may be involved in applying for project or special grant funding. Through a team approach, participants will proceed through the funding proposal process and will leave the workshop with a written proposal to a current or potential funding source.

## MANAGING INTERPERSONAL CONFLICT

Dates: **December 1-2** in Vancouver.

Fee: \$60

Resource Person: Dr. Eva Schindler-Rainman, from Los Angeles, an internationally renowned consultant and trainer specializing in organization development who has been trained in psychology, adult education and social work.

This two day workshop is designed to increase participants' ability to manage conflict situations in which they are personally involved, including those with co-workers, managers, subordinates, and clients. Strategies will also be applied to handling conflict within meetings involving differences over needs, values, perspectives, or personalities.

## COMMUNICATING WITH CHILDREN AND YOUTH

Dates: **November 18-19** in Vancouver  
**November 24-25** in Kimberley

Resource person: Steven Scofield, Ph.D., clinical and developmental psychologist specializing in work with children and families at Children's Hospital, Vancouver, and in private practice.

This workshop will provide concepts and a framework for com-

municating with children and youth at various developmental stages, including both verbal and non-verbal communication. It is designed for persons working with children on a one-to-one basis or in small groups. Co-sponsored in Kimberley with the East Kootenay Professional In-service Committee, contact Bob Gilchrist, 427-2247.

## TREATMENT FOR SEX OFFENDERS

Resource Person: Irwin Dreiblatt, Ph.D., psychologist, co-director of Pacific Psychological Services in Seattle and on the clinical faculty of the Dept. of Psychiatry and Behavioral Science and Dept. of Psychology at the University of Washington.

**November 4: Treatment for the Adolescent Sexual Offender.** The workshop will examine the special issues, dynamics, social implications and treatment considerations related to child and adolescent sex offenders.

Fee: \$60. Location: Justice Institute in Vancouver.

**November 5: Treatment for Child Sexual Offenders, Advanced.** This workshop is being offered to respond to specific needs of persons who have already attended a session on Treatment for Child Sexual Offenders. It will deal with issues and case situations related to clinical treatment for sex offenders and will focus on specific treatment techniques. Participants will be encouraged to provide examples from their own work for discussion and treatment approaches. Pre-requisite for enrollment is attendance at a previous workshop on Treatment for Child Sexual Offenders.

Fee: \$70. Location: Justice Institute.

**December 8 - 9 in Abbotsford: Treatment for Child Sexual Offenders.** A two day workshop for people interested in, or currently providing, treatment for child sexual offenders. Will provide information on clinical assessment and treatment options in community-based programs, as well as an overview of sexual offenders and current offender treatment programs. Co-sponsored with Fraser Valley College.

## STRESS IDENTIFICATION

Date: **November 30** at the Justice Institute in Vancouver

Fee: \$30

Resource Person: Fred Van Fleet, Ph.D. Dr. Van Fleet is a consulting psychologist with the Justice Institute. He has worked as a trainer and consultant on stress management and crisis intervention within the justice and public safety systems for a number of years and speaks throughout Canada in this field.

A one day interdisciplinary workshop to provide an explanation of stress with major emphasis on identification of stress and application to the work setting. Topics include: recognition of stress, how to identify high stress situations, and ways to manage stress.

## BILL C-127

### The New Legislation on Sexual Assault Offences

Dates: **Sept. 28** in Abbotsford  
**Oct. 4** in Sechelt  
**Oct. 26** in Nelson

Fee: \$10

Resource Person: Joanne Ranson, Lawyer.

This session is designed primarily for private agencies to provide participants with an understanding of what the new laws mean and how they differ from the previous rape/indecent assault provisions; to explore possible effects of these laws in providing protection to victims of sexual assault; to define practical methods of assisting the victim to understand and deal with the legal system. Co-sponsored with the Solicitor General, Canada.

## B.C. CRIME PREVENTION CONFERENCE

Dates: **October 25-26** at the Justice Institute in Vancouver

Fee: \$25 (Includes two lunches)



# linary & Private Agency Programs

Content will include three plenaries, and a combination of skill development and issue oriented workshops covering topics such as: Robbery Prevention, C.P.T.E.D., R.C.M.P. Community Policing, Sexual Assault/Abuse Programs, Young Offenders Act and Working With the Community. Speakers will be crime prevention practitioners, and representatives from the Ministries of Attorney General and Solicitor General. Co-sponsored by the B.C. Crime Prevention Association, Justice Institute of B.C., Ministry of Attorney General and Consultation Centre, Solicitor General of Canada.

## EMERGENCY CARE CONFERENCE '83

Dates: **September 23-25** at the Justice Institute in Vancouver

Fee: \$60 (Note: reduced fee of \$45 for I.F.A.A.A. members)

Co-sponsored with the Industrial First Aid Attendants' Association, this Conference is for people with an interest in increasing their skills and knowledge about recent developments in emergency care. Topics include patient assessment, shock trauma, neurological assessment, chest pain; workshops will be offered on motor vehicle accidents involving fire, major crime scenes and the preservation of evidence, vital signs, lifting and transferring patients, oxygen therapy, suctioning. Resource people are from the medical, emergency health care, police and fire disciplines.

## WORKING WITH VIOLENT MEN: Intensive Training Workshop

Dates: A series of 8 sessions held every other week, beginning in early November. Exact dates and times to be arranged with participants. At the Justice Institute in Vancouver.

Fee: \$160 per person

Resource person: Dale Trimble, M.A. (psychology), has worked with wife-assaulters for six years. Currently, in private practice in Vancouver.

This series has been designed to provide a small group of cross-systems professionals with in-depth training on treatment priorities, theory, training techniques for working with violent behaviour, assessment of violent potential, reaching resistant men, and protection of the victim. Counsellors working with other compulsive behaviours such as sex offenders or alcohol or drug abuse will find many of the theories and techniques applicable to their work. Acceptance into the workshop is by application and a telephone interview.

## COLLISION PREVENTION TECHNIQUES

Date: **October 12** at the Justice Institute in Vancouver

Fee: \$55 (includes workshop materials and use of vehicles)

This course is for persons working in the public sector who spend a significant portion of their time driving a vehicle in a variety of traffic conditions. The program consists of two hours of classroom lectures followed by five hours of on-road driving. Resource persons will be certified driver training instructors and accident analysts from the Justice Institute Police Academy.

## STRESS AND THE FAMILY

Date: **September 21**, (7:00 p.m. - 10:00 p.m.) at the Justice Institute in Vancouver.

Fee: \$5 per person.

Resource Person: Fred Van Fleet, Ph.D. Dr. Van Fleet is a consultant psychologist with the Justice Institute. He has worked as a trainer and consultant on stress management and crisis intervention within the justice and public safety systems for a number of years and speaks throughout Canada in this field.

Job related pressures from crisis oriented professions frequently affect family life and relationships. This workshop is designed for both staff and their family members to address these issues and present ways to reduce stress.

## FAMILY LAW ADVOCACY PROGRAM

Dates: **Nov. 16-17** at the Justice Institute in Vancouver

Resource Persons will include: Joanne Ranson, Barrister & Solicitor

This two-day workshop is designed to assist those who wish to do advocacy work related to Family Law. Content will include analysis of legislation and court procedures with special emphasis on practical application of this information. Co-sponsored with Legal Services Society and Solicitor General, Canada.

## BASIC FIRE SAFETY AND PREVENTION

Dates: **Nov. 9-10** at Okanagan College in Kelowna

Fee: \$30

A workshop for custodial and management staff working in boarding homes, group residences or long term care facilities. Content includes fire behavior and prevention, pre-fire planning, equipment use and special needs evacuation. Co-sponsored with the Regional Fire Commissioners' Office.

## CHILD SEXUAL ABUSE

**September 23-24** in Fort St. James. A half-day workshop for cross-systems professionals will focus on symptoms and indicators, handling the disclosure, prevention, and family dynamics related to child sexual abuse. An evening public address will provide general information and an opportunity for discussion. For more information, contact Alan Bell, 996-7484.

**November 4-5** in Courtenay, co-sponsored with the Comox Valley Professional Development Association. Fee: \$55.00 prior to Oct. 21; \$60 after. For more information, contact Sally Gibrak, 334-3141.

**November 24-25** in Kelowna, co-sponsored with Central Okanagan Elizabeth Fry Society, Okanagan Women's Coalition and S.A.V.A., Kelowna Branch. Fee: \$55 prior to October 31; \$60 after. For more information, contact Linda Keller, 763-4613.

These two conferences for cross-systems professionals will focus on symptoms and indicators, treatment issues, interviewing techniques, legal aspects, the cross-systems response and prevention. A public address will be included on the first evening.

## INDIVIDUAL PRIVATE AGENCY PROGRAMS

Training sessions are organized for staff, board members and/or volunteers from individual justice and public safety related private agencies on request. Topics are offered based on the specific needs of each organization; sample workshops are: counselling, crisis intervention, conflict management, team building, leadership skills, report writing, board workshop, goals and objectives, decision-making.

## CO-OPERATIVE CONFLICT RESOLUTION: Mediation Skills

Dates: **September 29-30** in Kimberley

**October 11-13** in Vancouver at the Justice Institute

**October 19-21** in Campbell River

**November 14-16** in Vancouver at the Justice Institute

This workshop is designed to develop skills in co-operative conflict resolution involving a neutral third party. Participants will learn a mediation process which will assist them in dealing with clients in a conflict relationship. Co-sponsored in Kimberley with the East Kootenay Professional In-service Committee, contact Bob Gilchrist, 427-2247; in Campbell River co-sponsored with North Island College, contact Collin Liske, 287-2181. All sessions co-sponsored with Solicitor General, Canada.

## WORKING WITH WIFE ASSAULT

Dates: **Oct. 6-7** at the Justice Institute in Vancouver

Fee: \$35

any of these programs, and to enquire about registration, contact Comr



Resource Person: Dale Trimble, M.A., Co-founder, Vancouver Family Court Assaultive Husbands Project.

A two-day workshop for persons working with or concerned with wife assault. The first day will provide an overview of wife abuse from psychological, sociological and feminist viewpoints. The second day will introduce a model for how to set up and operate a group therapy program for wife assault. Co-sponsored with Solicitor General, Canada.

## **VIOLENCE, STRESS AND CRISIS INTERVENTION**

Dates: **October 3-4** at the Justice Institute in Vancouver

Fee: \$65

Resource Person: Fred Van Fleet, Ph.D., Consulting Psychologist at the Justice Institute. He has worked as a trainer and consultant on stress management, crisis intervention and crisis management within the justice and public safety system for a number of years, and lectures extensively throughout Canada on these topics.

This two-day workshop will cover topics such as the theory and rationale of violent behaviour, handling potentially explosive situations, defusing and mediation techniques, understanding the stress effects of dealing with violent situations and people, and strategies for handling the cumulative effects of working with these situations.

## **TO TREAT OR NOT TO TREAT: Exploring the legal, medical and ethical implications of cessation or provision of treatment to the severely disabled**

Watch for details on this upcoming conference:

Dates: **January 27-28, 1984** at the Justice Institute in Vancouver

A conference designed to examine values and attitudes behind treatment decisions, and to identify guidelines that could be developed within the respective disciplines. Co-sponsors include: B.C. Association for Mentally Handicapped Persons, B.C. Association of Social Workers, Department of Pediatrics (U.B.C.), Continuing Legal Education Society, B.C. Health Association, and Justice Institute of B.C.

# **Women's Access Programs**

The Women's Access Program through a grant from the Ministry of Education offers consultation, education and support services for both women who work within the justice system and community members concerned about women's issues in justice and public safety.

## **PORNOGRAPHY: Its Impact On Personal And Public Safety**

Dates: **Sept. 22-23** at the Justice Institute in Vancouver

Fee: \$20 (Includes lunch); Students \$10

Resource People: will include Dr. Susan Wendell, Professor of Philosophy and Women's Studies, Simon Fraser University; Maud Barlow, Senior Advisor, Group Co-ordination, Special Interest Groups, Office of the Prime Minister, Ottawa.

This day and a half working conference will explore the relationship between violent pornography and social and domestic violence. Topics will include: The Media and Pornography, Legislative Obstacles and Options, and Human Costs of Pornography. Co-sponsored with the North Shore and Port Coquitlam Women's Centers.

## **SPEAKING WITH CLOUT AND FINESSE: Effective Public Speaking Skills**

Date: **Sept. 30** at the Justice Institute in Vancouver

Fee: \$20

Resource Person: Wendy Burton, Communications Instructor at Fraser Valley College.

This strongly experiential workshop will appeal to women wanting to improve or learn new skills in the art of public speaking. Topics such as projection, vocabulary, body language, personal style will be covered. Co-sponsored with the Association of Women in the Justice System.

## **IS ANYBODY LISTENING?: Female Workers In The Criminal Justice System**

Date: **Oct. 14** in Mission

Fee: \$30

Resource Person: Joan Balmer, Ryane Consulting, Inc.

A one-day workshop to assist female workers in predominantly male workplaces develop skills and strategies to cope with stress, hostile clients, hostile co-workers, harassment, anger and isolation. Co-sponsored with the Association of Women in the Justice System.

## **THE MANAGERIAL WOMAN: An Orientation To Successful Supervision**

Date: **November 5** at Kwantlen College in Richmond

Fee: \$25

Resource Persons: Diane Wilkinson, Acting Head, Social Development, Mission Institution, Correctional Service Canada; Susie Walsh, Women's Access Co-ordinator, Justice Institute.

Women in or interested in first-line management will be provided with an overview of the skills and knowledge needed for successful supervision including: management and leadership styles; goal setting; time management; communication skills; performance appraisal. Co-sponsored with Continuing Education, Kwantlen College.

## **ENDING DEAD ENDING: Senior Support Staff and Career Advancement**

Date: **November 8-9** in Victoria

Fee: \$30

Participants will be provided with an overview of the components of successful career advancement and with an introduction to the fundamentals of first-level management. Topics such as career planning and goal setting, management styles, power and influence, organizational awareness, and the successful interview will be covered. Co-sponsored with the Ministry of the Attorney General.

## **SUPPORT STAFF AND WORKPLACE CONFIDENCE: Assertive Communication Training**

Dates: **November 25** at the Justice Institute in Vancouver

**December 9** in the Fraser Valley. Co-sponsored with the Association of Women in the Justice System.

Fee: \$20

Resource Persons: For November 25: Sandra Berman, Supervisor, Frywork; Susie Walsh, Women's Access Co-ordinator, Justice Institute.

As a follow-up to the spring Support-Staff and Workplace Blues workshop, this all-day workshop is designed to help participants develop assertive and confident communication styles in the workplace. The emphasis will be on creative conflict resolution, sending clear messages and personal communication styles.



## **PUBLIC DIALOGUE ON SOCIAL AND CRIMINAL JUSTICE ISSUES**

Dates: **September 20**, 7:30 p.m., Kiwassa Neighbourhood House 600 Vernon Drive, Vancouver. "Domestic Disputes - New Approaches for Police, New Options for Women".

**October 27**, 7:30 p.m. at the Justice Institute, 4180 W. 4th, Vancouver. "Steps to Sentencing: Who Decides, Who Benefits?"

**November 22**, 7:30 p.m. at the Justice Institute, 4180 W. 4th, Vancouver. "Bill C-157 Civilian Intelligence and Security Act".

Fee: Free. To register, contact 228-9771 #224.

These sessions are designed to give the public an opportunity to examine, explore and debate current social and criminal justice issues.

## **EMERGENCY CARE OF YOUNG CHILDREN**

Dates: **September 28**, 10:00 a.m. at Riley Park Community Centre, 50 E. 30th, Vancouver, 879-6222.

**October 5**, 1:00 p.m. at Willingdon Recreation Centre, 1491 Carleton Avenue, Burnaby, 299-0611

Fee: \$2.00 To register, contact number listed above.

This session is directed toward parents who have had no previous first aid courses. Topics include: signs and symptoms, how to administer immediate care, when to call an ambulance, and common emergency occurrences.

## **TALKING ABOUT TOUCHING: Self Defense for Children**

Date: **October 1st**, 1:00 p.m. - 4:00 p.m. at Kitsilano Community Centre 2690 Larch Street, Vancouver, 734-4974

Fee: \$5.00 To register, contact number listed above

This three hour program is directed toward parents and their pre-school children to develop specific skills to prevent sexual assault and child molestation. Prevention games, assertiveness exercises and the touch continuum will be taught. Resource Persons: Jan Sipple and Catherine Smails.

## **BABYSITTERS AWARENESS PROGRAM**

Dates: **September 22 & 29, October 6 & 13**, 3:30 p.m. - 5:00 p.m. at the Mount Pleasant Community Centre, 3161 Ontario Street, Vancouver, 874-8165.

Fee: \$8.00. To register, contact number listed above. Minimum age: 11 years old.

This four session course is designed for people wishing to learn new skills or update existing ones in the areas of fire and home safety, child care skills and first aid procedures.

## **ROBBERY PREVENTION SEMINAR**

Date: **November 16**, 6:30 p.m., at the Justice Institute, 4180 W. 4th, Vancouver, 228-9771 #224.

Fee: Free. To register, contact number listed above.

This three hour seminar is directed toward owners and

employees working in the retail or business community. Topics include: shoplifting, robbery, and credit card theft. Participants may attend either areas of interest or whole session. Co-sponsored with the Vancouver Police Department.

## **YOUNG OFFENDERS ACT: Its Impact On The Community**

Dates: **October 4**, 7:30-9:30 p.m., at Gilmore Community School Burnaby, 299-4361

**October 18**, 7:30-9:30 p.m., at Bayview Community School 2251 Collingwood, Vancouver, 738-7018

**October 19**, 1:00-3:00 p.m., at Bridge Alternative School 419 E. 24th, Vancouver, (students only)

Fee: \$2.00. To register, contact numbers listed above.

This session is directed toward parents, young people and community organizations interested in learning about the new Act, its impact on youth, implications for the community and practical application on the street. Co-sponsored with Solicitor General, Canada.

## **SEXUAL ASSAULT**

### **Sexual Assault: A Co-operative Response**

Date: **October 18**, 7:30 pm at the Justice Institute, 4180 W. 4th Ave., Vancouver, 228-9771 #224.

Fee: \$2.00 Contact number listed

A panel discussion with a member of the Vancouver Police Department Sexual Assault Team, rape crisis centre counsellor and a lawyer. Topics will include: What is sexual assault, role of the police and community in investigation, enforcement and prevention and impact of new sexual assault legislation.

### **Understanding Sexual Assault**

Dates: **September 26**, 7:30 p.m., at Lochdale Community School, 6990 Aubrey Street, Burnaby, 299-4361.

**December 6th**, 1:00 p.m., Bridge Alternate School, 419 E. 24th Vancouver. (students only)

Fee: \$2.00 Contact number listed above for registration details

This session is directed toward persons wishing to learn more about why rape occurs, support services available and the effect of new sexual assault legislation. Resource persons: members of the Women Against Violence Against Women Rape Crisis Centre. Co-sponsored with Solicitor General, Canada.

### **"SHALL I CALL THE DOCTOR?"**

Date: **October 6**, 7:30 p.m., at the Justice Institute, 4180 W. 4th, Vancouver, 228-9771 #224

Fee: \$2.00. To register, contact number listed above.

Resource Person: Dr. David Smith, Medical Director, Emergency Department, Children's Hospital.

This program is directed toward parents with young children and infants; presentation will highlight signs and symptoms of common emergency illnesses, accidents or injuries that may require immediate care.



## HEARTSAVERS: Basic Life Support

Date: **September 15**, 6:00-10:00 p.m., at the Justice Institute, 4198 W. 4th, Vancouver, 228-9771, #224

Fee: Free. Registration must be received by September 12.

This course is ideal for people with no background in first aid or health care. Content includes: factors that contribute to heart attack, heart attack symptoms and emergency resuscitation skills. Resource people will be certified C.P.R. instructors. Co-sponsored with the Vancouver School Board.

## BURGLARY PREVENTION IN THE HOME

Date: **September 28**, 7:30 p.m., Quesnel

Fee: \$2.00

This seminar will focus on preventative techniques a homeowner or renter can carry out to reduce the risk of burglary and improve home security. Co-sponsored with Solicitor General, Canada.

## FAMILY VIOLENCE: A Preventive Approach

Date: **October 26**, 7:30 p.m., Quesnel

Fee: \$2.00

This session is directed toward people concerned about violence in the family and who want to reduce the possibility of it occurring. Dynamics of family violence, support services and preventive approaches will be discussed.

## HOW TO PROTECT YOUR CHILDREN

Dates: **September 7**, 8:30 p.m., at South Burnaby Pre-School (members only)

**September 27**, 7:30 p.m., at Gilmore Pre-School, 50 S. Gilmore, Burnaby (members only)

**September 29**, 7:30 p.m., at Fraser Valley College Chilliwack, 792-0025

**October 4**, 7:30 p.m. at Garden Villa Pre-School (members only)

**October 12**, (2 sessions) Kamloops; co-sponsored with Kamloops Rape Relief and Cariboo College

**October 18**, 1:00 p.m., at Eastburn Community Centre, 7435 Edmonds, Burnaby, 299-4361

**October 20**, 7:30 p.m., at Kitsilano Community Centre, 2690 Larch Street, Vancouver, 734-4974

**November 1**, 7:30 p.m., at Agassiz Secondary School, 796-2254 Co-sponsored with Fraser Valley College

**November 17**, 7:30 p.m. at Coquitlam Family Centre, 931-7455

Fee: \$2.00. To register, contact number listed above.

This session is directed toward parents concerned about the safety of their children. Issues such as sexual assault and child molestation will be discussed and advice on protective measures will be offered.

## Programs For Seniors

### SCHEMES, SCAMS AND CONS

Dates: **September 29**, 1:00 - 3:00 p.m., at Westside Community Care, 5970 E. Blvd., Vancouver.

**November 23**, 1:00 - 3:00 p.m., in Quesnel.

Fee: Free

One session seminar directed toward senior citizens; focuses on ways they can protect themselves in their homes, on the street and in the marketplace. Film "Senior Power" will be shown. Resource people will be police officers. Co-sponsored with Solicitor General, Canada.

### RISKS AND SIGNALS

Date: **September 7**, 10:00 a.m. - 12:00 noon at Mid Main Health Unit 3998 Main St., Vancouver, 876-6741

**October 4**, 1:00 - 2:30 p.m., at Kitsilano Community Centre 2690 Larch St., Vancouver, 734-4974

**October 14**, 1:30 - 3:30 p.m., at Dogwood Pavillion 624 Poirer, Coquitlam, 936-3481.

Fee: Free. To register, contact number listed above.

One session directed toward seniors; focuses on how to recognize heart attack symptoms, types of actions to be taken to reduce risk of attack and simple procedures to handle medical emergencies pertinent to seniors.

### HEART SAVERS FOR SENIORS

Dates: **October 17**, 1:00 - 3:00 p.m. at Cameron Recreation Centre, 9523 Cameron, Burnaby, 421-5225

**October 21**, 1:30 - 3:00 p.m., at Dogwood Pavillion 624 Poirer, Coquitlam, 936-3481

Fee: \$5.00. To register, contact number listed above.

This course is ideal for people who have a family member or friend with a heart condition. Content includes: how to recognize heart attack symptoms and how to administer emergency resuscitation. Resource people will be certified C.P.R. instructors.

### PERSONAL SELF DEFENSE FOR SENIORS

Dates: **November 25**, 11:00 a.m., at Chalmers Church, 2801 Hemlock, Vancouver, 734-4974

Fee: Free. To register, contact number listed above.

This session will identify the types of crimes that seniors are most likely to experience, and offer assertiveness exercises and self protection techniques that can reduce the chances of victimization.