

# The Justice Institute of British Columbia

## Extension Programs Schedule

January–April, 1989

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For more information about any of these programs  
and to enquire about registration, contact:

Justice Institute of B.C.  
4180 West 4th Avenue, Vancouver, B.C. V6R 4J5  
Telephone: 228-9771 Local 311



## Children & Youth



### **LONELINESS AND GRIEVING IN ADOLESCENTS (#CY127)**

Date: **February 10** at the Justice Institute  
Fee: \$60

Resource People: Dr. Don Knowles, Professor, Psychological Foundations, Faculty of Education, University of Victoria; Lorie Robinson, M.Ed. District Counsellor, Victoria School District.

This workshop is directed toward counsellors, youth workers and teachers working with adolescents. The distinction between loneliness and loss as a natural stage in the life cycle and the fear of impending loneliness or loss will be examined in relation to the normal tasks of adolescence. Strategies for working with adolescents to both accept and cope with loss and loneliness will be presented.

### **CRISIS INTERVENTION WITH CHILDREN AND YOUTH (#CY128)**

Date: **February 3-4** at the Justice Institute  
Fee: \$110

Resource Person: Arden Henley, M.A., Director of Children's Residential Services, Peace Arch Community Services Society.

This workshop is directed toward staff working in residential settings. Content will cover critical signs and symptoms of dysfunctional behaviour in children and youth, responding to potentially violent situations, introducing and implementing a crisis intervention model into the group home, and developing preventative approaches to avoid further crises.

### **GROUP SKILLS WITH ADOLESCENTS (#CY129)**

Date: **February 7** at the Justice Institute  
Fee: \$60

Resource Person: Allan A. Cohen, counsellor and group leader in private practice with twelve years' experience working in residential treatment programs.

This workshop is directed toward professionals who are, or are considering, working with adolescents in group settings. Content will focus on the process of leading groups as opposed to responding to particular clinical issues. Theories of group work and experiential approaches to leadership skills, group structure and dynamics, blocks and progress and steps to termination will be presented. Participants will take part in a group process.

### **THE GENERATION CONNECTION (#CY130)**

Date: **February 16**, 3:30-5:30 p.m. at the Justice Institute  
Fee: \$7

Resource People: Elizabeth Bristowe, Psychologist; Clarissa Green, Associate Professor, U.B.C. School of Nursing; Judith Lange, health skills consultant; Sandra Rice, consultant and trainer.

The Vancouver-Burnaby Branch of the Canadian Mental Health Association (C.M.H.A.) in collaboration with the Justice Institute is offering an opportunity to view "Generation Connection", a provocative film by Erna Wine-Maurer and the C.B.C. This film portrays the growing relationship

between a group of high school students and a senior citizens musical group. Shared values and differing perspectives on topics ranging from nuclear war to fashion are illustrated as these two groups rapidly grow to respect and care about each other. Following the film, a resource panel will discuss the training potential of the video for agencies and organizations working with seniors, young people and/or people in their middle years.

### **THE GENERATION CONNECTION: A Facilitators' Workshop (#CY130A)**

Date: **March 16** at the Justice Institute  
Fee: \$35

Resource Person: Judith Lange R.N., M.S., health skills consultant and therapist in private practice, president of the Vancouver-Burnaby branch of Canadian Mental Health Association.

This workshop is directed to professionals working with adolescents in community, volunteer and residential settings who are interested in using the film "Generation Connection", produced by Erna Wine-Maurer and the C.B.C., as a learning tool. This workshop will focus on methods and techniques for using the film with adolescents to facilitate behavioural change, foster community development and forge healthy relationships among the generations. Co-sponsored with the Vancouver-Burnaby branch of Canadian Mental Health Association.

### **SEXUALLY EXPLOITED STREET KIDS: Debunking the Myths, Explaining the Realities (#CY131)**

Dates: **March 21-22** at the Justice Institute

This workshop is directed toward front line workers, policy makers and members of the judiciary whose work involves contact with young people on the street. Workshops will examine the current street scene in Vancouver, the impact of Bill C-15 on adolescent prostitution, AIDS and street kids, new chemical approaches to working with kids, on the street, innovative program models and outreach services currently available. Co-sponsored with the B.C. Caucus and the Western Judicial Education Centre. For further details contact Extension Programs.

### **WORKING WITH CHILDREN OF DIVORCE: Supportive and Therapeutic Intervention (#CY132)**

Dates: **May 25** (evening) and **May 26**  
Fee: \$100

Resource Person: Dr. William Hodges, Clinical Psychologist and Professor of Psychology at the University of Colorado, Boulder. Dr. Hodges is the author of *Interventions with Children of Divorce*.

The evening session will provide an overview of the literature and examine some of the current research in the area. The day session will examine the impact of divorce on child development and present intervention approaches for both providing support and therapy. Dr. Hodges will also address the issue of sexual abuse disclosures on custody arrangements.

### **WORKING WITH PRE-DELINQUENT AND DELINQUENT YOUTH**

(see Crime Prevention section)



## Crime Prevention



The following courses are offered by Extension Programs and co-sponsored in conjunction with the B.C. Ministry of Solicitor General's Crime Prevention Program

### WORKING WITH PRE-DELINQUENT AND DELINQUENT YOUTH:

#### Level I & II (#CY124)

Dates: **March 16–17** in Revelstoke (Level I: March 16; Level II: March 17)

Fee: \$40 for Level I only; \$80 for both days.

For registration details contact: Revelstoke Youth and Family Services, 537-2920.

Resource Person: Larry Green, M.A., counsellor and program manager with Peace Arch Community Services.

This workshop is directed toward professionals working with pre-delinquent and delinquent youth. Day one will look at the psychological needs of adolescents, compare and contrast normal and dysfunctional needs of adolescents, and present an overview of counselling strategies for behavioural change. Day two will examine counselling strategies in more depth with particular emphasis on models that assist adolescents develop a sense of personal responsibility and respect for their community. Co-sponsored with the Revelstoke Youth and Family Resources and the B.C. Ministry of Solicitor General, Crime Prevention Program.

### WORKING WITH PRE-DELINQUENT AND DELINQUENT YOUTH:

#### Level I (#CY124)

Dates: **April 7** at the Justice Institute

Fee: \$60

Resource Person: Larry Green, M.A., counsellor and program manager with Peace Arch Community Services.

This workshop is directed toward child care counsellors, youth workers, group home supervisors and other professionals working with pre-delinquent and delinquent youth to increase their awareness of the psychological needs of adolescents and present specific counselling strategies that respond to those needs. Co-sponsored with the Ministry of Solicitor General.

### FUNDRAISING FOR CRIME PREVENTION PROGRAMS (#EPI27)

Dates: **January 28** and **February 18** at the Justice Institute

Fee: There will be no charge to funded crime prevention programs

Resource Person: Doug Kerr, Consultant and Trainer, Tracon Consulting Corp.

This workshop is directed toward program co-ordinators, board members and volunteers who are involved in fundraising. Content will cover needs identification, researching funding sources, developing persuasion strategies, preparing funder packages and streamlining the approval process when applying for government or foundation monies. Participants will be expected to develop an actual funding pro

posal to be discussed on day two of the workshop. Co-sponsored with the Ministry of Solicitor General.

### ADULT CHILDREN OF ALCOHOL

(see Intervention section)

## Conflict Resolution



### CENTRE FOR CONFLICT RESOLUTION TRAINING

The Justice Institute, through its Centre for Conflict Resolution Training, is committed to the development and delivery of extensive training in conflict resolution. Most courses are limited to 20 participants. Individualized learning is facilitated by trained skills coaches including video feedback. The Centre offers a Conflict Resolution Certificate Program, the only one of its kind in Canada, consisting of six core courses totalling 147 classroom hours and elective courses totalling 63 classroom hours. Students interested in pursuing the Certificate Program are encouraged to begin their studies with course #CR100. For further details, contact 228-9771, local 224.

### TRAINING STAFF

Most courses in the Centre are delivered by our Senior Trainers. Other instructors are also involved with complementary expertise and specializations. Most small group instruction is assisted by trained skills coaches.

### SENIOR TRAINERS:

**Joan Balmer, M.A.**, mediator and counsellor with Conflict Management Services; Senior Consultant with Ryane Consulting, Inc.; **Michael Fogel, LLB**, mediator and counsellor with Conflict Management Services; Board Member, Westcoast Mediation Services; **Karen Haddigan**, mediator with Conflict Management Services; Project Coordinator, Inner City Housing; **Paula Temrick**, mediator and counsellor with Conflict Management Services; education consultant; Board Member, Westcoast Mediation Services; **Stacey Holloway**, consultant and counsellor in private practice specializing in youth and education.

### CONFLICT RESOLUTION, LEVEL ONE: Dealing with Interpersonal Conflict (#CR100)

Dates: **January 25–27** at the Justice Institute; Resource Person: Michael Fogel

**February 4, 11, 18 (three consecutive Saturdays)** at the Justice Institute; Resource Person: Paula Temrick

**March 1–3** at the Justice Institute; Resource Person: Stacey Holloway

**April 26–28** at the Justice Institute; Resource Person: Marg Huber, consultant and trainer in private practice.

Fee: \$180

This course explores the sources and implications of interpersonal conflict within various social and environmental contexts. Participants will have an opportunity to assess their current approaches to resolving conflicts and to broaden



their range of options. An examination of power, expectations, anger and problem solving will include specific concepts, skills and techniques useful in the resolution of interpersonal conflicts. Emphasis will be on skill development through structured practice and roleplay simulations. *Recommended as a prerequisite for CONFLICT RESOLUTION II: Dealing with Anger (#CR200).* (A Certificate Program core course)

### **CONFLICT RESOLUTION, LEVEL TWO: Dealing with Anger (#CR200)**

Dates: **February 15–17** at the Justice Institute; Resource Person: Paula Temrick.  
**March 15–17** at the Justice Institute; Resource Person: Stacey Holloway.  
Fee: \$200

Angry, hostile or resistant feelings and behaviours are commonly generated in conflict situations. Efforts at resolving the conflict may be ineffective if these feelings are ignored or denied. This course presents theory, techniques and approaches for effectively managing angry feelings and behaviour including confronting, defusing and disengaging in angry conflict situations and moving through anger to constructive problem solving. *Conflict Resolution I: Dealing with Interpersonal Conflict (#CR100) is recommended as a prerequisite for this course.* (A Certificate Program core course)

### **MEDIATION SKILLS, LEVEL ONE (#CR300)**

Dates: **February 1–3** at the Justice Institute; Resource Person: Paula Temrick.  
**March 4, 11, 18** (three consecutive Saturdays) at the Justice Institute; Resource Person: Karen Haddigan.  
Fee: \$180

Mediation is a practical method for assisting other people in resolving their conflicts and attaining mutually beneficial outcomes. The process is useful in a wide variety of settings, including organizations, neighborhoods, committees, schools and families. This course introduces the concepts, skills and techniques needed to mediate disputes encountered on a day-to-day basis. Emphasis will be on skill development through simulated mediations. (A Certificate Program core course)

### **MEDIATION SKILLS, LEVEL ONE: Organizational and Workplace Applications (#CR724)**

Dates: **March 29–31** at the Justice Institute; Resource Person: Michael Fogel.  
Fee: \$180

This workshop is intended for those who are involved in mediating disputes between work groups, individuals, or organizations. The session will provide a model, concepts and skills to assist the mediator to: 1) introduce the process, 2) identify the issues, 3) determine interests, 4) generate options, 5) structure the agreement. (Equivalent to Mediation, Level One in the Certificate Program.)

### **MEDIATION SKILLS, LEVEL TWO (#CR400)**

Dates: **March 6–10** at the Justice Institute; Resource Person: Paula Temrick.  
Fee: \$300

This course prepares the mediator to deal with complex and emotionally-charged conflicts. Skills, techniques and theory include power balancing, dealing with resistance and dysfunctional behaviour, mediator interventions and styles. Legal and ethical issues are also addressed. Skill practice sessions are facilitated by trained coaches. Prerequisite: Mediation Skills, Level One or by permission of the Coordinator. (A Certificate Program core course)

### **NEGOTIATION SKILLS, LEVEL ONE (#CR500)**

Dates: **February 8–10** at the Justice Institute; Resource Person: Karen Haddigan.  
**March 20–22** at the Justice Institute; Resource Person: Michael Fogel.  
Fee: \$180

Negotiation skills are essential in your daily interactions with others to assist you in getting what you need and want. Principled negotiation results in an agreement that responds to the interests of both parties involved. This course introduces the skills, theory and techniques for applying principled negotiation in a variety of work and day-to-day situations. Emphasis will be on developing a collaborative climate and on using interest-based bargaining. Emphasis will be on skill development through simulated negotiations. Required reading: *Getting to Yes* by Roger Fisher and William Ury, Penguin Books, 1981. (A Certificate Program core course)

### **NEGOTIATION SKILLS, LEVEL TWO (#CR600)**

Dates: **April 18–21** at the Justice Institute; Resource Person: Karen Haddigan.  
Fee: \$250

This course applies the negotiation process and techniques from the Level One course to more complex situations including multi-issue and multi-party negotiation. Content will deal with negotiator assertiveness and style, factors which escalate or de-escalate competitiveness and resolving impasses or resistance. Emphasis will be on skill development through simulated negotiations facilitated by trained coaches. Required reading: *Getting to Yes* by Roger Fisher and William Ury, Penguin Books, 1981. Prerequisite: Negotiation Skills, Level One, or by permission of the Coordinator. (A Certificate Program core course)

### **CONFLICT RESOLUTION SKILLS ASSESSMENTS**

Open only to those students enrolled in the Conflict Resolution Certificate Program, candidates are required to demonstrate a satisfactory level of proficiency in the areas of Mediation and Negotiation prior to being granted the Conflict Resolution Program Certificate.

### **MEDIATION SKILLS ASSESSMENT (#CR499) NEGOTIATION SKILLS ASSESSMENT (#CR699)**

Dates: T.B.A. Fee: \$90 per assessment  
Resource People: Marje Burdine, Coordinator, Centre for Conflict Resolution Training, Justice Institute of B.C. and the Centre's Senior Training Staff.

### **ASSERTING YOURSELF UNDER PRESSURE (#CR702)**

Dates: **February 13–14** at the Justice Institute; Resource Person: Dale Trimble, M.A., counsellor and trainer in private practice.  
Fee: \$150



Behaving assertively in conflict situations demands particular skills and insights. How do you stand up for yourself without standing on someone else? Many people find themselves caught between being so accommodating that their own rights, feelings and needs are being neglected or abused by others, or coming out so aggressively that relationships are damaged and goals still aren't met. This skill-building workshop will help develop awareness and increase abilities to set limits and negotiate resolutions. Skill practice will include video feedback facilitated by trained coaches. (A Certificate Program elective course)

### **ANGER AND CONFLICT MANAGEMENT WITH YOUTH (#CR720)**

Dates: **April 25–26** at the Justice Institute; Resource

Person: Paula Temrick.

Fee: \$150

Adult-youth conflict situations often involve dealing with some level of anger. These angry, upset, feelings may take the form of resistance, withdrawal, or acting-out behaviours. To resolve conflict with youth, these angry feelings need to be acknowledged before rational problem solving can occur. This skill-building workshop will examine the developmental issues of adolescents in the context of conflict situations. Anger management skills will assist the adult and youth to move through anger into an identification of the problem. Problem solving strategies will show how to resolve conflicts with youth and achieve the best outcome for both parties. The goal is to help adults empower youth with the problem solving skills necessary to develop independent behaviours and cooperative adult and peer relationships. (A Certificate Program elective course)

### **CROSS-CULTURAL CONFLICT RESOLUTION (#CR723)**

Dates: **February 27–28** at the Justice Institute Resource

Person: Suzu Speier, M.A., Consultant, Ryane Consulting, Inc., social worker, trainer with specialization in cross-cultural issues.

Fee: \$150

Non-European immigrants and visible minorities now represent the fastest growing segment of our Canadian population. Increasingly those professionals involved in conflict resolution processes will find themselves dealing with cross-cultural situations. Such situations are ripe for misunderstandings, confusion and anxiety if one isn't prepared for dealing with cultural differences. This workshop will increase awareness and understanding necessary for handling cross-cultural conflicts including values, attitudes, and communication styles related to conflict in other cultures. There will be opportunities to practice and to receive feedback using a conflict resolution model in cross-cultural contexts. (A Certificate Program elective course)

### **CRITICAL SKILLS FOR COMMUNICATING IN CONFLICT SITUATIONS (#CR735)**

Dates: **February 20–21** at the Justice Institute; Resource

Person: Karen Haddigan.

Fee: \$150

This course will focus intensively on the micro-skills essential to effective mediating, negotiating or resolving of inter-personal conflict. It is recommended for anyone entering the

Certificate Program but would also be helpful as an isolated learning experience. The skills will be demonstrated and practiced in isolation and then in the context of a conflict situation. Specific skills will include non-judgmental listening, probing and clarifying, strategic questioning, reframing, refocusing and assertive, non-defensive communication. (A Certificate Program elective course)

### **POWER AND INFLUENCE IN MEDIATION (#CR716)**

Dates: **March 13–14** at the Justice Institute; Resource

Person: Joan Balmer.

Fee: \$150

The concept of power in mediation inevitably evokes connotations of “power struggles” and “power imbalances.” People in conflict often use their personal power and influence to minimize their losses or to prevent the other person from gaining what they want. Mediators are faced with the challenge of assisting the parties to identify positive uses of power, to diversify their styles in dealing with power issues, and to understand the implications of their own spheres of influence. This course will provide concepts and skills to assist the mediator working in a wide range of conflicts, including family, community and commercial settings. It will also examine ways in which the mediator's own power and influence affect the process. (A Certificate Program elective course)

### **SEPARATING PEOPLE FROM THE PROBLEM IN CONFLICT SITUATIONS (#CR743)**

Dates: **February 6–7** at the Justice Institute; Resource

Person: Sandy Berman, Consultant and Trainer, Circa Enterprises.

Fee: \$150

Difficulty in resolving conflict is often caused by an inability to separate personal issues from the problem itself. Past triggers, unspoken expectations and assumptions and a low sense of self-worth, all act as blocks and side tracks when working through a problem. These factors often rise to the surface non-verbally and, in turn, become the triggers for the personal issues of others involved in the conflict. As a result, there is a build-up rather than a move towards resolution in the conflict situation. Through the use of practical exercises, small group discussions and role plays, participants will examine the factors that clutter a conflict and practice skills to increase personal awareness in order to keep on track in a conflict situation. (A Certificate Program elective course)

### **RESOLVING INNER CONFLICT THROUGH DECISION MAKING (#CR744)**

Dates: **March 14 & 21** at the Justice Institute; Resource

Person: Randy Boychuck, M.A., counsellor and trainer in private practice.

Fee: \$150

A decision may be conceptualized as an inner conflict over competing alternatives which represent different values and needs. Given that people create their realities by the decisions they make, this workshop offers a set of skills and processes to help reduce internal conflict in our lives. Participants will assess their own styles of decision making and will focus on one of their own inner conflicts in order to learn an innovative and systematic approach to decision making. (A Certificate Program elective course)



### **EFFECTIVE INFLUENCING (#CR701)**

Dates: **February 22–24** at the Justice Institute; Resource

Person: Joan Balmer.

Fee: \$195

Have you ever wondered why your ideas are not more accepted by others or why your proposals die an untimely death? Influencing others is an integral part of most jobs and, indeed, most relationships. This workshop will explore personal and situational factors which affect your ability to influence others. You will develop skills to strengthen your personal style and increase the impact you have within your professional and personal relationships. (A Certificate Program elective course)

### **SEX DIFFERENCES: THE GENDER GAP IN CONFLICT (#CR745)**

Dates: **April 24–25** at the Justice Institute; Resource

Person: Michael Fogel.

Fee: \$150

Our society both limits and reinforces the manner in which men and women interact in conflict situations. The labels, judgments and reactions which surround us tend to perpetuate specific, observable, gender related behaviours. This workshop will explore the ways in which men and women influence the resolution of conflicts through their behaviours, thoughts, feelings and attitudes. The goal is to broaden our understanding of sex-related dynamics which promote or impede inter-personal understanding in conflict situations.

### **STRESS & BURNOUT PREVENTION: MANAGING YOURSELF WHILE MANAGING CONFLICTS (#CR746)**

Date: **February 10** at the Justice Institute; Resource

Person: Marg Huber, communication and lifeskills consultant and trainer in private practice with special interest in career and lifestyle management for professionals; Chairperson, Westcoast Mediation Services.

Fee: \$85

Many of the participants in the Conflict Resolution Program are returning to their offices, families and friends highly motivated to deal with conflicts in a more productive and effective manner. They often find themselves identified as the local "expert" with the expectation of being able to handle the toughest of disputes or negotiations. Anyone actively involved in conflict management knows well the stresses involved. Since this work requires that one remain calm, centered and objective in emotionally charged interactions, it is critical to manage one's own stress and potential for burnout. This workshop will increase awareness of the causes and symptoms of burnout and provide a range of exercises, techniques and preventive strategies for maintaining personal energy and morale.

### **CONFLICT IN ORGANIZATIONS—SYMPTOMS, ORIGINS AND STRATEGIES (#CR704)**

Date: **February 20–21** at the Justice Institute; Resource

Person: Mike Talbot, M.A., M. Talbot is an organizational consultant in private practice with a particular interest in organizational evolution.

Fee: \$150

Conflict and dissatisfaction in organizations take many different forms. This course focuses on those difficulties that arise because of differences between the needs of the individual and of the organization of which he or she is a member. What blocks an organization from working well for its people? What is the impact of management style and organizational culture? What are our deep rooted assumptions about the nature of our organizations and our work? From these general questions, the focus of the course will shift to strategies to reduce specific areas of conflict and to the creation of sustained organizational change. Finally, time will be devoted to reviewing participant's specific situations. The course is directed towards those whose mandate enables them to make a significant difference in their own organization.

## **Distance Education**



Registrants to distance education courses receive access to a knowledgeable tutor by telephone and correspondence throughout the course. Co-sponsored by Extension Programs and the Fire Academy (Note: Fire service personnel in B.C. should contact the Fire Academy directly for procedures to obtain this self study course.)

### **DANGEROUS GOODS (#DE101)**

Length: 60 self-study hours

Fee: \$300

This course, designed for fire service personnel, is relevant to many non-fire service persons with responsibility in the area of dangerous goods. A series of 5 self study booklets present the basic principles of controlling dangerous goods incidents. The course covers legal jurisdictions and highlights relevant legislation that affects safety in storage and transport of dangerous goods. Information is offered on identification of dangerous goods under emergency conditions and on national, provincial and local information sources. The course discusses the inherent hazards of dangerous goods, with attention given to how to assess a situation, determine the resources required and take appropriate initial action.

### **BASIC FIRE SCIENCE (#DE100)**

Length: 40 self-study hours

Fee: \$230

This course, designed for fire service personnel, is applicable to many non-fire service persons who need a fundamental understanding of fire and flammable materials as well as members of the general public with an interest in this safety area. The course provides an introductory level study of basic chemical and physical principles underlying fire and dangerous goods behaviour in emergency situations. Topics include subjects such as vapour pressure and combustion, elements of fire suppression and general methods of fire control.



# Family Assault & Sexual Violence



## **CHILD SEXUAL ABUSE INTERVENTION: A Training Program for Practitioners (#CSA105)**

Dates: **January 20–May 27** at the Justice Institute

Fee: \$700 for full program  
\$550 for Children and Youth option  
\$450 for Adult Survivor option

Resource People: Contact Registration Office for complete program (228-9771, # 311).

This program is designed for practitioners currently working with child or adult sexual abuse victims, and will examine theoretical issues, demonstrate intervention skills, present treatment approaches and develop interdisciplinary networking.

## **DISSOCIATIVE DISORDERS AND MULTIPLE PERSONALITIES:**

### **Assessment and Treatment Strategies (#CSA123)**

Date: **March 8–9** at the Justice Institute

Fee: \$135

Resource Person: Louise Edwards, a counsellor in private practice in Kamloops and B.C. representative to the Canadian Chapter of the International Society for the Study of Multiple Personalities and Dissociation.

This workshop is designed for experienced therapists and counsellors working with sexual abuse victims who are experiencing dissociative disorders or multiple personalities. Content will cover history and etiology of dissociative disorders, assessment strategies, impact of dissociative disorders on the court process, the “switching process”, and specific treatment approaches for dissociative disorders.

## **THE “DOUBLE BATTLE”: Treating the Substance Abusing and Sexually Abused Client (#CSA124)**

Date: **March 17** at the Justice Institute

Fee: \$75

Resource People: Myrna Driol, registered psychologist; and Trish Hiland, MSW, counsellors with the Alcohol and Drug Program.

This workshop is directed toward counsellors and group leaders working with clients who are fighting the double battle of substance abuse and sexual abuse and want to integrate their treatment approach. Content will cover assessment issues and history taking, establishing ground rules for therapy or group work, responding to relapses related to substance abuse in therapy, overcoming treatment obstacles, handling other issues such as eating disorders, compulsive thefts or lying, and voluntary or necessary termination of therapy.

## **“LETS TALK ABOUT TOUCHING”: Training for Early Childhood Educators**

Dates: **January 21–22** in Kelowna (#CSA110K)

**February 17–18** in Vancouver (#CSA100LM)

**March 11–12** in Smithers (#CSA110S)

Fee: \$25

This workshop is directed toward early childhood educators and will provide them with training in the use of a newly developed pre-school sexual abuse prevention program. The curriculum which has been designed for 3½ to 5 year olds includes nine scripted lessons, and teaching aids. Content of the training covers background information of child sexual abuse, use of the curriculum in pre-school settings, and adapting the program for use with special needs children. Complete kits will be available to each centre upon the successful completion of each participant. Co-sponsored with the Ministry of Solicitor General and Early Childhood Educators Association of B.C. Funding assistance from the Vancouver Foundation.

# Intervention



## **ADULT CHILDREN OF ALCOHOL:**

### **Treating Multigenerational Grief and Loss (#EP104A)**

Dates: **January 26–27** at the Justice Institute

Fee: \$135

Resource Person: Jane Middleton Moz, M.A., therapist and trainer, co-author of *After the Tears*, which focuses on multigenerational grief and loss in addicted families.

This workshop is directed toward experienced practitioners working with adult children of alcohol and their families, and will focus on intervention skills and innovative approaches for working with clients. Participants will be encouraged to share cases and jointly determine treatment strategies. Co-sponsored with Ministry of Solicitor General.

## **DEALING WITH SEXUAL PROBLEMS IN CLINICAL PRACTICE:**

### **A Sex Therapy Workshop for the Helping Professions (#EP139)**

Date: **March 3–4** at the Justice Institute

Fee: \$135 for B.C. AMFT members and \$145 for non members

Resource Person: Joseph LoPiccolo, Ph.D., founder of the Sex Therapy Centre, New York State School of Medicine, and Professor and Chairman of the Psychology Department, University of Missouri.

This workshop is directed towards practitioners interested in increasing or updating their skills and information to assist clients resolve sexual difficulties. A major focus of the workshop will be ways to integrate the treatment of sexual problems in a clinical or health setting. The issues of sexual assault and incest and their impact on healthy sexual functioning will also be discussed. Co-sponsored with the B.C. Association for Marriage and Family Therapy.

## **MANAGING YOUR TYPE “E” PERSONALITY (#EP125)**

Date: **March 31** at the Justice Institute

Fee: \$55

Resource Person: Georgia Nemetz, Ph.D., Director, Psychological Services, Royal Columbian Hospital.

This workshop will examine the profile of the type “E” personality, and the work and personal stressors the type “e” personality typically face. Participants will have an opportunity



nity to examine their own works and personal styles and discuss and apply methods for reducing negative stress and increasing productivity

#### **CARING FOR YOURSELF:**

##### **Avoiding Burnout for the Helping Professions (#EP120)**

Date: **March 10** at the Justice Institute

Fee: \$55

Resource Person: Jennifer Shifrin, M.A., M.Ed., family therapist in private practice.

This workshop is designed for people who work intensely with the trauma and crisis of others, and find that they have little time to care for themselves. Content will look at how these jobs affect both emotional and physical well being, the need to balance the expectations of the client and other systems with the time and resources available, and methods and techniques to stay positive and healthy while carrying out the job.

#### **HELP!**

##### **A Workshop for Exhausted Parents of Special Needs Children**

Date: **February 18**, 9:30 a.m.–3:30 p.m.

Fee: \$35; For registrations details call: 681-9330

Resource Person: Jennifer Shifrin, M.Ed., M.A., family therapist with extensive experience working with families of special needs children.

This workshop is directed toward parents who find themselves completely exhausted from having to cope with the unique demands of having a special needs child. Participants will have an opportunity to examine what stops them from considering or responding to their own needs and consider practical ways to both cope with the stress and start nurturing themselves. Co-sponsored with Vancouver Association for Learning Disabilities and West Coast Association for Counselling and Therapy for Deaf Children.

##### **WOMEN, ADDICTIONS AND HEALING (#EP140)**

Dates: **March 17** (evening) and **March 18** at the Justice Institute

Fee: Contact Registration Office for program brochure.

This conference will explore addictive patients ranging from eating disorders to workaholic behaviours and the manifestations of these behaviours in women. Conference resource people will present information on successful program models and demonstrative effective therapeutic approaches. Co-sponsored with the Feminist Counselling Association.

## **Management**



##### **SUPERVISING IN A GROUP HOME SETTING (#MGMT214)**

Date: **January 31–February 1** at the Justice Institute

Fee: \$105

Resource Person: Sandra Rice, consultant and trainer.

This workshop is directed toward new supervisors working in group home settings. Participants will have an opportunity to examine and apply basic supervisory skills within the context of group homes. Content will cover roles, responsibilities required to effectively supervise, assessing the employee's level of motivation and ability, communicating with and delegating to staff who work shifts or are on call and carrying out supervisory tasks in a "home like" environment.

##### **SUPERVISING IN A GROUP HOME SETTING: Level II (#MGMT218)**

Date: **February 2–3** at the Justice Institute

Fee: \$105

Resource Person: Sandra Rice, consultant and trainer.

This workshop is directed toward experienced supervisors who want to increase their personnel management skills. Content will cover recruiting, interviewing, and selecting new employees, developing performance results and standards, conducting a performance review and carrying out disciplinary procedures.

##### **MANAGING COMPLEX CHANGE (#MGMT219)**

Date: **March 21–22** at the Justice Institute

Fee: \$135

Resource Person: Karen O'Brien, M.A. consultant and trainer and co-president of the Association for Creative Change

This workshop is directed toward managers, executive directors and board members who are involved in a major change in their organization or agency. Content will examine the dynamics, reactions and phases of change, present the Ackerman model for analyzing and managing change, present and model strategies for introducing change, propose structures and roles to support the change process, and facilitate the development of a planning process for implementing change.

##### **THE INTEGRATIVE PLANNING PROCESS (#MGMT220)**

Date: **February 15–16** at the Justice Institute

Fee: \$140

Resource Person: Bev Abbey, Consultant and Trainer, Bev Abbey and Associates.

This workshop is designed for managers and executives who are interested in developing a comprehensive planning model for their organization or agency. Content will cover the Integrative Planning Process model, strategic planning, selecting long term objectives, translating ideas into action and making operational plans work.

##### **"CLEAR AND SIMPLE"**

##### **An Executive Update (#MGMT221)**

Dates: **February 21–22** at the Justice Institute

Fee: \$135

Resource Person: Joyanne Landers, Consultant and Trainer, Ryane Consulting Inc.

This workshop is an update of skills needed by program managers and executive directors for business writing or for editing the business writing of staff. Content will cover the planning process required for writing and editing letters and memos, formats for sending informational, negative or persuasive messages and techniques for maintaining a positive tone, persuasive attitude, emphasis or interest.



## **BASIC SUPERVISORY COMPETENCY PROGRAM (#MGMT213)**

Dates: **January 23–27** at the Justice Institute  
**March 13–17** at the Justice Institute

Fee: \$300

Resource Person: Joyanne Landers, Consultant and Trainer, Ryane Consulting Ltd.

Each job or function has a set of specific areas of knowledge, skill, and operating values that a performer must have to do his or her job. Together, this knowledge, skill, and value, give the individual the competence to perform the job. The Basic Supervisory Program is competency based and covers such topics as Role of the Supervisor, Situational Leadership and Teamwork, Delegation and Developing Staff, Communication and Interpersonal Effectiveness, Problem Solving and Decision Making, and Conflict Resolution. It is intended for first level supervisors, or those who aspire to be supervisors, in both government and private agencies. Prior to the individual coming on course, an inventory assessment of skills and knowledge will be completed by the participant and his/her manager. Co-sponsored with the Corrections Academy. Any B.C. Corrections Branch employee successfully completing the course will be granted certification for Basic Supervisory Competency Program Week I.

## **HAZARD OCCURRENCE/ACCIDENT INVESTIGATION COURSE (#MGMT222)**

Dates: **April 13–14** at the Justice Institute

Fee: \$300

Resource People: Len Bosch, independent insurance adjuster with a background in investigative work with private industry and the R.C.M.P.; Al Lund, Program Director, Pacific Traffic Education Centre, Justice Institute; Warne Lynd, Accident Analyst, Police Academy, Justice Institute.

This course has been designed for supervisors/safety coordinators who investigate industrial motor vehicle incidents on behalf of their organization. Content for the course includes on-site investigations (identification, collection and preservation of evidence; note taking techniques; interviewing and obtaining statements from witnesses); preparation of an investigator's report including cause analysis and recommendations. Participants will demonstrate proper skills and techniques related to on-site investigations through use of simulations.

## **Professional Health Programs**



Professional Health Programs at the Justice Institute offers courses for physicians, nurses and pre-hospital care workers. The following courses are held at the Justice Institute or can be arranged to travel to your center when requested. For more information on these programs and the possibility of courses in your area, contact Professional Health Programs, 228-9771, local 321.

## **ADVANCED CARDIAC LIFE SUPPORT (A.C.L.S.) PROVIDERS COURSE (#PHP100)**

Dates: **January 21–22** at the Justice Institute

**March 4–5** at the Justice Institute

**April 13, 20, 29** at the Justice Institute

**May 13–14** at the Justice Institute.

**June 2–3** at the Justice Institute

Fee: \$300, includes manual

This two-day workshop is intended for physicians, nurses and pre-hospital care workers who are involved in the management of cardiac arrest victims. The two days are divided into lecture and practice components. The lectures highlight the important information in pharmacology, dysrhythmia interpretation, sudden cardiac death, and post resuscitation care as related to cardiac arrest management. Practice time to manage a cardiac arrest simulation and review cardiac dysrhythmias is provided. During the course each participant is given at least one opportunity to manage a cardiac arrest scenario. Pre-reading from the A.C.L.S. manual is required; allow at least eight hours to adequately prepare for this course.

## **A.C.L.S. RECERTIFICATION (#PHP110)**

Dates: **January 28**—MDs at the Justice Institute;

Fee: \$175

**January 29**—RNs at the Justice Institute; Fee: \$125

**April 21**—RNs at the Justice Institute; Fee: \$125

**April 22**—MDs at the Justice Institute; Fee: \$175

**June 16**—MDs & RNs—at the Justice Institute;

Fee: \$150

This one day workshop will present the latest information in A.C.L.S. It is intended for A.C.L.S. providers who have obtained certification within three years although yearly recertification is recommended. Course content includes current trends in A.C.L.S., pharmacology, and post resuscitation care. As well, practice time is provided to manage cardiac arrest simulations.

## **A.C.L.S. INSTRUCTORS PROGRAM (#PHP120)**

Dates: **March 9, 10, 11** at the Justice Institute

Fee: \$300

This 2½ day program is for physicians, nurses or pre-hospital care workers who have exceptional A.C.L.S. skills and are interested in teaching A.C.L.S. The course content includes lesson planning, characteristics of adult learners, giving effective feedback, planning scenarios and operation of the cardiac arrest scenario station.

Proof of current certification in B.C.L.S., Level C is required before successful completion of these programs will be granted. Please allow at least two weeks to complete the pre-reading required for these courses.

## **FIRST LINE TRAUMA MANAGEMENT FOR NURSES (#PHP201)**

Date: **January 26** at the Justice Institute

Fee: \$150, includes manual and lunch.

This course is designed for nurses in major referral facilities. The one day Vancouver program provides nurses with opportunities to improve their assessment and management skills for the multi-trauma victim. The course presents assess-



ment, stabilization, and advanced concepts, such as the use of autotransfusion and synthetic blood. Case studies with realistic simulations enhance the group practice sessions.

*As well, the course travels to community hospitals.* The travelling course is tailored to the needs of your facility and a one or two day program can be arranged. Program content is related to the "must-dos" of multi-trauma assessment, treatment, and stabilization. Program presentation is a combination of lecture and group practice sessions. Contact Sandy Barabe, Professional Health Programs, 228-9771, local 321, for further information regarding costs, availability, and content.

#### **FIRST LINE TRAUMA MANAGEMENT FOR PHYSICIANS (#PHP200)**

Date: **March 18** at the Justice Institute  
Fee: \$175, includes manual.

This one-day course is designed for physicians responsible for managing the trauma victim in a non-tertiary facility. Course content is provided by two emergency physicians and covers the appropriate management of the ABC's and the assessment, treatment, and management of the multi-trauma victim. The course is able to travel to your community, contact Professional Health Programs at the Justice Institute, 228-9771, local 321 for further information. **This course is approved for 12 hours of continuing medical education credits by the B.C. Chapter of the College of Family Physicians of Canada.**

#### **BASIC TRAUMA LIFE SUPPORT (B.T.L.S.) BASIC COURSE (#PHP202)**

Dates: **March 18–19** at the Justice Institute  
**May 27–28** at the Justice Institute  
Fee: \$150 tuition; \$30 manual.

The Basic Trauma Life Support (B.T.L.S.) course is concerned with evaluation and treatment of life threatening conditions of the trauma patient in those critical minutes before they arrive at the hospital emergency department. The B.T.L.S. Basic course is designed for nurses, EMA I, first aiders, first responders, industrial first aiders, firefighters, police officers, and military personnel. The course requires 16 hours of training, including 11 lectures and nine practical skills stations. The course may be scheduled in two days or spread out over several days. Approximately *six hours* of pre-reading from the manual *B.T.L.S. for Basics* is required. Pre-requisite courses are CPR, BCLS, Level C and basic first aid. This course is able to travel to communities throughout British Columbia. Contact John Oakley ((604) 228-9771, local 315) or Sandy Barabe (228-9771, local 321), for further information regarding availability, costs and course content.

## **Staff Development**



### **COMMUNICATION ON THE JOB (#SUP105)**

Dates: **February 15–16** at the Justice Institute  
Fee: \$100

Resource Person: Sandra Rice, consultant and trainer.

This workshop is directed toward staff working in residential or group home settings who want to update or enhance their communication skills. Content will cover communication styles, assessing one's own communication style in relation to residents and supervisors, developing effective listening skills, strengthening communication approaches when under stress or pressure, and responding assertively and positively when criticized.

## **Support Staff**



### **MAKING ORDER OUT OF CHAOS:**

#### **Planning Skills for Support Staff (#SUP110)**

Date: **March 16** at the Justice Institute  
Fee: \$60

Resource Person: Sandra Rice, Consultant and Trainer, Hannah Petersen and Associates.

This planning workshop is directed toward administrative support staff who have too much to do and not enough time to accomplish it. Content will include methods for improving work management, techniques for identifying and eliminating time wasters and planning skills for increasing productivity.

## **Victim Services**



The Ministries of Attorney General and Solicitor General in conjunction with Extension Programs, Justice Institute of B.C. co-sponsor a variety of training initiatives for staff and volunteers of the Victim Assistance Program and others who work with victims. Regional workshops provide introductory training and encourage co-operation among the various local agencies that assist victims of crime. Specialized workshops address topics such as volunteer management, wife assault, child sexual abuse, and program management. Training manuals are being developed to assist Victim Assistance Program co-ordinators and volunteers, and a victim services newsletter is produced three times a year.



# How to Register for a Course

## REGISTER BY MAIL

To register by mail, fill out the course Registration Form below or send in this information by letter along with your cheque (made payable to the Justice Institute) to:

Registration Office  
Justice Institute of B.C.  
4180 West 4th Avenue  
Vancouver, B.C.  
V6R 4J5

If you wish to register for a program and the Justice Institute is not handling registration, contact the phone number listed in the program description for further information.

## REGISTER BY PHONE

You can register by phone *using your VISA card*. Call 228-9771, local 311 between 8:30 a.m. and 4:30 p.m. weekdays. Please have your credit card number ready when you call.

## REGISTER IN PERSON

You can register in person at the Justice Institute, Room 119 (Two doors down from receptionist on the main floor). Hours are 8:30 a.m. to 4:30 p.m., Monday—Friday. Before making a trip to register, you should call 228-9771, local 311 to ensure there is space for you in the course(s).

## TAX DEDUCTION

You may deduct tuition fees from your income tax if the total amount exceeds \$100 and is paid to one educational institution. Deductions may be claimed for one or more courses taken during the tax year. **Save your registration receipts!**

## REFUND POLICY

Registration fee minus an administration charge is refundable if **written notification** of cancellation is received seven working days in advance of the course date. The white copy of the registration receipt must be presented in order to receive a refund.

## TRANSFER POLICY

There is an administrative fee to transfer from one course to another.

## COURSE CANCELLATIONS

A full refund of tuition fees will be issued for courses cancelled by the Institute. The Institute reserves the right to cancel courses if enrollments are insufficient. We truly regret any inconvenience this may cause.

## REGISTRATION INFORMATION AND INDIVIDUAL COURSE BROCHURES

228-9771, local 311.

## Registration Form

Mail to: Registration Office, Justice Institute, 4180 West 4th Ave., Vancouver, B.C., V6R 4J5.

I wish to register in the following program (s):

PROGRAM NAME	PROGRAM NUMBER	DATE(S)	FEE
PROGRAM NAME	PROGRAM NUMBER	DATE(S)	FEE
PROGRAM NAME	PROGRAM NUMBER	DATE(S)	FEE

SURNAME GIVEN NAME

POSITION ORGANIZATION

STREET/CITY POSTAL CODE

PHONE (DAY)

### METHOD OF PAYMENT:

☐ Enclosed is my cheque payable to the Justice Institute

☐ VISA CARD #     -     -     EXPIRY DATE: \_\_\_\_\_

Refund Policy: Registration fee minus an administrative charge is refundable if written notification of cancellation is received seven working days in advance of course date, and the white copy of the registration confirmation is returned to our office. Transfer policy: There is an administrative fee to transfer from one course to another.



# What is the Justice Institute?

The Justice Institute of British Columbia is a post-secondary educational organization that provides training and education programs to professionals and the public.

The Justice Institute develops and delivers training programs to meet specific performance standards of justice and public safety organizations in fire service, law enforcement, correctional services, emergency health care, courts management and related justice and public safety services. The major client groups of the Institute are the Ministry of Solicitor General, Ministry of Attorney General, Ministry of Health and Ministry of Municipal Affairs which need both entry level (recruit) training and advanced level training for municipal police officers, firefighters, provincial corrections employees, courts staff, ambulance attendants and paramedics.

In addition to courses contracted for by the major client groups, a range of interdisciplinary and public programs are offered through Extension Programs. Personnel with govern-

ment organizations, private agencies, the corporate sector and members of the public participate in programs on a broad range of topics and issues.

Extension Programs staff initiate programs or respond to requests based on specialized needs. Projects are either sponsored solely by the Justice Institute or developed in conjunction with other organizations. Some programs are held at the Justice Institute, however, staff have a provincial mandate and work co-operatively with other groups to organize programs throughout B.C.

Schedules for Extension Programs are produced three times a year (September, January and May) and distributed to a cross-section of people. If you wish to receive this schedule regularly, and are not currently on our mailing lists, call Extension Programs and ask to be put on the General mailing list—228-9771, local 285.