



JUSTICE INSTITUTE  
of BRITISH COLUMBIA

## Child, Family and Community Safety Division

### course calendar SEPTEMBER 2007 – AUGUST 2008



Aboriginal Leadership Certificate and Diploma  
Creative and Expressive Therapies  
Critical Incident Stress Debriefing  
Child Abuse and Neglect  
Feminist Management  
Bylaw Enforcement  
Victim Services  
Mental Health  
Substance Use  
Aboriginal Trauma  
Problem Gambling  
Trauma Counselling  
Working With Youth



## Welcome to the Child, Family and Community Safety Division

It has been said that change is the new normal. So in this spirit we are pleased to announce a new divisional name along with the introduction of a number of new exciting courses and special events for this upcoming calendar. This past year the Justice Institute of BC has gone through an extensive strategic planning process to determine its direction for the next three years. As part of this process, we have been exploring ways to better serve our current learners and find creative ways to reach out to new learners. One of the things that we have learned from speaking with people who attend our courses is that the Division name does not accurately describe the kind of training we offer or the educational materials we produce. As a result, our name has changed effective June 1, 2007. Our new name is "Child, Family and Community Safety Division."

As you read through our calendar you will notice a number of new courses, programs and special events, here is a sampling:

- Justice and Public Safety Career Preparatory Program for Aboriginal Learners
- Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour (#SPE146)
- Gut A/symmetries: Working with Marginalized Clients (#SPE147)
- Psychotherapy from the Inside Out: The Brain of the Mindful Therapist (#SPE225)
- Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies (#SPE148)
- Spirituality in Therapeutic Practice: The Journey Within (#COUNS142)
- Tools for Success: Enhancing the Emotional Intelligence of Youth (#CY264)
- Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120)
- Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122)
- Working More Effectively with Parents and Other Caregivers (#CY267)
- Creativity as a Transformative Tool (#COUNS143)
- Creating Healthy Communities (#COUNS145)

**CFCS** | CHILD, FAMILY AND  
COMMUNITY SAFETY

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## Child, Family and Community Safety Division

*The Child, Family and Community Safety Division (CFCS) develops and delivers innovative training programs for executive directors, managers, practitioners, and frontline supervisors. Our clients include government ministries, Crown corporations, private sector businesses, and community-based organizations and agencies. We are recognized experts in training design and delivery, curriculum development, project management, and best practices development.*

### Courses, Certificates, and Degree Programs

The Division offers a wide range of enhanced learning opportunities. Many of our certificates will earn you credits that can be applied to other educational institutions. We specialize in:

- **Counselling and Capacity Building.** We provide practitioners with essential skills to protect, support, and empower children, youth, adults, families, and communities.
- **Community Safety.** Our diverse programs give staff skills to assist individuals in coping with the consequences of trauma, and the knowledge and tools to enforce community bylaws.

### Aboriginal Programs and Services

We are committed to designing and delivering culturally relevant training to meet the needs of Aboriginal learners and communities. Wherever possible, Aboriginal instructors deliver this training. Courses and programs that have been designed in consultation with Aboriginal clients or those who work in and with Aboriginal organizations and communities include:

- Aboriginal Leadership Diploma and Certificate
- Aboriginal Trauma Certificate
- Critical Incident Stress Debriefing Certificate
- Fetal Alcohol Spectrum Disorder (Online course) (#AD120)
- On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)
- POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course (#CY175)

- Promoting Resilience in Children: An Aboriginal Perspective (#CY256)
- Substance Use Certificate and courses
- Working Effectively with Aboriginal Peoples (#ABL100)
- All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129)
- Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130)
- Aboriginal Family and Youth Advocacy (#CY269)
- Justice and Public Safety Career Preparatory Program

*To bring a CFCS program or course to your Aboriginal agency or community, contact:*

**Program Coordinator,  
Aboriginal Programs and Services**  
604.528.5621 or [aboriginal@jibc.ca](mailto:aboriginal@jibc.ca)  
(Aboriginal Leadership Diploma, Working More Effectively with Aboriginal Peoples Course, Justice and Public Safety Career Preparatory Program).

**Program Coordinator,  
Counselling and Capacity Building**  
604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca)  
(All other programs and courses listed on this page).

### Curriculum Development

Responding to requests from government ministries, community agencies, and private sector organizations, CFCS develops curricula in a number of different content areas. Working closely with employees and employers, we identify the required competencies, develop instructional plans, design curricula, and field-test newly developed materials.

### Project Management

Our project management activities range from managing high-profile events on a one-time basis to coordinating major training initiatives on an ongoing basis. We have the capacity to manage all of the required tasks, from developing curriculum to evaluating program effectiveness.



## Best Practice Development

An essential part of our work is to strengthen skills and best practices in key areas. Recent best practices projects undertaken by CFCS include the development of a toolkit for counsellors to use in supporting children whose parents are mentally ill. Working closely with a variety of stakeholders, staff conducted focus groups, researched the current literature, produced a variety of child-centred tools, and created a manual for distribution to social service agencies.

## Post-Employment Training

CFCS designs and delivers post-employment training for a number of employers. We provide the core training for the province's victim service workers on behalf of the Ministry of Public Safety and Solicitor General and design and deliver a wide range of child welfare training for employees of the Ministry of Children and Family Development on behalf of the Education Alliance.

## Applied Research Services

Working collaboratively with government ministries or community agencies in the not-for-profit sector, we develop the research questions and data-gathering tools, conduct the research, analyze the data, and develop reports highlighting the findings.

Current research activities include:

- understanding the barriers to reporting violence in the lives of commercially sexually exploited youth;
- measures of empowerment for immigrant and refugee women who have experienced violence, and
- empowerment of immigrant and refugee women who are victims of violence in intimate relationships.

## Special Events

Do you have an idea for a special event? Is there a speaker or trainer you would love to hear? Our staff have the creativity, persistence, and expertise to undertake and manage high-profile events on new and emerging issues in the field. Please contact Caroline White at 604.528.5620 or e-mail [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca) with your ideas.

Check our Special Events section on page 16 for upcoming offerings.

## Publications and Videos

Many of CFCS's projects have led to the development of resources for use by individuals and agencies. See page 69 for information on videos, facilitator guides, and manuals – yet another way through which we bring the CFCS expertise to your workplace.





## Customized Training

### *A Solid Reputation*

*The Child, Family and Community Safety Division is a leader in designing customized training, developing curriculum, managing large and small projects, and conducting applied research. Our clients include government ministries, Crown corporations, private sector businesses, and community-based organizations and agencies.*

### *Customized Training – Any Time, Anywhere*

Today's organizations face complex and constantly shifting challenges. Keeping up with change means constantly updating skills in the workplace. You want to be the best, and you need help getting there.

At CFCS we specialize in preparing people to respond to new and emerging issues by identifying and addressing knowledge and skills gaps. In consultation with your organization, CFCS will develop courses or workshops tailored to your unique needs and context. Call us – we can help you succeed with relevant, cost-effective, accessible, and flexible solutions.



## Here is what our clients are saying:

*"The Justice Institute courses have far exceeded my expectations. The staff at the Justice Institute have been a pleasure to deal with. The instructors are top-notch and more than attuned to First Nations topics and issues that arise during the courses. I highly recommend the Substance Use Certificate courses!"*

Joanne Nelson,  
FASD Program Manager,  
Pacific Region

*"Our organization, the Sechelt Nation, has recently contracted with the Justice Institute to take various courses from their Substance Abuse Certificate Program. The courses have proved to be packed with useful information and the instructors are skilled at facilitating. They are knowledgeable and interesting. Some of our staff are finding the courses so helpful that they plan to continue with the courses and complete the Certificate."*

Sue Perry, Sechelt Nation  
First Nation Employment Administrator

## Our Top-Selling Offerings Include:

- Aboriginal Leadership Diploma
- Aboriginal Trauma Certificate
- Bylaw Enforcement and Investigative Skills Certificate, Level 1
- Clinical Supervision: Innovative Practices (#EP278)
- Concurrent Disorders Planning – Level 1 (#AD410)
- Everything You Ever Wanted to Know About the DSM-IV-TR – Level 1 (#TS123)
- Fetal Alcohol Spectrum Disorder (#AD120)
- Fostering and Encouraging Client Responsibility (#EP524)
- Integrating Treatment for Substance Use, Mental Health Problems, and Trauma in Women (#AD216)
- Critical Incident Stress Management Certificate Program
- Motivational Interviewing in Practice – Level 1 (#AD204)
- Substance Use Courses and Certificate
- Working with Complicated Grief (#COUNS102)

The following certificate programs and courses are available on a contract basis only. For detailed descriptions, please see page 39.

- Aboriginal Trauma Certificate
- Child Abuse and Neglect Support Worker Certificate
- Working with Youth Certificate (#CY268)
- Supporting Adult Survivors Certificate (#CSA134A)
- Supporting Child, Adolescent, and Adult Survivors Certificate (#CSA134B)
- Couple and Family Therapy Courses
- Making the Transition: Providing Service to Trans Survivors of Violence and Abuse

## A Proven Track Record – Our Clients Include:

BC Children's and Women's Hospital  
BC Coalition to Eliminate the Abuse of the Elderly  
BC Lottery Corporation  
BC/Yukon Society of Transition Houses  
Community Counselling, Fort Nelson  
Construction Labour Relations Association of BC  
Pacific Community Resources Society  
Government of Northwest Territories  
BC Ministry of Children and Family Development  
BC Ministry of Public Safety and Solicitor General: Victim Services and Crime Prevention Division  
Northern Family Health Society  
RCMP, "E" Division  
Sechelt Nation  
DIVERSeCity Community Resources Society  
WorkSafeBC  
FASD Program, Pacific Region  
Insurance Corporation of BC

## Our Services

Needs assessment  
Gap analysis  
Curriculum development  
Facilitation  
Strategic planning  
Conference management

## Our Faculty

Our faculty and consultants are leaders in their fields. Every customized course is designed and taught by content experts who have current experience in the field.

## Location

Because you pick the location, you save on transportation and accommodation costs, time away from work, and productivity gaps. We come to you whether it's at the office, a conference centre, or a hotel meeting room. Or you can choose to have the course delivered at any of our three campuses, located in New Westminster, Victoria, or Kelowna.

## Our Collaborative Approach

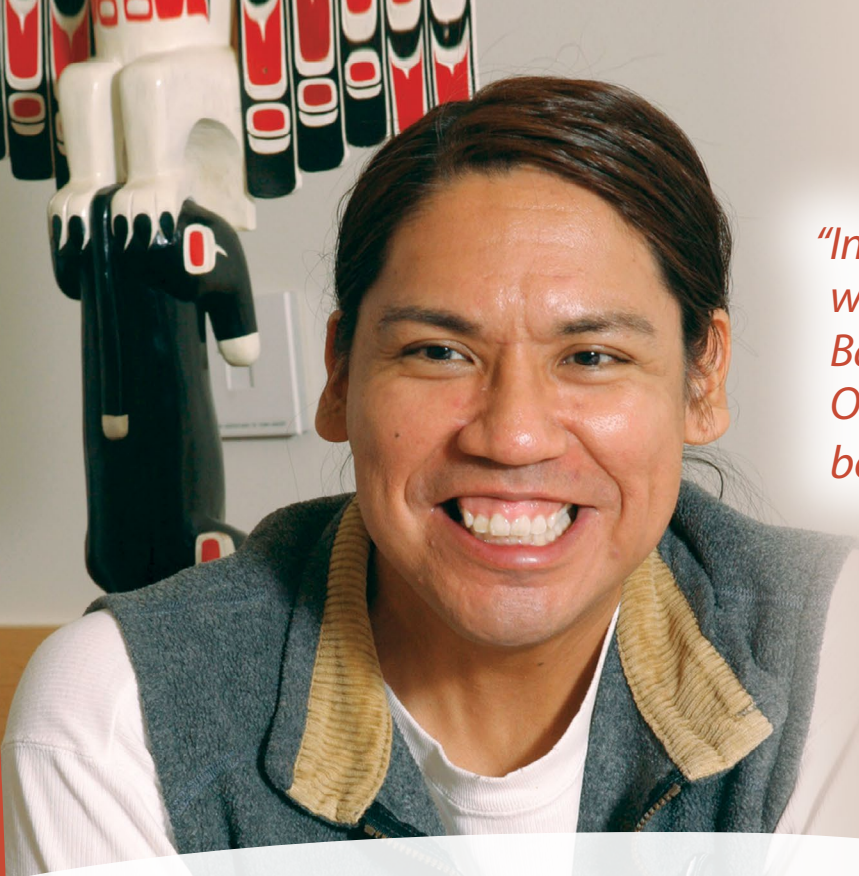
We believe in working with our clients to create and deliver programs that are tailored to your organization. Our clients have told us that the unique, collaborative way in which we help them solve their problems through customized training solutions is what sets us apart from the competition. We work in partnership to identify and assess your training needs.

**For more information on our customized programs and services, contact:**

**Caroline White, Program Coordinator  
Counselling and Capacity Building  
604.528.5620 or carolinew@jibc.ca**

**Laura Glover, Program Coordinator  
Critical Incident Stress Management  
604.528.5641 or lglover@jibc.ca**

**Roberta Stewart, Program Coordinator  
Aboriginal Programs and Services  
604.528.5621 or aboriginal@jibc.ca**



*"In my opinion all individuals working in Community Band Offices and Tribal Organizations would greatly benefit from this program."*

*Mike Jimmy, student in Aboriginal Leadership Diploma 2005*

## Aboriginal Programs Contents

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# Aboriginal Programs

*Over the past decade, the Child, Family and Community Safety Division has responded to the training and education needs of Aboriginal communities. Created to address the specific needs of Aboriginal peoples, our courses, certificate and diploma programs are designed with the guidance of the Justice Institute of BC Aboriginal Education Advisory Council and extensive input from Aboriginal leaders and the community.*

## ABORIGINAL LEADERSHIP CERTIFICATE AND DIPLOMA PROGRAMS

The Aboriginal Leadership Certificate and Diploma Programs are designed for those working in leadership and management positions, as well as those seeking leadership positions. The programs are intended for individuals who are, or who aspire to be, executive directors, chief executive officers, Aboriginal police, correctional officers, probation officers, First Nations firefighters, elected Chief and Council members, administrators, managers, community justice coordinators, education coordinators, and health and social services administrators. This new program underscores the importance of understanding the diversity of Aboriginal cultures and contemporary issues, as well as the legal and legislative framework relative to Aboriginal peoples in Canada.

Courses are delivered at the Justice Institute of BC campus on a part-time basis, with the workplace as an extension of the classroom. The JIBC also plans to deliver these programs directly to communities throughout British Columbia.

### Prerequisites

- Grade 12, English 12 with a C+, or equivalent
- Basic computer skills

Qualifying entry status: Applicants not meeting the requirements will be granted entrance into the program with a commitment to complete the requirements before beginning course three of the Diploma.

### Customize Your Learning

Learners have the opportunity to enroll in Year One of the Certificate Program, and upon completion ladder into the Diploma Program. A limited number of seats will be available for individual course registration.

### How to complete the certificate

The 30-credit Year One Certificate offers one course per month. You are able to complete the following courses and workplace-based practicum within one year:

- Writing and Research Skills (#ABLD113)
- Individual and Community Wellness in Aboriginal Contexts (#ABLD111)
- Introduction to Dispute Resolution: Level 1 (#ABLD114)
- Philosophy, Values and Ethics of Aboriginal Leadership (#ABLD110)
- Aboriginal Leadership Development (#ABLD112)
- Dispute Resolution: Level 2, Overcoming the Past (#ABLD117)
- Aboriginal Justice and Governance Models (#ABLD115)
- Change Management: Aboriginal Organizations (#ABLD116)
- Introduction to Project Management (#ABLD118)
- Workplace Based Practicum (#ABLD150)



The Ministry of Advanced Education has allocated full-time equivalency (FTE) funding for the Aboriginal Leadership Year One Certificate Program, which is reflected in the following tuition rates:

- Certificate fee: \$2,830 (full registration)
- Individual course fee: \$275
- Workplace-based practicum: \$355

In addition to the tuition fees, learners are responsible for purchasing the required textbooks.

### How to complete the diploma

The 60-credit Diploma Program is also designed for part-time learners. The Year One certificate is a prerequisite to Year Two. Year two builds on the content of Year One and requires a final integrative project, seven core courses, and six elective credits for completion.

*For detailed course listings and more information on the Diploma Program, visit our website at [www.jibc.ca/aboriginal](http://www.jibc.ca/aboriginal).*

# Year One Course Listings

The following are course descriptions for the Year One Aboriginal Leadership Certificate Program:

## Writing and Research Skills (#ABLD113)

This course is about learning to write clearly and concisely. You will develop skills that will enable you to express complex issues in simple language. You will learn to present your thoughts and pertinent information in an organized fashion. This course will also examine the principles of problem solving and critical thinking, and explore how these principles can be used in writing. You will examine some of the current thinking regarding the "process," or what goes on in our heads when we sit down and try to write something (how we do it). Report writing for effective business communication and research methods will be explored. You will study examples of good writing and write a variety of contextual communications pieces requiring a variety of different styles.

Dates: TBA – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Richard Van Camp

## Individual and Community Wellness in Aboriginal Contexts (#ABLD111)

This course will focus on the components of individual and community wellness in Aboriginal contexts. It is based on the belief that effective leaders work to maintain a personally balanced lifestyle. Mental, physical, spiritual, and emotional components are integral to effective leadership. Leaders are strong promoters of community wellness. You will explore concepts of lifestyle balance, coping with stress, and setting boundaries. You will conduct an analysis of the impacts of colonization and oppression on individuals, families, and communities. You will also explore models of wellness and its meaning in different cultures.

Dates: TBA – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Carrie Reid

## Introduction to Dispute Resolution: Level 1 (#ABLD114)

"Dispute resolution" is an umbrella term covering a wide range of approaches to conflict. This course provides an overview of collaborative conflict resolution and cross-cultural conflict resolution. You will examine the dynamics and sources of conflict, attitudes and beliefs, conflict styles, conflict theory, defensiveness, and the role of assumptions and emotions. This course will also focus intensively on communication theory and the skills that are the building blocks for negotiating, mediating, or resolving interpersonal conflict. Skill specifics include: non-defensive listening, questioning, reframing, and assertive speaking. Please bring a VHS videotape to record your role-plays. This highly participatory course emphasizes self-awareness and skill development through structured exercises and simulations.

Dates: TBA – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Janice Bateman

## Philosophy, Values and Ethics of Aboriginal Leadership (#ABLD110) ONLINE

This online course will provide an introduction to the philosophy, values, and ethics of leadership in Aboriginal contexts. You will explore both traditional and contemporary Aboriginal philosophies of leadership, the moral qualities leaders need to bring to their practice, the ethical challenges that often arise for leaders, what it means to identify oneself as a leader, and the unique moral challenges within a multicultural setting. You will gain awareness of the impact that various aspects of morality can have on leadership, and will analyze ethical concepts and issues while formulating and presenting your own positions. You will discover how moral judgments made as a leader may conflict with those made as a private citizen. How to balance the interests of constituents, individuals, and the larger community will be explored.

Dates: September 13 – October 3, 2007 (online) (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Kirsten Mikkelsen

## Aboriginal Leadership Development (#ABLD112)

Effective leadership is the key to Aboriginal communities' staying on course in today's rapidly changing world. Effective leaders are often measured in terms of their ability to influence and effect change in others. Leadership assessments will be used to measure your leadership abilities, provide feedback, and form action plans for future personal growth. You will apply the principles for effective teams, mentoring, and decision making to current challenges in your workplace. You will also be expected to apply appropriate communication skills, creative problem-solving techniques, and group decision-making models. You will have the opportunity to develop effective working relationships with other teams.

Dates: October 11-13 & 25-27, 2007 – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Elizabeth Robinson

## Dispute Resolution: Level 2, Overcoming the Past (#ABLD117)

This course is designed to help you understand your reactions to difficult situations. You will also develop skills to effectively overcome the obstacles to reaching successful agreements. You will explore how withheld feelings impede the process of resolving a conflict. You will examine theory, skills, and approaches for managing and responding to anger, unreasonable demands, attacks, and outbursts. Topics such as anger triggers and self-management will be explored. You will focus on getting past unfinished business by clearing judgments, acknowledging hurt, reducing defensiveness, and working towards a trusting relationship.

Dates: November 15-17 & 22-24, 2007 – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Joan Balmer

## CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to 4:30 p.m. unless otherwise noted.



## Aboriginal Justice and Governance Models (#ABLD115)

This course will examine Aboriginal justice and Aboriginal governance, both historically and in contemporary contexts. It will compare the common characteristics and contrast the differences that shape leadership roles for governance in the public, voluntary, and private sectors. Effective governance will be examined in light of intergovernmental relations, governmental structures, and the theories of power and politics. You will determine how the style of Aboriginal governance can function effectively while still preserving Aboriginal cultures, values, and worldviews. The course will provide you with an overview of the elements and requirements for Aboriginal governance in the present day reality.

Dates: December 6-11, 2007 – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Kory Wilson-Goertzen

## Change Management: Aboriginal Organizations (#ABLD116)

Aboriginal organizations are experiencing dramatic change. These changes have led to greater authority and, at the same time, the need for greater accountability. The changes that Aboriginal organizations and communities face today present significant challenges. You will explore theories of change management, the impact of change, and strategies to effect positive change. You will acquire the skills and develop the tools and resources necessary to act as change agents by assisting organizations as they transition through change. You will participate in exercises designed to introduce positive changes in organizations and explore the complementary roles of leadership required for effective organizations.

Dates: January 10-12 & 24-26, 2008 – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Cheryl Brooks

## Introduction to Project Management (#ABLD118)

This course is for senior managers who do not have a professional background in project management but who oversee a variety of large and small company projects. It introduces the unique characteristics and fundamentals of project planning and management, and explores how people and teams influence project planning. You will examine the fundamentals of successful project management, including goal setting, the project team, scheduling, budgeting, and communications. You will develop project management skills by practising different scheduling techniques, creating sound and transparent budgets, and applying the soft skills of project management, including team building and communication.

Dates: February 7-9 & 21-23, 2008 – NWC (6 days)  
Credits: 3  
Fee: \$275  
Instructor(s): Bob Joseph

## Workplace Based Practicum (#ABLD 150)

The goal of the practicum is to provide you with the opportunity to apply the skills and knowledge that you acquired in the first year of the certificate or diploma, in real-world situations, while experiencing the process of leading, managing, and becoming a team member. You will be required to document and illustrate your learning.

Fee: \$355  
Instructor(s): Roberta Stewart

## Year Two Course Listings

- Aboriginal Organizational Development
- Aboriginal Management and Practice
- Presentation Skills and Storytelling
- Dispute Resolution, Level 3: Managing Group Conflict
- Dispute Resolution, Level 4: Team Negotiation
- Aboriginal Human Resource Management
- Principles of Financial Management: An Aboriginal Perspective
- Final Integrative Project
- Electives (Learners may select courses, up to six credits, from any JIBC academy or division.)

## NEW – COMING IN JANUARY 2008

### Justice and Public Safety Career Preparatory Program for Aboriginal Learners

The Justice and Public Safety Career Preparatory Program has been designed for aboriginal learners interested in enrolling in and succeeding into careers such as policing, firefighting, corrections, emergency management and other law enforcement and first responders occupations. The eight month full time program will provide learners with the prerequisite knowledge and skills required to be accepted into recruit training programs. Aboriginal perspectives, customs and traditions will be incorporated into the course content wherever possible.

*For further information on the application process and course start date, contact:*

*Program Coordinator,  
Aboriginal Programs  
604.528.5621 or [aboriginal@jibc.ca](mailto:aboriginal@jibc.ca)*

*Student Advisor, Aboriginal Programs  
604.528.5522 or [aboriginal@jibc.ca](mailto:aboriginal@jibc.ca)*

*[www.jibc.ca/aboriginal](http://www.jibc.ca/aboriginal)*



# Individual Courses for Aboriginal Learners

*Courses and programs that have been designed in consultation with Aboriginal clients or those who work in and with Aboriginal organizations and communities include:*

- Aboriginal Trauma Certificate
- Critical Incident Stress Debriefing Certificate
- Fetal Alcohol Spectrum Disorder (#AD120) (online course)
- On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)
- POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course (#CY175)
- Promoting Resilience in Children: An Aboriginal Perspective (#CY256)
- Substance Use Certificate
- Working More Effectively with Aboriginal Peoples Seminar
- Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130)
- All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129)
- Aboriginal Family and Youth Advocacy

## CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to 4:30 p.m. unless otherwise noted.

The following is a sampling of courses offered in 2007-2008. There is no application process, and you can register for these courses as you choose. Some courses may be used as electives in certificate programs.

*For more information on the following courses contact:*

**Program Coordinator**  
604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca)

**Program Assistant**  
604.528.5875 or [counselling@jibc.ca](mailto:counselling@jibc.ca)

## Promoting Resilience in Children: An Aboriginal Perspective (#CY256)

For a course description, please see page 28.

Date(s): October 18, 2007 – NWC  
Fee: \$130; group rate, \$120  
Instructor(s): Monique Gray-Smith

## POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course (#CY175)

For a course description, please see page 28.

Date(s): October 26-27, 2007 – NWC  
Fee: \$275; group rate, \$255  
Instructor(s): Sherry Simon

## Aboriginal Family and Youth Advocacy (#CY269) NEW

For a course description, please see page 29.

Date(s): November 5, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Chris Stewart

## All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129) NEW

For a course description, please see page 23.

Date(s): May 17, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Bill Waboose

## On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)

For a course description, please see page 23.

Date(s): May 23, 2008 – NWC  
Fee: \$130; group rate, \$120  
Instructor(s): Carrie Reid, Carol White

## Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130) NEW

For a course description, please see page 23.

Date(s): May 24, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Bill Waboose

## Fetal Alcohol Spectrum Disorder (#AD120) ONLINE

For a course description, please see page 31.

Date(s): October 15 – December 7, 2007  
Fees: \$360  
Facilitators: Nancy Poole, Jan Lutke

## Customized Training

Cost-effective, convenient, and community-specific – the Child, Family and Community Safety Division will work with you to design, develop, and deliver courses and programs that are tailored to the unique needs of your community or organization.

*For more information on how we can help you achieve your education and training goals, contact:*

**Program Coordinator,**  
*Aboriginal Programs and Services*  
604.528.5621 or [aboriginal@jibc.ca](mailto:aboriginal@jibc.ca)  
(Aboriginal Leadership Diploma, Working More Effectively with Aboriginal Peoples Course).

**Program Coordinator,**  
*Counselling and Capacity Building*  
604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca)  
(All other programs and courses listed on this page).



# Schedule at a Glance

## Aboriginal Programs

DATE	COURSES	LOCATION	FEE	PAGE
<b>Aboriginal Leadership Certificate and Diploma Programs</b>				
TBA	Writing and Research Skills (#ABLD113)	NWC	\$275	10
May 2008	Individual and Community Wellness in Aboriginal Contexts (#ABLD111)	NWC	\$275	10
June 2008	Introduction to Dispute Resolution: Level 1 (#ABLD114)	NWC	\$275	10
September 13 – October 3, 2007	Philosophy, Values and Ethics of Aboriginal Leadership (#ABLD110)	Online	\$275	10
October 11-13 & 25-27, 2007	Aboriginal Leadership Development (#ABLD112)	NWC	\$275	10
November 15-17 & 22-24, 2007	Dispute Resolution: Level 2, Overcoming the Past (#ABLD117)	NWC	\$275	10
December 6-11, 2007	Aboriginal Justice and Governance Models (#ABLD115)	NWC	\$275	11
January 10-12 & 24-26, 2008	Change Management: Aboriginal Organizations (#ABLD116)	NWC	\$275	11
February 7-9 & 21-23, 2008	Introduction to Project Management (#ABLD118)	NWC	\$275	11
	Workplace Based Practicum (#ABLD150)	NWC	\$355	11
<b>Individual Courses For Aboriginal Learners</b>				
October 18, 2007	Promoting Resilience in Children: An Aboriginal Perspective (#CY256)	NWC	\$130; group rate, \$120	28
October 26-27, 2007	POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course (#CY175)	NWC	\$275; group rate, \$255	28
November 5, 2007	Aboriginal Family and Youth Advocacy (#CY269) <b>NEW</b>	NWC	\$148; group rate, \$138	29
May 17, 2008	All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129) <b>NEW</b>	NWC	\$148; group rate, \$138	23
May 23, 2008	On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)	NWC	\$130; group rate, \$120	23
May 24, 2008	Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130) <b>NEW</b>	NWC	\$148; group rate, \$138	23
October 15 – December 7, 2007	Fetal Alcohol Spectrum Disorder (#AD120)	Online	\$360	31



### LEARNER SERVICES FEE (LSF)

As part of a commitment to improving the quality of services for our students, the JIBC charges a learner services fee (LSF) of \$5 per course credit to a maximum of six credits per course (\$30). The fee is applied to credit courses only and is collected at the time of enrollment.

Course fees listed in this calendar do not include the LSF. For more information, see page 67.

*"This course has exceeded my expectations. It provided me in-depth knowledge, understanding and appreciation about trauma. It will have a profound impact on my practice to really reflect the course content."*

*Mei Liu, Responding to Trauma and Post-Traumatic Stress Reactions (#EP251)*



## Counselling and Capacity Building Contents

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*If you work with children, youth, adults, or families, you will find a course or certificate here that will enhance your skills and knowledge. Our programs range from substance use and harm reduction to supporting women who have experienced violence, and from alternative healing techniques to supporting and working with children and youth. Most courses can either be taken as part of a certificate or on an individual basis. Courses and certificates can also be customized for your agency or group. For training options, contact Caroline White at 604.528.5620 or counsellingpc@jibc.ca.*

**Be sure to look for our innovative new courses:**

- The Art of Private Practice (#COUNS141)
- Spirituality in Therapeutic Practice: The Journey Within (#COUNS142)
- Tools for Success: Enhancing the Emotional Intelligence of Youth (#CY264)
- Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 2 (#CY266)

- Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120)
- Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122)
- Working More Effectively with Parents and Other Caregivers (#CY267)
- Creativity as a Transformative Tool (#COUNS143)
- Human Eyes: Seeing Privilege and Oppression and Creating Unity within Diversity (#CY268)
- Becoming Client-Directed Outcome-Informed in Practice (#COUNS144)
- Creating Healthy Communities (#COUNS145)
- Aboriginal Family and Youth Advocacy (#CY269)
- An Introduction to Problem Gambling (#COUNS146)
- Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems (#AD128)
- All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129)
- Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130)
- Everything You Ever Wanted to Know About the DSM-IV-TR – Level 2 (#TS124)

**DOWNTOWN VICTORIA CAMPUS**

We are pleased to announce that four of our courses are now being offered at the Justice Institute of BC's Victoria campus, located at 910 Government Street.

The following courses are offered at the Victoria campus:

- Tools for Success: Enhancing the Emotional Intelligences of Youth (#CY264)
- Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120)
- Trauma and Addictions: Assessment and Treatment Issues (#TS225)
- Introduction to Art Therapy for Counsellors and Therapists (#CY250)

All Counselling and Capacity Building courses are available on a contract basis. For more information or to request other offerings for Victoria, contact Caroline White at 604.528.5620 or counsellingpc@jibc.ca.

**CONTINUING EDUCATION UNITS (CEUs):**

**A number of our courses have been pre-approved or are eligible for CE credits. Check with your professional organization or licensing body to find out which courses could earn you these credits.**





# Counselling and Capacity Building Special Events

## Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour (#SPE146)

Lesbian and bisexual women of colour face multiple challenges in their lives. Systemic and interpersonal racism and heterosexism affect their self-esteem, their relationships, and their quality of life. They have complex identities and develop unique coping mechanisms to survive. This training offers psychotherapists, social workers, frontline, and health workers the opportunity to learn from a dynamic presentation that will include clinical cases and small group discussions. Drawing upon their professional counselling experiences and anti-oppression practices, Silvana and Farzana will encourage you to reflect upon the appropriate techniques for supporting your clients in their own processes to lead more fulfilling lives.

This course is offered in partnership with Battered Women's Support Services – Lesbian and Bisexual Women's Support Group, and BC Association of Specialized Victim Assistance and Counselling Programs – Safe Choices Lesbian, Bisexual and Two-Spirit Support and Education Program.

Date(s): October 17, 2007 – NWC  
October 18, 2007 – NWC  
Fee: \$175; group rate, \$165  
Instructor(s): Silvana Bazet, Farzana Doctor



**Silvana Bazet, Clinical Member, Ontario Society of Psychotherapists**, is a psychotherapist in private practice, trainer, consultant, and community activist. She practises psychotherapy from an anti-oppression perspective and specializes in issues related to sexual orientation, ethno-racial identity, migration, and gender identity. She has developed and led numerous workshops at conferences and community agencies on these subjects.



BC Association of  
Specialized Victim  
Assistance &  
Counselling Programs

## Gut A/symmetries: Working with Marginalized Clients (#SPE147)

A safe, self-exploratory course for counsellors, health care providers, and other helping professionals to explore how internalized racism and other oppressions affect us and the ways in which we provide services to others. Drawing upon their professional counselling experiences and anti-oppression practices, Silvana and Farzana will encourage you to explore the subtle ways that internalized oppression affects your relationships with your clients or patients. This course is for those who identify as Aboriginal people and people of colour only. This course is offered in partnership with Battered Women's Support Services.

Date(s): October 19, 2007 – NWC  
Fee: \$175; group rate, \$165  
Instructor(s): Silvana Bazet, Farzana Doctor



**Farzana Doctor, MSW, RSW**, is a consultant and trainer specializing in organizational diversity issues and clinical issues relating to working with marginalized populations. She is also a psychotherapist in private practice, specializing in working with individuals and couples from an anti-oppression perspective. She has co-authored books, book chapters, and articles on working with LGBT people with substance use and depression concerns, and counselling lesbian and bisexual women of colour. She has been an instructor at the University of Toronto and Ryerson Faculties of Social Work. She co-produced a documentary video for South Asian LGBT families, and authored a novel, *Stealing Nasreen* (Inanna Publications, 2007). She received her Master in Social Work degree at Carleton University in 1993.

## Psychotherapy from the Inside Out: The Brain of the Mindful Therapist (#SPE225)

As we continue to discover more about the deeply social nature of the brain, human service professionals are moving towards remarkable new insights into what traditional notions of "mindfulness" mean in the context of human relationships. It is becoming ever clearer that it is the clinician's own level of awareness and neural integration that is at the heart of the therapeutic process.

Dr. Daniel Siegel will focus on how neuroscience can complement traditional contemplative practices and explore how to enhance deeper levels of integration in ourselves and in those we care for professionally. You will learn about the nine levels of neural integration and how to work at each level, both in your own self-development and with others. You will explore the new findings about the mirror neuron system and how the various circuits involved in emotional resonance and empathy can enhance your understanding of others and of yourself. Dr. Siegel will pay special attention to the role of "mindsight" – the interweaving of insight and empathy – and how it leads to changes in self-regulation, attuned communication, and mental well-being.

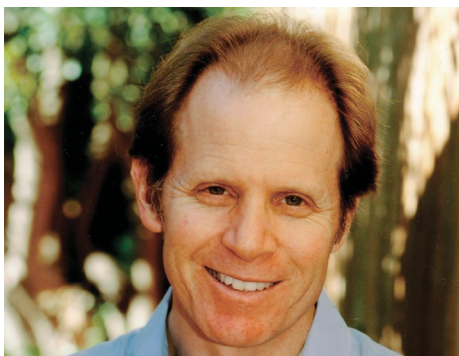
This presentation is for psychologists, social workers, counsellors, medical professionals, social service workers, mediators, and others who work in the helping professions. It is offered in partnership with the BC Association of Clinical Counsellors and City University.



**CITY UNIVERSITY**

Date(s): November 8-9, 2007 – NWC  
Fee: \$325  
**Early Bird Rate:** \$310 before September 20, 2007  
Group Rate: \$315 – 3 or more registrants  
\$305 – 10 or more registrants  
Time: 8:30 a.m. to 4:00 p.m. (registration begins at 7:30 a.m.)  
Instructor(s): Daniel Siegel

**To register for these special events, follow our usual registration procedure, as described on page 66.**



**Daniel Siegel, MD**, is an associate clinical professor of psychiatry at UCLA School of Medicine, where he is on the faculty of the Centre for Culture, Brain and Development. He is also director of the Mindsight Institute, an educational organization that focuses on how the development of insight and empathy within individuals, families, and communities can be enhanced by examining the interface of human relationships and basic biological processes. Dr. Siegel served as a National Institute of Mental Health Research Fellow at UCLA, studying how attachment experiences influence emotions, behaviour, autobiographical memory, and narrative. He is the author of the internationally acclaimed book *The Developing Mind: Toward a Neurobiology of Interpersonal Experience*. His most recent book, *The Mindful Brain*, was released in March 2007.

## Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies (#SPE148)

The treatment of survivors of chronic abuse presents many challenges, including complex diagnosis, treatment staging, and relational dilemmas. In the past decade, there have been remarkable advances in both understanding and treatment approaches concerning abuse-related trauma. The treatment model presented for complex PTSD is a nonpathologizing, developmentally informed approach that integrates cognitive-behavioural and psychodynamic perspectives. This model moves away from the idea of understanding discrete "symptoms," towards a more sophisticated and integrated understanding of how survivors adapt to and cope with the long-term effects of chronic abuse.

This course offers a conceptual framework for the delivery of effective clinical interventions with abuse survivors. Specific techniques and approaches will be taught that will assist in addressing affect regulation, chronic intrusion and hyperarousal, trauma-related schemata, attachment difficulties, and re-enactments.

Date(s): April 24-25, 2008 – NWC  
 Fee: \$295; group rate, \$275  
 Instructor(s): Lori Haskell



**Lori Haskell, EdD, C.Psych.**, is a clinical psychologist in private practice with over 20 years of experience. Dr. Haskell's clinical and research interests include trauma, revictimization, sexual abuse, and sexual violence in relation to women's psychological development. She has a status appointment as an assistant professor in psychiatry at the University of Toronto and is an academic research associate with the Centre for Research on Violence Against Women and Children, at the University of Western Ontario. In addition to her private practice, Dr. Haskell works as a researcher, educator, and consultant, on issues ranging from intimate femicide, domestic violence, sexual assault, the effects of victimization, including complex post-traumatic stress, and violence prevention. She has also provided expert evidence in a number of legal proceedings.

Dr. Haskell has written a book entitled *First Stage Trauma Treatment: A Guide for Therapists Working with Women* (Toronto: Centre for Addiction and Mental Health, University of Toronto, 2003).

*For more information*  
**Program Coordinator**  
 604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca)

**Program Assistant**  
 604.528.5875 or [counselling@jibc.ca](mailto:counselling@jibc.ca)

### CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
 715 McBride Boulevard

**VIC** Victoria Campus,  
 910 Government Street

All courses run from 9:00 a.m. to  
 4:30 p.m. unless otherwise noted.



## Individual Courses

### COUNSELLING AND CAPACITY BUILDING

*These courses are designed for counsellors and other professionals who are currently working with clients and are interested in building and refining their counselling skills. There is no application process, and you may register for these courses as you choose. Some courses may be used as electives in certificate programs.*

#### GROUP RATE

A group rate is available for Counselling and Capacity Building courses. This rate applies where three or more persons from the same organization register at the same time.

#### Understanding Substance Use (#AD400)

This course will provide you with an overview of current practice theories and models in the field of substance use. Topics include: the bio-psycho-social-spiritual model; applying a harm-reduction approach to practice; impact of substance use on the individual, family, and community; identification of barriers to accessing help; and ethical issues and challenges for practitioners. This course is a prerequisite for all courses in the Substance Use Certificate.

Date(s): September 21-22, 2007 – NWC  
January 25-26, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Heidi Furrer

#### Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121) [formerly #COUNS121]

Therapists working with trauma are witnesses to oppression, exploitation, and violence. There are prescriptive stories that we will “burn out” in this work. Contrary to this, however, is the story of sustainability – how our collective work against violence and trauma sustains us, nourishes our hope, and invites us to honour the resistance and strength we witness in the people we work alongside of. In this experiential course, you will unpack the prescriptive story of burnout and map your relationship with stories of sustainability. We will collectively honour your resistance to unjust ways of working, and map the influence of social justice ideas and practices in your work. Situating trauma within social contexts, you will work towards moving from private pain to public issue and resisting the pathologizing of your clients as passive victims. You will begin to build your own “solidarity teams,” examining who stands beside you and what theories, practices, and ethics sustain you. The voices of clients will be present through poems, transcripts, and letters.

Date(s): October 1, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Vikki Reynolds

#### Listening for the Metaphor: Facilitating Parenting and Caregiver Groups (#COUNS120)

We are increasingly surrounded by images; we watch, see, and use them to describe experiences we both like and dislike. It is therefore increasingly important for those in a helping role to listen for the metaphor. During this practical course, you will learn how to listen for metaphors, and explore the symbolic meaning a particular metaphor has for that person by learning how to use five types of questions. This new way of listening will enhance your skills when others describe both their internal and external conflicts and their “stuck” places. These skills will also reduce your sense of having “difficult” people to help.

Date(s): October 5, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Elaine Stoll



## Understanding Pharmacology from a Counsellor's Perspective (#EP308)

For a course description, please see page 33.

Date(s): October 12-13, 2007 – NWC  
February 15-16, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Munir Velji, Yvonne Savard

## Creating Healthy Communities (#COUNS145) NEW

This course will provide you with an overview of the field of prevention and health promotion. It examines several theories that will assist in the design and evaluation of a prevention plan. Topics include: choosing target populations, evaluating readiness for change, defining a concept of prevention, strategies for prevention and health promotion, and evaluation. Prevention is often not given the emphasis it deserves. Learn why "an ounce of prevention" really is worth "a pound of cure."

Date(s): October 15-16, 2007 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Rosemary Nygard

## Fostering and Encouraging Client Responsibility (#EP524)

In this course, you will learn how to effectively encourage clients to develop more self-reliance and identify more effective ways to think about their problems, solutions to their problems, and the consequences of their choices. As workers, we can unintentionally and indirectly collude with individuals to remain "stuck," become dependent on others to solve their problems, and focus on the evaluation of others, such as teachers, counsellors, peers, and so on. This course is practical and skill-based.

Date(s): October 16-17, 2007 – NWC  
Fee: \$245; group rate, \$225  
Instructor(s): Elaine Stoll

## Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour (#SPE146) NEW

For a course description, please see page 16.

Date(s): October 17, 2007 – NWC  
October 18, 2007 – NWC  
Fee: \$175; group rate, \$165  
Instructor(s): Silvana Bazet, Farzana Doctor

## Gut A/symmetries: Working with Marginalized Clients (#SPE147) NEW

For a course description, please see page 16.

Date(s): October 19, 2007 – NWC  
Fee: \$175; group rate, \$165  
Instructor(s): Silvana Bazet, Farzana Doctor

## Mask and Mirror: The Many Faces of Shame (#EP214)

Shame is a primal human response to a loss of mutuality or of power within a relationship. Changing power dynamics within family, groups, or community are possible without a loss of dignity or individual integrity. You will examine the central role of shame in the dynamics of trauma, abuse, addictions, attachment, eating disorders, and dissociative states of consciousness. You will gain knowledge and skills for addressing clients' experiences of shame through lecture, discussion, case presentations, and experiential learning.

Date(s): November 1-2, 2007 – NWC  
Fee: \$245; group rate, \$225  
Instructor(s): Margaret Jones-Callahan

## Motivational Interviewing in Practice – Level 1 (#AD204)

For a course description, please see page 34.

Date(s): November 2-3, 2007 – NWC  
March 14-15, 2008 – NWC  
May 22-23, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Rob Axsen

## The Art of Private Practice (#COUNS141) NEW

This one day course is designed for therapists, counsellors, and other mental health practitioners who are considering opening a private practice or who wish to enhance the quality of their current practice. We will review the main elements of a practice in order for you to identify what is needed to grow a thriving practice: private practice/self-employment/self assessment; business skills assessment; legal structure; writing a business plan to ensure that you have the resources to develop your practice; writing a marketing plan to identify a marketing strategy that best reflects your skill, personal style, and financial resources; fees, including fee schedules, policies, and management; financial management; financing the start-up and maintenance of a private practice; and business ethics and professional practice.

Date(s): November 5, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Monica Franz

## Psychotherapy from the Inside Out: The Brain of the Mindful Therapist (#SPE225) NEW

For a course description, please see page 16.

Date(s): November 8-9, 2007  
Fee: \$325  
Early Bird Rate: \$310 before September 20, 2007  
Group Rate: \$315 – 3 or more registrants  
\$305 – 10 or more registrants  
Time: 8:30 a.m. to 4:00 p.m. (registration begins at 7:30 a.m.)  
Instructor(s): Daniel Siegel

### See Jane Fly: A Passion, Potential, and "POWER-UP" Course for Women (#COUNS119)

This is a "POWER-UP" course for women who work and live in the giving mode: therapists, teachers, social workers, health professionals, and women who are taking care of loved ones. This two day experiential training will give you tools to pass on to the people you work with and care for while learning how to "POWER-UP" and redirect some of that giving energy to yourself. Issues explored include emotions and the body: anger, shame, fear, grief, addictive behaviours. With gentleness, passion, and a playful spirit, you will be invited to release your truth and unearth your full potential. Through writing, Mandela drawing, meditation, voice work, movement, and truth telling, we will practice and experience, the power of truth: in learning to speak our truth, we are making a profound transformation of self. When we speak the truth about our lives, we can begin to feel our passion, release our creativity, and manifest our potential. We can honour the past for what it has taught us and we can be in the present with a softer heart. We can feel the wind in our hair, put a smile on our face, open our arms to the future, and fly. All women 18 and up who wish to fly are welcome. A SafeTeen certificate will be awarded upon completion.

Date(s): November 16-17, 2007 – NWC  
 Fee: \$275; group rate, \$255  
 Instructor(s): Anita Roberts

### Spirituality in Therapeutic Practice: The Journey Within (#COUNS142) NEW

This course will provide you with the opportunity to explore and identify your own spiritual self while understanding the use of spiritual principles in your work. Specific examples will be used to demonstrate how spiritual principles (such as compassion) can be used to understand your relationship to your work. You will have an opportunity to learn and explore various spiritual practices.

Date(s): November 19-20, 2007 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Ninu Kang, Harry Stefanakis

### Concurrent Disorders Planning – Level 1 (#AD410)

For a course description, please see page 34.

Date(s): November 23-24, 2007 – NWC  
 April 11-12, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Debbie Suian

### Providing Support to Individual and/or Family Bereaved by Suicide (#COUNS122)

This one day interactive course is for social workers, teachers, funeral home employees, school counsellors, crisis workers, therapists, palliative care nurses, or any individual who wants to explore suicide bereavement issues. Content will include: self-preparation/self-care; understanding the complexity of suicidal behaviour and its impact on family; theoretical bereavement frameworks; exploring the multi-layered and unique grief response of family members; assessment and practical strategies in providing support; and intervention issues, cultural, religious, and socio-environmental factors, and long-term impact of a suicide in a family environment.

Date(s): November 26, 2007 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): John Dubé

### Facilitating Psycho-educational Groups (#COUNS110)

The success of psycho-educational programs and therapy groups depends on the facilitation skills of those leading the process. Effective facilitators have skills of engagement that can both keep participants in the room and engage them in a process of learning and change. A group setting can challenge even the most skilled professionals. This two day course will focus on developing skills to facilitate group process. Topics include: building a therapeutic alliance; creating an effective learning environment; understanding group development; facilitating group process; working with mandated and reluctant participants; managing difficult challenges; and working with a co-facilitator.

Date(s): November 27-28, 2007 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Jane Katz

### Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder (#AD409)

For a course description, please see page 34.

Date(s): December 6, 2007 – NWC  
 April 24, 2008 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Nancy Poole

### Parenting Wisely Facilitation Training (#CY263)

This course is for practitioners who work with a broad range of high-risk youth and their families. *Parenting Wisely* is designated as an evidence-based model program by the US Substance Abuse Mental Health Administration. This CD-ROM parent-training program has been shown to decrease youth behaviour problems, enhance parent/child relationships, improve parent management skills, decrease conflict, and improve family communication. The program covers single-parent issues, stepfamily problems, negative peer influences, homework compliance, and problems that arise at school. Strategies for engaging parents in individual and group use of the program will be covered. Use of the teen and young child versions of the *Parenting Wisely* program will be demonstrated. Mediators of effective outcomes and therapist factors related to significant change will be covered. You will have an opportunity to co-facilitate a group session and receive feedback. *Parenting Wisely* is perhaps the only evidence-based program that provides a guarantee to achieve effective outcomes.

More information on *Parenting Wisely* can be found at [www.parentingwisely.com](http://www.parentingwisely.com) and [www.modelprograms.samhsa.gov](http://www.modelprograms.samhsa.gov).

Date(s): January 28-29, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Bob Pushak



*"Excellent instructor!  
 Easy to listen to, good  
 use of humor, animated,  
 dynamic, knowledgeable  
 and well organized."*

*Lori Sangha, Using the DSM-IV-TR  
 with Children and Youth –  
 Introductory Level (#MH008)*

### **Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120) NEW**

For a course description, please see page 25.

Date(s): February 7-8, 2008 – VIC  
Fee: \$312; group rate, \$292  
Instructor(s): Yvonne Haist, Lisa Mortimore

### **Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122) NEW [ADVANCED]**

For a course description, please see page 25.

Date(s): February 11, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Vikki Reynolds

### **Working More Effectively with Parents and Other Caregivers (#CY267) NEW**

For a course description, please see page 30.

Date(s): February 12, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Elaine Stoll

### **Clinical Supervision: Innovative Practices (#EP278)**

The course is for a wide range of mental health care and social service practitioners. It focuses on how clinical supervision is conceptualized from a theoretical point of view, delivered as a practical service, evaluated for effectiveness, and developed as a professional praxis. Current research informs the theoretical component of the course, and you will have ample opportunity for discussion, self-evaluation, and group exercises. An extensive bibliography is included in the handouts for further research.

Date(s): February 14-15, 2008 – NWC  
Fee: \$245; group rate, \$225  
Instructor(s): Monica Franz

### **Reaching the Heart of Violence: Compassionate Approaches to Ending the Use of Violence (#COUNS124)**

The history of helping those who perpetrate violence has often seen confusion between therapy and punishment. In this educational and experiential course for social workers, alcohol and drug counsellors, psychologists, therapists, probation officers, group therapists, and pastoral counsellors, we will explore a compassionate model of engagement and change that is supported by theory and research. You can expect to learn: skillful questions that both confront and invite responsibility and compassion; ways to manage and understand your experience of anger, frustration, and powerlessness as a helper; how to evaluate your progress with a client and know where to go next; and methods for managing relapse that can enhance learning and change rather than shame, blame, and defeat.

Date(s): February 21-22, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Harry Stefanakis, Dale Trimble

### **Improving Addictions Treatment by Addressing Tobacco (#AD123)**

An estimated 70-90% of people entering residential treatment for alcohol and other drug problems are smokers, and statistics show that they are more likely to die prematurely from smoking-caused illnesses than from the other substances for which they received treatment. There is also a growing body of evidence to show that long-term recovery from other substances is improved when tobacco use is addressed at the same time. This course will cover the success of integrated treatment programming in the US and the preliminary work of Canadian addictions treatment programs working on tobacco integration. You will have ample opportunity to discuss the importance of addressing tobacco addiction in the context of treatment for other addictions.

Date(s): February 22, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Barbara Plumstead

### **Creativity as a Transformative Tool (#COUNS143) NEW**

This one day course will provide you with an experiential learning opportunity to integrate some of the physical materials of everyday life into the therapeutic process. This practice is predicated on the concept of psychosynthesis, which can be an invaluable catalyst for transformative growth in the therapeutic context. It is intended to develop ways of working that complement the conversational dimension of therapy in a way that can contribute to the client's experiencing enhanced personal resourcing. You will be guided through some of the foundational theories supporting the skilled design of therapeutic interventions using materials such as altered books and photographs, CD cases, matchboxes, found objects, photocopies, and other ephemera of everyday living. You will be encouraged to explore your potential applications specific to your client populations. No art-making experience is required. You will receive a resource book for future reference.

Date(s): March 7, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Monica Franz

### **Strengthening Attachment (#COUNS125)**

Attachment forms the basis for emotional and physical health, stress coping, learning, and the capacity to develop healthy relationships. This course will delineate the attachment process prenatally, during infancy, and during the preschool years, and outline the neurobiology of attachment and the effects on the developing brain and nervous system. We will discuss practical ways – applicable to a variety of settings – to support secure attachment development in the families you work with. The focus will be on families with young children, but the principles discussed are applicable to older children/youth. Myrna will illustrate the principles through video clips of her work with families. This course is suitable for all professionals who work with infants/ children/youth and with families, including social workers, nurses, psychologists, infant development specialists, mental health workers, child care workers, and other community support workers.

Date(s): March 10-11, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Myrna Martin



### Working with Complicated Grief (#COUNS102)

This one day course explores challenging clinical situations in which the “normal” process of grief does not seem to apply, such as violent crime and symbolic loss. It describes factors that complicate grief, and presents a model for evaluating when a client’s process ought to be cause for alarm, as opposed to being a normal process. The course also examines the relationship between post-traumatic stress disorder (PTSD) and grief, and offers a model for distinguishing the two.

Date(s): March 27, 2008 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Kathryn Priest-Peries

### Becoming Client-Directed Outcome-Informed in Practice (#COUNS144) NEW

Current research on counselling interventions indicates that counselling effectiveness can be significantly increased by emphasizing: the common factors involved in successful outcome, regardless of treatment models; the client’s experience of the relationship with the counsellor (fit or alliance); and the client’s experience of change (outcome or effect). This course has experiential and practice-based components, and explores how to use this client-directed outcome-informed approach to recognize and involve the client as the true agent of change.

Date(s): April 1, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Rob Aksen

#### GROUP RATE

A group rate is available for Counselling and Capacity Building courses. This rate applies where three or more persons from the same organization register at the same time.

### The Discovery of Spirit in Recovery (#AD125)

Central to healing from addiction is the rediscovery of parts of the self. This course focuses on the path of spirit in this journey of recovery/discovery, and how practitioners can integrate spirituality into their work with clients. It is rooted in a broad definition of spirituality as an inherent part of the self that seeks to know one’s essence, purpose, and meaning, and to connect with self, others, and a greater whole that is often considered Mysterious or not fully known but that evokes faith. You will explore your own beliefs and biases related to spirituality, and how these impact your work. You will also examine and explore the intersection of addiction and spirituality, spiritual assessment, and spiritual resources and interventions, through both experiential learning and provision of tools for clinical practice. Finally, you will have an opportunity to renew and restore your own sense of spirit. Please bring something that symbolizes your understanding of spirituality, to be used during the day.

Date(s): April 10, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Bridgid McGowan

### Teaching Problem-Solving Skills to Clients (#EP286)

More effective problem-solving skills can be learned and taught. Spending time with clients teaching them useful problem-solving skills is something tangible you can offer. Learn more about the role that 10 decision-making styles play in how people approach problem solving. Identify key questions to explore, and learn more about what to listen for when people describe their problems. Strengthen the specific skills that help foster in people the desire to more constructively solve their problems. Explore the things that problem-solving strategies share, and add one key question that is missing from many models.

Date(s): April 22, 2008 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Elaine Stoll

### Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies (#SPE148) NEW

For a course description, please see page 17.

Date(s): April 24-25, 2008 – NWC  
 Fee: \$295; group rate, \$275  
 Instructor(s): Lori Haskell

### An Introduction to Problem Gambling (#COUNS146) NEW

This course is for those working in the helping professions who have an interest in learning more about responsible and problem gambling in BC. It is intended to give professionals the tools and background needed to accurately screen and refer clients who may have a problem with gambling. You will have an opportunity to clarify your own attitudes and beliefs about gambling, and learn how to accurately assess, screen, and refer clients to appropriate services. As more attention is focused on gambling in our society, it is important to have the necessary information and tools to deal with situations that may arise in the course of your work.

Date(s): May 2, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Rosemary Nygard

### Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems (#AD128) NEW

People affected by Fetal Alcohol Spectrum Disorder are at increased risk of developing substance use and mental health problems, due to the nature of the disabilities and the systemic failure to provide tailored support. This course will provide you with the opportunity to examine principles and strategies for working with young men and women affected by FASD and to learn how to apply these principles in the context of addiction treatment, as well as in prevention and harm reduction contexts.

**Prerequisite(s):** Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder (#AD409)

Date(s): May 15, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Nancy Poole

### All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129) NEW

This course will provide you with a basic understanding of issues that arise when working with Aboriginal clients in a treatment and counselling setting.

Topics include: the impact of colonization, including the effects of residential schools; the change in family systems; substance-related birth defects; and the effects of trauma and high rates of suicide within the communities. **Prerequisite(s):** Understanding Substance Use (#AD400), or equivalent experience.

Date(s): May 17, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Bill Waboose

### On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)

This course is for community-based helpers who spend much of their time working with trauma survivors. It is an overview of the western theory about vicarious trauma, compassion fatigue, and counter-transference. It is also an overview of Aboriginal experience, where many helpers are trauma survivors themselves. The program aims to translate the academic research into real-life examples. The course also aims to provide you with information, skills, and tools that you can use not just when the overwhelm happens but also in developing strategies for prevention. Topics will include boundaries, physiological impacts, spirituality, supervision models, and treatments experienced in a variety of cultures. This course will be a combination of lecture and experiential learning.

Date(s): May 23, 2008 – NWC  
Fee: \$130; group rate, \$120  
Instructor(s): Carrie Reid, Carol White

### Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130) NEW

This course explores approaches to recovery and healing when working with Aboriginal people in a treatment and counselling setting. Together, we will explore cultural approaches to healing, from the Medicine Wheel to the Sweat Lodge. You will discuss how cultural reclamation and expression provide a foundation for healing and recovery for Native people. **Prerequisite(s):** Understanding Substance Use (#AD400) or equivalent experience, and All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129).

Date(s): May 24, 2008 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Bill Waboose

### Concurrent Disorders Planning – Level 2 (#COUNS211) [ADVANCED]

This course covers key issues in concurrent disorder treatment. Topics include: maintaining a recovery-oriented focus, selection and use of specific therapeutic techniques, managing counter-transference, ongoing evaluation of treatment, and self-care. The course focuses on experiential learning, with an emphasis on the impact of the therapeutic relationship on treatment process and outcome. **Prerequisite(s):** Concurrent Disorders Planning – Level 1 (#AD410) or equivalent previous training.

Date(s): June 2-3, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Debbie Suian

### Counselling Skills: The Art of Asking Effective Questions (#EP587)

Counsellors and others in the helping role often ask themselves how they can use their limited time more wisely. Skillfully asking questions is not only an art but also an important aspect of their role. In this course, you will explore the six essentials of asking good questions: how to ask well-timed questions, themes related to asking questions, discovering what your questioning style is and how to broaden it, making better use of time spent in the role of counsellor/helper, and why having good listening skills is not enough.

Date(s): June 5-6, 2008 – NWC  
Fee: \$245; group rate, \$225  
Instructor(s): Elaine Stoll

### Motivational Interviewing in Practice – Level 2 (#COUNS205) [ADVANCED]

This course will provide you with a deeper level of understanding of the spirit and techniques of motivational interviewing practices, and their relation to other change models. The course is for experienced practitioners who expect to regularly participate in sessions with clients ranging from 30 to 60 minutes. You will review key concept areas from Level 1, and then explore each one at a deeper level to assist in developing more comprehensive practice guidelines. **Prerequisite(s):** Motivational Interviewing in Practice – Level 1 (#AD204) or equivalent previous training. You need to have completed at least a basic level of counselling training.

Date(s): June 19-20, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Rob Axsen

#### CAMPUS LOCATIONS AND COURSE TIMES

NWC New Westminster Campus,  
715 McBride Boulevard

VIC Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to  
4:30 p.m. unless otherwise noted.

*"Very skilled and experienced instructor. Gentle approach – she instructs in a way that you keep processing the information after you leave and continue to question your practice. I learned a lot."*

*Helen Ritchie, Expressive Play Therapy Methods – Level 2 (#CY104A)*

## MENTAL HEALTH AND TRAUMA

*These courses provide mental health practitioners and counsellors with the opportunity to analyze and synthesize current issues and practices in the field of mental health and trauma counselling, including intervention skills, differential diagnosis, and treatment planning.*

### CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to  
4:30 p.m. unless otherwise noted.

### Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121) [formerly #COUNS121]

For a course description, please see page 18.

Date(s): October 1, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Vikki Reynolds

### Responding to Trauma and Post- Traumatic Stress Reactions (#EP251)

This course brings together a broad range of trauma responders, including counsellors, therapists, frontline workers, personnel from emergency service professions, and other service providers working with trauma survivors in a variety of contexts. You will review the range of individual differences in response to traumatic experiences, and will consider the implications for early interventions by community responders.

Date(s): October 29-30, 2007 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Joe Solanto

### Everything You Ever Wanted to Know About the DSM-IV-TR – Level 1 (#TS123) [formerly #EP204]

This introductory course is for professionals interested in increasing their understanding of psychiatric concepts and processes in order to better serve their clients who are receiving medical/clinical services within the mental health system. You will examine the Diagnostic and Statistical Manual of Mental Disorders: DSM-IV-TR (4th edition), review basic psychiatric diagnostic terminology, and explore the Multi-Axial Evaluation according to DSM-IV-TR criteria. Common diagnostic categories such as mood disorders, anxiety disorders, and personality disorders will be discussed, highlighting the role of non-medical mental health professionals in the diagnostic process.

Date(s): November 13-14, 2007 – NWC  
April 17-18, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Joe Solanto

### Using the DSM-IV-TR with Children and Youth – Introductory Level (#MH008)

This introductory course is for any professional working in a mental health or school setting who wants to develop a basic understanding of and facility with mental health diagnoses for children and youth. It provides an introduction to the organization and content of the DSM-IV-TR and to the relevant diagnostic theories and applications in mental health practice with children and youth. It provides a balanced presentation of the benefits and pitfalls of mental health diagnoses for children and youth, as well as the ways in which the Diagnostic and Statistical Manual of Mental Disorders can be used responsibly with this population.

Date(s): February 4-5, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Joe Solanto



### Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120) **NEW**

When bodies speak through symptoms they are often telling the story or stories of trauma and accumulated stress patterns of life. Addressing autonomic nervous system (ANS) dysregulation from a somatic perspective is key to resolving trauma, post-traumatic stress disorder (PTSD), and developmental trauma on a physiological level. This workshop will conceptually link together the body, the brain, and the ANS and how it intersects with trauma. It will offer somatic interventions for working with ANS resolution and regulation in therapeutic and frontline work.

Date(s): February 7-8, 2008 – VIC  
 Fee: \$312; group rate, \$292  
 Instructor(s): Yvonne Haist, Lisa Mortimore

### Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122) **NEW [ADVANCED]**

This experiential course will expand the conversations and sustainability practices outlined in Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1. Throughout the course, you will be invited to map your relationship to ethics, accountability, and sites of resistance. The course demonstrates how doing justice is possible through acts of solidarity and holding ourselves collectively accountable. You will reflect on the ways you may replicate dominance and sites of oppression in the therapy and community work you do – despite your best efforts and your commitment to social justice. You will participate in therapeutic supervision witnessing practices centred on sustainability, and formulate personal and collective plans for sustainability in your work. **Prerequisite(s):** Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121), or equivalent experience.

Date(s): February 11, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Vikki Reynolds

### Trauma and Addictions: Assessment and Treatment Issues (#TS225)

In this course, you will examine current theoretical understandings regarding the impact of human responses to traumatic experiences, with particular emphasis on the consequent development of substance use and addictions in some individuals. You will review the psychobiological and psychosocial processes of both trauma and addictions, and consider the complications for assessment and treatment of the concurrent disorders (PTSD-SUD). You will also review gender-specific differences as well as multigenerational issues as they impact patterns of trauma exposure, trauma responses, and substance use. Available guidelines for best practice approaches in integrative treatment models will be discussed. **Prerequisite(s):** Responding to Trauma and Post-Traumatic Stress Reactions (#EP251), or equivalent experience.

Date(s): February 25-26, 2008 – VIC  
 April 7-8, 2008 – NWC  
 Fee: \$312 – VIC; group rate, \$292  
 \$255 – NWC; group rate, \$235  
 Instructor(s): Joe Solanto

### On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)

For a course description, please see page 23.

Date(s): May 23, 2008 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Carrie Reid, Carol White

### Understanding Children and Youth Who Have Experienced Trauma (#CY240)

This course provides an understanding of the impact of trauma across the developmental lifespan of children and adolescents, and examines the resulting coping mechanisms. You will explore the support needs of children and adolescents who have experienced trauma, and examine specific skills for meeting these needs.

Date(s): May 26-27, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Natalie Clark, Cheryl Bell-Gadsby

### Integrating Treatment for Substance Use, Mental Health Problems, and Trauma in Women (#AD216)

This course provides an overview of current knowledge about the links between the experience of violence and trauma, mental health problems, and substance use problems in women. It offers principles and promising practices arising from programming designed for women facing these connected concerns. The course introduces a range of research and program evaluation findings and program resources that will support further study and application of relevant strategies, and link efforts to make services “trauma-informed” to key treatment approaches and concepts raised in other courses.

Date(s): May 29, 2008 – NWC  
 Fee: \$146; group rate, \$136  
 Instructor(s): Nancy Poole

### Everything You Ever Wanted to Know About the DSM-IV-TR – Level 2 (#TS124) [formerly #EP204A] **NEW [ADVANCED]**

This course is a presentation of psychopathology from a therapeutic and applied model perspective based upon observable patterns of behaviour. You will develop skills in understanding the diagnostics and how different cases present themselves. The course also discusses the treatment and prognosis when applicable. Each disorder is discussed from a case scenario and clinical/experiential perspective. Group discussion and participation are encouraged as an integral part. **Prerequisite(s):** Everything You Ever Wanted to Know About the DSM-IV-TR – Level 1 (#TS123 [formerly #EP204]).

Date(s): May 29-30, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Evan Lopes

## CREATIVE AND EXPRESSIVE THERAPIES

*Complementary healing practices and art and play therapy can provide valuable tools for addressing client needs. The following courses were designed to provide counsellors with a basic understanding of art therapy, play therapy, and other expressive therapies.*

*For courses taught by Marie-José Dhaese, students with a master's degree in a related field may apply for Continuing Education Units (provider #95-010) towards registration with the Association for Play Therapy International.*

*Please contact the Centre for Expressive Therapy at 250.335.1829 or visit [www.centreforexpressivetherapy.com](http://www.centreforexpressivetherapy.com) for more details.*

### Expressive Play Therapy Methods – Level 1 (#CY104)

This introductory course is for counsellors, social workers, child care workers, and mental health professionals working with children 3-12 years old. The course focuses on expressive play therapy methods and examines the function of art and play through the developmental stages. You will have the opportunity to become familiar with the toys and art therapy exercises used in working with children in this age group. Levels 1 and 2 are designed to be taken together. Combined, they provide an introduction to the why and how of play therapy – more specifically, expressive play therapy as a holistic and integrative practice that addresses in concrete terms the physical, emotional, cognitive, and spiritual needs of children in therapy. This course also incorporates the relationship, the milieu, a wide variety of expressive therapies, and, whenever possible, family therapy.

Date(s): October 23-24, 2007 – NWC  
July 8-9, 2008 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-José Dhaese

### Expressive Play Therapy Methods – Level 2 (#CY104A)

This course is for practitioners who use play and various expressive therapies in their work with children. The course includes guiding principles of child-centred play therapy, the intake process, setting up a playroom, how to structure the session, when to lead and when to follow, permissiveness, and limits. You will have the opportunity to view and discuss video excerpts of sessions illustrating the lecture material. The afternoons will be spent practising the material learned in the morning through role-plays.

**Prerequisite(s):** Expressive Play Therapy Methods Level 1 (#CY104) one year of experience in play therapy at work or school.

Date(s): October 25-26, 2007 – NWC  
July 10-11, 2008 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-José Dhaese

## Introduction to Art Therapy for Counsellors and Therapists (#CY250)

This course is for therapists, counsellors, and other mental health professionals who integrate some form of art making into their clinical work but who are not formally trained art therapists. The course will provide introductory information on the theory and practice of art therapy, enabling you to use this powerful therapeutic medium with effectiveness, skill, and ethical integrity. Areas covered include the therapeutic benefits and contraindications of art therapy, ethical and liability issues, creating and maintaining an art therapeutic environment, vicarious traumatization, and boundary management. You will have opportunities for experiential practice and discussions.

Date(s): October 25-26, 2007 – VIC  
February 28-29, 2008 – NWC  
Fee: \$317 – VIC; group rate, \$297  
\$260 – NWC; group rate, \$240  
Instructor(s): Monica Franz

## Expressive Play Therapy Methods to Help the Abused and Neglected Child (#CY104B)

This course is for practitioners who use play therapy in their work with children who have experienced and disclosed abuse and neglect. Course content reviews theoretical principles underlying the use of expressive play therapy methods with severely traumatized, abused, and neglected children and illustrates ways of addressing their main clinical issues.

This two day course will explore the many ways of helping such children strengthen themselves and, time permitting, begin to heal their wounds and live more healthily in a reality that often cannot be changed.

**Prerequisite(s):** Expressive Play Therapy Methods Level 1 (#CY104).

Date(s): November 15-16, 2007 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-José Dhaese



## Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 1 (#CY265) [formerly #COUNS128]

Based on a holistic approach to the self-healing process (Holistic Expressive Therapy), this two day course will focus on using the healing power of imagery through the medium of Sand Play Therapy to safely facilitate symbolic expression and transformation of painful experiences, and also provide ways of creating healing images in order to help children, youth, and adults face the challenges of their daily lives. Topics of discussion will include the therapeutic properties unique to Sand Play Therapy, setting up a Sand Play area, and the many ways Sand Play Therapy (dry sand, wet sand, and water play) can be used to help children, youth, and adults heal themselves (illustrated by slides). Each afternoon, you will have an opportunity to make and witness sand play images related to the information discussed in the morning. For this purpose, please bring a small tray filled with sand, corn flour, or birdseed and a minimum of 15 to 20 of your favourite figurines/small objects. **Prerequisite(s):** Expressive Play Therapy Methods Level 1 (#CY104) and Level 2 (#CY104A).

Date(s): February 5-6, 2008 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-José Dhaese

## Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 2 (#CY266) NEW

Level 2 will explore further the sand play therapy process introduced in Level 1 and will go into more depth into the use of this approach to sand play with adults, children, and their families. We will discuss and explore further witnessing and facilitating the making of a spontaneous sand play image and what to take note of during this process, and consider the use of structured interventions when needed. Children's process and imagery will be addressed by viewing and discussing slides of case examples and a videotaped session; adult process and imagery will be addressed by viewing slides of case examples and exploration, and by debriefing of participants' imagery in the afternoons. There will be time for questions in order to address your individual needs. As the afternoons will be a time for making and witnessing sand play images related to the information discussed in the mornings, please bring a small tray filled with sand, corn flour, or birdseed and a minimum of 15 to 20 of your favourite figurines/small objects. **Prerequisite(s):** Sand Play Therapy: Expressive Play Therapy Methods – Level 1 (#CY265). Also strongly recommended: Expressive Play Therapy Methods Level 1 (#CY104) and Level 2 (#CY104A).

Date(s): February 7-8, 2008 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-José Dhaese

## Expressive Therapies to Help the Grieving Child (#COUNS132)

The content of this course will focus on the use of expressive therapies to help children who have suffered the loss of a primary caregiver or family member, whether a temporary loss such as separation, divorce, hospitalization, or incarceration, or a permanent loss due to death, adoption, foster care, and/or immigration. Topics will also include: the crucial role of the mother-child relationship; the effects of the loss of a primary attachment on the child's emotional well-being; the impact of unresolved grief on the child's ability to form satisfying relationships; the grieving process and its stages; the needs of grieving children at each stage of their healing process; and the use of expressive therapies to help children deal with the various stages of the grieving process. You will have the opportunity to experience the image-making process (using metaphors, visualizations, art, assemblage, sewing, and storytelling) as related to the topic of loss.


**Strongly Recommended Prerequisite(s):** Expressive Play Therapy Methods Level 1 (#CY104) and Level 2 (#CY104A).

Date(s): March 6-7, 2008 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-José Dhaese

## Creating Hope: Explorations in Art for Reflective Practice in Counselling with Children, Youth, Families, and Communities (#COUNS127)

This course will explore philosophical principles, theories, and values behind creating hope in counselling and therapy. It will include an experiential use of art in reflective practice to explore the curative factor of hope in counselling. You will have an opportunity to work alongside colleagues utilizing art materials and group wisdom to cultivate the concept of hope in counselling and treatment. Group dialogue will be generated through instruction, exercises, and image making. The intention is to work within your search for meaning when engaging in the precarious areas of child, adolescent, and adult self-harm as well as the multiple complex traumas of suicide, depression, and anxiety. We will also further identify what skills, attitudes, and knowledge we draw upon to generate hope in ourselves and the children, families, and communities with whom we work.

Date(s): April 14-15, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Peggy Clarkson



*"Excellent, gracious, and very informative. Incredibly useful and practical tools to enhance my work for my clients."*

*Alannah Atley, Advanced Approaches to Art Therapy for Counsellors and Therapists (#COUNS112)*



### Art Therapy in Early Stages of Addiction Recovery (#AD210)

Art therapy is increasingly recognized in the addictions treatment communities as a clinically valuable intervention. The art therapeutic process is generally uniquely suited to meet the therapeutic needs of the client in early recovery in terms of working in a strength-based paradigm. Topics include: art therapeutic principles of practice; issues in art therapeutic clinical dynamics and interventions in early recovery; potential benefits and contraindications of art therapy in general; and specific media and techniques, interventions, and directives. No art-making experience is required.

Date(s): May 8-9, 2008 – NWC  
 Fee: \$260; group rate, \$240  
 Instructor(s): Monica Franz

### Cellular Healing: The Neurobiology of Positive Change (#IHC004) [formerly Integrating Energetic Bodywork into the Counselling Process]

This course explores the therapeutic relationship, and therapeutic interventions from a neurobiological and energetic, solution-focused perspective. You will learn the latest information about interpersonal neurobiology and how the therapist and the client can co-facilitate therapeutic change by understanding how experience shapes the connections in the brain. This new understanding can assist therapists/counsellors to help stimulate the neuronal activation and growth necessary to achieve resilience, emotional well-being, and symptom relief. You will acquire practical clinical tools for heightening mind-body communication; refine and integrate communication skills with energetic bodywork; develop hands-on skills to shift the client's internal frame of reference to a healthier, more proactive stance; explore a framework that integrates healing touch, hypnosis, guided imagery, and legal and ethical issues related to touch therapy. These skills help practitioners and their clients replenish the mind and the body as well as manage a wide variety of symptoms, including trauma, chronic pain, anxiety, and depression.

Date(s): June 9-10, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Cheryl Bell-Gadsby



## WORKING WITH CHILDREN AND YOUTH

*These courses address the special issues related to providing innovative support and counselling to children and youth, including the impact of and relationship between gender, violence, substance misuse, and trauma on the experiences of child and adolescent development. A variety of professionals such as youth and child care workers, alcohol and drug counsellors, teachers, social workers, and other practitioners who work with children and youth in a range of community settings will benefit from these courses.*

### Promoting Resilience in Children: An Aboriginal Perspective (#CY256)

This course will provide a brief overview of how stress impacts the body, and a brief historical perspective that will assist in identifying how the history of Aboriginal people continues to affect the lives of children, families, and communities today. Topics include: what resilience is, what promotes resilience, and the many traditional and non-traditional strategies participants can use to strengthen resilience in the children they work with. Suitable for anyone working with children and youth ages 3-19.

Date(s): October 18, 2007 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Monique Gray-Smith

### POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course (#CY175)

This is a two day train-the-trainer course for youth workers, mental health professionals, law enforcement, educators, and anyone who is looking for ways to connect with the Aboriginal youth they live and/or work with. Based on the internationally acclaimed SafeTeen violence prevention program, the POWW Program demonstrates skills for youth to stand up and speak up for what they believe in, without violence. Developed by a First Nations woman, POWW incorporates First Nations culture and spiritual practice into the teachings, making it relevant specifically to First Nations youth and their communities. The focus will be on empowerment, safety, and overcoming barriers to success for First Nations youth. A SafeTeen certificate will be awarded upon completion.

Date(s): October 26-27, 2007 – NWC  
 Fee: \$275; group rate, \$255  
 Instructor(s): Sherry Simon

## Aboriginal Family and Youth Advocacy (#CY269) **NEW**

Aboriginal children are the fastest-growing population in Canada. British Columbia has the second largest Aboriginal population in Canada, of which 73% live off reserve and 48% are under the age of 25. Aboriginal people move to urban centres for many reasons, such as education, work, and so on. Aboriginal children and families are participants in public education, health care, legal system, and social assistance and post-secondary institutions, to name a few. Aboriginal youth and families experience racism and discrimination on a daily basis. This course will provide a brief overview of the various policies and barriers that Aboriginal families, particularly youth, are subjected to. We will explore issues of race, power, and privilege, and the overt and covert ways in which Aboriginal families and youth are impacted. This course is about Aboriginal family and youth advocacy and your important role in the lives of Aboriginal families and youth, especially when the structures within organizations are not helping them.

Date(s): November 5, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Chris Stewart

## See Jane Fly: A Passion, Potential, and “POWER-UP” Course for Women (#COUNS119)

For a course description, please see page 20.

Date(s): November 16-17, 2007 – NWC  
Fee: \$275; group rate, \$255  
Instructor(s): Anita Roberts

### CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to 4:30 p.m. unless otherwise noted.

## Working with South Asian Youth and Young Adults (#CY176)

This course is especially designed for therapists, counsellors, social workers, law enforcement personnel, and other helping professionals interested in expanding their competency in working with South Asian youth and young adults. You will acquire a theoretical overview of the pertinent issues experienced by this population, such as intergenerational conflict, family relations, culture clash, out-group stress, and gender differences. The course will also provide a framework for understanding these issues in the light of therapeutic counselling and community policing. Successful completion of this course will equip you with a greater awareness of South Asian cultural beliefs and values, and practical skills with regard to relationship building, assessment, goal setting, and selecting of interventions. The course format will consist of lecture, discussion, demonstration, and applied activities.

Date(s): November 19, 2007 – NWC  
Fee: \$148; group rate, \$138  
Instructor(s): Jaswinder S. Sandhu

## Tools for Success: Enhancing the Emotional Intelligence of Youth (#CY264) **NEW**

This course provides practising professionals with new and innovative ways to support youth in developing their emotional capacity and resiliency (intelligence), thereby enabling youth to feel more confident, valued, and purposeful in life. Topics include: recognizing core strengths and using these as a catalyst for change; identifying core beliefs that are self-limiting and/or violence-based; reframing cognitions into an emotionally healthy framework; and learning how to support youth in practising effective emotions management in daily life. This course will focus on skills required to support youth in redefining their power and their connection to others, and in building motivation for change. Course content is applicable across multiple settings (counselling, social work, education, corrections).

Date(s): November 23-24, 2007 – VIC  
Fee: \$312; group rate, \$292  
Instructor(s): Maggie Reidy, Stephanie Rabbers

## Parenting Wisely Facilitation Training (#CY263)

For a course description, please see page 20.

Date(s): January 28-29, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Bob Pushak

## My Body Is Not Your Playground: Sexual Boundaries Course (#CY270) [formerly #CY177 and #CY178]

This two day training for mental health professionals, youth and family workers, law enforcement, and educators has been developed in response to the escalation of casual sex among teens. Schools all over North America are requesting help with this disturbing trend. An increasing number of teens are participating in a casual, non-emotional approach to sexual activity.

This course will provide an arena for looking unflinchingly at the issue of youth and sex. It will offer skills for helping female and male youth to establish boundaries. We will work with the hows and whys of girls giving up their power and how they can find their power relative to sexual consent. You will participate in an exploration of the male code of conduct – where and how it is learned and how it operates to control the choices young men make. The influences of media, magazines, Internet harassment, and Internet porn will be examined. The focus will be on strategies for teaching girls and boys to identify, nurture, and protect core-self strength. You will work in both gender-separate and co-ed format. Everyone is welcome. A SafeTeen certificate will be awarded upon completion.

Date(s): February 1-2, 2008 – NWC  
Fee: \$275; group rate, \$255  
Instructor(s): Anita Roberts, Bill Pozzobon

## Using the DSM-IV-TR with Children and Youth – Introductory Level (#MH008)

For a course description, please see page 24.

Date(s): February 4-5, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Joe Solanto

## Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 1 (#CY265) [formerly #COUNS128]

For a course description, please see page 27.

Date(s): February 5-6, 2008 – NWC  
Fee: \$260; group rate, \$240  
Instructor(s): Marie-Josée Dhaese

### **Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 2 (#CY266) NEW**

For a course description, please see page 27.

Date(s): February 7-8, 2008 – NWC  
 Fee: \$260; group rate, \$240  
 Instructor(s): Marie-José Dhaese

### **Working More Effectively with Parents and Other Caregivers (#CY267) NEW**

One might think it is easy to work with parents of children and youth, but it isn't. There are multiple agendas, points of view, and serious problems that need to be addressed. This workshop will provide you with information about what to avoid doing and what to ensure you include. This information is applicable whether you see parents in their homes, in your office, in groups, or on a one-to-one basis. You will learn to use your time effectively and build your skills for working within the intense dynamic of parents and their children.

Date(s): February 12, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Elaine Stoll

### **Understanding Youth with Concurrent Disorders: Strategies for Intervention and Integrating Care Planning (#CY199)**

This course is for those who work with, or are interested in working with, concurrent-disordered youth. The high incidence of substance use and mental health disorders among youth creates challenges, opportunities, and implications for service providers and clients. Through discussion and case scenarios, you will identify when a youth's behaviour is being influenced by adolescence, substance use, mental health, or the interaction between them. Various approaches and strategies for effectively responding to and working with concurrent disordered youth will be covered. You will gain an understanding of the unique issues facing this target population and the importance of an integrated treatment approach that considers the type and severity of the mental health problem and addiction.

Date(s): March 3, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Marilyn Benning

### **Expressive Therapies to Help the Grieving Child (#COUNS132)**

For a course description, please see page 27.

Date(s): March 6-7, 2008 – NWC  
 Fee: \$260; group rate, \$240  
 Instructor(s): Marie-José Dhaese

### **Strengthening Attachment (#COUNS125)**

For a course description, please see page 21.

Date(s): March 10-11, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Myrna Martin

### **Human Eyes: Seeing Privilege and Oppression and Creating Unity within Diversity (#CY268) NEW**

This training is for mental health professionals, youth and family workers, law enforcement personnel, and educators who work with youth. It has been developed to create a greater understanding among our diverse cultures on how we can come together despite differences. Discrimination takes place in our schools, workplaces, and communities, and takes on many forms (for example, racism, homophobia, sexism). In this course, we will offer concrete tools for raising awareness and tackling these issues. As members of Peer Perspectives, Rupinder Sidhu and Sara Kendall have received an award of excellence for best practices in anti-racism from the Canadian Race Relations Foundation. A SafeTeen certificate will be awarded upon completion.

Date(s): March 28-29, 2008 – NWC  
 Fee: \$275; group rate, \$255  
 Instructor(s): Sara Kendall, Rupinder Sidhu

### **Putting a Youth Twist into Substance Use Information and Youth Services (#AD207)**

This course is for those who work with, or are interested in working with, substance-misusing youth. Basic substance use information will be reviewed, with an emphasis on the unique needs of youth and how they differ from those of adults. You will review models of substance use, harm reduction, stages of use, and the model of change through a "youth lens"; learn how to implement tools that will help youths assess their own substance use; and learn how to create effective youth services.

Date(s): May 5-6, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Kathy Snowden, Mary Anne Crabtree

### **Youth Culture: Not a Stone Left Unturned (#CY179)**

This is a valuable two day train-the-trainer course for mental health professionals, law enforcement, youth workers, and educators. In this powerful new training, women and men will explore youth culture from both a female and male perspective. Women will learn to navigate the language and rituals of teenage boys and men will explore the complexities of the teen girl world. With not a stone left unturned, this training will address unflinchingly the raw world of today's youth. You will tackle issues such as gender and violence, racism and homophobia, media and music, hip hop and spoken word, pornography and sexuality, impact of the Internet, fashion choices, disordered eating, and other self-harming practices. The dynamics of anger and fear and how we can teach our youth to manage these powerful emotions will be demonstrated. Co-facilitated by female and male trainers, the two days will alternate between a gender-separate and co-ed format. All persons are welcome. A SafeTeen certificate will be awarded upon completion.

Date(s): May 9-10, 2008 – NWC  
 Fee: \$275; group rate, \$255  
 Instructor(s): Anita Roberts, Bill Pozzobon

### **Grief, Loss, and Attachment Issues in Working with Children (#CY261)**

This one day course will present a model of grief that provides both a guideline for assessment and a map for treatment. You will look at a framework for examining cognitive and emotional development of children, and explore how grief and loss impact on developmental processes and vice versa. You will also learn a series of options for effective intervention when working with children 3-12 years of age who have experienced loss or attachment disruption.

Date(s): May 12, 2008 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Kathryn Priest-Peries

### **Understanding Children and Youth Who Have Experienced Trauma (#CY240)**

For a course description, please see page 25.

Date(s): May 26-27, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Natalie Clark, Cheryl Bell-Gadsby





## Online Courses

### Fetal Alcohol Spectrum Disorder (#AD120)

This online course is for frontline workers, program managers, and others working with high-risk women and/or children, youth, and adults living with Fetal Alcohol Spectrum Disorder (FASD), along with their families and support networks. The course is 21 hours long, to be completed part-time over six weeks. The disabilities related to FASD are often not well understood by those working in health, educational, social service, and justice settings. As a result, the response to children, youth, and adults with FASD may not take into account their disabilities related to communication, memory, and reasoning. Also, opportunities are missed for preventing FASD by effectively intervening with women in their childbearing years who use alcohol. This course will provide an overview of FASD and its prevention. You will discuss how a diagnosis is made and how to work effectively with clients affected by FASD.

By the end of the course, you will:

- Understand terms associated with the effects of alcohol and drug use during pregnancy (FASD, pFAS, ARND, ARBD and NAS)
- Explain how persons affected by FASD may present in various settings
- Describe key individual and contextual factors that contribute to alcohol use by women during pregnancy
- Describe key principles and values to promote best practices in work with women to prevent FASD and with individuals affected by FASD
- Describe the criteria for a diagnosis and the components of an assessment for FASD
- Know where and how to make referrals for assessment, support, and/or treatment for women with substance use problems
- Identify specific strategies that individual communities are employing to address FASD-related issues
- Be familiar with community, provincial, and national resources concerning FASD

To receive a certificate, you must complete all the course readings, regularly post your comments, and submit a final assignment. You will receive a certificate of completion upon successful completion of the training. This course will count towards the elective requirements of the Substance Use Certificate (see page 32).

*For more information, please contact Caroline White, Program Coordinator at 604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca).*

Date(s): October 15 - December 7, 2007

Fees: \$360

Facilitators: Nancy Poole, Jan Lutke

### Understanding Substance Use (#AD400)

### A Continuum of Care: Prevention to Harm Reduction (#AD401)

Understanding Substance Use (#AD400) and A Continuum of Care: Prevention to Harm Reduction (#AD401) will also be offered online in 2007/2008. For more information contact Caroline White, Program Coordinator at 604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca).



## Certificate Programs

### CHILD SEXUAL ABUSE INTERVENTION CERTIFICATE FOR PRACTITIONERS

### TRAUMA COUNSELLING AND CLINICAL INTERVENTION CERTIFICATE

*As part of our commitment to quality programming, we are revising and updating the Child Sexual Abuse Intervention Certificate for Practitioners as well as the Trauma Counselling and Clinical Intervention Certificate. The new certificates will be launched in 2007/2008. For more information, contact the Program Coordinator at 604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca).*

### SUBSTANCE USE CERTIFICATE

*Courses in this area are grounded in a harm-reduction approach. Sessions are led by experienced professionals with a focus on understanding substance use within a bio-psycho-social-spiritual framework; the application of current research and knowledge about interventions; and the exploration of social justice issues such as race, class, gender, poverty, and violence.*

#### Who should attend

Management and staff of health, criminal justice, and social service agencies whose clients include people who are using substances.

#### What you will learn

You will gain an understanding of the key concepts, policy, and intervention models that guide the prevention, assessment, and treatment of substance use. Specific assessment and treatment approaches, including motivational interviewing, are covered in depth. Through class discussion, you will develop approaches to substance use issues that can be applied to a range of settings. You will come away with a clearer understanding of your own values and practice framework.

*“The instructor seemed very educated in the theories as well as having a long history of working in the field. This translated into very effective, educational and interesting course. I will be recommending this course to my entire staff team.”*

*Junko Sakamoto, Advanced Motivational Interviewing (#AD204)*

#### How to apply

- We recommend that you apply at least two months before the certificate begins, because:
  - It can take up to five working days to process an application.
  - Once an applicant is accepted, we recommend registering at least 10 days before the classes begin.
- Complete the application form on page 71.
- Include your resume and a letter of reference with your application form.
- Once your application has been approved, please register directly with the Registration Office at 604.528.5590.
- There is a \$25 non-refundable application fee.

#### How the certificate and courses are offered

Courses may be taken individually or as part of the certificate. All courses can also be customized for your organization, agency, or group.



## How to complete the certificate

Participants must complete the courses within a two-year period. Full attendance is required.

- (1) Complete the prerequisite, Understanding Substance Use (#AD400) (see course description on page 33).
- (2) Complete the required courses in any order. The following sequence is recommended (see course descriptions beginning on page 33).
  - Understanding Substance Use (#AD400)
  - A Continuum of Care: Prevention to Harm Reduction (#AD401)
  - Understanding Pharmacology from a Counsellor's Perspective (#EP308)
  - Assessment Practices (#AD403)
  - Motivational Interviewing in Practice – Level 1 (#AD204)
  - Interconnected Risk (#AD405)
  - Concurrent Disorders Planning – Level 1 (#AD410)
  - Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder (#AD409) or Fetal Alcohol Spectrum Disorder (#AD120)
  - Community Voices/Contemporary Issues (#AD407)
  - Compassion and Policy: The Heart and Mind of Drug Policy Reform (#AD408)
- (3) Complete two days of electives selected from an area of study relevant to your substance use practice. Suggested electives can be found on page 35.
- (4) Complete the final assignment within six weeks of completing the final core course.

**For more information**  
**Program Coordinator**  
604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca)

**Program Assistant**  
604.528.5875 or [counselling@jibc.ca](mailto:counselling@jibc.ca)

## CORE COURSES

*These courses can be taken individually or as part of the Substance Use Certificate. To take individual courses, please contact Caroline White, Program Coordinator, at 604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca).*

### Understanding Substance Use (#AD400)

This course will provide you with an overview of current practice theories and models in the field of substance use. Topics include: the bio-psycho-social-spiritual model; applying a harm-reduction approach to practice; impact of substance use on the individual, family, and community; identification of barriers to accessing help; and ethical issues and challenges for practitioners. This course is a prerequisite for all courses in the Substance Use Certificate. An online version of this course will be coming in 2007/2008.

Date(s): September 21-22, 2007 – NWC  
January 25-26, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Heidi Furrer

### A Continuum of Care: Prevention to Harm Reduction (#AD401)

This course provides an introduction to the system of care for substance use in BC. You will learn about historical developments of the system of care, including current developments at the federal and provincial level. Introduction to resources and strategies across the system of care will include exploration of the major components of the system of care and how to access current resource listings. Specific topics will include community prevention, risk assessment, stages of change, treatment matching, relapse prevention, and harm reduction. **Prerequisite(s):** Understanding Substance Use (#AD400). An online version of this course will be coming in 2007/2008.

Date(s): September 28-29, 2007 – NWC  
February 8-9, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Barbara Plumstead

### Understanding Pharmacology from a Counsellor's Perspective (#EP308)

This course is for any helping professional interested in expanding their knowledge of pharmacology and how it pertains to clinical counselling situations. Topics include: the central nervous system, anti-depressant medications, anti-anxiety medications, and drugs used to treat schizophrenia and bipolar disorder. Special emphasis is placed on substance abuse and the consequences of mixing psychotropic medications with street drugs. Through discussion and case scenarios, you will gain knowledge of psychotropic medications, including their effects, side effects, lethality, and interactions with street medications. **Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): October 12-13, 2007 – NWC  
February 15-16, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Munir Velji, Yvonne Savard

### Assessment Practices (#AD403)

This course will provide you with an understanding of current assessment models and assessment tools. Topics include: the identification process, assessment methods and instruments, readiness to change, introduction to motivational interviewing, case management, and treatment planning. **Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): October 26-27, 2007 – NWC  
February 29 - March 1, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Rob Axsén



### Motivational Interviewing in Practice – Level 1 (#AD204)

This course will provide you with an overview of the spirit, foundations, and principles of motivational interviewing, with an emphasis on how MI can be used to assist clients in building motivation towards change and in strengthening commitment. Topics include: understanding and facilitating change in relation to the Transtheoretical Model; overview of strategies for working with clients at each level of readiness for change; use of empathic counselling skills; working with resistance, ambivalence, and decisional balance; and developing change plans.

**Note:** You will benefit from first having completed the Assessment Practices course (#AD403), as this course builds on material covered there, and having at least a basic level of counselling training.

**Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): November 2-3, 2007 – NWC  
March 14-15, 2008 – NWC  
May 22-23, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Rob Axsen

### Interconnected Risk (#AD405)

This course will provide you with an understanding of the interconnected risks of substance use and violence, trauma, sexuality, mental health, marginalization, and poverty. Topics include: building your own model/approach for doing multi-diagnosis, integrated care planning, and implementation of safety strategies.

**Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): November 16-17, 2007 – NWC  
March 28-29, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Heidi Furrer

### Concurrent Disorders Planning – Level 1 (#AD410)

This course covers key issues in treatment planning. Topics include: definitions, terms, and classification systems; the interaction between mental health and addiction; and basic principles of screening, assessment, and treatment planning. Course format includes a focus on experiential learning, with an emphasis on the role of service providers as agents of change.

(This course replaces Mental Health Issues and Substance Use (#AD402). Individuals who have completed Substance Use (#AD402) as part of the Substance Use Certificate are not required to take this course.) **Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): November 23-24, 2007 – NWC  
April 11-12, 2008 – NWC  
Fee: \$255; group rate, \$235  
Instructor(s): Debbie Suian

### Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder (#AD409)

This course will provide you with an overview of current knowledge on Fetal Alcohol Spectrum Disorder (FASD) and then focus on best practices in its prevention. Topics include: understanding FASD; models for working with substance-using women of childbearing years; needed policy and community-level prevention responses; and strategies currently being undertaken at the provincial and national levels. A wide range of resources will be introduced that will support further learning and application of relevant strategies on the part of those working in diverse treatment and community settings. **Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): December 6, 2007 – NWC  
April 24, 2008 – NWC  
Fee: \$130; group rate, \$120  
Instructor(s): Nancy Poole

### Community Voices/Contemporary Issues (#AD407)

This course will provide you with an understanding of selected contemporary issues facing clients and practitioners. Topics include: consumer and sector advocacy; supervised injection sites; substitution therapies; harm reduction approaches; and other current issues.

**Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): December 7, 2007 – NWC  
April 25, 2008 – NWC  
Fee: \$130; group rate, \$120  
Instructor(s): Tom Hetherington

### Compassion and Policy: The Heart and Mind of Drug Policy Reform (#AD408)

This seven-hour course explores international and local drug policy reform movements, looking at both the history and present consequences of the global “war on drugs” and the European and Canadian movement towards more balanced, evidence-based drug policies. Research on supervised injection sites, maintenance treatment (e.g., prescription of heroin and stimulants), and the concept of a regulated drug market are explored. The course concludes that public health tools are an effective way of controlling drugs, and this approach is also appropriate when dealing with the health and social problems associated with drug use than the current enforcement-dominated approaches. **Prerequisite(s):** Understanding Substance Use (#AD400).

Date(s): December 13, 2007 – NWC  
May 1, 2008 – NWC  
Fee: \$130; group rate, \$120  
Instructor(s): Mark Haden, Gillian Maxwell, Ken Tupper

### CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to 4:30 p.m. unless otherwise noted.

## SUGGESTED ELECTIVES

### Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121) [formerly #COUNS121]

For a course description, please see page 18.

Date(s): October 1, 2007 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Vikki Reynolds

### Problem Gambling – Clinical Assessment, Treatment, and Prevention (#COUNS140)

For a course description, please see page 38.

Date(s): October 4, 2007 (evening) – NWC  
 October 5-6, 2007 (day) – NWC  
 November 1, 2007 (evening) – NWC  
 November 2-3, 2007 (day) – NWC  
 Time(s): Day (8:30 a.m. - 4:30 p.m.)  
 Evening (5:30 p.m. - 9:00 p.m.)  
 (You must attend all sessions)  
 Fee: \$490  
 Instructor(s): Rosemary Nygard, Brenda Daily,  
 Jennifer Gregg

### Creating Healthy Communities (#COUNS145) NEW

For a course description, please see page 19.

Date(s): October 15-16, 2007 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Rosemary Nygard

### Fetal Alcohol Spectrum Disorder (#AD120) ONLINE

For a course description, please see page 31.

Date(s): October 15 - December 7, 2007  
 Fees: \$360  
 Facilitators: Nancy Poole, Jan Lutke

### Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122) NEW [ADVANCED]

For a course description, please see page 25.

Date(s): February 11, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Vikki Reynolds

### Improving Addictions Treatment by Addressing Tobacco (#AD123)

For a course description, please see page 21.

Date(s): February 22, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Barbara Plumstead

### Trauma and Addictions: Assessment and Treatment Issues (#TS225)

For a course description, please see page 25.

Date(s): February 25-26, 2008 – VIC  
 April 7-8, 2008 – NWC  
 Fee: \$312 – VIC; group rate, \$292  
 \$255 – NWC; group rate, \$235  
 Instructor(s): Joe Solanto

### Understanding Youth with Concurrent Disorders: Strategies for Intervention and Integrated Care Planning (#CY199)

For a course description, please see page 30.

Date(s): March 3, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Marilyn Benning

### The Discovery of Spirit in Recovery (#AD125)

For a course description, please see page 22.

Date(s): April 10, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Bridgid McGowan

### An Introduction to Problem Gambling (#COUNS146) NEW

For a course description, please see page 22.

Date(s): May 2, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Rosemary Nygard

### Putting a Youth Twist into Substance Use Information and Youth Services (#AD207)

For a course description, please see page 30.

Date(s): May 5-6, 2008 – NWC  
 Fee: \$255; group rate, \$235  
 Instructor(s): Kathy Snowden, Mary Anne Crabtree

### Art Therapy in Early Stages of Addiction Recovery (#AD210)

For a course description, please see page 22.

Date(s): May 8-9, 2008 – NWC  
 Fee: \$260; group rate, \$240  
 Instructor(s): Monica Franz

### Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems (#AD128) NEW

For a course description, please see page 22.

Date(s): May 15, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Nancy Poole

### All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129) NEW

For a course description, please see page 23.

Date(s): May 17, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Bill Waboose

### On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)

For a course description, please see page 23.

Date(s): May 23, 2008 – NWC  
 Fee: \$130; group rate, \$120  
 Instructor(s): Carrie Reid, Carol White

### Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130) NEW

For a course description, please see page 23.

Date(s): May 24, 2008 – NWC  
 Fee: \$148; group rate, \$138  
 Instructor(s): Bill Waboose

### Integrating Treatment for Substance Use, Mental Health Problems, and Trauma in Women (#AD216)

For a course description, please see page 25.

Date(s): May 29, 2008 – NWC  
 Fee: \$146; group rate, \$136  
 Instructor(s): Nancy Poole



## FEMINIST MANAGEMENT CERTIFICATE PROGRAM (#FMCP100)

*This certificate program has been designed to provide managers and leaders in women-serving agencies with the values, knowledge, and skills that are both necessary and relevant to manage a broad range of organizations and agencies. Using a feminist, inclusive approach to service delivery as a foundation, emphasis is placed on theoretical principles and practices of feminist management. Course content and case scenarios come from the women's sector and have been developed and updated with this context in mind.*

### Who should attend

Women in management or leadership roles in women-serving agencies or managers and leaders who want to introduce or strengthen a feminist model of management leadership in their organization or agency. If you have been in a management role for at least four years, you will benefit most from this program.

### Partners

The development of this program was a collaboration between the BC Association of Specialized Victim Assistance and Counselling Programs, the BC/Yukon Society of Transition Houses, and the Child, Family and Community Safety Division at the Justice Institute of BC. The program was piloted in 2003 and was extremely well received.

### How to apply

- We recommend that you apply at least two months before the certificate begins, because:
  - It can take up to five working days to process an application.
  - Once an applicant is accepted, we recommend registering at least 10 days before the classes begin.
- Complete the application form (download a copy from our website at [www.jibc.ca/cfcs](http://www.jibc.ca/cfcs))
- Include your resume and a letter of reference with your application form.
- Once your application has been approved, please register directly with the Registration Office at 604.528.5590.
- There is a \$25 non-refundable application fee. (BCASVACP and BCYSTH members are exempt from the application fee.)

### Certificate fee

- \$1,925 for BCASVACP and BCYSTH members; group rate, \$1,825
- \$2,140 for all others; group rate, \$2,040

The group rate applies where three or more persons from the same organization register at the same time.

The Feminist Management Certificate registration fee is refundable, subject to a \$25 administration fee and at least 10 calendar days notification before the start date. Refunds are not available after the 10 days.

### How the certificate and courses are offered

Courses are open to certificate students only. However, any of the individual courses can be offered on a contract basis and customized for your organization, agency, or group. For further information, please contact Caroline White, Program Coordinator, at [carolinew@jibc.ca](mailto:carolinew@jibc.ca).

### How to complete the certificate

Participants must complete the courses as scheduled below. Successful completion of the final assignment and full attendance are required to receive a certificate.

- (1)** Complete the required modules (see course descriptions below). All courses are held at the New Westminster campus.

#### Week 1 October 22-26, 2007

- Module 1** Feminist Analysis and Practice in Management
- Module 2** Human Resource Development and Management

#### Week 2 November 26-30, 2007

- Module 3** Managing Conflict in Organizations
- Module 4** Feminist Decision Making
- Module 5** Supervision in a Feminist Context

#### Week 3 February 18-22, 2008

- Module 6** Creating Healthy Workplaces
- Module 7** Values-Based Strategic Planning and Policy Development

#### Week 4 May 5-9, 2008

- Module 8** Financial Management
- Module 9** Promoting Healthy Board/Staff (Collective) Relationships
- Module 10** Program Evaluation for Women-Serving Agencies
- Module 11** Creative Fundraising and Proposal Writing

- (2)** Complete the final assignment for the last week of the program.

*Candidates for this program may be eligible for JIBC bursaries. For details, please visit our website at [www.jibc.ca/studentServices/main/SpecialServices/bursaries/bursaries.htm](http://www.jibc.ca/studentServices/main/SpecialServices/bursaries/bursaries.htm).*



## CORE COURSES

### Module 1: Feminist Analysis and Practice in Management

Acknowledging the complexity of working with the two concepts of “feminist” and “management,” this module will provide managers in the non-profit women-serving sector with a foundation for thinking about feminist management to address and examine issues of power. This is considered within the context of society generally and within our organizations specifically. Culturally sensitive and women-centred management and leadership practices will be identified.

Instructor(s): Jane Templeman

### Module 2: Human Resource Development and Management

This module will provide you with the conceptual framework, technical skills, and practical tools necessary to successfully develop and manage human resources. Incorporating the principles of feminist practice, the module will provide an understanding of the specific issues of human resource management and its contribution to the organization through its various functions, activities, and processes. It will examine human resource policies, procedures, and practices that relate to the individual functions of behaviourally based job descriptions, orientation, recruitment and selection, and performance management.

Instructor(s): Patricia Galaczy

### Module 3: Managing Conflict in Organizations

Conflict is an inevitable feature of organizational life, and the ability to manage and resolve conflicts effectively is a critical skill set for leaders. This overview of theories, skills, and processes of workplace conflict resolution will increase your analytical and management competencies. Grounded in a feminist framework, this module examines the particular dynamics of women-serving organizations and the impacts of gender and culture on conflict and conflict resolution. A particular focus will be on enhancing competencies in interest-based negotiation both in one-to-one situations and in groups. Skills practice through role-play is an essential component of this module, and you will be encouraged to grapple with specific conflict situations from your own management experiences.

Instructor(s): Nym Hughes

### Module 4: Feminist Decision Making

You will identify decision-making styles and develop skills in consensus building, discuss implications of different organizational structures that impact decision making, and begin to develop plans to create structures for consensual/feminist decision-making within your organization.

Instructor(s): Monika Chappell

### Module 5: Supervision in a Feminist Context

This module will examine the differences between administrative supervision and counselling supervision, and the role of power in supervision, particularly appropriate and inappropriate uses of power. Through lecturette, small-group activities, large-group discussion, and self-reflection, you will enhance your supervisory skills and gain new insights into your role as a manager in a feminist organization.

Instructor(s): Rosa Arteaga, Angela MacDougall

### Module 6: Creating Healthy Workplaces

This module focuses on workplace wellness strategies, from both the individual and organizational perspective. You will explore your own level of vicarious traumatization as well as think about ways to support staff members who may already have high levels of vicarious traumatization. The module explores ways to create healthy workplaces, given these challenges, and discusses organizational change that promotes resiliency within staff and the agency.

Instructor(s): Maureen McEvoy

### Module 7: Values-Based Strategic Planning and Policy Development

Employing a feminist framework, this module will provide you with an overview of the strategic planning process and policy development. You will develop the knowledge and skills necessary to review mission statements, plan an environmental scan, practise the setting of key directions and goals, and develop operating action plans as well as policies and procedures.

Instructor(s): Gail Edinger, Adrienne Chan

### Module 8: Financial Management

This module teaches the basics for understanding the underlying principles of financial management for an organization and a process for developing financial planning strategies. It will teach you how to read and understand financial statements and how the parts of the financial statement work together. You will be provided with a method of budgeting and a way to use those budgets to assist you in the planning and control of your women's sector organization. The module provides an overview of the kinds of liability, including vicarious liability, facing women's sector and other not-for-profit organizations.

Instructor(s): Jennifer Scott

### Module 9: Promoting Healthy Board/Staff (Collective) Relationships

This module will explore participants' experiences with staff, board, and collective relations, and will identify key components to creating healthy relationships. It will incorporate a discussion of organizational perspectives, types of boards, collectives, and the importance of feminist perspectives in these relationships.

Instructor(s): Bally Bassi

## Module 10: Program Evaluation for Women-Serving Agencies

This module is designed to provide senior managers in the non-profit women-serving sector with a conceptual model of program evaluation that fits the values of women-serving organizations. The module will provide you with an understanding of the range of evaluation possibilities and of how evaluation fits into the planning process. Other topics include evaluation steps, Program Logic Model development, and writing appropriate outcomes for the work of women's services.

Instructor(s): Bally Bassi

## Module 11: Creative Fundraising and Proposal Writing

This module is designed to provide you with the conceptual framework, technical skills, and practical tools necessary to successfully improve fundraising methods and write effective proposals. It describes fundraising as a professional management function and defines proposal writing as one method of generating revenue. Using a community needs model, the module will prepare you to communicate your organization's funding needs orally and in writing. Client profiles, program descriptions and budgets, and funder relations are explored, along with current fundraising trends and methods. Mail appeals, signature events, monthly giving programs, and major gift campaigns are highlighted as important tools in diversifying and increasing revenue.

Instructor(s): Judy Lightwater



## PROBLEM GAMBLING CERTIFICATE

*This certificate offered in partnership with BC's Problem Gambling Program, is a prerequisite for anyone wanting to become a problem gambling counsellor or prevention worker in BC. It is also useful for allied professionals such as addiction counsellors, supervisors, mental health workers, educators, or others interested in integrating issues of problem gambling in their work.*

### Problem Gambling – Clinical Assessment, Treatment, and Prevention (#COUNS140)

This 42 hour course is designed to increase knowledge and skills-based competencies in all aspects of problem gambling, including: personal and societal attitudes, historical background, and current policy on gambling; professional ethics and standards in the field; screening, assessment, and referral; treatment planning and case management; cultural issues and specific populations; and prevention and presentation skills. A number of theoretical frameworks and treatment models are addressed within the context of problem gambling, including the Gambling Continuum, Stages of Change, Bio-Psycho-Social-Spiritual Model, Motivational Interviewing, Harm Reduction, and various counselling approaches. The course is delivered through lecture format, participatory learning, group exercise, and role-plays. To receive a certificate of completion, you must complete a series of classroom activities and a final assignment.

Date(s): October 4, 2007 (evening) – NWC  
October 5-6, 2007 (day) – NWC  
November 1, 2007 (evening) – NWC  
November 2-3, 2007 (day) – NWC  
Time(s): Day (8:30 a.m. - 4:30 p.m.)  
Evening (5:30 p.m. - 9:00 p.m.)  
(You must attend all sessions)  
Fee: \$490  
Instructor(s): Rosemary Nygard, Brenda Daily,  
Jennifer Gregg



## Customized Contract Certificate Programs and Courses

*The Child, Family and Community Safety Division is a leader in providing trauma, abuse, and counselling and capacity building training for workers throughout BC and across Canada. We also offer specialized courses on such topics as working with Aboriginal clients, addressing sexual exploitation, and other emerging trauma issues.*

*Cost effective, convenient and organization specific, CFCS will work with you to design, develop and deliver sessions or courses that are tailored your unique needs. Any of the courses or certificate programs found in this course calendar can be customized for your organization, and staff. The following additional certificate programs and courses are available on a contract basis only.*

### ABORIGINAL TRAUMA CERTIFICATE

The Aboriginal Trauma Certificate is a 20 day program delivered in one- or two week modules. The training is delivered in Aboriginal communities to enable participants to remain close to their home community while attending the program, and to enable the curriculum to be tailored to meet the needs of the community or agency where it is being offered.

#### Applicants to the program must:

- Have a minimum amount of experience in support work (if the minimum is not met, the option of a one- or two week prequel training is available to communities)
- Be actively working on their own wellness prior to taking the training
- Have a support system in place while taking the training

Applicants will be screened jointly by the client and the Justice Institute of BC in order to ensure that all participants have met the prerequisites. All participants who attend the entire 20 day program and successfully complete a final assignment will receive a certificate of completion.

#### Topics may include:

- Nature of trauma and traumatic stress reactions
- Post-traumatic stress, including multigenerational effects
- Impact of trauma on Aboriginal communities, families, individuals, and helpers
- Aboriginal healing practices in trauma recovery
- Comparison and contrast between western therapies and Aboriginal healing practices
- Support strategies for working with Aboriginal clients
- Individual and community strategies for wellness

The Aboriginal Trauma Certificate is coordinated by Caroline White, Program Coordinator in the Child, Family and Community Safety Division, and supported by the Aboriginal Programs and Services Program Coordinator. Instructors and any additional curriculum developers are chosen based on their experience and qualifications in the field of traumatic stress. All the instructors and consultants involved in this program have at least a bachelor's degree in a related discipline, at least five years of experience working in the field, and at least two years of experience instructing. We use a team-teaching approach, with an Aboriginal instructor and a non-Aboriginal instructor delivering the training.





## WORKING WITH YOUTH CERTIFICATE

The certificate program was developed with the help of managers and frontline staff working with children, youth, and their families. It is based on several theoretical frameworks with a focus on the practical application of these theories to the workplace. The certificate is designed for professionals who are currently working with children over the age of 10, youth, and families in a variety of community settings, such as outreach, education, foster care, residential, street work, recreation, and treatment. In this four-part program delivered over 18 days, you will practise skills and increase your confidence in relationship building, ethical decision making, and conflict resolution, and create lifelong networks to share the latest information and resources available in their field. There will be many opportunities for you to apply new knowledge, skills, and techniques to strengthen your practice.

When you take the Working with Youth Certificate, you earn 4.5 units of unassigned credit towards child and youth care diplomas and degrees in other BC colleges and universities.

## COUPLE AND FAMILY THERAPY COURSES

The following courses are available for delivery on a contract basis:

- Introduction to Theories and Models of Couples and Families (#CFT100)
- Couple and Family Assessment (#CFT120)
- Ethical, Legal, and Professional Issues (#CFT130)
- Treatment Methods of Couple and Family Therapy, Level 1 (#CFT140)
- Treatment Methods of Couple and Family Therapy, Level 2 (#CFT150)
- Couple and Family Therapy Practice Supervision (#CFT160)

## MAKING THE TRANSITION: PROVIDING SERVICE TO TRANS SURVIVORS OF VIOLENCE AND ABUSE

This introductory course was developed by the Women/Trans Dialogue Planning Committee and the Justice Institute of BC for service providers interested in developing the knowledge and skills necessary to support and assist trans survivors of violence. While there are some issues of overlap between lesbian/gay/bisexual and trans communities relating to violence that can be addressed in a LGBT framework, trans people of all sexual orientations have specific service needs and experience unique barriers in attempting to access services. This training goes beyond a LGBT approach to address issues specific to work with trans survivors. The course will build on and increase your awareness of: the social context of violence against trans people; forms of violence and abuse typically experienced by trans people; power and control as examined through a trans lens; barriers to reporting violence and accessing services; and agency policies and practices required to create trans-positive environments and to support trans survivors who have experienced violence.

*For more information on how CFCS can help you to achieve your training goals, contact Caroline White at 604.528.5620 or [counsellingpc@jibc.ca](mailto:counsellingpc@jibc.ca).*

# Schedule at a Glance

## Counselling and Capacity Building

DATE	COURSES	LOCATION	FEE	PAGE
	<b>Counselling and Capacity Building</b>			
September 21-22, 2007 January 25-26, 2008	Understanding Substance Use (#AD400)	NWC NWC	\$255; group rate, \$235	18
October 1, 2007	Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121)	NWC	\$148; group rate, \$138	18
October 5, 2007	Listening for the Metaphor: Facilitating Parenting and Caregiver Groups (#COUNS120)	NWC	\$148; group rate, \$138	18
October 12-13, 2007 February 15-16, 2008	Understanding Pharmacology from a Counsellor's Perspective (#EP308)	NWC NWC	\$255; group rate, \$235	33
October 15-16, 2007	Creating Healthy Communities (#COUNS145) <b>NEW</b>	NWC	\$255; group rate, \$235	19
October 16-17, 2007	Fostering and Encouraging Client Responsibility (#EP524)	NWC	\$245; group rate, \$225	19
October 17, 2007 October 18, 2007	Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour (#SPE146) <b>NEW</b>	NWC	\$175; group rate, \$165	16
October 19, 2007	Gut A/symmetries: Working with Marginalized Clients (#SPE147) <b>NEW</b>	NWC	\$175; group rate, \$165	16
November 1-2, 2007	Mask and Mirror: The Many Faces of Shame (#EP214)	NWC	\$245; group rate, \$225	19
November 2-3, 2007 March 14-15, 2008 May 22-23, 2008	Motivational Interviewing in Practice – Level 1 (#AD204)	NWC NWC NWC	\$255; group rate, \$235	34
November 5, 2007	The Art of Private Practice (#COUNS141) <b>NEW</b>	NWC	\$148; group rate, \$138	19
November 8-9, 2007	Psychotherapy from the Inside Out: The Brain of the Mindful Therapist (#SPE225) <b>NEW</b>	NWC	\$325; early bird rate: \$310 before September 20, 2007; group rates: \$315 for 3 or more registrants; \$305 for 10 or more registrants	16
November 16-17, 2007	See Jane Fly: A Passion, Potential, and "POWER-UP" Course for Women (#COUNS119)	NWC	\$275; group rate, \$255	20
November 19-20, 2007	Spirituality in Therapeutic Practice: The Journey Within (#COUNS142) <b>NEW</b>	NWC	\$255; group rate, \$235	20
November 23-24, 2007 April 11-12, 2008	Concurrent Disorders Planning – Level 1 (#AD410)	NWC NWC	\$255; group rate, \$235	34
November 26, 2007	Providing Support to Individual and/or Family Bereaved by Suicide (#COUNS122)	NWC	\$148; group rate, \$138	20
November 27-28, 2007	Facilitating Psycho-educational Groups (#COUNS110)	NWC	\$255; group rate, \$235	20
December 6, 2007 April 24, 2008	Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder (#AD409)	NWC NWC	\$130; group rate, \$120	34
January 28-29, 2008	Parenting Wisely Facilitation Training (#CY263)	NWC	\$255; group rate, \$235	20
February 7-8, 2008	Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120) <b>NEW</b>	VIC	\$312; group rate, \$292	25
February 11, 2008	Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122) <b>NEW [ADVANCED]</b>	NWC	\$148; group rate, \$138	25
February 12, 2008	Working More Effectively with Parents and Other Caregivers (#CY267) <b>NEW</b>	NWC	\$148; group rate, \$138	30
February 14-15, 2008	Clinical Supervision: Innovative Practices (#EP278)	NWC	\$245; group rate, \$225	21
February 21-22, 2008	Reaching the Heart of Violence: Compassionate Approaches to Ending the Use of Violence (#COUNS124)	NWC	\$255; group rate, \$235	21
February 22, 2008	Improving Addictions Treatment by Addressing Tobacco (#AD123)	NWC	\$148; group rate, \$138	21
March 7, 2008	Creativity as a Transformative Tool (#COUNS143) <b>NEW</b>	NWC	\$148; group rate, \$138	21
March 10-11, 2008	Strengthening Attachment (#COUNS125)	NWC	\$255; group rate, \$235	21
March 27, 2008	Working with Complicated Grief (#COUNS102)	NWC	\$130; group rate, \$120	22

## Schedule at a Glance (cont'd)

DATE	COURSES	LOCATION	FEE	PAGE
	<b>Counselling and Capacity Building</b>			
April 1, 2008	Becoming Client-Directed Outcome-Informed in Practice (#COUNS144) <b>NEW</b>	NWC	\$148; group rate, \$138	22
April 10, 2008	The Discovery of Spirit in Recovery (#AD125)	NWC	\$148; group rate, \$138	22
April 22, 2008	Teaching Problem-Solving Skills to Clients (#EP286)	NWC	\$130; group rate, \$120	22
April 24-25, 2008	Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies (#SPE148)	NWC	\$295; group rate, \$275	17
May 2, 2008	An Introduction to Problem Gambling (#COUNS146) <b>NEW</b>	NWC	\$148; group rate, \$138	22
May 15, 2008	Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems (#AD128) <b>NEW</b>	NWC	\$148; group rate, \$138	22
May 17, 2008	All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129) <b>NEW</b>	NWC	\$148; group rate, \$138	23
May 23, 2008	On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)	NWC	\$130; group rate, \$120	23
May 24, 2008	Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130) <b>NEW</b>	NWC	\$148; group rate, \$138	23
June 2-3, 2008	Concurrent Disorders Planning – Level 2 (#COUNS211) <b>[ADVANCED]</b>	NWC	\$255; group rate, \$235	23
June 5-6, 2008	Counselling Skills: The Art of Asking Effective Questions (#EP587)	NWC	\$245; group rate, \$225	23
June 19-20, 2008	Motivational Interviewing in Practice – Level 2 (#COUNS205) <b>[ADVANCED]</b>	NWC	\$255; group rate, \$235	23
	<b>Mental Health and Trauma</b>			
October 1, 2007	Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121)	NWC	\$148; group rate, \$138	18
October 29-30, 2007	Responding to Trauma and Post-Traumatic Stress Reactions (#EP251)	NWC	\$255; group rate, \$235	24
November 13-14, 2007 April 17-18, 2008	Everything You Ever Wanted to Know About the DSM-IV-TR – Level 1 (#TS123)	NWC NWC	\$255; group rate, \$235	24
February 4-5, 2008	Using the DSM-IV-TR with Children and Youth – Introductory Level (#MH008)	NWC	\$255; group rate, \$235	24
February 7-8, 2008	Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120) <b>NEW</b>	VIC	\$312; group rate, \$292	25
February 11, 2008	Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122) <b>NEW [ADVANCED]</b>	NWC	\$148; group rate, \$138	25
February 25-26, 2008 April 7-8, 2008	Trauma and Addictions: Assessment and Treatment Issues (#TS225)	VIC NWC	\$312; group rate, \$292 \$255; group rate, \$235	25
May 23, 2008	On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)	NWC	\$130; group rate, \$120	23
May 26-27, 2008	Understanding Children and Youth Who Have Experienced Trauma (#CY240)	NWC	\$255; group rate, \$235	25
May 29, 2008	Integrating Treatment for Substance Use, Mental Health Problems, and Trauma in Women (#AD216)	NWC	\$146; group rate, \$136	25
May 29-30, 2008	Everything You Ever Wanted to Know About the DSM-IV-TR – Level 2 (#TS124) <b>NEW [ADVANCED]</b>	NWC	\$255; group rate, \$235	25
	<b>Creative and Expressive Therapies</b>			
October 23-24, 2007 July 8-9, 2008	Expressive Play Therapy Methods – Level 1 (#CY104)	NWC NWC	\$260; group rate, \$240	26
October 25-26, 2007 July 10-11, 2008	Expressive Play Therapy Methods – Level 2 (#CY104A)	NWC NWC	\$260; group rate, \$240	26
October 25-26, 2007 February 28-29, 2008	Introduction to Art Therapy for Counsellors and Therapists (#CY250)	VIC NWC	\$317; group rate, \$297 \$260; group rate, \$240	26
November 15-16, 2007	Expressive Play Therapy Methods to Help the Abused and Neglected Child (#CY104B)	NWC	\$260; group rate, \$240	26
February 5-6, 2008	Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 1 (#CY265)	NWC	\$260; group rate, \$240	27
February 7-8, 2008	Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 2 (#CY266) <b>NEW</b>	NWC	\$260; group rate, \$240	27
March 6-7, 2008	Expressive Therapies to Help the Grieving Child (#COUNS132)	NWC	\$260; group rate, \$240	27



DATE	COURSES	LOCATION	FEE	PAGE
	<b>Creative and Expressive Therapies</b>			
April 14-15, 2008	Creating Hope: Explorations in Art for Reflective Practice in Counselling with Children, Youth, Families, and Communities (#COUNS127)	NWC	\$255; group rate, \$235	27
May 8-9, 2008	Art Therapy in Early Stages of Addiction Recovery (#AD210)	NWC	\$260; group rate, \$240	28
June 9-10, 2008	Cellular Healing: The Neurobiology of Positive Change (#IHC004)	NWC	\$255; group rate, \$235	28
	<b>Working with Children and Youth</b>			
October 18, 2007	Promoting Resilience in Children: An Aboriginal Perspective (#CY256)	NWC	\$130; group rate, \$120	28
October 26-27, 2007	POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course (#CY175)	NWC	\$275; group rate, \$255	28
November 5, 2007	Aboriginal Family and Youth Advocacy (#CY269) <b>NEW</b>	NWC	\$148; group rate, \$138	29
November 16-17, 2007	See Jane Fly: A Passion, Potential, and “POWER-UP” Course for Women (#COUNS119)	NWC	\$275; group rate, \$255	20
November 19, 2007	Working with South Asian Youth and Young Adults (#CY176)	NWC	\$148; group rate, \$138	29
November 23-24, 2007	Tools for Success: Enhancing the Emotional Intelligence of Youth (#CY264) <b>NEW</b>	VIC	\$312; group rate, \$292	29
January 28-29, 2008	Parenting Wisely Facilitation Training (#CY263)	NWC	\$255; group rate, \$235	20
February 1-2, 2008	My Body Is Not Your Playground: Sexual Boundaries Course (#CY270)	NWC	\$275; group rate, \$255	29
February 4-5, 2008	Using the DSM-IV-TR with Children and Youth – Introductory Level (#MH008)	NWC	\$255; group rate, \$235	24
February 5-6, 2008	Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 1 (#CY265)	NWC	\$260; group rate, \$240	27
February 7-8, 2008	Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 2 (#CY266) <b>NEW</b>	NWC	\$260; group rate, \$240	27
February 12, 2008	Working More Effectively with Parents and Other Caregivers (#CY267) <b>NEW</b>	NWC	\$148; group rate, \$138	30
March 3, 2008	Understanding Youth with Concurrent Disorders: Strategies for Intervention and Integrating Care Planning (#CY199)	NWC	\$148; group rate, \$138	30
March 6-7, 2008	Expressive Therapies to Help the Grieving Child (#COUNS132)	NWC	\$260; group rate, \$240	27
March 10-11, 2008	Strengthening Attachment (#COUNS125)	NWC	\$255; group rate, \$235	21
March 28-29, 2008	Human Eyes: Seeing Privilege and Oppression and Creating Unity within Diversity (#CY268) <b>NEW</b>	NWC	\$275; group rate, \$255	30
May 5-6, 2008	Putting a Youth Twist into Substance Use Information and Youth Services (#AD207)	NWC	\$255; group rate, \$235	30
May 9-10, 2008	Youth Culture: Not a Stone Left Unturned (#CY179)	NWC	\$275; group rate, \$255	30
May 12, 2008	Grief, Loss, and Attachment Issues in Working with Children (#CY261)	NWC	\$130; group rate, \$120	30
May 26-27, 2008	Understanding Children and Youth Who Have Experienced Trauma (#CY240)	NWC	\$255; group rate, \$235	25
	<b>Online Courses</b>			
October 15 - December 7, 2007	Fetal Alcohol Spectrum Disorder (#AD120)	Online	\$360	31
TBA	Understanding Substance Use (#AD400)	Online		33
TBA	A Continuum of Care: Prevention to Harm Reduction (#AD401)	Online		33
	<b>CERTIFICATES</b>			
<b>Core Courses</b>	<b>Substance Use Certificate</b>			
September 21-22, 2007 January 25-26, 2008	Understanding Substance Use (#AD400)	NWC NWC	\$255; group rate, \$235	33
September 28-29, 2007 February 8-9, 2008	A Continuum of Care: Prevention to Harm Reduction (#AD401)	NWC NWC	\$255; group rate, \$235	33
October 12-13, 2007 February 15-16, 2008	Understanding Pharmacology from a Counsellor's Perspective (#EP308)	NWC NWC	\$255; group rate, \$235	33
October 15 - December 7, 2007	Fetal Alcohol Spectrum Disorder (#AD120)	Online	\$360	31

## Schedule at a Glance (cont'd)

DATE	CERTIFICATES	LOCATION	FEE	PAGE
<b>Core Courses</b>	<b>Substance Use Certificate</b>			
October 26-27, 2007 February 29 - March 1, 2008	Assessment Practices (#AD403)	NWC NWC	\$255; group rate, \$235	33
November 2-3, 2007 March 14-15, 2008 May 22-23, 2008	Motivational Interviewing in Practice – Level 1 (#AD204)	NWC NWC NWC	\$255; group rate, \$235	34
November 16-17, 2007 March 28-29, 2008	Interconnected Risk (#AD405)	NWC NWC	\$255; group rate, \$235	34
November 23-24, 2007 April 11-12, 2008	Concurrent Disorders Planning – Level 1 (#AD410)	NWC NWC	\$255; group rate, \$235	34
December 6, 2007 April 24, 2008	Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder (#AD409)	NWC NWC	\$130; group rate, \$120	34
December 7, 2007 April 25, 2008	Community Voices/Contemporary Issues (#AD407)	NWC NWC	\$130; group rate, \$120	34
December 13, 2007 May 1, 2008	Compassion and Policy: The Heart and Mind of Drug Policy Reform (#AD408)	NWC NWC	\$130; group rate, \$120	34
<b>Electives</b>	<b>Substance Use Certificate</b>			
October 1, 2007	Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma (#TS121)	NWC	\$148; group rate, \$138	18
October 4 (evening); October 5-6; November 1 (evening); November 2-3, 2007	Problem Gambling – Clinical Assessment, Treatment, and Prevention (#COUNS140) (You must attend all sessions)	NWC	\$490	38
October 15-16, 2007	Creating Healthy Communities (#COUNS145) <b>NEW</b>	NWC	\$255; group rate, \$235	19
February 11, 2008	Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 (#TS122) <b>NEW [ADVANCED]</b>	NWC	\$148; group rate, \$138	25
February 22, 2008	Improving Addictions Treatment by Addressing Tobacco (#AD123)	NWC	\$148; group rate, \$138	21
February 25-26, 2008 April 7-8, 2008	Trauma and Addictions: Assessment and Treatment Issues (#TS225)	VIC NWC	\$312; group rate, \$292 \$255; group rate, \$235	25
March 3, 2008	Understanding Youth with Concurrent Disorders: Strategies for Intervention and Integrating Care Planning (#CY199)	NWC	\$148; group rate, \$138	30
April 10, 2008	The Discovery of Spirit in Recovery (#AD125)	NWC	\$148; group rate, \$138	22
May 2, 2008	An Introduction to Problem Gambling (#COUNS146) <b>NEW</b>	NWC	\$148; group rate, \$138	22
May 5-6, 2008	Putting a Youth Twist into Substance Use Information and Youth Services (#AD207)	NWC	\$255; group rate, \$235	30
May 8-9, 2008	Art Therapy in Early Stages of Addiction Recovery (#AD210)	NWC	\$260; group rate, \$240	28
May 15, 2008	Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems (#AD128) <b>NEW</b>	NWC	\$148; group rate, \$138	22
May 17, 2008	All My Relations: Working with Aboriginal Clients in Substance Use Recovery (#AD129) <b>NEW</b>	NWC	\$148; group rate, \$138	23
May 23, 2008	On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)	NWC	\$130; group rate, \$120	23
May 24, 2008	Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment (#AD130) <b>NEW</b>	NWC	\$148; group rate, \$138	23
May 29, 2008	Integrating Treatment for Substance Use, Mental Health Problems, and Trauma in Women (#AD216)	NWC	\$146; group rate, \$136	25


DATE	CERTIFICATES	LOCATION	FEE	PAGE
<b>Feminist Management Certificate (#FMCP100)</b>				
October 22-26, 2007	<b>Week 1:</b> Module 1 Feminist Analysis and Practice in Management Module 2 Human Resource Development and Management	NWC	\$1,925 for BCASVACP and BCYSTH members; group rate, \$1825 \$2,140 for all others	37
November 26-30, 2007	<b>Week 2:</b> Module 3 Managing Conflict in Organizations Module 4 Feminist Decision Making Module 5 Supervision in a Feminist Context	NWC	See above	37
February 18-22, 2008	<b>Week 3:</b> Module 6 Creating Healthy Workplaces Module 7 Values-Based Strategic Planning and Policy Development	NWC	See above	37
May 5-9, 2008	<b>Week 4:</b> Module 8 Financial Management Module 9 Promoting Healthy Board/Staff (Collective) Relationships Module 10 Program Evaluation for Women-Serving Agencies Module 11 Creative Fundraising and Proposal Writing	NWC	See above	37
<b>Problem Gambling Certificate</b>				
October 4 (evening); October 5-6; November 1 (evening); November 2-3, 2007	Problem Gambling – Clinical Assessment, Treatment, and Prevention (#COUNS140) (You must attend all sessions)	NWC	\$490	38

#### LEARNER SERVICES FEE (LSF)

As part of a commitment to improving the quality of services for our students, the JIBC charges a learner services fee (LSF) of \$5 per course credit to a maximum of six credits per course (\$30). The fee is applied to credit courses only and is collected at the time of enrollment.

Course fees listed in this calendar do not include the LSF.

For more information, see page 67.



*"Very well qualified, excellent facilitation in content and process. Great Course. Very practical and concrete. I will be an earnest promoter that this course is a must for colleagues who lead groups."*

Elaine Engstrom, Facilitating Psycho-Educational Groups (#COUNS110)





*"This is an inclusive and active learning experience. Education should always be a pleasure like this."*

*Marsha Early, Victim Services Practitioner Certificate*

## Community Safety Contents

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*"This was an excellent course – so very well delivered and very interesting. My home burned in the 2003 Kelowna fire and I saw all this work from that side. It was great to learn from the responders' view."* Sherry Dyck, Critical Incident Stress Management Certificate

## Critical Incident Stress Management

### CRITICAL INCIDENT STRESS MANAGEMENT CERTIFICATE

*The Critical Incident Stress Management Certificate is designed for frontline and management staff who support and assist individuals in coping with the immediate consequences of crime and trauma. The Child, Family and Community Safety Division is an accredited training organization in the area of critical incident stress management. Certificate students who successfully complete both the classroom and simulation components of the training, including the final exam, can apply for certification with the Association of Traumatic Stress Specialists (ATSS). For more information about the organization and certification, check the ATSS website at [www.atss.info](http://www.atss.info).*

#### CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to  
4:30 p.m. unless otherwise noted.

#### Who should attend

This program is open to individuals from a broad range of occupations and professions who may be required to provide or manage debriefing services at their own or other work sites following a critical incident. The program will be of specific interest to first-line responders such as crisis intervention workers, victim services workers, firefighters, and paramedics.

#### What you will learn

The Critical Incident Stress Management Certificate is designed to train you to effectively manage critical incidents and protect the emotional health and safety of those involved in the traumatic event.

#### How to apply

- We recommend that you apply at least two months before the certificate begins, because:
  - It can take up to five working days to process an application.
  - Once an applicant is accepted, we recommend registering at least 10 days before the classes begin.
- Complete the application form on page 71.
- Once your application has been approved, please register directly with the Registration Office at 604.528.5590.
- There is a \$25 non-refundable application fee.



## How the certificate and courses are offered

You must complete an application form before you can register for the certificate program or for individual courses.

## How to complete the certificate

- (1) Courses must be completed within three years. Full attendance is required. You will receive a letter of completion at the end of Block 1 and a certificate of achievement after successful completion of Block 1, Block 2, and the practical and written exams. You can apply for certification with the Association of Traumatic Stress Specialists after completion of the full program.
- (2) Courses in Block 1 have been sequentially designed and must be completed in the following order (see course descriptions beginning on page 48):
  - Introduction to Critical Incident Stress Management (#TS600)
  - Demobilization and Defusing (#TS601)
  - Critical Incident Stress Debriefing (#TS602)
- (3) Block 2 courses may be taken in any order (see course descriptions beginning on page 49):
  - Post-Critical Incident Stress Reactions (#TS603)
  - Diversity and Trauma (#TS609)
  - Managing Responses to Community Disasters (#TS604)
  - Effective Team Participation (#TS605)
  - Trauma, Children, and Youth (#TS608)
  - Vicarious Traumatization (#TS607)
  - Final written exam (the exam is provided to students upon successful completion of courses in Blocks 1 and 2)

For more information  
Program Coordinator  
604.528.5641

Program Assistant  
604.528.5684

Email: [criticalincident@jibc.ca](mailto:criticalincident@jibc.ca)

## Courses

### BLOCK 1

#### Introduction to Critical Incident Stress Management (#TS600)

This one day course will introduce you to the history, philosophy, perspectives, concepts, and terms that are integral to critical incident stress management. Through short lectures and interactive discussion, you will acquire a basic understanding of stress and critical incident stress as well as the factors and vulnerabilities that contribute to a heightened response to critical incidents.

Date(s): November 2, 2007 – NWC  
Fee: \$175  
Instructor(s): Laurie Pearce

#### Demobilization and Defusing (#TS601)

Demobilization and defusing are the first steps in the critical incident stress management (CISM) intervention process. To successfully participate in a CIS team, you must master these skills. This two day course examines the role of groups and dyads in critical incident stress management, communication skills for defusing, strategies to develop an effective support relationship, blocks to an effective support relationship, post-incident defusing, and post-incident dos and don'ts. By the end of the session, you will have successfully completed a demobilization and defusing. **Prerequisite(s):** Introduction to Critical Incident Stress Management (#TS600).

Date(s): November 3-4, 2007 – NWC  
Fee: \$265  
Instructor(s): David Freeman

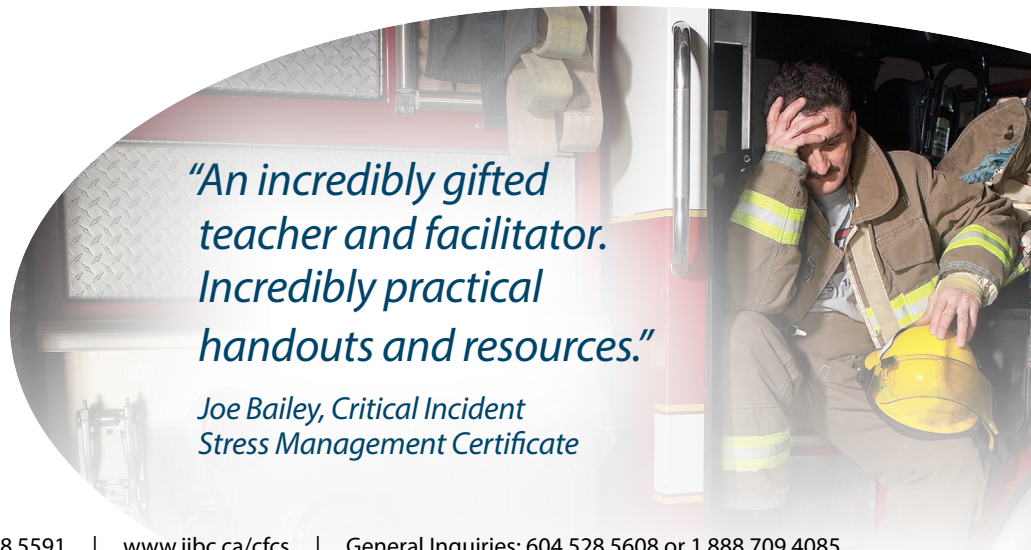
#### Critical Incident Stress Debriefing (#TS602)

This three day course presents the skills and processes that underlie the group debriefing process. Course content includes the debriefing process, dynamics that may emerge during the debriefing process, and leadership roles and behaviours that support both the individual and the group in normalizing what has occurred. You will have the opportunity to discuss a range of approaches, experiment with your own debriefing style, experience situations that might interfere with the normalization process, and explore the importance of self-care in maintaining your role as a debriefer. There will be a strong emphasis on skill practice through the use of case scenarios, and instructors will provide evaluative feedback. **Prerequisite(s):** Demobilization and Defusing (#TS601).

Date(s): November 16-18, 2007 – NWC  
Fee: \$385  
Instructor(s): Bruce Ramsay

*"An incredibly gifted teacher and facilitator. Incredibly practical handouts and resources."*

*Joe Bailey, Critical Incident Stress Management Certificate*





## BLOCK 2

*Courses are open to those who have completed all Block 1 courses.*

### Post-Critical Incident Stress Reactions (#TS603)

This one day course builds on the first block of training by addressing the symptoms and emotional reactions that may arise following a traumatic event, and the possible treatment options available. The course will help first responders identify when an individual is showing signs of post-traumatic stress and where to provide the appropriate referrals for treatment. Content includes differentiating between critical incident stress and post-traumatic stress, the environmental and personal factors that may increase post-traumatic reactions, the epidemiology and etiology of post-traumatic stress, required social supports, and treatment options. If you have already taken Trauma and Post-Traumatic Stress Reactions (#EP251), you are not required to enroll in this course. **Prerequisite(s):** CISM Block 1.

Date(s): February 8, 2008 – NWC  
Fee: \$175  
Instructor(s): David Freeman

### Diversity and Critical Incident Stress Management (#TS609)

This one day course explores issues of difference and diversity as they relate to critical incident stress management. The course is not intended to provide you with exhaustive knowledge about the specifics of culture, religion, age, ability, and so on, but rather to sensitize you to how these factors might impact the critical incident stress management process. **Prerequisite(s):** CISM Block 1.

Date(s): February 9, 2008 – NWC  
Fee: \$175  
Instructor(s): Robin Cox

### Managing Responses to Community Disasters (#TS604)

This one day course will provide you with an overview of the phases and impact of a disaster and the role of government and community agencies in responding. Course content addresses models for community intervention and their application to community disasters, psychosocial needs of community members involved in a disaster, identifying at-risk populations, special considerations, and responder interventions. **Prerequisite(s):** CISM Block 1.

Date(s): February 10, 2008 – NWC  
Fee: \$175  
Instructor(s): Laurie Pearce

### Effective Team Participation (#TS605)

Participation on a CIS team involves understanding not only the intervention process but also how and when a team should be used and what has to happen in order for the team to operate effectively. Course content includes the knowledge and skills required for effective CIS team participation and the key skills that can be used to help the team fulfill its purpose within an organization to provide quality service. **Prerequisite(s):** CISM Block 1.

Date(s): February 29, 2008 – NWC  
Fee: \$175  
Instructor(s): David Freeman

### Trauma, Children, and Youth (#TS608)

This course examines trauma intervention in relation to children and youth. Course content covers traumatic reactions specific to the stages of childhood development, the role of individuals responding to children affected by various types of critical incidents, the range of interventions, and immediate post-impact and recovery issues. You will also have an opportunity to examine issues related to children with special needs and working with families. **Prerequisite(s):** CISM Block 1.

Date(s): March 1, 2008 – NWC  
Fee: \$175  
Instructor(s): Laurie Pearce

### Vicarious Traumatization (#TS607)

This course examines the unique issues faced by trauma responders who are exposed to critical incidents that, if not managed properly, can contribute to burnout, substance use, relationship stress, or emotional instability. Course content covers traumatic stress reactions; critical incident stress management in organizations; speaking about trauma to family members; key strategies for implementing policies, procedures, and programs in organizations; and on-scene interventions. **Prerequisite(s):** CISM Block 1.

Date(s): March 2, 2008 – NWC  
Fee: \$175  
Instructor(s): Bruce Ramsay

### Role-Play Simulation (#TS610)

This course is designed for those who have completed Blocks 1 and 2 of the CISM Certificate and are seeking certification with the Association of Traumatic Stress Specialists (ATSS). In addition to the hours of classroom instruction, the ATSS also requires 30 hours of field placement before certifying individuals. Because of the challenges of securing practicum placements and the fact that it could take several months to complete 30 hours of active fieldwork, we have negotiated with the ATSS the option for candidates to complete a role-play simulation. The ATSS will accept as equivalent to a 30 hour practicum your successful completion of this one day simulation class. The role-play simulation is designed to provide you with the opportunity to show how you have incorporated your new knowledge from the CISM program into your practice. You will be asked to participate in simulations with actors and will be evaluated by the instructors of the CISM program. In addition, you must submit to the ATSS a written Observation/Analysis Report of the simulation as part of the equivalency process. Instructors are available to help you complete the ATSS application process. Class size is limited to 10 participants, so please register early. **Prerequisite(s):** CISM Blocks 1 and 2 and completion of final exam.

Date(s): May 7, 2008 – NWC  
Fee: \$285 (includes actors and script design)  
Instructor(s): David Freeman, Laurie Pearce, Bruce Ramsay

## Bylaw Enforcement and Investigative Skills

### BYLAW ENFORCEMENT AND INVESTIGATIVE SKILLS CERTIFICATE

*This certificate program has been developed in consultation with experts in the bylaw enforcement field and is co-sponsored by the Justice Institute of BC and the Union of BC Municipalities. Both levels of the certificate have been endorsed by the Bylaw Enforcement Officers' and Licence Inspectors' Association of BC, and the Municipal Officers' and Inspectors' Association of BC.*

#### Who should attend

Current bylaw enforcement officers; licence, building, plumbing, electrical, and gas inspectors; and other local government employees responsible for the administration and enforcement of municipal bylaws. Courses can also be taken by those who aspire to become Bylaw Enforcement Officers and need to qualify for a competitive position.

#### You should have:

- Grade 12 or equivalent education
- A working knowledge of the English language (written and oral)

#### What you will learn

Level 1 is designed to provide local government regulatory personnel with the knowledge and skills to enforce the relevant bylaws and to investigate, prepare, process, and prosecute cases pursuant to the applicable legislation. You are expected to successfully participate in a mock trial and complete a written exam in order to receive a certificate.

Level 2 is designed to prepare you to better investigate and prosecute cases pursuant to the applicable legislation. Content includes drafting bylaws, developing policies and procedures, implementing risk management strategies, and defusing potentially volatile situations. You are expected to successfully participate in a mock trial and complete a written exam in order to receive a certificate.

#### How to apply

There is no application process. Call the Registration Office at 604.528.5590 to register for the certificate, or individual courses.

To attend Level 2, you must have successfully completed Level 1, and will ideally have spent some time working in the bylaw enforcement field. Students seeking to attend Level 2 without completing Level 1 should contact the Program Coordinator regarding the Prior Learning Assessment and Recognition (PLAR) process.

For more information on PLAR, go to [www.jibc.ca/registration/pla.htm](http://www.jibc.ca/registration/pla.htm).

We suggest registering early as these classes fill quickly.

### Bylaw Enforcement and Investigative Skills Certificate, Level 1 (#EP209)

Level 1 is offered in a five day format. Course instructors and guest presenters who are familiar with the roles and responsibilities of bylaw officers and who have experience with the BC Court system deliver the course and assess the skills of participants. Assistance is provided to the primary instructor by other instructors with experience in specific fields related to the topics presented. To successfully complete the course and receive a certificate of achievement, you must attend the training in full, achieve 70% or higher on the written exam, and meet competencies outlined for the mock trial.

Date(s):	October 22-26, 2007 – NWC December 3-7, 2007 – NWC January 28 - February 1, 2008 – NWC March 3-7, 2008 – NWC April 21-25, 2008 – NWC June 2-6, 2008 – NWC
Time:	8:30 a.m. - 4:30 p.m.
Fee:	\$895
Instructor(s):	Ellen Gerber, Jeff Sim

### Advanced Bylaw Enforcement and Investigative Skills Certificate, Level 2 (#EP210)

Level 2 is for experienced bylaw enforcement officers; licence, building, plumbing, electrical, and gas inspectors; and other local government employees who have responsibility for bylaw code and regulatory enforcement. Instructors and guest presenters who are familiar with the roles and responsibilities of bylaw officers and who have experience with the BC Court system deliver the training and assess the skills of participants. Assistance is provided to the primary instructor by other instructors with experience in specific fields related to the topics presented. To successfully complete the course and receive a certificate of achievement, you must attend the training in full, achieve 70% or higher on the written quizzes and exam, and meet competencies outlined for the mock trial.

Date(s):	November 26-30, 2007 – NWC April 7-11, 2008 – NWC
Time:	8:30 a.m. - 4:30 p.m.
Fee:	\$895
Instructor(s):	Ellen Gerber

**For more information**  
**Program Coordinator**  
**604.528.5641**

**Program Assistant**  
**604.528.5684**

**Email: [bylawenforcement@jibc.ca](mailto:bylawenforcement@jibc.ca)**



## Victim Services

*The following courses are designed for frontline and management staff who support and assist individuals in coping with the immediate consequences of crime and trauma. Courses are available at no cost to employees working in victim services programs funded by the Ministry of Public Safety and Solicitor General.*

*Individuals working in funded programs who wish to register for this training should contact Laurie Hearty at 604.660.5103 or [Laurie.Hearty@gov.bc.ca](mailto:Laurie.Hearty@gov.bc.ca). Some courses are also open to individuals working in victim-related programs. Priority will be given to employees working in funded agencies.*

### VICTIM SERVICES PRACTITIONER CERTIFICATE

The primary goal of the Victim Services Practitioner Certificate Program is to provide victim services practitioners with the necessary knowledge and skills for working with victims within the criminal justice system context. This program combines 140 hours (20 days) of core training and an additional 70 hours (10 days) of electives. To successfully complete the certificate, you will also be required to complete a final workplace-based assignment, which will be equivalent to 14 hours of classroom time.

The Victim Services Practitioner Certificate Program was developed in consultation with the Ministry of Public Safety and Solicitor General, victim services practitioners, and field specialists to provide the most current and relevant information to our learners. This certificate is the only victim services certificate offered in Canada, and is the most rigorous program of its kind offered in North America.

### Who should attend

This program is open to individuals working for victim services programs funded by the Ministry of Public Safety and Solicitor General. Some courses are also open to individuals working in victim-related programs. Please contact the Program Coordinator for details.

### What you will learn

You will engage in an interdisciplinary and interagency examination of victim service delivery as it relates to: theoretical concepts, legal and policy issues, victims' needs and rights, specialized skills and strategies to support primary and secondary victims, community development, and team building.

The core program is divided into five key areas:

- Understanding victimization
- Power-based crimes
- Service delivery
- Legal and social policy issues
- Personal, community, and program development

### How to apply

1. Call 604.528.5684 or email [victimservices@jibc.ca](mailto:victimservices@jibc.ca) to request a Certificate Program Application Form and fax to 604.528.5640 or mail to Justice Institute of BC, 715 McBride Boulevard, New Westminster, BC V3L 5T4.
2. Once your program application has been approved, please register for courses by contacting Laurie Hearty at 604.660.5103 or [Laurie.Hearty@gov.bc.ca](mailto:Laurie.Hearty@gov.bc.ca).

### How the certificate and courses are offered

Courses may be taken individually or as part of the certificate.

**For more information**  
**Program Coordinator**  
**604.528.5641**

**Program Assistant**  
**604.528.5684**

**Email: [victimservices@jibc.ca](mailto:victimservices@jibc.ca)**



## How to complete the certificate

You are encouraged to complete the courses within two years of enrolment. Full attendance is required.

- (1) Complete the online prerequisite, Module I – Orientation to Victim Services (#VSP110) (35 hours).
- (2) Email Program Assistant at [victimservices@jibc.ca](mailto:victimservices@jibc.ca) to request a copy of the Certificate Program Application Form. Complete the application, attach relevant documentation, and fax to 604.528.5640 or mail to Justice Institute of BC, 715 McBride Boulevard, New Westminster, BC V3L 5T4.
- (3) Complete the remaining hours of core training, consisting of:
  - Module II – Direct Service Delivery (#VSP120) (35 hours)
  - Module III – Program Management Skills (#VSP130) (35 hours)
  - Module IV – Leading in the 21st Century (#VSP140) (21 hours)

...and one of the following:

  - Integrating Diversity in Victim Services Work (#VSP150)
  - Death Related Issues in Victim Services (#VSP160)
  - Working with Recent Survivors of Sexual Assault
- (4) Complete 70 hours of elective training, to be selected from a variety of sources, including:
  - Justice Institute of British Columbia
  - Victim Services and Crime Prevention Division (VSCPD)
  - BC/Yukon Society of Transition Houses
  - RCMP
  - NOVA (National Organization for Victim Assistance)
  - Police Victim Services
  - BC Association of Specialized Victim Assistance and Counselling Programs
- (5) Complete the final assignment.

## ONLINE COURSE

### Module I – Orientation to Victim Services (#VSP110)

This self-study program consists of approximately 35 hours of reading and activities to be completed over a 12 week period. Content covers the history of victim services, dynamics of victimization and power-based crimes, overview of the criminal justice system, and relevant legislation and policy. The program is designed for new employees. You are supported in the training with up to 10 hours of tutorial support. You can apply at any time to begin the program.

Date(s):	Intakes are scheduled every month from September to June.
Fee:	\$375 (includes cost of materials and 10 hours of tutorial support) Group rate, \$200 (applies to 3 or more registrants from the same employer)

## CLASSROOM-BASED COURSES

*The courses listed below are open only to persons employed in funded victim services programs. For training dates for these courses, visit the Victim Services community website at [www.victimservicescommunity.org/training](http://www.victimservicescommunity.org/training).*

### Module II – Direct Service Delivery (#VSP120)

This classroom-based course provides new employees with the direct service skills required to support and assist victims of crime and trauma. Content covers skills for supporting child and adult victims; working with children and families who have experienced trauma as a result of violence, sexual assault, and child sexual abuse; self-care and vicarious traumatization; court preparation and support; and advanced crisis intervention skills.

**Prerequisite(s):** Module I – Orientation to Victim Services (#VSP110)



*"The training in this and the other modules has been really great and has given me many tools for my job. I am also more confident in my job."*

*Linda Lord, Victim Services Practitioner  
Certificate Program*

### Module III – Program Management Skills (#VSP130)

This classroom-based course is for senior caseworkers and program coordinators who are managing victim services–related programs. Content covers management and leadership skills; volunteer and staff recruitment, selection, and performance management skills; administration and financial responsibilities; stress management; and conflict resolution. **Prerequisite(s):** Module II – Direct Service Delivery (#VSP120). You must be currently coordinating or managing a victim services–related program.

### Module IV – Leading in the 21st Century (#VSP140)

This three day course is for program managers who have at least two years of experience managing police or community-based programs and are interested in exploring new concepts, initiatives, and theories in leadership. You will have an opportunity to explore and apply organizational development processes such as appreciative inquiry, mind mapping, and open space technology, as well as specific workplace-related issues such as supporting staff who develop vicarious trauma and implementing performance management systems. **Prerequisite(s):** Module III – Program Management Skills (#VSP130).

### Integrating Diversity in Victim Services Work (#VSP150)

This two day course examines the role of victim services practitioners in increasing understanding of and access to the criminal justice system for victims from diverse cultures and communities. The content examines the issues faced by victims from a number of different communities and presents strategies and approaches that can be used in service delivery and program development to facilitate inclusion. Included in the course is a presentation on hate crimes and the role of victim services in responding.

### Death Related Issues in Victim Services (#VSP160)

This two day course will provide you with knowledge and practical skills related to death issues in victim service delivery. Content covers diverse cultural and religious responses to death, how people from different genders and age groups respond to grief, and how to effectively notify next of kin. You will also examine self-care and team-care strategies when working with fatalities. The course includes a presentation on the role of the coroner.

## SUGGESTED ELECTIVES

*Below is a sampling of suggested electives available through the Child, Family and Community Safety Division. For more information, visit our website at [www.jibc.ca/cfcs](http://www.jibc.ca/cfcs).*

### Critical Incident Stress Management

- Introduction to Critical Incident Stress Management (#TS600)
- Demobilization and Defusing (#TS601)
- Critical Incident Stress Debriefing (#TS602)
- Post–Critical Incident Stress Reactions (#TS603)
- Diversity and Trauma (#TS609)
- Managing Responses to Community Disasters (#TS604)
- Effective Team Participation (#TS605)
- Trauma, Children, and Youth (#TS608)
- Vicarious Traumatization (#TS607)

### Counselling and Capacity Building

- Grief, Loss, and Attachment Issues in Working with Children (#CY261)
- Gut A/symmetries: Working with Marginalized Clients (#SPE147)
- On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations (#COUNS138)
- Providing Support to Individuals and/or Family Bereaved by Suicide (#COUNS122)
- Psychotherapy from the Inside Out: The Brain of the Mindful Therapist (#SPE225)
- Reaching the Heart of Violence: Compassionate Approaches to Ending the Use of Violence (#COUNS124)
- Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 (#TS121)
- Responding to Trauma and Post-Traumatic Stress Reactions (#EP251)
- Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation (#TS120)
- Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies (#SPE148)
- Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour (#SPE146)
- Working Effectively with Parents and Other Caregivers (#CY267)
- Working with Complicated Grief (#COUNS102)
- Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems (#AD128)
- Working with South Asian Youth and Young Adults (#CY176)

# Schedule at a Glance

## Community Safety

DATE	COURSES	LOCATION	FEE	PAGE
<b>Critical Incident Stress Management Certificate</b>				
<b>Block 1</b>				
November 2, 2007	Introduction to Critical Incident Stress Management (#TS600)	NWC	\$175	48
November 3-4, 2007	Demobilization and Defusing (#TS601)	NWC	\$265	48
November 16-18, 2007	Critical Incident Stress Debriefing (#TS602)	NWC	\$385	48
<b>Block 2</b>				
February 8, 2008	Post-Critical Incident Stress Reactions (#TS603)	NWC	\$175	49
February 9, 2008	Diversity and Critical Incident Stress Management (#TS609)	NWC	\$175	49
February 10, 2008	Managing Responses to Community Disasters (#TS604)	NWC	\$175	49
February 29, 2008	Effective Team Participation (#TS605)	NWC	\$175	49
March 1, 2008	Trauma, Children, and Youth (#TS608)	NWC	\$175	49
March 2, 2008	Vicarious Traumatization (#TS607)	NWC	\$175	49
May 7, 2008	Role-Play Simulation (#TS610)	NWC	\$285	49
<b>Bylaw Enforcement and Investigative Skills Certificate</b>				
October 22-26, 2007 December 3-7, 2007 Jan. 28 - Feb. 1, 2008 March 3-7, 2008 April 21-25, 2008 June 2-6, 2008	Bylaw Enforcement and Investigative Skills Certificate, Level 1 (#EP209)	NWC NWC NWC  NWC NWC NWC	\$895	50
November 26-30, 2007 April 7-11, 2008	Advanced Bylaw Enforcement and Investigative Skills Certificate, Level 2 (#EP210)	NWC NWC	\$895	50
<b>Victim Services Practitioner Certificate</b>				
Monthly intake	Module I – Orientation to Victim Services (#VSP110)	Online	\$375, No cost to persons employed in funded victim services programs	52
For training dates for the following courses, see <a href="http://www.victimservicescommunity.org/training">www.victimservicescommunity.org/training</a>	Module II – Direct Service Delivery (#VSP120)	NWC	No cost to persons employed in funded victim services programs	52
	Module III – Program Management Skills (#VSP130)	NWC	No cost to persons employed in funded victim services programs	52
	Module IV – Leading in the 21st Century (#VSP140)	NWC	No cost to persons employed in funded victim services programs	53
	Integrating Diversity in Victim Services Work (#VSP150)	NWC	No cost to persons employed in funded victim services programs	53
	Death Related Issues in Victim Services (#VSP160)	NWC	No cost to persons employed in funded victim services programs	53

### LEARNER SERVICES FEE (LSF)

As part of a commitment to improving the quality of services for our students, the JIBC charges a learner services fee (LSF) of \$5 per course credit to a maximum of six credits per course (\$30). The fee is applied to credit courses only and is collected at the time of enrollment. Course fees listed in this calendar do not include the LSF. For more information, see page 67.





## Law Enforcement and Regulatory Training (LERT)

*The Justice Institute of BC's Law Enforcement and Regulatory Training (LERT) Program provides a wide range of training and professional development opportunities for individuals working in the fields of investigation, enforcement, security, and regulatory compliance in both the public and private sectors.*

### CAMPUS LOCATIONS AND COURSE TIMES

**NWC** New Westminster Campus,  
715 McBride Boulevard

**VIC** Victoria Campus,  
910 Government Street

All courses run from 9:00 a.m. to 4:30 p.m. unless otherwise noted.

Our programs range from a 13 day Associate certificate and a 25 day competency-based Investigation and Enforcement Skills certificate, designed for individuals seeking careers in investigation and enforcement, to customized courses on specialized topics to provide employees with the most current information and up-to-date skills to meet the challenges of their jobs.

*For more information on how we can help you prepare for a new career or respond to the increasingly complex demands on your existing employees, please contact:*

**Program Coordinator, Law Enforcement and Regulatory Training**  
604.528.5569 or [lert@jibc.ca](mailto:lert@jibc.ca)



## Personal Safety Training

*Threats to personal safety, real or perceived, have a significant impact on you. Typically, threats to those working in the frontline include a whole range of issues such as aggression, abusive language, violent attacks, bullying, and dealing not only with difficult or unpredictable individuals but also with those who are considered high-risk. The expectation of both individuals and organizations is to be able to manage these threats and their complexities.*

The Justice Institute of BC Personal Safety Training Program aims to raise awareness of both individuals and organizations that have a need to consider personal safety requirements at work. It will develop your skills and knowledge, and equip you with essential tools to deal with threats to personal safety while at work.

You can choose from a one day workshop at the JIBC and customized on-site courses for organizations. Both the workshop and the courses cover a range of topics, including threat assessment, response strategy, and effective communication skills for defusing threatening situations and individuals. A consultation and assessment for organizations can be arranged on request.

*Contact us for an application package and further details.*

**Program Coordinator/Instructor, Personal Safety Training**  
604.538.5538 or [personalsafety@jibc.ca](mailto:personalsafety@jibc.ca)  
[www.jibc.ca/personalSafety](http://www.jibc.ca/personalSafety)



## Other Programs Offered at the Justice Institute of BC

### Centre for Conflict Resolution

*Enhance your career and improve your business and personal relationships by taking courses in conflict resolution. Whether you choose to take individual courses or complete a full certificate, all courses provide you with focused practice time, individualized feedback by professionals in the field, and practical concepts and skills that you can use right away.*

#### Certificates:

- Associate Certificate in Workplace Conflict – Provides you with the ability to understand and resolve conflict in the workplace more effectively.
- Associate Certificate in Leadership and Conflict Resolution – Provides you with the necessary skills of effective leadership, including the ability to understand and resolve conflict in the workplace more effectively.
- Negotiation – Provides you with an excellent opportunity to explore the broad field of conflict resolution with an emphasis on negotiation skills.
- Mediation/Third-Party Intervention – Provides you with in-depth knowledge and skills in formal and informal mediation as well as other forms of third-party intervention.
- Family Mediation – Provides you with training in mediation within a family context. The courses may count towards Family Mediation Canada certification as the subject matter complies with the FMC Practice and Certification Standard 2003 (for more information, please visit [www.fmc.ca](http://www.fmc.ca)).

#### For more information:

**Sue Crosato, Program Planner, Centre for Conflict Resolution**  
**Phone: 604.528.5618 E-mail: [ccrcl@jibc.ca](mailto:ccrcl@jibc.ca) [www.jibc.ca/ccrcl](http://www.jibc.ca/ccrcl)**

#### Customized Training

Access any of our courses or certificates, customized to meet your organization's specific needs and operational realities. We come directly to your organization to help your staff improve their ability to manage conflict and build commitment to innovation, customer focus, and sustained growth.

#### For more information on customized training solutions contact:

**Kent Highnam,**  
**Phone: 604.528.5618**  
**E-mail: [ccrcustomized@jibc.ca](mailto:ccrcustomized@jibc.ca)**  
**[www.jibc.ca/ccrcl](http://www.jibc.ca/ccrcl)**





## Centre for Leadership

*Effective leaders stay current and continue learning throughout their careers. The courses and certificates at the Justice Institute of BC's Centre for Leadership provide you with the necessary skills and knowledge you need to succeed in today's workplace. Whether you choose to take individual courses or a complete a full certificate, all courses provide you with practical skills and knowledge and keep you current.*

### Certificates:

- Associate Certificate in Leadership and Conflict Resolution – Provides you with the necessary skills of effective leadership, including the ability to understand and resolve conflict in the workplace more effectively.
- Foundations of Effective Management – Provides you with an understanding of leadership and management functions and current practices in business and management education, with a particular focus on the necessary skills for effective leadership.
- Management and Leadership Development for Community Settings – Provides you with supervisory, management, and leadership skills that are critical for those working in service and advocacy organizations.
- Instructor Development Certificate – Provides you with the ability to design, facilitate, and evaluate creative and effective training programs.

#### For more information:

**Program Coordinator, Management/Leadership Development and Instructor Development Programs**

Phone: 604.528.5633 E-mail: [leadership@jibc.ca](mailto:leadership@jibc.ca) [www.jibc.ca/ccrcl](http://www.jibc.ca/ccrcl)

### Centre for Leadership: We'll Deliver Great Programs and Courses to Your Doorstep

You can take advantage of all the great content and instructors you've come to rely upon at the Justice Institute of BC's Centre for Leadership – at your workplace. We'll provide expert advice on customized delivery of management and leadership certificate programs and courses specific to your needs. Browse through our annual calendar for ideas and examples.

*New for 2007/2008:* If you are looking for a fast-track leadership program, consider our new "Leading the Way" three day program, appropriate for all levels of management. Contact the Program Coordinator at 604.528.5633 or [leadership@jibc.ca](mailto:leadership@jibc.ca).

*Looking for courses in Management, Leadership and Instructor Development? Visit [www.jibc.ca/ccrd](http://www.jibc.ca/ccrd)*



# Instructors

**Rosa Arteaga** was an anti-violence activist in her country of origin, Mexico. In Canada, she has been working in the anti-violence field for over 10 years. Rosa has worked as a crisis worker and transition house worker providing counselling and advocacy for women escaping violence. She is currently Manager of Direct Services and Programs at Battered Women's Support Services. (Feminist Management Certificate Program [#FMCP100])

**Rob Axsen**, BA (Hon.), has 30 years of experience providing counselling, clinical supervision, and training. He has worked with corrections, mental health, and addictions services, and has specialized experience working with youth. Rob works as an addiction counsellor in Vancouver's Downtown Eastside and has a private practice focusing on training and consultation. He is known for providing practical information so that workshop participants can immediately begin to integrate new ideas into their practice. Rob is a Certified Trainer in the Institute for the Study of Therapeutic Change's Client-Directed Outcome-Informed (CDOI) Service Delivery Model. (Motivational Interviewing in Practice – Level 1 [#AD204]; Motivational Interviewing in Practice – Level 2 [#COUNS205]; Assessment Practices [#AD403]; Becoming Client-Directed Outcome-Informed in Practice [#COUNS144])

**Joan Balmer**, Cert. Con. Res., BA (Adult Education), MA, is a management consultant with over 25 years of experience working with all levels of government, Crown corporations, the private sector, and First Nations communities. She is an instructor with the Justice Institute of BC's Centre for Conflict Resolution and specializes in working to resolve personal, interpersonal or small-group conflict. Joan has maintained a private mediation practice since 1984. (Dispute Resolution: Level 2, Overcoming the Past [#ABLD117])

**Bally Bassi** has been working in the area of justice and public safety for the past 13 years. She is currently Community, Social and Justice Services Manager at the Prince George and District Elizabeth Fry Society. She completed her master's degree in Management and Leadership, specializing in Justice and Public Safety, at Royal Roads University in the fall of 2006. Her thesis was "Building Stronger Accountability Managing Performance in Victim Services." (Feminist Management Certificate Program [#FMCP100])

**Janice Bateman**, Cert. Con. Res., has 16 years of experience in the field of conflict resolution. Her work has focused on mediation, facilitation, training, personalized coaching, and, more recently, restorative practices. Janice works with the private and public sector as well as non-profit organizations. Having worked in business, non-profit, and social services, she brings a wide range of understanding and experience to various settings. (Introduction to Dispute Resolution: Level 1 [#ABLD114])

**Silvana Bazet**, Clinical Member, Ontario Society of Psychotherapists, is a psychotherapist in private practice, trainer, consultant, and community activist. She practises psychotherapy from an anti-oppression perspective and specializes in issues related to sexual orientation, ethno-racial identity, migration, and gender identity. She has developed and led numerous workshops at conferences and community agencies on these subjects. (Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour [#SPE146]; Gut A/Symmetries: Working with Marginalized Clients [#SPE147])

**Marilyn Benning**, BA Gen, BEd, BA Adv, is the Youth Addictions Outreach Counsellor at Burnaby Addictions Services, Fraser Health. She was the Supervisor of Youth Addiction Programs for the Pacific Community Resources Society, where she supervised the prevention, intervention, and day treatment programs. She established the day treatment program, DEWY, for youth as an alternative to residential and outpatient treatment. Marilyn has 15 years of experience working with youth and families as a counsellor, teacher, prevention coordinator, and supervisor. She has worked in addictions, mental health, corrections, and education. Her experience in teaching includes the elementary and secondary levels and college classes, and she was a trainer in Pacific Community Resources' Core Training Program. (Understanding Youth with Concurrent Disorders: Strategies for Intervention and Integrating Care Planning [#CY199])

**Cheryl Bell-Gadsby**, MA, RCC, has extensive experience in Canada and the US as a therapist, clinical supervisor, and educator. She has specific expertise in issues of trauma, family violence, sexual exploitation, child and adolescent development, and hypnotherapy with children, adolescents, and adults. Cheryl has recently co-authored *Reclaiming Her Story: Ericksonian Solution-Focused Therapy for Sexual Abuse*. (Understanding Children and Youth Who Have Experienced Trauma [#CY240]; Cellular Healing: The Neurobiology of Positive Change [#IHC004])

**Cheryl Brooks** is from the Sto:lo Nation and is president of Indigenuity Consulting Group in Duncan, BC. She was the first Aboriginal woman to achieve associate deputy minister status in the BC government's Ministry of Energy, Mines and Petroleum Resources and she held several other senior positions in Aboriginal organizations and the corporate sector. As an associate professor at Royal Roads University in Victoria, she helped develop and taught in the indigenous/corporate relations program. A significant portion of her consulting practice is related to engagement and consultation with First Nations. (Change Management: Aboriginal Organizations [#ABLD116])

**Adrienne Chan** holds a PhD in Adult and Higher Education, and has worked in the field as a social worker in health, mental health, child protection, and family services. She is a professor at the School of Social Work and Human Services at the University College of the Fraser Valley, and is an adjunct professor at the University of British Columbia, Centre for Policy Studies in Higher Education and Training. She has worked extensively as a trainer and consultant with educational institutions, government, and non-profit agencies. Her particular teaching and research interests include: anti-racism, gender, diversity, institutional change, research methods, theory and ethics, and policy. (Feminist Management Certificate Program [#FMCP100])

**Monika Chappell** is a proud Métis (Cree/European) lesbian with multiple disabilities. She is a community-based action researcher, evaluator, and consultant. Monika is currently Coordinator for the Pacific Disabled Women's Network, providing support to community leaders and to women with disabilities throughout BC and the Yukon. She has recently been elected chair of the national Disabled Women's Network Canada, the national umbrella that speaks for women with disabilities. (Feminist Management Certificate Program [#FMCP100])

**Natalie Clark**, MSW, RSW, is an experienced therapist, clinical supervisor, community-based researcher, and educator specializing in issues of child abuse, trauma, sexual exploitation, and adolescent development. (Understanding Children and Youth Who Have Experienced Trauma [#CY240])

**Peggy Clarkson, MA, ATR, RCC, RCAT**, is a mixed-media artist, kayaker, Registered Clinical Counsellor, and Registered Art Therapist in private practice in Vancouver. She is also the clinical supervisor at WAVAW/ Rape Crisis Centre ([www.wavaw.ca](http://www.wavaw.ca)). Peggy works creatively with communities, teams, individuals, and groups to enhance health and life meaning through the process of art making. She also works in psychiatry, specializing in Aboriginal health, children, youth, families, and trauma treatment. (Creating Hope: Explorations in Art for Reflective Practice in Counselling with Children, Youth, Families, and Communities [#COUNS127])

**Robin Cox** has a PhD in Counselling Psychology from the University of British Columbia. She is an experienced clinician, workshop facilitator, and trainer. Her research and clinical expertise is in the areas of disaster behavioural health, trauma, stress and coping, and transitions. She has participated as a psychosocial responder to numerous disasters and is an active member of the disaster planning community in Canada. (Diversity and Critical Incident Stress Management [#TS609]; Role-Play Simulation [#TS610])

**Mary Anne Crabtree, BA, BSW**, has been working with the Boys and Girls Clubs Substance Abuse Programs for the past 19 years. With the Boys and Girls Clubs substance abuse programs Odyssey and Nexus, Mary Anne has worked as an outreach counsellor with street-involved youth, as a counsellor with youth and families, and as a program director. Currently she works at Odyssey as a youth and family counsellor and with the Boys and Girls Clubs Parents Together Program as a group coordinator with a parents' support group. In addition, she has been involved in clinical consulting, education and training, and program development. (Putting a Youth Twist into Substance Use Information and Youth Services [#AD207])

**Brenda M. Daily** is a Métis woman born in the province of Alberta. In her dedication to healing, she draws on a rich family tradition of art and storytelling. Her career spans 26 years and includes working in the addictions field, community development, critical incident debriefing, designing curriculum, and fourteen years as a trainer and writer for the Nechi Training, Education, and Research Institute. During her time with Nechi, she travelled nationally, serving First Nations communities across Canada. (Problem Gambling – Clinical Assessment, Treatment and Prevention [#COUNS140])

**Marie-José Dhaese, PhD, ATR, CET, RPT-S**, is an adult, child, and family therapist and a clinical consultant in private practice. She is a Registered Clinical Counsellor, a Registered Art Therapist, a Certified Expressive Therapist, and a Registered and Certified Play Therapist Supervisor. Marie-José recently celebrated 33 years as a therapist and 23 years as a consultant and international workshop leader in the field of expressive therapies, abuse, loss, and trauma. She has developed her own approach within the field of play therapy (Holistic Expressive Therapy). (Expressive Play Therapy Methods Level 1 [#CY104]; Expressive Play Therapy Methods Level 2 [#CY104A]; Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth, and Adults Cope with the Challenges of Difficult Times – Level 1 [#CY265, formerly #COUNS128]; Sand Play Therapy: Using the Healing Power of Imagery to Help Children, Youth and Adults Cope with the Challenges of Difficult Times – Level 2 [#CY266]; Expressive Therapies to Help the Grieving Child [#COUNS132]; Expressive Play Therapy Methods to Help the Abused and Neglected Child [#CY104B])

**Farzana Doctor, MSW, RSW**, is a consultant and trainer specializing in organizational diversity issues and clinical issues relating to working with marginalized populations. She is also a psychotherapist in private practice, specializing in working with individuals and couples from an anti-oppression perspective. She has co-authored books, book chapters, and articles on working with LGBT people with substance use and depression concerns, and counselling lesbian and bisexual women of colour. She has been an instructor at the University of Toronto and Ryerson Faculties of Social Work. She co-produced a documentary video for South Asian LGBT families, and authored a novel, *Stealing Nasreen* (Inanna Publications, 2007). She received her Master in Social Work degree at Carleton University in 1993. (Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour [#SPE146]; Gut A/Symmetries: Working with Marginalized Clients [#SPE147])

**John Dubé** is a Registered Social Worker with a MEd focus on suicidal children. He began his work in the area of suicide and bereavement in 1985, responding to family and community needs as a result of a suicide or traumatic death. He currently provides bereavement counselling services at Living Through Loss Counselling Centre in Vancouver. John co-developed assessment guides for professionals when determining (1) Adult Risk, (2) Fetal Alcohol Syndrome Suicide Risk, and (3) Qualifying Suicidality in Children Under 12 Years of Age. The Suicide Risk Assessment Guides were developed for professionals in Alberta. (Providing Support to Individual and/or Family Bereaved by Suicide [#COUNS122])

**Gail Edinger** has 20 years of experience working in the feminist anti-violence movement in British Columbia in community development and coordination, counselling, advocacy, and training. She has facilitated strategic planning with many systems and community groups in support of their efforts to improve and create a consistent safety response for women who have experienced violence. Gail is a consultant who lives in 100 Mile House in the Cariboo. She is currently a regional coordinator with Community Coordination for Women's Safety. (Feminist Management Certificate Program [#FMCP100])

**Monica Franz, MA, BCATR, RCAT**, is a clinical counsellor, clinical supervisor, and Registered Art Therapist in private practice in Vancouver. She teaches a master's level course in clinical supervision at City University and has facilitated numerous courses for the Justice Institute of BC over the years. Visit her website at [www.monicafranz.ca](http://www.monicafranz.ca). (Introduction to Art Therapy for Counsellors and Therapists [#CY250]; Art Therapy in Early Stages of Addiction Recovery [#AD210]; Clinical Supervision: Innovative Practices [#EP278]; The Art of Private Practice [#COUNS141]; Creativity as a Transformative Tool [#COUNS143])

**David Freeman, MSW, RSW, CTS**, is in his 10th year as a facilitator and developer of the Critical Incident Stress Management (CISM) certificate program at the Justice Institute of BC. He is board-registered in the areas of CISM, anxiety reactions, post-trauma reactions, stress management, and the treatment of addictions. A Certified Trauma Specialist with the International Association of Traumatic Stress Specialists and a member of the Canadian Traumatic Stress Network, he has a national reputation for his expertise and training programs gained from consultation with international, national, and regional groups in the public and private sectors. David's current research focuses on professional standards of practice and continuing competency. (Demobilization and Defusing [#TS601]; Post-Critical Incident Stress Reactions [#TS603]; Effective Team Participation [#TS605]; Role-Play Simulation [#TS610])

**Heidi Furrer, MA, RCC**, has been working as a counsellor in the field of addiction for the past 13 years. Prior to her clinical work, she instructed at Vanier College in Montreal for 10 years. In conjunction with the Knowledge Network, she produced a video on childhood trauma and its connection to substance use. Heidi also enjoys supervising students during their internships in MA programs. (Understanding Substance Use [#AD400]; Interconnected Risk [#AD405])

**Patricia Galacz** is a consultant and educator, interested in the human relationship at work, in organizations, in community, and in society. Applying experiences in educating and consulting in private, public, and not-for-profit industries and communities, and a passionate interest in coming together in dialogue, Patricia is committed to engaging individuals and groups in meaningful and transformative conversations about the possibilities of being and working together. (Feminist Management Certificate Program [#FMCP100])

**Ellen Gerber** is a senior lawyer working as a City Prosecutor. Formerly, she was Crown counsel with the Criminal Justice Branch of the Ministry of Attorney General. She also works in the area of legal education and has developed and taught courses at the University of British Columbia, Simon Fraser University, the Justice Institute of BC, and a number of provincial government branches. (Bylaw Enforcement and Investigative Skills Certificate, Level 1 [#EP209]; Advanced Bylaw Enforcement and Investigative Skills Certificate, Level 2 [#EP210])

**Kory Wilson Goertzen** is a member of the Kwakwaka'wakw Nation. She completed her legal studies at the University of British Columbia. She is currently a Program Coordinator for Aboriginal Studies and Canadian Studies at Langara College. Kory also instructs and provides support for first- and second-year students for the Institute of Indigenous Government in Vancouver. She has been a speaker and workshop presenter for organizations such as the Association of Oral Historians, the Adult Basic Education Association of BC, and the International Institute for Reminiscence and Life Review. (Aboriginal Justice and Governance Models [#ABLD115])

**Monique Gray-Smith** is a mixed-heritage woman: Cree, Lakota Sioux, and Scottish. She is a psychiatric nurse and consultant with her own business, Little Drum Consulting, and has been facilitating workshops for over 10 years. Monique has experience working with youth and women in the areas of family violence, suicide prevention, addictions, and personal wellness. (Promoting Resilience in Children: An Aboriginal Perspective [#CY256])

**Jennifer Gregg, MA**, has worked for an array of mental health and addiction services. Over the past four years, she has provided extensive responsible gambling and problem gambling prevention initiatives as well as delivered clinical services to the community. In 2003, she was integral in facilitating an extensive youth-specific prevention program evaluation. These results provided a comprehensive look into the local world of teen gambling assessment, attitudes, and gambling behaviour, and the role of effective prevention strategies. She is currently also Provincial Youth Coordinator with the Problem Gambling program. (Problem Gambling – Clinical Assessment, Treatment, and Prevention [#COUNS140])

**Mark Haden** has been working in the addictions field since 1984. He has worked in detox, methadone, and outpatient settings providing counselling, educational, supervision, and management services. Mark is a graduate of the Master of Social Work program at UBC and has published articles on drug policy in the *Canadian Journal of Public Health* and the *International Journal of Drug Policy*. (Compassion and Policy: The Heart and Mind of Drug Policy Reform [#AD408])

**Yvonne Haist, MEd**, is a Registered Clinical Counsellor in private practice and has extensive teaching experience at the University of Victoria School of Social Work as well as other post-secondary institutions. Integration of somatic healing principles has dramatically transformed her teaching and clinical practice. Yvonne has had the privilege of witnessing the effectiveness of emphasis on nervous system regulation with practitioners in First Nations communities, with people moving through the cancer journey, and with individuals processing shock and developmental and accumulated stress trauma. She brings integrity, humour, and practical wisdom to her work. Visit her at [www.yvonnehaist.com](http://www.yvonnehaist.com). (Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation [#TS120])

**Lori Haskell, EdD, C.Psych.**, is a clinical psychologist in private practice with over 20 years of experience. Dr. Haskell's clinical and research interests include trauma, revictimization, sexual abuse, and sexual violence in relation to women's psychological development. She has a status appointment as an assistant professor in psychiatry at the University of Toronto and is an academic research associate with the Centre for Research on Violence Against Women and Children, at the University of Western Ontario. (Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies [#SPE148])

**Tom Hetherington, MSW**, has 32 years of experience as a street worker, a child and youth care worker, a probation officer, a child protection worker, an employee assistance practitioner, and a family counsellor. For the past 12 years, he has been the manager of Pacific Community Resources Society's youth and adult alcohol and drug programs. (Community Voices/Contemporary Issues [#AD407])

**Nym Hughes** is a long-time conflict resolution practitioner and educator and an even longer time feminist. Her activist days were in the 1970s and 1980s, and she went into conflict resolution initially to find ways of lessening the often destructive conflict she experienced in feminist groups. She currently works as the Coordinator of Learner and Instructional Development at the Centre for Conflict Resolution at the Justice Institute of BC, teaches in the adult education degree program at the University College of the Fraser Valley, and is completing her doctorate in education through Simon Fraser University. (Feminist Management Certificate Program [#FMCP100])

**Margaret Jones-Callahan, MA**, is a counsellor in private practice with over 20 years of clinical experience with children, adults, and families. She has particular expertise in the treatment of sexual abuse, grief and trauma, human sexuality, creativity, the expressive arts, and Buddhist psychology. (Mask and Mirror: The Many Faces of Shame [#EP214])

**Bob Joseph**, founder of Indigenous Corporate Training, has provided training on Indigenous or Aboriginal Relations since 1994. His career began in the Aboriginal Relations Department of BC Hydro, where he designed and delivered three levels of cross-cultural awareness training programs to many of the 5,500 BC Hydro employees and to over 100 external organizations. In 1999 Bob received an award from the Province of BC for his work in promoting cross-cultural understanding. Bob is also an associate professor in the Indigenous Corporate Relations Program at Royal Roads University. (Introduction to Project Management [#ABLD118])



**Ninu Kang**, Director of Family Programs at MOSAIC, has worked in the anti-violence movement for the past 15 years. She has worked with immigrant women who have experienced abuse by providing counselling, support, and advocacy. In the last 10 years, she has worked with abusive men from the South Asian community by providing group treatment. Ninu has been a member of the Vancouver Coordination Committee and is presently on the board of Battered Women's Support Services (BWSS) and Ending Relationship Abuse (ERA) Society. She is also involved in various community development and policy change processes. She has provided training in the areas of men's treatment, cultural competency, and anti-racism. (Spirituality in Therapeutic Practice: The Journey Within [#COUNS142])

**Jane Katz**, MA, RCC, CHRP, has over 25 years of experience in group facilitation. She has facilitated educational, psycho-educational, and therapy groups with both voluntary and court-mandated adult men and women, as well as with adolescents. She has had considerable success with program completion with populations noted for high dropout rates. Jane also has many years of experience developing programs and providing training and supervision of group facilitators, including in Japan using translation services. In addition to group process, her areas of expertise include non-violence work, relationship development in families and organizations, and individual and organizational change. (Facilitating Psycho-educational Groups [#COUNS110])

**Sara Kendall** is an artist and facilitator from Vancouver. She brings a combination of performance, activism, and youth culture to her work, maintaining a deep focus on opening spaces of personal and community empowerment. Sara coordinates and facilitates for Peer Perspectives, providing workshops throughout BC that empower youth and teachers to dismantle racism and homophobia. Dedicated to fully engaged group processes that are both personally meaningful and socially relevant, Sara brings her anti-oppression analysis, creative approach, and readiness for learning into all of her facilitation work. (Human Eyes: Seeing Privilege and Oppression and Creating Unity within Diversity [#CY268])

**Judy Lightwater** has been working with non-profit organizations since 1987. She has helped over 70 organizations to raise funds for everything from shelters to environmental education, as well as worked with government and foundations to create funding solutions. In the last five years, most of her time has been devoted to fund development plans, direct mail campaigns, and individual gift approaches. She also does strategic and outcome-based planning to make it all come true. (Feminist Management Certificate Program [#FMCP100])

**Evan Lopes** received his honours bachelor's degree from McMaster University, his master's degree from City University, and his PhD degree from Southern California University for Professional Studies, where he graduated *magna cum laude*. He has many years of experience in counselling and therapy, psychopathology, and psychopharmacology, and as an expert witness in the field of forensic psychology. He is a registered psychologist, gives workshops and lectures at different universities, and is often called upon as a lecturer and consultant by different groups and institutions. Presently he is the chief of psychology for Mission and Ferndale federal institutions, where his duties involve the supervision of forensic psychological services for the federal corrections system. He also has a private practice. Outside his role as a clinician, he is best known for his skills as a professional magician. (Everything You Ever Wanted to Know About the DSM-IV-TR – Level 2 [#TS124, formerly #EP204A])

**Jan Lutke** is the co-chair of the National Advisory Committee on Fetal Alcohol Spectrum Disorder (FASD) to Health Canada, founder and former director of the FAS Support Network of BC, and founder of FASD Connections. She sits on numerous provincial and federal advisory committees and facilitates and advises on a wide range of training programs and research projects. Jan has been providing education, training, consultation, and support to a wide range of agencies, organizations, and groups across North America. (Fetal Alcohol Spectrum Disorder [#AD120])

**Angela Marie MacDougall** has 18 years of experience providing counselling and supervision, with extensive experience developing and facilitating training programs in the private and non-profit sectors. Her areas of focus include feminist leadership, anti-oppression work, organizational development, change management, team building, and workplace diversity. She has experience working in collective, traditional hierarchical, feminist, and unionized environments. She is currently the executive director at Battered Women's Support Services. (Feminist Management Certificate Program [#FMCP100])

**Myrna Martin**, MN, RCC, RCST, is a family therapist who has 20 years of experience in early trauma resolution with babies/children and their families. This work centres on developing secure attachment and healing disordered attachment. Myrna facilitates seminars and a two-year professional Attachment Therapy Training worldwide. (Strengthening Attachment [#COUNS125])

**Maureen McEvoy** has been working in the field of trauma for over 20 years. She works with individuals, couples, and groups. Maureen is a long-time instructor with the Justice Institute of BC, teaching other counsellors skills for working with survivors of child sexual abuse and other domestic traumas. She provides clinical consultation to a number of counsellors and agencies. She has written several articles, including one co-authored with Maggie Ziegler on counter-transference in trauma groups. She and Maggie have also just completed a best practices manual for Stopping the Violence for counsellors. Maureen is currently updating *Balancing Conflicting Interests: A Legal Manual for Counsellors* for the Justice Institute of BC. (Feminist Management Certificate Program [#FMCP100])

**Bridgid McGowan** is the former executive director of the Women's Addiction Foundation. She has a Master of Arts in Pastoral Psychology and Counselling, and currently works as a trauma counsellor with women who have experienced violence. She has over 15 years of experience as a spiritual director and teacher in earth-based spiritual communities in Canada and the US, and is a student of Buddhist practice. (The Discovery of Spirit in Recovery [#AD125])

**Gillian Maxwell** is trained in mediation and negotiation and has been an entrepreneur in Vancouver for 20 years. She was a member of the Vancouver Police Board from 1999 to 2003. She is a catalyst for change and is involved in making it happen in various ways, ranging from transformational processes to human rights movements, which has currently brought her into the area of reforming drug policy for all currently illegal substances. (Compassion and Policy: The Heart and Mind of Drug Policy Reform [#AD408])

**Kirsten Mikkelsen's** lineage is from Animkee Waa-zhing and Manitou Ziibi of the Anishnabe Nation, Danmark and Suomi. She lives as a visitor in Coast Salish Territory (Victoria, BC). She has a Master of Arts in Indigenous Governance and a Bachelor of Social Work, Indigenous Specialization, both from the University of Victoria. Kirsten has recently completed a DVD series through Lifting Children's Spirit Society called *Indigenous Renewal: Time for Life Again* in addition to the documentary *Akicita: Fighting to Live Again*. She currently teaches as a Sessional Instructor and does administrative work with the Indigenous Specialization program at the University of Victoria's School of Social Work. Kirsten has worked in a variety of postsecondary indigenous programs, and her experience broadly includes teaching distance education and on-campus courses, curriculum development, student support, and administrative work. (Philosophy, Values and Ethics of Aboriginal Leadership [#ABLD110])

**Lisa Mortimore**, MA, is a Registered Clinical Counsellor with a private practice in Victoria. Her areas of focus include both attachment (developmental) and shock trauma resolution, mind/body stress reduction, sexualized abuse recovery, chronic illness/pain, and self-discovery. Lisa is a member of the Mandala Counselling Group, which offers somatic trauma training and education to counsellors and frontline workers. As a counsellor and counsellor educator, she is a strong advocate for systemic social change and social justice and brings depth, humour, and authenticity to her work. Visit her at [www.lisamortimore.com](http://www.lisamortimore.com). (Trauma, the Body, and the Autonomic Nervous System: Using Somatic Psychology for Resolution and Regulation [#TS120])

**Rosemary Nygard**, MEd, BSW, is currently the Provincial Coordinator of Education and Professional Development with BC's Problem Gambling Program. She has worked as a prevention worker and counsellor in the field of substance misuse and problem gambling for over 10 years, at both the school-based and community levels. She has presented at a number of conferences on topics such as problem gambling among young adults and the evaluation of adult education. She also works for the Centre for Teaching and Learning at UBC as a Faculty Instructional Skills facilitator. (Creating Healthy Communities [#COUNS145]; An Introduction to Problem Gambling [#COUNS146]; Problem Gambling – Clinical Assessment, Treatment, and Prevention [#COUNS140])

**Laurie Pearce**, MSW, MA, PhD, has specialized in disaster management and traumatic stress for over 20 years. She is a member of the Association of Traumatic Stress Specialists, the World Association of Disaster Emergency Management, and the Emergency Social Services Association of BC. She sits on the board of the Emergency Preparedness for Industry and Commerce Council of BC. Laurie has worked in emergency child protection for the Ministry of Children and Family Development for over 25 years, and is currently the Special Projects Manager, Fraser Region, for the Ministry of Children and Family Development. (Introduction to Critical Incident Stress Management [#TS600]; Managing Responses to Community Disasters [#TS604]; Trauma, Children, and Youth [#TS608]; Role-Play Simulation [#TS610])

**Barbara Plumstead**, MA, RCC, has worked in the field of substance misuse and trauma for 14 years and is currently a counsellor at the Aurora Treatment Centre, a department of the Women's Health Centre in BC. She also has a private practice in Vancouver and is certified in the use of EMDR. (Improving Addictions Treatment by Addressing Tobacco [#AD123]; A Continuum of Care: Prevention to Harm Reduction [#AD401])

**Nancy Poole**, MA, works as a Provincial Research Consultant on Women's Substance Use Issues with BC Women's Hospital and with the BC Centre of Excellence for Women's Health, on research and knowledge exchange relating to policy and service provision for women with substance use problems. (Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder [#AD409]; Integrating Treatment for Substance Use, Mental Health Problems, and Trauma in Women [#AD216]; Fetal Alcohol Spectrum Disorder [#AD120]; Working with People Affected by Fetal Alcohol Spectrum Disorder to Prevent and Treat Substance Use Problems [#AD128])

**Bill Pozzobon** is a Senior SafeTeen Trainer who has worked on gender and violence issues with youth and educators nationally and internationally. Bill is an actor, director, and inspirational public speaker. He invites the men he works with to step into their full humanity with dignity and courage. (My Body Is Not Your Playground: Sexual Boundaries Course [#CY170]; Youth Culture: Not a Stone Left Unturned [#CY179])

**Kathryn Priest-Peries**, PhD (Candidate), MSW, RCC, is a therapist in private practice as well as an organizational consultant. She specializes in working with post-traumatic stress disorder, complicated grief, residential school recovery, and self-care for helping professionals. She has 19 years of experience working in the child welfare system as a social worker, foster caregiver, manager of social worker training, organizational consultant, and instructor. (Working with Complicated Grief [#COUNS102]; Grief, Loss, and Attachment Issues in Working with Children [#CY261])

**Bob Pushak** is the director of Parenting Wisely Facilitation Training. He received the 2006/2007 Premier's Innovation Award for contributing to a fundamental shift in government practice. Bob provides direction for the Child Conduct Disorder Clinic at Yale University. He is the primary trainer of mental health professionals using Parenting Wisely in the Ontario Mental Health Plan for Conduct Disorder. (Parenting Wisely Facilitation Training [#CY263])

**Stephanie Rabbers**, MFTC, RPC, is a Registered Youth and Family Counsellor and Therapist. She specializes in working with children, youth, families, and adults using a family systems, resource, and assets-focused approach. Stephanie has 20 years of experience working in frontline, mental health, clinical, recreational, and educational settings. She uses many expressive modalities in her work, including art, play, drama, movement, and energy. Stephanie takes pleasure in witnessing youth and families create change, build opportunities for healing, and experience joy and empowerment in their lives. (Tools for Success: Enhancing the Emotional Intelligence of Youth [#CY264])

**Bruce Ramsay**, CTR, is a retired deputy fire chief and a Certified Traumatologist. Bruce sits on the executive of the Association of Traumatic Stress Specialists and is an experienced trauma trainer and debriefer. He has provided critical incident stress debriefing services to emergency response groups, victims' assistance groups, private industry clients, and First Nations communities. (Critical Incident Stress Debriefing [#TS602]; Diversity and Critical Incident Stress Management [#TS609]; Vicarious Traumatization [#TS607]; Role-Play Simulation [#TS610])

**Carrie Reid**, MA, RCAT, runs Mostly Salish Consulting on Vancouver Island, where she works as both a community-based researcher and art therapist. Carrie is currently working towards her PhD in Expressive Art Therapies. (On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations [#COUNS138])

**Maggie Reidy**, MEd, holds a master's degree in counselling from the University of Victoria. She is an accomplished therapist with a strong focus on children, youth, and families. Maggie has 20 years of counselling and facilitation experience, with extensive background in facilitation of workshops for youth, parents, and professionals. Her career interest is empowering children and adults to move forward with confidence in their lives. (Tools for Success: Enhancing the Emotional Intelligence of Youth [#CY264])

**Vikki Reynolds**, MA, RCC, teaches Substance Abuse Counselling at Vancouver Community College and Trauma in City University's master's program, where she received the Dean's Award for Distinguished Instruction. She supervises therapy teams and is researching a PhD dissertation in trauma therapy, ethics, and sustainability. Vikki is influenced by social justice and collaborative therapies. (Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 1 [#TS121, formerly #COUNS121]; Resisting Vicarious Traumatization: Sustaining Ourselves in Work with Trauma – Level 2 [#TS122])

**Anita Roberts** has been working in the field of women's empowerment for 30 years. Twice nominated for Woman of Distinction awards and chosen as a Canadian representative on Violence Against Women to the United Nations, she is an award-winning writer, visionary, power-coach, and entrepreneur. Anita has travelled all over the world – Europe, Australia, Africa, Mexico, Japan – learning from and teaching women how to hold their power and speak their truth. (See Jane Fly: A Passion, Potential, and "POWER-UP" Course for Women [#COUNS119]; My Body Is Not Your Playground: Sexual Boundaries Course [#CY170]; Youth Culture: Not a Stone Left Unturned [#CY179])

**Elizabeth Robinson**, MSW, RSW, is a social worker in private practice with over 30 years of experience in a variety of settings as a leader, manager, consultant, and educator. She currently manages her own human resource development company and is a part-time lecturer at the School of Social Work and Family Studies at UBC. (Aboriginal Leadership Development [#ABLD112])

**Jaswinder S. Sandhu**, MEd, is a psychotherapist specializing in addictions, adolescence, and multicultural counselling. His research has been published in several academic journals, and he is the co-author of the book *The Socially Involved Renunciate*. (Working with South Asian Youth and Young Adults [#CY176])

**Yvonne Savard**, RPN, RN, BScN, MAED\CI, has over 20 years of experience in mental health services, including corrections and emergency crisis intervention. She is currently a nursing instructor in the Psychiatric Nursing Program at Douglas College. She remains a positive advocate for mental health clients and is actively involved in non-violent crisis intervention education. (Understanding Pharmacology from a Counsellor's Perspective [#EP308])

**Jennifer Scott**, CMA, is a financial professional with over 15 years of volunteer experience with national and provincial feminist organizations. Her board roles have centred on fundraising, budgeting, policy development, and financial management. Jennifer is currently an analyst with the Financial Institutions Commission. (Feminist Management Certificate Program [#FMCP100])

**Rupinder Sidhu** is a Vancouver-based artist and facilitator. He has been helping to build healthy, passionate communities for 10 years. Strength and self-empowerment inspire all of Rup's work; he brings a fun, engaging, and heartfelt energy to all of his facilitation. As a multi-instrumentalist, producer, dancer, choreographer, and poet, his vision is ignited by an interdisciplinary passion for the arts. Besides being a SafeTeen facilitator, Rup is currently facilitating with Peer Perspectives, giving anti-oppression workshops, and participating in the Momentum Project, the Power of Hope, and Sarah MacLaughlin Music Outreach, a free inner-city music school in Vancouver. (Human Eyes: Seeing Privilege and Oppression and Creating Unity within Diversity [#CY268])

**Daniel Siegel**, MD, is an associate clinical professor of psychiatry at UCLA School of Medicine, where he is on the faculty of the Centre for Culture, Brain and Development. He is also director of the Mindsight Institute, an educational organization that focuses on how the development of insight and empathy within individuals, families, and communities can be enhanced by examining the interface of human relationships and basic biological processes. Dr. Siegel served as a National Institute of Mental Health Research Fellow at UCLA, studying how attachment experiences influence emotions, behaviour, autobiographical memory, and narrative. He is the author of the internationally acclaimed book *The Developing Mind: Toward a Neurobiology of Interpersonal Experience*. His most recent book, *The Mindful Brain*, was released in March 2007. (Psychotherapy from the Inside Out: The Brain of the Mindful Therapist [#SPE225])

**Jeff Sim** brings over 20 years of policing experience to the classroom, much of it involving a variety of investigative, operational, and educational roles. Jeff has been teaching or writing curriculum for CFCS programs since 1997, and earned a BA in Adult Education while seconded to the Police Academy at the Justice Institute of BC. He currently serves as a police officer in British Columbia and provides educational services to CFCS. (Bylaw Enforcement and Investigative Skills Certificate, Level 1 [#EP209])

**Sherry Simon** – T'selpinek – is of the Eagle Clan from the Skeetchestn Band in the Scwepemc Nation, BC. Sherry graduated with honours from Simon Fraser University in 2003, with a joint major in psychology, First Nations issues, and women's studies. Currently a senior trainer for SafeTeen, she has extensive experience working with issues such as sexual exploitation, gang violence, racism, homophobia, Fetal Alcohol Spectrum Disorder (FASD), and communication. (POWW – Path of Wise Warriors: An Aboriginal Youth Empowerment Course [#CY175])

**Kathy Snowden**, MSW, BSW, BA, is currently the Manager of Substance Abuse Services for the Boys and Girls Clubs of Greater Vancouver. She has worked as a youth and family counsellor, and program director for Odyssey II, a substance misuse outpatient program for youth and their families. She has had 24 years of experience working with high-risk and at-risk youth. (Putting a Youth Twist into Substance Use Information and Youth Services [#AD207])

**Joe Solanto**, PhD, is a therapist, consultant, and workshop facilitator with over 30 years of experience training educators and mental health professionals in therapeutic responses to critical incidents and traumatic experiences. Since the early 1990s, Joe has been teaching a wide variety of courses at the Justice Institute of BC, focusing on trauma counselling, assessment and treatment, restorative justice, and adventure-based learning, as well as offering training in counselling-related topics at other post-secondary institutes. In the past few years, he has also been working in First Nations communities in BC, the Yukon, and the Northwest Territories, as well as with the Inuit of Northern Quebec, assisting with the healing from residential school trauma and training frontline staff to respond to the high incidence of violence and of suicidal, addictive, and other self-harming behaviours within their communities. (Responding to Trauma and Post-Traumatic Stress Reactions [#EP251]; Everything You Ever Wanted to Know About the DSM-IV-TR – Level 1 [#TS123, formerly #EP204]; Using the DSM-IV-TR with Children and Youth – Introductory Level [#MH008]; Trauma and Addictions: Assessment and Treatment Issues [#TS225])



**Harry Stefanakis**, PhD, Registered Psychologist, has 15 years of experience working with violence. He was a consultant to the Ministry of Attorney General in its Family Violence core programs initiative, and a visiting expert for the United Nations Asia and Far East Institute for the Prevention of Crime and the Treatment of Offenders (UNAFEI). He has presented his work nationally and internationally and runs a clinical and consulting practice in Vancouver. (Reaching the Heart of Violence: Compassionate Approaches to Ending the Use of Violence [#COUNS124]; Spirituality in Therapeutic Practice: The Journey Within [#COUNS142])

**Christine Stewart** is also known as *Galxa'guii biik sook'*, a name selected for her by her family, which translates to Robin Flying Through. She is the child of the Nisga'a and born to Diane and Chester Stewart, and the sister to six siblings. Christine was born and raised in Prince Rupert, British Columbia. She is Ganada (frog/raven clan) from the house of Ksim Xsaan. Christine is currently working for the BC Teachers' Federation (BCTF) in a four-year term position. She is a Vancouver teacher and has taught at both secondary and elementary levels. Christine has also taught Diversity in Education courses for Simon Fraser University. She served as a faculty associate for the Indigenous Teacher Education Module at SFU. Christine represents the BCTF on matters concerning Aboriginal education. She has presented papers for American Educational Research Association, Canadian Society for the Study of Education, and World Indigenous Peoples conferences. (Aboriginal Family and Youth Advocacy [#CY269])

**Roberta Stewart's** Nisga'a name is *Gilum gsi tagi*, meaning "forget me not." She is from the Wilp of Sim'oiget Kit k'hunn, of the community of Gingolx, BC. Roberta's experience has taken her to First Nations communities across Canada, delivering a wide range of education and training to address issues of violence. She has worked in community development processes towards developing long-term holistic therapeutic approaches, assessing community needs, and developing curriculum. Roberta is currently Program Coordinator for Aboriginal Programs and Services at the Justice Institute of BC. (Workplace Based Practicum [#ABLD150])

**Elaine Stoll**, BA, RCC, is a therapist and trainer in private practice who has worked with violence and abuse issues for the past 25 years. Elaine works with adults and youth, and facilitates a variety of groups, including parenting groups. She is an accredited Choice Theory instructor with the William Glasser Institute in Los Angeles. (Fostering and Encouraging Client Responsibility [#EP524]; Listening for the Metaphor: Facilitating Parenting Groups [#COUNS120]; Teaching Problem-Solving Skills to Clients [#EP286]; Counselling Skills: The Art of Asking Effective Questions [#EP587]; Working More Effectively with Parents and Other Caregivers [#CY267])

**Debbie Suian**, MA, RCC, has worked as a therapist, clinical supervisor, and trainer in community-based counselling agencies, addictions services, mental health, and private practice for over 20 years. Her clinical interests include therapist variables and their impact on relationship development and treatment outcome. (Concurrent Disorders Planning – Level 1 [#AD410]; Concurrent Disorders Planning – Level 2 [#COUNS211])

**Jane Templeman**, MA (Counselling Psychology, specializing in feminist-based approaches to counselling women), has 20 years of experience in counselling and in feminist-based non-profit management in the anti-violence sector and, previously, in women's career development. Jane is currently executive director at Haven Society, Nanaimo. Her interests in management lie in program development, the role of leadership in social, organizational, and personal change processes, social and structural analyses, and equality and respect-based practices. (Feminist Management Certificate Program [#FMCP100])

**Dale Trimble**, MA, RCC, has over 25 years of experience providing individual, couples, and family therapy. He is a Canadian pioneer in the work of ending men's violence against women. Dale is an adjunct faculty member with City University. In 2004 he received the BC Association of Clinical Counsellors President's Award for Distinguished Contributions to the Profession. (Reaching the Heart of Violence: Compassionate Approaches to Ending the Use of Violence [#COUNS124])

**Kenneth Tupper** has worked as a drug policy advisor in the area of Problematic Substance Use Prevention at the BC Ministry of Health since 2003. He is a PhD student in the Department of Educational Studies at the University of British Columbia, where he is doing research in the field of drug education and policy. Ken has presented at numerous conferences and published academic articles in the *International Journal of Drug Policy* and the *Canadian Journal of Education*. (Compassion and Policy: The Heart and Mind of Drug Policy Reform [#AD408])

**Richard Van Camp** is a proud member of the Dogrib (Tlicho) Nation from Fort Smith, Northwest Territories. A graduate of the En'owkin International School of Writing, the University of Victoria's Creative Writing BFA Program, and the master's program in Creative Writing at the University of British Columbia, Richard currently teaches creative writing for Aboriginal students at UBC. An award-winning author, his books include a novel, *The Lesser Blessed*; a collection of short stories, *Angel Wing Splash Pattern*; and two children's books with Cree artist George Littlechild, *A Man Called Raven* and *What's the Most Beautiful Thing You Know About Horses?* He is CBC Radio's Writer in Residence for its North by Northwest Program. (Writing and Research Skills [#ABLD113])

**Munir Velji**, MSW, BA (Criminology), BSW, specializes in working with children and adolescents. He has 17 years of experience in the counselling and mental health field. He has worked at various mental health crisis programs for Fraser Health in the past and has also been employed at the Maples Adolescent Treatment Centre in Burnaby and the BC Ministry of Children and Family Development. He also provides training and relief to Covenant House Vancouver. (Understanding Pharmacology from a Counsellor's Perspective [#EP308])

**William (Bill) Waboose** is an Ojibwa from Northern Ontario. He has worked as a counsellor in the Aboriginal community for the past 15 years. He is currently Director of Social Development for the Seton Lake Band in BC, with the St'at'imx people. Since 2001 he has facilitated and instructed courses in mental health and addiction recovery in various locations. Living in the mountains of southern BC, Bill enjoys exploring the back roads and visiting the remote spots in the area. (All My Relations: Working with Aboriginal Clients in Substance Use Recovery [#AD129]; Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment [#AD130])

**Carol White** has worked as a community-based counsellor for over 20 years. She has spent the last 10 years doing residential trauma counselling at Tsow Tun Le Lum in Lantzville, BC. Carol is presently working with the Qul-Aun Program for residential school survivors. She is proudly Salish and combines her traditional roots with contemporary counselling practices. (On the Edge: Vicarious Trauma and Compassion Fatigue in Aboriginal Organizations [#COUNS138])

# Information for Students

## Course Times

All courses run from 9:00 a.m. to 4:30 p.m. unless otherwise noted.

## Our Campus

All CFCS courses are held at the Justice Institute of BC, 715 McBride Boulevard, in New Westminster, BC, unless otherwise noted. The Justice Institute of BC's main campus covers 170,000 square feet, including an office block, classroom block, library, gym, cafeteria, 200 seat theatre, indoor firearms range, media centre and a custom-designed Public Safety Simulation Building. Free parking is available. The campus also features a central garden and a large atrium that links offices, classrooms, the cafeteria and library. The atrium and garden also serve as central meeting places for students, faculty and staff. The building is fully wheelchair accessible including curb approaches.

**Directions:** please see the map on page 68 or call 604.528.5608.

The Justice Institute of BC also has campuses in Victoria and Kelowna.

## STUDENT SERVICES

### Information Desk

The Information Desk is located in the Atrium on the main floor. Assistance is available weekdays from 7:00 a.m. to 5:00 p.m. to provide general information and assistance. Staff also handle requests for First Aid Attendants, maintain a register of lost and found items, and approve all notices for the bulletin boards and flyers for the information racks.

### Library

The JIBC Library is open to all students, although only students registered in certificate or diploma programs have borrowing privileges. All students may contact the Library for a Username & Password to be used for off-site access to databases of full-text journal articles and references.

All computers in the Library have Microsoft Office and internet access. The Library has a printer, photocopier and fax machine which can be used for nominal fees. The Library also has study rooms available for student use.

Library hours are Monday to Friday from 8:00 a.m. to 5:00 p.m., and Saturday (September to June) from 9:00 a.m. to 4:00 p.m.

**Phone:** 604.528.5599

**Fax:** 604.528.5593

**E-mail:** [library@jibc.ca](mailto:library@jibc.ca)

**Web:** [www.jibc.ca/library](http://www.jibc.ca/library)

### After Hours Online Chat Reference Service

After JIBC Library hours (evenings and Sundays), BC post-secondary librarians are available to provide an online chat reference service through AskAway.

**For more information on all JIBC Library services visit** [www.jibc.ca/library](http://www.jibc.ca/library)

## Aboriginal Student Services

The Justice Institute of BC and CFCS welcome and encourage Aboriginal students to attend our programs. A Program Coordinator is available for academic counselling and emotional support. Please feel free to contact the Program Coordinator by phone at 604.528.5621, by fax at 604.528.5640, or by e-mail at [aboriginal@jibc.ca](mailto:aboriginal@jibc.ca).

### Services for Students with Disabilities and Special Learning Needs

The Justice Institute of BC and CFCS strive to be as accessible as possible to students with disabilities. To help you while you are learning at the JIBC, we are able to provide:

- Sign language interpreters
- Specialized equipment for people who are visually impaired
- Large-print or Braille documents
- Classroom and exam tutors for people with learning disabilities

The JIBC building is completely wheelchair-accessible. Disability-designated parking is located near both main entrances of our building, with conveniently located curb approaches. All floors have separate accessible washrooms, and pay phones are designed for wheelchair access. There are two elevators and refuge areas at each staircase in the event of fire or other emergency. Wherever possible, CFCS courses held off-site are offered at wheelchair-accessible locations.

For more information, please contact the Registration Services Advisor at 604.528.5588; TTY/TDD: 604.528.5655.

A copy of the Justice Institute of BC's Student Handbook can be downloaded from our website at [www.jibc.ca/studentServices/handbook.htm](http://www.jibc.ca/studentServices/handbook.htm).



**Win a free course!**  
**Sign up for CFCS's**  
**e-letter distribution list**

Sign up for our e-letter distribution list and have the latest information on CFCS courses, events, and customized solutions delivered to your inbox. Plus, we will enter your name in our quarterly draw for a free CFCS course. To sign up, visit our website at [jibc.ca/cfcs](http://jibc.ca/cfcs) and follow the links.

# Registration Information

## New online course search and registration

Now you can search for course details, register, and pay online with your credit card, all with the click of a mouse! It's simple:

- (1) Visit [www.jibc.ca](http://www.jibc.ca).
- (2) Use the course search to select the course, date, and location for which you would like to register.
- (3) Login with your student ID and password.
- (4) Follow the prompts to complete your registration.

## NOTE THESE DEADLINES

### For certificates

We recommend that you apply for certificates at least two months before the classes begin, because:

- It can take up to five working days to process an application.
- Once an applicant is accepted, we recommend registering at least 10 days before the classes begin.
- Acceptance into a certificate program does not guarantee seat availability in a specific course. Once your application has been approved, please register directly with the Registration Office at 604.528.5590.

### For courses

Registration is on a first-come, first-served basis. Early registration is recommended. While registrations are generally accepted up to one business day before a course begins, we make decisions to run or cancel courses based on the registrations five days before a course.

## Follow these steps to register

### For certificates\*

- (1) Complete the Certificate Program Application Form on page 71. Make sure you have included all required materials and the \$25 non-refundable application fee. Mail or fax the application to:  
  
JIBC Registration Office  
715 McBride Boulevard  
New Westminster, BC V3L 5T4  
Fax: 604.528.5653
- (2) Once CFCS receives your application, we will let you know within about five to 10 working days whether or not you have been accepted into a certificate program.
- (3) If you are accepted, pay for your certificate following the steps below. Confirmation of registration will be sent by mail.

*\* The Bylaw Enforcement and Investigative Skills Certificate and Problem Gambling Certificate do not require an application. Simply call the Registration Office at 604.528.5590 to register.*

### For courses\*

- (1) Make sure that you have completed all prerequisites.
- (2) Fill out the Course Registration Form on page 73.
- (3) Submit your registration form and payment at the same time. Follow the steps for payment below. Confirmation of registration will be sent by mail.

*\* To take individual courses in Critical Incident Stress Management, you must complete a Certificate Program Application Form. Follow the steps for certificates above.*

## Follow these steps to pay

### By mail



Send a cheque made out to the Justice Institute of BC or a VISA/MasterCard number with expiry date and signature to:

JIBC Registration Office  
715 McBride Boulevard  
New Westminster, BC V3L 5T4

### By phone



Call the Registration Office at 604.528.5590 or 1.877.528.5591 (toll-free – long distance calls only) between 8:30 a.m. and 4:00 p.m., Monday to Friday. Please have the course name and number and your VISA or MasterCard number ready when you call.

### In person



By cheque, cash, debit card, VISA, or MasterCard at the JIBC Registration Office, 715 McBride Boulevard, New Westminster, BC, between 8:00 a.m. and 4:30 p.m., Monday to Friday.

### By fax



Fax the registration office at 604.528.5653. VISA or MasterCard only.



# Read the Fine Print

## Withdrawals

Deadlines and fees for withdrawing from a certificate or course vary from program to program. Please contact the Registration Office for specific information.

## Transfers

If you wish to transfer from one course to another, the Registration Office must be notified at least one week prior to the course start date. Transfers are subject to an administrative charge.

## Substitutions

If your agency plans to send someone to a course instead of the person who was originally registered, please inform the Registration Office ahead of time.

## Cancellations

The Justice Institute of BC reserves the right to substitute faculty or cancel courses. Every effort will be made to provide adequate notice of substitutions or cancellations. In the event of a cancellation, full tuition will be refunded. The JIBC is not responsible for participants' expenses (for example, airline or hotel reservations) if a course must be cancelled. We truly regret any inconvenience this may cause.

## Register early

Register early to avoid the disappointment of cancelled courses. In order to provide adequate notice, the decision to cancel a course is often made well before the course start date.

## NSF cheques

A fee of \$15 applies to all cheques returned due to "not sufficient funds."

## Transferring credits

For information on transferring credit from JIBC courses to other educational institutions, please contact the institution that you are considering transferring credits to.

## Personal Education Number (PEN)

A Personal Education Number will be issued to all students. In order to issue the number, the JIBC must collect information on gender and birth date. This information is collected under the authority of the Freedom of Information and Protection of Privacy Act, and is needed to process each student's registration form. A PEN is required for online registration.

## Tax receipts

T2202A forms for tax purposes, provided to all students who pay personally for their courses, will be issued in February 2008 for all 2007 courses. Tuition fees over \$100 (cumulative from the same institution) are tax-deductible.

## Transcripts

Transcripts are available from the Registration Office. Upon completion of a certificate program, students will receive one copy of their official transcript at no charge. In all other cases, a fee applies.

## Learner Services Fee (LSF)

As part of a commitment to improving the quality of services for our students, the JIBC charges a learner services fee of \$5 per course credit to a maximum of six credits per course (\$30). The fee applies to credit courses only and is collected at the time of enrollment. The fee is tax-deductible and is refundable if a student withdraws before the class withdrawal deadline. The learner services fee is used to enhance library, technology, and other services for the benefit of students at all JIBC locations.

### EXAMPLE OF APPLICATION OF LEARNER SERVICES FEE:

## Parenting Wisely Facilitation Training (#CY263)

Date:	January 28-29, 2007
Credits:	1.0 (0.5 credits/day)
Fee:	\$255.00
LSF:	\$5.00/credit
Total Payable:	\$260.00

## For more registration information

### Registration Office

**Hours:** 8:00 a.m. to 4:30 p.m.  
Monday to Friday

**Information:** 604.528.5590

**Registration:** 604.528.5590 (local calls)  
1.877.528.5591  
(toll-free – long distance only)

**Fax:** 604.528.5653

**TDD/TTY:** 604.528.5655

**E-mail:** [register@jibc.ca](mailto:register@jibc.ca).  
Inquiries only; we do not accept e-mail registrations.

### Registration Services Advisor

For general advice about JIBC programs and courses, and justice and public safety career paths, or for assistance for students with disabilities:

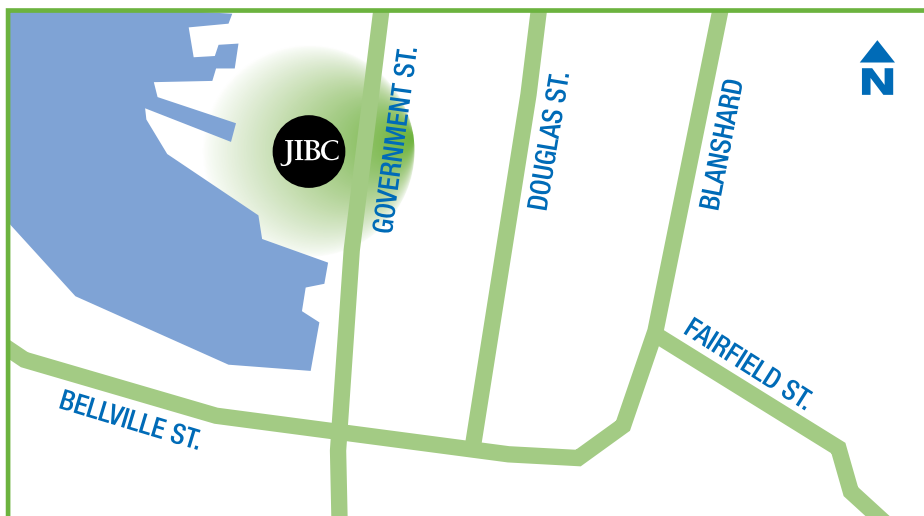
**Phone:** 604.528.5588  
**Fax:** 604.528.5653  
**TDD/TTY:** 604.528.5655

### Prior Learning Assessment and Recognition (PLAR)

PLAR can enable you to receive credit towards a CFCS certificate based on learning you have already completed, either through formal courses or through work experience. You may need to provide specific evidence to the assessor, such as transcripts, written reports, completed projects, or audio- or videotapes of your work. The fee for PLAR depends on the work involved in the assessment. The maximum charge is \$250; fees usually range from \$25 to \$150. The PLAR process can take anywhere from a few days to a few weeks. For more information, call 604.528.5632, e-mail [cfcs@jibc.ca](mailto:cfcs@jibc.ca), or visit our website at [www.jibc.ca/cfcs](http://www.jibc.ca/cfcs).

### The JIBC is ISO-registered

The Justice Institute of BC is the only post-secondary institution in BC – and one of only a few in North America – to be registered under ISO 9001:1994 (BSI FM #63029). This internationally recognized designation ensures that our programs meet the requirements of our students and clients and are continuously reviewed, improved, and updated to maintain the highest possible standards.



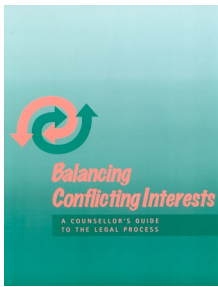
*Justice Institute of BC - Victoria Campus*  
910 Government Street, Victoria, BC



*Justice Institute of BC - New Westminster Campus*  
715 McBride Boulevard, New Westminster, BC

# Publications and Videos

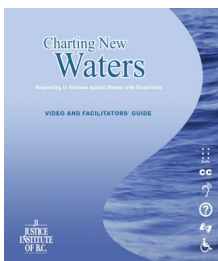
## *Balancing Conflicting Interests: A Counsellor's Guide to the Legal Process [UPDATED]* Manual



This manual explores the clinical and ethical dilemmas counsellors face in their increasing involvement with the legal system, and suggests ideas for resolving them. Topics include current legal/clinical trends that require counsellors to “think legal”; issues that a “thinking legal” counsellor must consider, such as informed consent, confidentiality, questions of privilege, obligations to report, clinical assessments, and guidelines for recordkeeping; concerns that counsellors have about going to court; and much more.

Price in BC: \$40; Price out-of-province: \$65

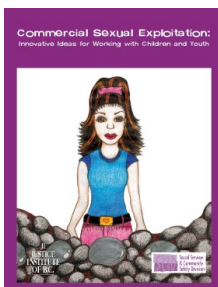
## *Charting New Waters: Violence Against Women with Disabilities* Video (or DVD) and facilitator's guide



This 35 minute video with accompanying facilitator's guide is designed to raise awareness of the barriers and issues faced by women with disabilities when they try to end the violence in their lives. The video combines interviews with disability advocates and criminal justice personnel with three dramatic vignettes portraying women with disabilities who have experienced or are currently experiencing violence in their lives.

Price in BC: \$65; video (or DVD) only: \$50  
Price out-of-province: \$90; video (or DVD) only: \$75

## *Commercial Sexual Exploitation: Innovative Ideas for Working with Children and Youth* Manual



This manual presents a provincial framework for working with commercially sexually exploited children and youth, and innovative ideas for programs to deal with this social problem. The framework has been designed to assist in the formulation of policy, strategies, and services to assist these young people. Topics include the legal meaning of “commercial sexual exploitation”; the rights of children and youth; understanding commercial sexual exploitation; a conceptual framework within

a population approach to health promotion; meeting the needs of youth through a continuum of services; guiding principles for program design and delivery; and a selection of provincial programs that meet the guiding principles and are considered to be examples of innovative and promising practices.

Price in BC: \$40; Price out-of-province: \$65

## *Critical Incident Stress Debriefing* Video (or DVD) and facilitator's guide

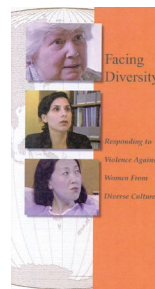


This award-winning video shows a fictitious critical incident and illustrates the stages of critical incident stress support that precede and follow it. The revised facilitator's guide provides information and instructional strategies to deliver an introductory workshop.

**Warning:** This video contains language that may be offensive to some viewers.

Price in BC: \$75; video (or DVD) only: \$55  
Price out-of-province: \$100; video (or DVD) only: \$75

## *Facing Diversity: Responding to Violence against Women from Diverse Cultures* Video (or DVD) and instructor's guide

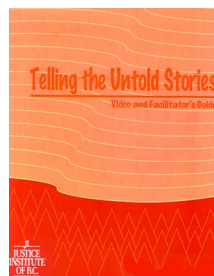


This 42 minute video is intended primarily for use by those who work with women from diverse cultures who are trying to end violence/abuse in their lives. Through the voices of three women from different cultural communities, the video illustrates some of the barriers to seeking help faced by these women and highlights a selection of best practices to assist them. The 53 page instructor's guide to a six-hour workshop, two three-hour workshops, or video debriefing includes sample lesson plans, content notes, five overheads, suggested activities, and handouts for participants.

*Funding for the development of the video and support materials was provided by the Ministry of Attorney General, Victim Services Division, and the Ministry of Multiculturalism and Immigration.*

Price in BC: \$75; video (or DVD) only: \$50  
Price out-of-province: \$100; video (or DVD) only: \$75

## *Telling the Untold Stories* Video (or DVD) and facilitator's guide

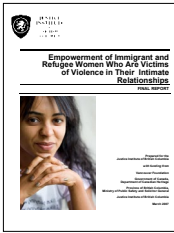


This 36 minute video builds on the Critical Incident Stress Debriefing video by illustrating the impact of a traumatic event on the workplace and demonstrating the stages of a group debriefing and the effective use of external resources. A non-emergency services worksite is used to show the applicability of these debriefings to a general workplace setting.

Price in BC: \$75; video (or DVD) only: \$55  
Price out-of-province: \$100; video (or DVD) only: \$75



## Empowerment of Immigrant and Refugee Women Who are Victims of Violence in Their Intimate Relationships Report



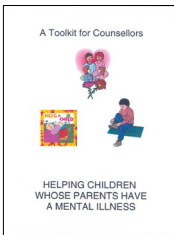
The Justice Institute of British Columbia has released the findings of a research study designed to enhance understanding of the unique experiences of immigrant women who were victims of violence in their intimate relationships. The research assessed what service delivery factors in the health care, social service, and justice systems are uniquely empowering and disempowering to immigrant women who are victims of violence in their relationships.

The study was conducted in partnership with Vancouver and Lower Mainland Multicultural Family Support Services Society, MOSAIC and Elizabeth Fry Society of Prince George and funded by the Department of Canadian Heritage, the Province of BC Ministry of Public Safety and Solicitor General and The Vancouver Foundation.

To receive an electronic version of the report free of charge, contact us at [cfcsc@jibc.ca](mailto:cfcsc@jibc.ca). Hard copies are also available for purchase.

Price in BC \$10; Price out-of-province: \$15

## Helping Children Whose Parents Have a Mental Illness: A Toolkit for Counsellors Toolkit

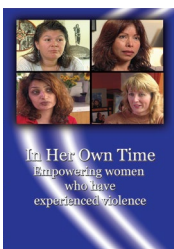


This toolkit is a collection of current resources and reference materials designed to assist counsellors in supporting children and families in situations where there is a parental mental illness. The toolkit was designed in response to the identified need for more resources to assist counsellors and workers in mental health teams in the Vancouver Coastal Health Authority. Developed by the Centre for Leadership and Community Learning in collaboration with the

Working Group Supporting Families with Parental Mental Illness, the toolkit has been produced in an easily accessible format for use by community mental health providers.

Price in BC: \$65; Price out-of-province: \$90

## In Her Own Time: Measures of Empowerment for Women Who Have Experienced Violence Training video (or DVD)

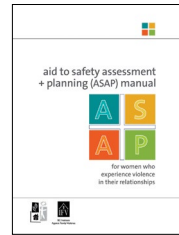


This video is intended for those who provide support and assistance to women who have experienced violence and are seeking help from the criminal justice system. Based on the findings of the Measures of Empowerment Research conducted in 2001, the video illustrates the four themes of empowerment through the stories of four women who sought help to end the violence in their lives. The video can be used by victim service workers, transition house staff, police,

Crown counsel, and community counsellors to facilitate discussion about how best to assist and support women in overcoming the violence in their lives.

Price in BC: \$35; Price out-of-province: \$55

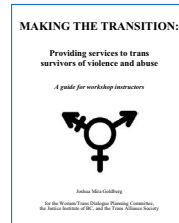
## The Aid to Safety Assessment and Planning (ASAP) Manual



This manual was created as a result of a partnership between the Victim Services and Crime Prevention Division, Ministry of Public Safety and the BC Institute Against Family Violence. The aim of the manual is to reduce the risk of violence by providing a comprehensive coordinated safety management strategy that Victim Service Workers can use in collaboration with other key justice agencies to assist women in making safety assessment decisions.

Price in BC: \$40; Price out-of-province: \$65

## Making the Transition: Providing Service to Trans Survivors of Violence and Abuse Curriculum

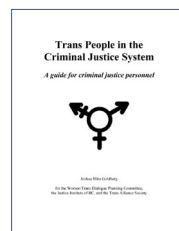


This curriculum was developed by the Women/Trans Dialogue Planning Committee and the Justice Institute of BC for service providers interested in developing the knowledge and skills necessary to support and assist trans survivors of violence. While there are some issues of overlap between lesbian/gay/bisexual and trans communities relating to violence that can be addressed in a LGBT framework, trans people of all sexual orientations

have specific service needs and experience unique barriers in attempting to access services. This training goes beyond a LGBT approach to address issues specific to work with trans survivors. The curriculum will build on and increase participants' awareness of: the social context of violence against trans people; forms of violence and abuse typically experienced by trans people; power and control as examined through a trans lens; barriers to reporting violence and accessing services; agency policies and practices required to create trans-positive environments and to support trans survivors who have experienced violence.

To receive a copy free of charge, please contact Caroline White at 604.528.5620 or [carolinew@jibc.bc.ca](mailto:carolinew@jibc.bc.ca).

## Trans People in the Criminal Justice System: A Guide for Criminal Justice Personnel Manual



This manual provides criminal justice personnel and those who work with them in policing, court services, and corrections with the information necessary to respond appropriately to trans individuals who come into contact with the criminal justice system. Specifically, the manual is designed to provide readers with an understanding of the specific needs and concerns of trans individuals involved with the criminal justice system; raise awareness of the legal, medical,

and social issues that impact the safety and well-being of trans people involved with the criminal justice system; enable police and victim service workers to better support trans victims of crime; present strategies to increase the cooperation of trans individuals who are suspects and offenders; and identify the needs of trans people working in criminal justice facilities.

Price in BC: \$10; Price out-of-province: \$15

To learn more about any of these resources, please contact the Child, Family and Community Safety Division at 604.528.5632.

To order, please complete the order form on page 74 and mail it, together with your credit card information or a cheque or purchase order for the correct amount, to the address on the order form. You may also e-mail your questions or orders to [cfcsc@jibc.ca](mailto:cfcsc@jibc.ca).

# Certificate Program Application Form

Use this application form for certificate programs. Return to: Justice Institute of BC, 715 McBride Boulevard, New Westminster, BC V3L 5T4  
For registration only: phone 604.528.5590; fax 604.528.5653

## Deadlines for Application and Registration

We recommend that you apply at least two months before the certificate begins, because:

- It can take up to five working days to process an application.
- Acceptance into the program does not guarantee seat availability in class. Early course registration is strongly recommended.
- Once an applicant is accepted, we recommend registering for classes at least 10 days before the course begins.

I have taken courses at the JIBC before.

Student number:

Personal Education Number (PEN):

If you do not know your student or PEN number, please provide:

Your date of birth:

Your gender (check as many as apply): ☐ Male ☐ Female ☐ Trans

For our statistics, please provide this information:

☐ I am of Aboriginal heritage

☐ I have a disability(ies) or special needs

To help us better meet your needs, please describe your disability(ies)/special needs:

### Immigration Status:

☐ Canadian Citizen ☐ Permanent Resident ☐ Student VISA ☐ Other VISA ☐ Non-Canadian Student Studying Outside of Canada  
☐ Other (specify):

LAST NAME

FIRST NAME

OCCUPATION OR TITLE

ORGANIZATION

STREET

CITY

PROVINCE

POSTAL CODE

E-MAIL ADDRESS

PHONE NUMBERS

WORK (  )

EVENING/HOME (  )

FAX (  )

☐ I would like to receive regular e-mail updates from CFCS. I understand that my address will not be shared or sold.

☐ I would like to receive this calendar and other materials by regular mail. I understand that my address will not be shared or sold.

Level of Education: ☐ Grade 12 ☐ Diploma ☐ Degree (  ) ☐ Other

**CHECK THE BOX FOR THE CERTIFICATE YOU'RE APPLYING FOR.** If a resume and supporting documentation are required, be sure to include them.  
Your resume must include employment and education history for at least the past three years.

Certificate Program	Required Documentation
Critical Incident Stress Management	
Feminist Management	• Include your resume and a letter of reference
Substance Use	• Include your resume and a letter of reference
Other, please specify	

For a Victim Services Practitioner Certificate Application form, contact the program assistant at 604.528.5684 or [victimservices@jibc.ca](mailto:victimservices@jibc.ca).

Note: The Bylaw Enforcement and Investigative Skills Certificate and Problem Gambling Certificate do not require an application form.

Simply call the Registration Office at the number above and register.

Please also complete page 2 of the application form

# Certificate Program Application Form – Part 2

Please describe the type of organization you work or volunteer in, your key responsibilities and client group served:

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How long have you worked or volunteered in this position? \_\_\_\_\_

Date Started? \_\_\_\_\_ Position Title: \_\_\_\_\_

Previous work experience:

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What other education, courses, workshops and training have you participated in during the last five years:

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Please tell us why you are interested in this certificate:

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**ENCLOSED IS MY NON-REFUNDABLE APPLICATION FEE OF \$25. THIS IS REQUIRED FOR ALL APPLICATIONS.**

\* **BCASVCP AND BCYSTH** members applying for The Feminist Management Certificate Program are exempt from the program application fee. Please check the appropriate box to indicate your membership.

**BCASVACP**

**BCYSTH**

Cheque or money order. Cheque issued by: \_\_\_\_\_ (make payable to JIBC)

MasterCard 

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Exp. 

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VISA 

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Exp. 

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Name on card: \_\_\_\_\_ Authorization Number: \_\_\_\_\_

**FOR OFFICE USE ONLY:** Approved Date: \_\_\_\_\_

Acceptance Letter Sent    Added to TP2003    Application for Certificate Sent    Registration Notified    Library Notified



# Course Registration Form

Return to: Justice Institute of BC, 715 McBride Boulevard, New Westminster, BC V3L 5T4  
For registration only: phone 604.528.5590; fax 604.528.5653

## Registration Deadlines

- Registration is on a first-come, first-served basis. Early registration is recommended.
- While registrations are accepted up to one day before the course starts, we make the decisions to run or cancel the course based on the registration numbers five days before the course. If you want to ensure that you get into the course, we encourage you to register as early as possible.

**Fee payment must be submitted with this form.**

**If more than one student from your agency is registering, please submit a separate registration form for each student.**

I have taken the prerequisite(s) for the course(s) I am registering for.

**YES**    **NO**, but I have permission from the instructor    There are no prerequisites

I have taken courses at the JIBC before

Student number:

Personal Education Number (PEN):

If you do not know your student or PEN number, please provide:

Your date of birth: (MM/DD/YY)  /  /

Your gender (check as many as apply):    Male    Female    Trans

For our statistics, please provide this information:

I am of Aboriginal heritage

I have a disability(ies) or special needs

To help us better meet your needs, please describe your disability(ies)/special needs: \_\_\_\_\_

Immigration Status:

Canadian Citizen    Permanent Resident    Student VISA    Other VISA    Non-Canadian Student Studying Outside of Canada

Other (specify): \_\_\_\_\_

LAST NAME		FIRST NAME	
OCCUPATION OR TITLE		ORGANIZATION	
STREET		CITY	PROVINCE
POSTAL CODE		E-MAIL ADDRESS	
PHONE NUMBERS	WORK (    )	EVENING/HOME (    )	FAX (    )

I would like to receive regular e-mail updates from the CFCS. I understand that my address will not be shared or sold.

I would like to receive this calendar and other materials by regular mail. I understand that my address will not be shared or sold.

Many JIBC courses have prerequisites. Please read our course descriptions carefully before registering for a course.

COURSE NAME	COURSE NUMBER	START DATE	COURSE FEE

Credit Courses are GST-exempt.

Add LSF (see below)

**A Learner Services Fee (LSF) of \$5.00 per credit is charged for tuition-based courses. For details see page 67.**

**TOTAL FEE:**

**ENCLOSED IS MY COURSE FEE PAYMENT BY:** \_\_\_\_\_

Cheque or money order. Cheque issued by: \_\_\_\_\_

MasterCard

Exp.

VISA

Exp.

Name on card: \_\_\_\_\_ Authorization Number: \_\_\_\_\_

# Publication and Video or DVD Order Form

Use this form to order publications and videos listed on pages 69. Forward the completed form by mail or fax to:

Child, Family and Community Safety Division, Justice Institute of BC, 715 McBride Boulevard, New Westminster, BC V3L 5T4

Fax: 604.528.5640. For more information, please contact the Child, Family and Community Safety Division at 604.528.5632 or cfcs@jibc.ca.

	NO. OF COPIES (please indicate DVD or Video)	\$ AMOUNT
The Aid to Safety Assessment and Planning (ASAP) <b>Manual</b> \$40 (Outside BC \$65)		
Balancing Conflicting Interests: A Counsellor's Guide to the Legal Process <b>Manual</b> \$40 (Outside BC \$65)		
Charting New Waters: Violence Against Women with Disabilities <b>Video DVD</b> and Facilitator's Guide \$65 (Outside BC \$90)		
<b>Video DVD</b> only \$50 (Outside BC \$75)		
Commercial Sexual Exploitation: Innovative Ideas for Working with Children and Youth <b>Manual</b> \$40 (Outside BC \$65)		
Critical Incident Stress Debriefing <b>Video DVD</b> and Facilitator's Guide \$75 (Outside BC \$100)		
<b>Video DVD</b> only \$55 (Outside BC \$75)		
Empowerment of Immigrant and Refugee Women Who Are Victims of Violence in Their Intimate Relationships <b>Manual</b> \$10 (Outside BC \$15)		
Facing Diversity: Responding to Violence Against Women from Diverse Cultures <b>Video DVD</b> and Instructor's Guide \$75 (Outside BC \$100)		
<b>Video DVD</b> and Discussion Guide only \$50 (Outside BC \$75)		
Helping Children Whose Parents Have a Mental Illness: A Toolkit for Counsellors <b>Manual</b> \$65 (Outside BC \$90)		
In Her Own Time: Measures of Empowerment for Women Who Have Experienced Violence <b>Video DVD</b> \$35 (Outside BC \$55)		
Telling the Untold Stories <b>Video DVD</b> and Facilitator's Guide \$75 (Outside BC \$100)		
<b>Video DVD</b> only \$55 (Outside BC \$75)		
Trans People in the Criminal Justice System: A Guide for Criminal Justice Personnel <b>Manual</b> \$10 (Outside BC \$15)		
<b>Total:</b>		
<b>PST:</b>		
<b>GST:</b>		
<b>Amount enclosed:</b>		

PST is not required if package is used for educational purposes.

NAME: \_\_\_\_\_

COMPANY/AGENCY: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

PHONE/FAX: \_\_\_\_\_ DATE: \_\_\_\_\_

**Enclosed is my payment by:**

Cheque or money order. Cheque issued by: \_\_\_\_\_ (make payable to the JIBC)

MasterCard

Exp

VISA

Exp

Name on card: \_\_\_\_\_ Authorization Number: \_\_\_\_\_

# General Information and Key Contacts

## REGISTRATION OFFICE

Information.....	604.528.5590
Registration.....	604.528.5590 (local calls)
.....	1.877.528.5591 (toll-free)
.....	register@jibc.ca
Registration Services Advisor.....	604.528.5588
<i>Information on programs, career paths, and services for students with disabilities</i>	
Director, Child, Family and Community Safety Division (CFCS) .....	604.528.5628, cfcs@jibc.ca
Marketing and Publications .....	604.528.5632, cfcs@jibc.ca
<i>Assistant to the Director; contact regarding ordering of publications and videos</i>	
CFCS Reception.....	604.528.5608 (local calls)
.....	1.888.709.4085 (toll-free)
Library .....	604.528.5599

## CFCS PROGRAM COORDINATORS AND ASSISTANTS

*For information regarding course content and prerequisites, please contact Program Coordinators.  
For all other inquiries, please contact Program Assistants.*

### Aboriginal Programs and Services

Aboriginal Leadership Certificate and Diploma;  
Justice and Public Safety Career Preparatory Program  
for Aboriginal Learners  
  
Program Coordinator: 604.528.5621  
  
Student Advisor/Research Assistant: 604.528.5522  
  
Email: aboriginal@jibc.ca  
  
Website: www.jibc.ca/aboriginal

### Community Safety

Bylaw Enforcement and Investigative Skills Certificate;  
Critical Incident Stress Management Certificate;  
Victim Services Practitioner Courses and Certificate  
  
Program Coordinator: 604.528.5641  
  
Program Assistant: 604.528.5684  
  
Email: bylawenforcement@jibc.ca  
          (Bylaw Enforcement and Investigative Skills)  
  
Email: criticalincident@jibc.ca  
          (Critical incident Stress Management)  
  
Email: victimservices@jibc.ca  
          (Victim Services Practitioner)

### Counselling and Capacity Building

Counselling and Capacity Building;  
Substance Use; Feminist Management;  
Creative and Expressive Therapies;  
Working with Youth; Child Abuse and Trauma;  
Mental Health and Trauma; Aboriginal Trauma  
  
Program Coordinator  
604.528.5620 or counsellingpc@jibc.ca  
  
Program Assistant  
604.528.5875 or counselling@jibc.ca



# Special Event



JUSTICE INSTITUTE  
of BRITISH COLUMBIA

## *Treating Complex Psychological Trauma: A Clinical Course on Effective Approaches and Strategies (#SPE148)*

April 24 – 25, 2008

Featuring Lori Haskell, PhD, Clinical Psychologist and Assistant Professor,  
Department of Psychiatry, University of Toronto



The treatment of survivors of chronic abuse presents many challenges, including complex diagnosis, treatment staging, and relational dilemmas. In the past decade, there have been remarkable advances in both understanding and treatment approaches concerning abuse-related trauma. This course offers a conceptual framework for the delivery of effective clinical interventions with abuse survivors. Specific techniques and approaches will be taught that will assist in addressing affect regulation, chronic intrusion and hyperarousal, trauma-related schemata, attachment difficulties, and re-enactments.

Lori Haskell, EdD, C.Psych., is a clinical psychologist in private practice with over 20 years of experience. Dr. Haskell's clinical and research interests include trauma, revictimization, sexual abuse, and sexual violence in relation to women's psychological development. She has a status appointment as an assistant professor in psychiatry at the University of Toronto and is an academic research associate with the Centre for Research on Violence Against Women and Children, at the University of Western Ontario. Dr. Haskell has written a book entitled *First Stage Trauma Treatment: A Guide for Therapists Working With Women*.

For more information on this and other Special Events, please see page 17.

**CFCS** | CHILD, FAMILY AND  
COMMUNITY SAFETY  
Child, Family and Community Safety Division  
Justice Institute of BC, 715 McBride Boulevard  
New Westminster, BC V3L 5T4  
ADDRESS CHANGE REQUESTED

Out of consideration for the environment and to reduce costs, we continually update our mailing lists. If you receive duplicate copies of the calendar, please send us the bottom half of this page (original or photocopy) from each extra calendar. Mark the labels you want deleted, or indicate any corrections to your name or address you want made.

**Send labels to:**

CFCS Mailing List: Justice Institute of BC, 715 McBride Boulevard  
New Westminster, BC V3L 5T4 Phone: 604.528.5839 or fax to: 604.528.5640

R P G /	CANADA		POSTES
	POST		CANADA
	Postage paid	Port payé	
	Addressed Admail	Médiaposte avec adresse	
	7106418		
RETURN POSTAGE GUARANTEED PORT DE RETOUR GARANTI			