

CENTRE FOR COUNSELLING & COMMUNITY SAFETY



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COURSE CALENDAR SEPTEMBER 2017 - AUGUST 2018



SCHOOL OF HEALTH,
COMMUNITY &
SOCIAL JUSTICE

CUSTOMIZED/CONTRACT TRAINING & DEVELOPMENT

TRAINING:

Our widely recognized curriculum is available for delivery within your organization or community, and customized to meet your needs and fit your context.

Successful workplace training builds staff skills, strengthens capacity, and gives you and your team a shared vision. The experience of taking a course together means team learning extends beyond the classroom. Training keeps your team feeling prepared to do their work, despite today's increased pressures. It's also a tangible way to demonstrate your commitment to the growth of both people and the organization.

We will help you make a difference by bringing our practical, applied courses and certificates to you. We will tailor our courses to meet your specific learning goals, and bring our outstanding faculty to you.

DEVELOPMENT:

Responding to requests from government ministries, community agencies, and private sector organizations, we develop face-to-face, online and blended courses, programs and simulations in a wide variety of content areas. From initial needs assessment to post-program debriefing, we work closely with clients to ensure educational content, materials and delivery meet desired outcomes and reflect the reality of learners' contexts. Our educational services are intended to blend into our clients' overall educational approach and align with existing programs.

OUR CLIENTS INCLUDE:

- BC Hydro
- Civilian Review and Complaints Commission for the RCMP
- Cree Nation Government Department of Justice and Correctional Services
- Community Action Initiative

- MCFD Provincial Deaf and Hard of Hearing Services
- County of Grand Prairie Regional Fire Service
- Community Living BC
- British Columbia Teachers Federation

AREAS OF STUDY:

- Aboriginal Trauma
- Critical Incident Stress Management
- Motivational Interviewing
- Complex Trauma & Child Sexual Abuse Intervention
- Substance Use
- Trauma Informed Practice
- Bylaw

Contact us for more information about how we can help your organization grow. **Caroline White, Program Director**
604.528.5620
coun@jibc.ca

PROGRAMS OVERVIEW

CERTIFICATE	# TRAINING DAYS	CREDITS	APPROX TUITION COSTS	PAGE #
Aboriginal Focusing-Oriented Therapy & Complex Trauma Certificate	21	10.5	\$4,850	3
Critical Incident Stress Management Certificate	14	7	\$2,800	4
Expressive Play Therapy Certificate	14	7	\$2,240	5
Graduate Certificate in Complex Trauma & Child Sexual Abuse Intervention	30	15	\$6,110	6
Substance Use Certificate	20	10	\$3,150	7

Visit jibc.ca/cccs for more information on these certificates



ABORIGINAL FOCUSING-ORIENTED THERAPY & COMPLEX TRAUMA CERTIFICATE

21 days / 10.5 credits

This certificate uses Focusing-Oriented Therapy (FOT) as a safe and effective method of working with clients who experience complex trauma.

This program emphasizes both knowledge and application through classroom instruction, clinical practice (logged and supervised therapy sessions) and clinical supervision/ observation. A variety of Aboriginal/ Indigenous treatment modalities are woven throughout the courses, including experiential exercises, story-telling, ceremonial processes and land-based healing techniques.

This program benefits Aboriginal and non-Aboriginal counsellors, therapists, frontline workers, and others who are interested in developing clinical treatment techniques and strategies essential to healing of traumatic

life situations presented by many clients. Focusing-Oriented Therapy is particularly helpful to practitioners who work with residential school survivors, those with addictions, and survivors of sexual, physical and emotional abuse. The program especially benefits practitioners who work in Aboriginal agencies and/or communities or in various other cross-cultural situations/settings.

While this program is taught from an Aboriginal, land-based knowledge perspective, peoples from all cultures and ethnicities are encouraged to apply.

Application deadline for the next offering is November 27, 2017.



CHIEF CALVIN CRAIGAN:
CHIEF COUNCILLOR/HEREDITARY
CHIEF, SECHelt NATION

“The program has brought me an awareness and has taught me how to integrate the new ways of healing with the old ways of healing in my culture as I was able to hone in on the similar aspects of the therapies. As a spirit worker, it has enhanced my methods and my skills in my everyday practice of using therapy. The teachers were very instrumental in showing and demonstrating how Aboriginal Focusing-Oriented Therapy affects the body, spirit and mental capacity. I am grateful to the program – of what it has brought to me.”

REQUIRED COURSES

Days/Credits

COUN-3200: Complex Trauma	3 days/1.5 credits
COUN-3205: Focusing-Oriented Therapy & Complex Trauma 1	3 days/1.5 credits
COUN-3210: Focusing-Oriented Therapy & Complex Trauma 2	3 days/1.5 credits
COUN-3215: Focusing-Oriented Therapy & Complex Trauma 3	3 days/1.5 credits
COUN-3220: Depression, Grieving & Complex Trauma	3 days/1.5 credits
COUN-3230: Dreams & Complex Trauma	3 days/1.5 credits
COUN-3225: Clinical Spirituality & Complex Trauma	3 days/1.5 credits

AWARDS

You might be eligible for JIBC awards and bursaries, visit jibc.ca/financial-aid or call **604.528.5762** or **1.877.275.4332**



CRITICAL INCIDENT STRESS MANAGEMENT CERTIFICATE

14 days / 7 credits

Critical incidents cause powerful emotional reactions to the people who are impacted by them. You will be trained to effectively manage critical incidents, and in doing so, help manage the emotional health and safety of those involved in a traumatic event.

Courses in this certificate are open to individuals from a broad range of occupations and professions who may be required to provide or manage debriefing services following a critical incident. The certificate will be of specific interest to human resources, first responders, and other frontline

workers such as crisis intervention workers, victim services workers, nurses, child welfare workers, firefighters, paramedics, and law enforcement personnel.

Graduates of the Critical Incident Stress Management Certificate can apply for certification with the Association of Traumatic Stress Specialists (ATSS). For more information on ATSS certification visit www.atss.info.

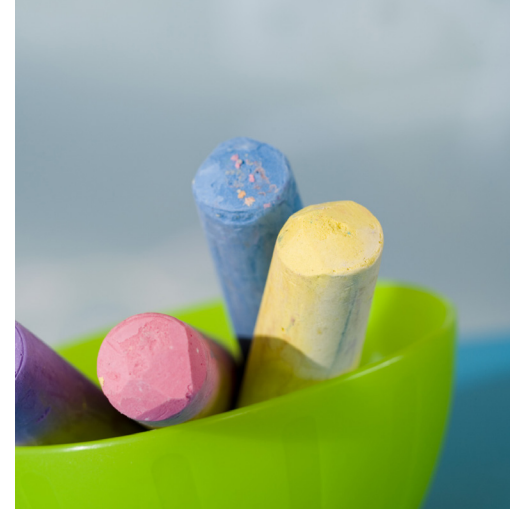
Application deadline for the next session is July 28, 2017.

REQUIRED COURSES	Days/Credits
CISM-1000: Introduction to Critical Incident Stress Management (CISM)	1 day/.5 credit
CISM-1005: Diversity & Trauma	1 day/.5 credit
CISM-1010: Demobilization, Defusing & Crisis Management Debriefing	2 days/1 credit
CISM-1015: Critical Incident Stress Debriefing	3 days/1.5 credits
CISM-1020: Critical Incident Stress Management (CISM) Simulation	1 day/.5 credit
CISM-1025: Managing Responses to Community Disasters	1 day/.5 credit
CISM-1030: Psychological First Aid	1 day/.5 credit
CISM-1035: Post-Critical Incident Stress Reactions	1 day/.5 credit
CISM-1040: Effective Team Participation	1 day/.5 credit
CISM-1045: Trauma, Children & Youth	1 day/.5 credit
CISM-1050: Vicarious Traumatization	1 day/.5 credit



LANA FOX:
COORDINATOR, OVERDOSE PREVENTION SITES/OVERDOSE RESPONSE EDUCATOR, PORTLAND HOTEL SOCIETY / VANCOUVER COASTAL HEALTH

“The CISM course has provided skills to benefit my day to day work as a mental health and addictions worker and I was very fortunate to have the opportunity to work with Bruce within my organization after we suffered a critical incident. Seeing practical application of the training in my own workplace provided definitive confirmation of the programs' value. Bruce and Laurie are extraordinary instructors with vastly different backgrounds and a broad wealth of experience to share.”



EXPRESSIVE PLAY THERAPY CERTIFICATE

14 days / 7 credits

This certificate provides you with the theoretical principles of holistic expressive therapy as related to the subject of trauma, complex trauma, dissociation and post-traumatic stress disorder and prepares you to implement therapeutic materials conducive to creating a safe and therapeutic space for children and adults who have experienced loss, trauma, abuse and/or neglect.

Throughout the program, you will learn about the application of creative imagery and how to work with recurring images in art, sand play, and general play of children through the various stages of the play therapy process. Each course is designed with demonstrations of actual cases, and provides opportunities for hands on experience including the exploration of the image making process through the use of a variety of mediums including toys, art supplies, sand trays and figurines.

The program is designed for frontline practitioners including counsellors, therapists, clinical social workers, and other practitioners currently working in the field with children, youth, adults, families and communities, who wish to enhance their skills and knowledge in expressive play and sandplay therapeutic interventions. It is appropriate for those learners with a minimum of a bachelor's degree or equivalent work/study experience. Students who hold a master's degree in a related field may apply for Continuing Education Units towards registration with the Association for Play Therapy and certification with the Canadian Association for Child Play Therapy.

Note: All certificate courses are offered in Parksville, BC on Vancouver Island with Marie-José Dhaese, with the exception of COUN-3100 and COUN-3105 which will be offered in both Parksville and New Westminster.



YOKO GIFFORD:
CHILDREN'S SERVICES MANAGER,
ABBOTSFORD HOSPICE SOCIETY

“ Learning from both Chris and Marie-José have completely opened a whole new world of understanding and perspectives about how children process their experiences. This program consisted of both knowledge and technical skills, so I came out of the course feeling equipped with a well-rounded understanding of the concept and delivery methods. The experiential process allowed me to reflect on my own personal experiences in a playful, non-threatening way. The way I support my clients have vastly changed since then. It has been so exciting to have the tools to speak the language of children and see them discover themselves in what they know best.”

REQUIRED COURSES	Days/Credits
COUN-3100: Expressive Play Therapy 1	2 days /1 credit
COUN-3105: Expressive Play Therapy 2	2 days /1 credit
COUN-3110: Sandplay Therapy: Using the Healing Power of Imagery 1	2 days /1 credit
COUN-3115: Sandplay Therapy: Using the Healing Power of Imagery 2	2 days /1 credit
COUN-3120: Expressive Play Therapy for the Grieving Child	3 days /1.5 credits
COUN-3125: Final Project/Consultation Group	3 days /1.5 credits

FOR MORE INFORMATION & HOW TO APPLY CONTACT:

Centre for Counselling & Community Safety

604.528.5608 or 1.888.799.0801 (toll free) or coun@jibc.ca



GRADUATE CERTIFICATE IN COMPLEX TRAUMA & CHILD SEXUAL ABUSE INTERVENTION

30 days / 15 credits

The Graduate Certificate in Complex Trauma & Child Sexual Abuse Intervention values theoretical, experiential and applied learning that is learner-centered and informed by current research and practice. This program takes an integrative approach to the assessment and treatment of complex trauma and child sexual abuse, drawing on the most current clinical and evidence-based material on effective complex trauma intervention, as well as the most recent research on attachment, neurobiology, memory and dissociation. This program is situated within an understanding of culturally relevant practice and how multiple identities, social locations and historical contexts inform theory and practice.

You will gain a comprehensive understanding of the key theoretical and clinical approaches underlying best practices in the complex

trauma field. An applied, experiential learning model means you will develop clinical skills in assessment, treatment planning, and clinical interventions that will enable you to work effectively with a wide range of clients from diverse social locations.

This program is designed for counsellors, therapists, psychologists, clinical social workers, mental-health professionals, and child and youth care workers. Practitioners who are working with children, adolescents and/or adult survivors of complex trauma and child sexual abuse will benefit from this program.

The certificate is a blend of online, face-to-face and self-directed study.

Application deadline for the next session is August 25, 2017.

Visit jibc.ca/cccs for application details.



JANA JESSON:
SEXUAL ABUSE INTERVENTION
PROGRAM MANAGER, BOYS AND
GIRLS CLUBS

“The JIBC program and my instructors provided me with the specific clinical expertise needed in order to do my job effectively, and the support I received from them truly has made an enormous positive change in my practice.”

"In terms of personal growth, the assignments that we were given encouraged a level of insight and reflection that I had not experienced before in an educational setting. I found that once I used the tools we learned on myself, I had a better understanding of how to use such therapeutic techniques when working with my clients. Since finishing the program, I have incorporated self-care into my daily life, which has drastically improved my overall stress level and has allowed me to be more present both with my clients and in my personal life."

CERTIFICATE OPTIONS

There are several options to complete the certificate.

For details visit jibc.ca/cccs or call **604.528.5608** or **1.887.779.0801**

REQUIRED COURSES	Days/Credits
COUN-5200: Theoretical Foundation in Complex Trauma	12 weeks online/3 credits
COUN-5205: Assessment & Treatment Planning in Complex Trauma	5 days/2.5 credits
COUN-5210: Intervention & Skill Building in Complex Trauma	5 days/2.5 credits
COUN-5215: Somatics in Complex Trauma	2 days/1 credit
COUN-5220: Complex Trauma Integrated Project	self-directed/1 credit
COUN-5225: Child Sexual Abuse Intervention	7 days/3.5 credits
COUN-5230: Clinical Consultation in Complex Trauma & Child Sexual Abuse	3 days/1.5 credits



SUBSTANCE USE CERTIFICATE

20 days / 10 credits

Courses in the Substance Use Certificate are grounded in a harm-reduction approach. You will gain an understanding of the key concepts, policy, and intervention models that guide the prevention, assessment, and treatment of substance use. Specific assessment and treatment approaches, including motivational interviewing, are covered in-depth. Through class discussion, you will develop approaches to substance use issues that can be applied to a range of settings. You will come away with a clearer understanding of your own values and practice framework.

Courses are taught by experienced professionals with a focus on understanding substance use within a bio-psycho-social-spiritual framework; the application of current research and knowledge about interventions; and the exploration of social justice issues such as race, class, gender, poverty and violence.

This program is designed for counsellors, management, and staff of health, criminal justice, and social service agencies whose clients include people who are using substances.

These courses can be taken individually or as part of the Substance Use Certificate.

REQUIRED COURSES	Days/Credits
COUN-1100: Understanding Substance Use	2 days /1 credit
COUN-1105: Continuum of Care: Prevention to Harm Reduction	2 days /1 credit
COUN-1110: All My Relations: Working with Aboriginal Clients	1 day /.5 credit
COUN-1115: Assessment Practices	2 days /1 credit
COUN-1019: Understanding Pharmacology from a Counsellor's Perspective	2 days/1 credit
COUN-1120: Interconnected Risk	2 days /1 credit
COUN-1125: Motivational Interviewing 1	2 days /1 credit
COUN-1130: Compassion & Policy: The Heart and Mind of Drug Policy	1 day /.5 credit
COUN-1135: Concurrent Disorders Planning 1	2 days /1 credit
COUN-1140: Fetal Alcohol Spectrum Disorder: Increasing Understanding	1 day /.5 credit
COUN-1145: Community Voices/Contemporary Issues	1 day /.5 credit
COUN-1150: Trauma Informed Practice (TiP) in Addictions	2 days /1 credit



RAJWINDER SINGH:
CHILD & YOUTH CARE
COUNSELLOR, ADOLESCENT
PSYCHIATRIC UNIT & CHILD
AND ADOLESCENT PSYCHIATRIC
STABILIZATION UNIT, SURREY
MEMORIAL HOSPITAL, FRASER
HEALTH AUTHORITY

“ This program has improved my outlook on mental health and addictions. Communication is an important part of building a therapeutic relationship and from this program, I have learned to be more open-minded and less judgemental about people suffering from addictions. The program enabled me to support my clients in creating self-awareness, self-esteem, vision development for future goals and gaining knowledge regarding injustices.”

TO REGISTER:

604.528.5590 or **1.877.528.5591** (toll free)
or **jibc.ca/registration**

BYLAW COMPLIANCE, ENFORCEMENT AND INVESTIGATIVE SKILLS COURSES

The Bylaw Compliance, Enforcement and Investigative Skills courses are designed to develop the skills and knowledge required to work within British Columbia's bylaw enforcement field. Developed in consultation with experts in bylaw enforcement, the courses reflect current practice and trends in the profession, use practitioner-led training, and meets the needs of BC's many diverse municipalities while providing provincially recognized training qualifications.

You will develop a deep knowledge and awareness of relevant legislation, learn compliance and enforcement options, draft and amend bylaws, and learn how to apply for and execute warrants. You will develop complex interview and investigative skills, understand how to present evidence in legal and non-legal proceedings, and learn how to exercise discretion in decision-making. You will gain the skills and knowledge used to defuse emotionally charged situations, manage personal safety and the safety of others, and become more aware of community issues. Issues connected to diversity, mental health, and homelessness will also be discussed.

These courses are for those individuals already working as Bylaw Enforcement / Local Government Regulatory Officers, License Officers, as well as those seeking employment in the Bylaw Enforcement / Licensing fields.

The first 6 weeks of the course will be online followed by a 1 week break followed by 3 days of face-to-face learning on campus.

Bylaw Courses:

BLAW-1000

Bylaw Compliance, Enforcement and Investigative Skills 1

BLAW-1005

Bylaw Compliance, Enforcement and Investigative Skills 2

Visit jibc.ca/cccs for more course information.



TASHA BUCHANAN:
DEPUTY CORPORATE OFFICER,
DISTRICT OF BARRIERE

“I've sent a number of employees from our Municipal organization to the JIBC over the years and I was finally able to attend a course of my own there this year. The Bylaw Compliance, Enforcement & Investigative Skills Level 2 course was thorough, informative and refreshingly relevant while somehow managing to still be entertaining! My experience with the JIBC has been excellent and I'm looking forward to more courses with the JIBC in the future.”

ABORIGINAL COURSES & CERTIFICATES

Aboriginal communities and agencies have worked closely with us to help us design and deliver culturally relevant education and training that supports and empowers individuals and communities. Our faculty and educational offerings reflect Aboriginal worldviews and perspectives and illustrate the importance of Aboriginal history, culture and tradition by integrating Aboriginal perspectives through curriculum and dialogue.

All our courses and programs can also be customized to meet the unique needs of learners and context of communities. We have helped communities to prepare for self-governance, increase employment opportunities and strengthen capacity.

JIBC is further committed to working with First Nations with modern treaties to support the development of Indigenous self-governing nations. We offer a collaborative and culturally grounded process for the development of customized training in by-law, community peace officers, counsellors, and mental health workers.

Indigenous courses and certificates that we offer include:

Aboriginal Focusing-Oriented Therapy and Complex Trauma Certificate

All My Relations: Working with Aboriginal Clients (COUN-1110)

Indigenous Trauma Informed Practice with Youth (COUN-1032)

Indigenous Trauma Informed Practice with Youth: Assessment (COUN-1035)



Visit jibc.ca/cccs or jibc.ca/student-services/aboriginal-student-services for more information.



COURSE DESCRIPTIONS

GENERAL ENROLMENT COURSES

COUN-1012

Clinical Supervision: Innovative Practices 1 (2 days/1 credit)

Learn theory and models which will develop and enhance your supervisory relationship and praxis. This course provides an opportunity to practice your skills using a trauma informed approach in case consultation and interactive group exercises. This course is designed for a wide range of mental health care and social service practitioners.

Instructor: Cheryl Bell-Gadsby

COUN-1015

An Introduction to the DSM-5 (2 days/1 credit)

This introductory course is for professionals interested in increasing their understanding of psychological concepts and processes in order to better serve clients who are receiving medical/clinical services within the mental health system. You will examine the Diagnostic and Statistical Manual of Mental Disorders: DSM-5 and review basic psychiatric diagnostic terminology, noting key differences from previous versions of the DSM. Common diagnostic categories such as depressive disorders, anxiety disorders, substance related and addictive disorders, trauma and stressor related disorders, and personality disorders will be covered, with a focus on the ways in which such disorders manifest in interpersonal relations and a variety of settings. The course will include both didactic and experiential components, integrating lectures, role playing activities, videos and case studies.

Instructor: Jocelyn Lymburner

COUN-1016 *NEW

Using the DSM-5 with Children and Youth (2 days/1 credit)

This introductory course is for professionals interested in increasing their familiarity with the *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)*, with a focus on disorders commonly diagnosed in children and youth. The learner can expect to review current diagnostic categories and criteria, and compare these with previous iterations of the DSM. The course will focus on Neurodevelopmental Disorders, Mood Disorders, Anxiety Disorders, Trauma and Stressor-related Disorders, Conduct Disorders, and select diagnoses from other categories within the DSM-5. Emphasis will be placed on how mental health disorders present in children, the steps in differential diagnosis of overlapping disorders when working with children and youth, and how to take contextual factors (e.g., family, school) into account in diagnostic decision-making. The course will include both didactic and experiential components, integrating lectures, videos and case studies.

Instructor: Erika Penner

COUN-1017

Introduction to Art Therapy for Counsellors & Therapists (2 days/1 credit)

This course is for professionals who integrate some form of art making into their clinical work, but are not formally trained art therapists, and are interested in the expressive aspect of mind. The course will provide an introduction to the theory and practice of art therapy, enabling participants to use this powerful therapeutic medium with

effectiveness, skill and ethical integrity. Areas covered include models of art therapy, (both short term and long term) creating and maintaining an art therapeutic environment, therapeutic benefits and contraindications, vicarious traumatization, liability issues and boundary management. Opportunities will be provided for experiential practice, creative exploration, and discussions.

Instructor: Gretchen Ladd

COUN-1019

Understanding Pharmacology from a Counsellor's Perspective (2 days/1 credit)

This course is for any helping professional interested in expanding their knowledge of pharmacology and how it pertains to clinical counselling situations. You will learn about the central nervous system, anti-depressant medications, anti-anxiety medications, and drugs used to treat schizophrenia and bipolar disorder. Emphasis is placed on substance use and the consequences (effects, side effects, lethality) of mixing psychotropic medications with street drugs.

Instructors: TBD

COUN-1032

Indigenous Trauma Informed Practice with Youth 1 (2 days/1 credit)

This course will assist you in the development of a trauma informed framework that supports rather than pathologizes Indigenous children and youth. You will examine Indigenous trauma informed practices that assist children, youth and their families and communities in understanding and improving their coping and

responses to daily triggers, including the impact of experiences of racism, poverty, sexism and colonialism. You will begin to develop a trauma practice framework that is Indigenous, intersectional/holistic, and that considers how experiences of trauma and of healing are shaped by the interlocking impacts of Indigeneity, age, gender, sexuality, and (dis)ability, among others.

Instructors: Natalie Clark, Jann Derrick

COUN-1037 **Reinforcing Respectful Professional Boundaries** (3 days/1.5 credit)

Teachers face a multitude of pressures and challenges in the modern classroom. Boundaries between the professional educator and the student can become blurred. With evolutions in social media and 'student-centred' education approaches, the potential for the blurring of boundaries increases. Through discussion and scenario analysis, this 3-day, face-to-face course will explore the moral and ethical gray zones that surface in professional relationships. Learners will define and identify the types of behaviours and situations that could threaten professional teacher conduct and stature. Finally, participants will acquire assertive communication strategies to respectfully and clearly articulate professional boundaries when challenged. Teachers will then be able to connect authentically with students while maintaining boundaries.

Instructors: Cheryl Bell-Gadsby,
Laura Bickerton

COUN-1100 **Understanding Substance Use** (2 days/1 credit)

This course provides an overview of current key concepts and models in the field of substance use applying the bio-psycho-social-spiritual model, the stages of change model as well as the harm-reduction approach to practice. You will be able to identify existing barriers to accessing help and have the opportunity to explore ethical issues and challenges working with clients. This is a prerequisite for further courses in the Substance Use Certificate.

Instructor: Mary Harber

COUN-1110 **All My Relations: Working with Aboriginal Clients** (1 days/0.5 credits)

This course will provide you with a basic understanding of how movements of Canada's colonial process (e.g. residential schools) impact Aboriginal clients presenting in substance use settings. This knowledge will assist service providers working within

Aboriginal communities affected by the change in culture, family systems, and substance-related birth defects.

Instructor: Teresa Howell

COUN-1125 **Motivational Interviewing 1** (2 days/1 credit)

Learn the four processes (Engagement, Focusing, Evoking and Planning) of Motivational Interviewing (MI), with an emphasis on how MI can be used to assist clients in building motivation towards change and in strengthening commitment. Gain an understanding of how to facilitate change; recognize the relational and technical aspects of MI; learn strategies for working with clients at different levels of readiness for change and how to evoke change talk and develop change plans. This interactive course features examination of concepts and practices using a variety of scenarios. **Note: Learners will benefit from having completed a basic level of counselling training.**

Instructor: Rob Axsen

COUN-1150 **Trauma Informed Practice in Addictions** (2 days/1 credit)

In this course, you will examine current theoretical understandings regarding the impact of human responses to traumatic experiences, with emphasis on the consequent development of substance use and addictions in some individuals. Trauma informed practices will be offered that assist clients in understanding and improving their coping and responses to daily triggers including the impact of experiences of racism, poverty, sexism and colonialism. You will begin to develop a trauma practice framework that is decolonizing, intersectional and holistic and that considers how experiences of trauma and of addictions are shaped by the interlocking impacts of Indigeneity, age, gender, sexuality, and (dis)ability, among others.

Instructor: Natalie Clark

COUN-3100 **Expressive Play Therapy 1** (2 days/1 credit)

This introductory course is for counsellors, social workers, child care workers, and mental health professionals working with children 3-12 years old. The course focuses on expressive play therapy methods and examines the function of art and play through the developmental stages. You will have the opportunity to learn about (and become familiar with) the toys and art therapy exercises used in working with children in this age group. You will come to understand expressive play therapy as a holistic and integrative practice that addresses the physical, emotional, cognitive, and spiritual needs of children in

therapy. **Levels 1 and 2 (COUN 3100 and 3105) are designed to be taken together.**

Instructors: Marie-José Dhaese in Parksville,
Chris Conley in New Westminster.

COUN-3105 **Expressive Play Therapy 2** (2 days/1 credit)

This advanced course is for practitioners who use play and various expressive therapies in their work with children. You will learn about the guiding principles of child-centred play therapy, the intake process, setting up a playroom, how to structure the session, when to lead and when to follow, permissiveness, and limits. You will have the opportunity to view and discuss video excerpts of sessions and practice the material learned through role-playing. **Prerequisite: COUN-3100**

Instructors: Marie-José Dhaese in Parksville,
Chris Conley in New Westminster.

COUN-3110 **Sandplay Therapy: Using the Healing Power of Imagery 1** (2 days/1 credit)

This course will focus on using the healing power of imagery through the medium of Sandplay Therapy to safely facilitate symbolic expression and transformation of painful experiences, and also provide ways of creating healing images in order to help children, youth, and adults face the challenges of their daily lives. You will learn about the therapeutic properties, setting up a sandplay area, and the many ways Sandplay Therapy (dry sand, wet sand, and water play) can be used. You will have an opportunity to make and witness sandplay images. **Strongly recommended: COUN-3100 and 3105**

Instructor: Marie-José Dhaese in Parksville

COUN-3115 **Sandplay Therapy: Using the Healing Power of Imagery 2** (2 days/1 credit)

In this course you will explore in-depth Sandplay Therapy and its application and use with adults, children, and their families. We will discuss and explore further witnessing and facilitating the making of a spontaneous sandplay image and what to take note of during this process. We will also consider the use of structured interventions when needed. Both adult and child process and imagery will be addressed and participant imagery will be debriefed. **Prerequisite: COUN-3110**

Instructor: Marie-José Dhaese in Parksville

COUN-3130 *NEW**Attachment and Play Therapy****(2 days/1 credit)**

This introductory course in Play Therapy is for counsellors, social workers and mental health professionals working with children 3-12 years old. The learner will gain an understanding of attachment, its history and contributors, its role in healthy child development, types of attachment, how to assess attachment in the family, how to engage parents in the therapeutic process and how to conduct attachment-based Expressive Play Therapy. During the course the learner will engage with didactic material, case presentations, videos, live demonstrations, interactive class discussions and experiential practice.

Instructor: Chris Conley

CISM-1000**Introduction to Critical Incident Stress Management (CISM)****(1 day/.5 credit)**

You will be introduced to the history, philosophy, perspectives, concepts, and terms that are integral to critical incident stress management. Through short lectures and interactive discussion, you will acquire a basic understanding of stress and critical incident stress as well as the factors and vulnerabilities that contribute to a heightened response to critical incidents.

Instructor: Laurie Pearce

CISM-1050**Vicarious Traumatization****(1 day/.5 credit)**

You will explore the unique issues faced by trauma responders who are exposed to critical incidents that, if not managed properly, can contribute to burnout, substance use, relationship stress, or emotional instability. Course content covers traumatic stress reactions; critical incident stress management in organizations; speaking about trauma to family members; key strategies for implementing policies, procedures, and programs in organizations; and on-scene interventions. *Prerequisite: CISM-1000*

Instructor: Bruce Ramsay

CLIV-1000**Community Living Home Study Certification for Shared Living (Adults)****(14 hrs online followed by 1 day in class/1.5 credits)**

The course will provide learners with the current standards for home sharing, relevant promising practices, and person-centred principles that help ensure that potential shared living providers are able to promote the quality of life of those accessing shared living arrangements funding by Community Living British Columbia (CLBC). This course is designed for (CLBC) and service provider staff who will be conducting home studies.

Instructor: Joshua Dahl, Shelley Fritze

ABORIGINAL FOCUSING-ORIENTED THERAPY & COMPLEX TRAUMA CERTIFICATE

COUN-3200**Complex Trauma****(3 days/1.5 credits)**

You will learn about the impacts and assessments of Complex Trauma within self, family, communities and systems (residential schools, governments, agencies, etc.). You will explore the dynamics and interruption of traumatic bonding, Aboriginal treatment models and attitudes for Focusing-Oriented Therapy, including how to prepare a safe ground for unraveling trauma, vicarious trauma and intergenerational trauma. A variety of Aboriginal/Indigenous treatment modalities are woven throughout the seven certificate courses via experiential exercises, story-telling and ceremonial processes.

Instructors: Shirley Turcotte, Alannah Young, Tonya Gomes

COUN-3205**Focusing-Oriented Therapy & Complex Trauma 1****(3 days/1.5 credits)**

You will consider neurological research and its implications on trauma treatment from an Aboriginal perspective. You will learn about the resilience of our brains and bodies to hold and release trauma and how to approach trauma experiences from a post-traumatic growth perspective. The Medicine Wheel is used to demonstrate ways of working with clients to recognize and unravel trauma. Basic FOT techniques are introduced. *Prerequisite: COUN-3200*

Instructors: Shirley Turcotte, Alannah Young, Tonya Gomes

COUN-3210**Basic Focusing-Oriented Therapy & Complex Trauma 2****(3 days/1.5 credits)**

You will learn how to work more deeply with regression, dissociation and ego states; how to ground clients from psychotic breaks and/or out of control emotions; and self-injury from Aboriginal/Indigenous perspectives. The importance of nature and animals in treatment is also introduced. You will continue to practice and deepen your skills in FOT. You will deepen your own implicit skills using Aboriginal/Indigenous teachings of respectful engagement and balance with all of the relationships in nature. How Indigenous Knowledge as a framework is central to consider when working within Aboriginal contexts will be demonstrated. *Prerequisite: COUN-3205*

Instructors: Shirley Turcotte, Alannah Young, Tonya Gomes

COUN-3215**Focusing-Oriented Therapy & Complex Trauma 3****(3 days/1.5 credits)**

You will learn to identify and practice helping clients move through memory, inter-generational, and vicarious flashbacks and abreactions. You will explore how unresolved current and historical traumas play out in relationships. You will continue to practice and deepen your skills in FOT and develop implicit body-centered observation skills. Aboriginal/Indigenous creation stories, language, songs, storytelling and the concepts of "gifts" will be addressed where appropriate. *Prerequisite: COUN-3210*

Instructors: Shirley Turcotte, Alannah Young, Tonya Gomes

COUN-3220**Depression, Grieving & Complex Trauma****(3 days/1.5 credits)**

You will learn to assess various aspects and complexities of depression and 'personality disorders' to determine the best treatment approaches. Suffering, grieving and grief rituals are explored. You will continue to practice and deepen your skills in FOT and start learning how to 'flush' complex memory and intergenerational trauma in FOT sessions. Indigenous Knowledge frameworks, ceremony, song and connection to land, geography, seasons and elements will be explored as implicit resource development.

Prerequisite: COUN-3215

Instructors: Shirley Turcotte, Alannah Young, Tonya Gomes

COUN-3230**Dreams & Complex Trauma****(3 days/1.5 credits)**

You will develop skills to connect with dreams and nightmares to help unravel complex trauma, inter-generational trauma and vicarious trauma. This course will also synthesize FOT theory and skills developed throughout the program. You will continue to synthesize and demonstrate Aboriginal/Indigenous holistic values of respectful, responsible relationships that are reciprocal and reverent. *Prerequisite: COUN-3220*

Instructors: Shirley Turcotte, Alannah Young, Jeffrey Schiffer

COUN-3225

Clinical Spirituality & Complex Trauma

(3 days/1.5 credits)

This course introduces you to spiritual healing techniques and boundaries for working with complex, intergenerational and vicarious trauma. Whole Body Focusing-Oriented Therapy techniques are also introduced. Aboriginal/Indigenous Knowledge cosmology such as ancestral knowledge and connection to ancestors will be explored where appropriate. *Prerequisite: COUN-3230*

Instructors: Shirley Turcotte, Alannah Young, Tonya Gomes

CRITICAL INCIDENT STRESS MANAGEMENT CERTIFICATE

CISM-1000

Introduction to Critical Incident Stress Management (CISM)

(1 day/.5 credit)

You will be introduced to the history, philosophy, perspectives, concepts, and terms that are integral to critical incident stress management. Through short lectures and interactive discussion, you will acquire a basic understanding of stress and critical incident stress as well as the factors and vulnerabilities that contribute to a heightened response to critical incidents.

Instructor: Laurie Pearce

CISM-1005

Diversity & Trauma

(1 day/.5 credit)

You will explore issues of difference and diversity as they relate to critical incident stress management. The course is not intended to provide you with exhaustive knowledge about the specifics of culture, age, ability, and other social determinates, but rather to sensitize you to how these factors might affect the critical incident stress management process. *Prerequisite: CISM-1000*

Instructor: Bruce Ramsay

CISM-1010

Demobilization, Defusing & Crisis Management Debriefing

(2 days/1 credit)

Demobilization and defusing are the first steps in the critical incident stress management intervention process. To successfully participate in a critical incident stress team, you must master these skills. You will examine the role of groups and dyads in critical incident stress management, communication skills for defusing, strategies to develop an effective support relationship, blocks to an effective support relationship, post-incident defusing, and post-incident dos and don'ts. *Prerequisite: CISM-1005*

Instructors: Bruce Ramsay, Laurie Pearce

CISM-1015

Critical Incident Stress Debriefing

(3 days/1.5 credits)

In this course, you will examine the debriefing process, dynamics that may emerge, as well as leadership roles and behaviours that support both the individual and the group in normalizing what has occurred. You will have the opportunity to discuss a range of approaches, experiment with your own debriefing style, experience situations that might interfere with the normalization process, and explore the importance of self-care in maintaining your role as a debriefer. There will be a strong emphasis on skill practice through the use of case scenarios, and instructors will provide evaluative feedback. *Prerequisite: CISM-1010*

Instructors: Bruce Ramsay, Laurie Pearce

CISM-1020

Critical Incident Stress Management (CISM) Simulation

(1 day/.5 credit)

This simulation class is designed to provide you with the opportunity to show how you have incorporated your new knowledge from the Critical Incident Stress Management Certificate into your practice. Successful completion of this course completes the requirements for the Critical Incident Stress Management Certificate and also allows you to seek certification with the Association of Traumatic Stress Specialists (ATSS).

The ATSS recognizes this course as equivalent to their 30 hour field placement practicum requirement. Along with completion of all CISM coursework, you must also submit a written observation/analysis report to the ATSS of the CISM-1020 simulation as part of the equivalency process. *Prerequisites: CISM-1015*

Instructors: Laurie Pearce, Bruce Ramsay

CISM-1025

Managing Responses to Community Disasters

(1 day/.5 credit)

You will receive an overview of the phases and impact of a disaster and the role of government and community agencies in responding. Course content addresses models for community intervention and their application to community disasters, psychosocial needs of community members involved in a disaster, identifying at-risk populations, special considerations, and responder interventions. *Prerequisite: CISM-1000*

Instructor: Laurie Pearce

CISM-1030

Psychological First Aid

(1 day/.5 credit)

Psychological first aid is a modular approach to providing psychosocial and emotional help to victims of traumatic events. It ensures that individuals who work with survivors of a

calamity can help victims manage initial distress, identify coping actions that assist the person to recover, and mobilize resources for interpersonal support. In this course you will learn how to assist individuals and families in the immediate aftermath of a tragedy and community catastrophe. *Prerequisite: CISM-1000*

Instructor: Laurie Pearce

CISM-1035

Post-Critical Incident Stress Reactions

(1 day/.5 credit)

This course addresses the symptoms and emotional reactions that may arise following a traumatic event, and the possible treatment options available. It will help first responders identify when an individual is showing signs of post-traumatic stress and where to provide the appropriate referrals for treatment. Content includes differentiating between critical incident stress and post-traumatic stress, the environmental and personal factors that may increase post-traumatic reactions, the epidemiology and etiology of post-traumatic stress, required social supports, and treatment options. *Prerequisite: CISM-1000*

Instructor: Bruce Ramsay

CISM-1040

Effective Team Participation

(1 day/.5 credit)

Participation on a critical incident stress team involves understanding not only the intervention process but also how and when a team should be used and what has to happen in order for the team to operate effectively. Course content includes the knowledge and skills required for effective critical incident stress team participation and the key skills that can be used to help the team fulfill its purpose within an organization to provide quality service. *Prerequisite: CISM-1015*

Instructor: Bruce Ramsay

CISM-1045

Trauma, Children & Youth

(1 day/.5 credit)

You will examine trauma intervention in relation to children and youth. Course content covers traumatic reactions specific to the stages of childhood development, the role of individuals responding to children affected by various types of critical incidents, the range of interventions, and immediate post-impact and recovery issues. You will also have an opportunity to examine issues related to children with special needs, as well as issues related to working with families. *Prerequisite: CISM-1000*

Instructor: Laurie Pearce

CISM-1050

Vicarious Traumatization

(1 day/.5 credit)

You will explore the unique issues faced by trauma responders who are exposed to critical incidents that, if not managed properly, can contribute to burnout, substance use, relationship stress, or emotional instability. Course content covers traumatic stress reactions; critical incident stress management in organizations; speaking about trauma to family members; key strategies for implementing policies, procedures, and programs in organizations; and on-scene interventions. **Prerequisite:** CISM-1000

Instructor: Bruce Ramsay

EXPRESSIVE PLAY THERAPY CERTIFICATE

COUN-3100

Expressive Play Therapy 1

(2 days/1 credit)

This introductory course is for counsellors, social workers, child care workers, and mental health professionals working with children 3-12 years old. The course focuses on expressive play therapy methods and examines the function of art and play through the developmental stages. You will have the opportunity to learn about (and become familiar with) the toys and art therapy exercises used in working with children in this age group. You will come to understand expressive play therapy as a holistic and integrative practice that addresses the physical, emotional, cognitive, and spiritual needs of children in therapy. **Levels 1 and 2 (COUN 3100 and 3105) are designed to be taken together.**

Instructors: Marie-José Dhaese in Parksville, Chris Conley New Westminster.

COUN-3105

Expressive Play Therapy 2

(2 days/1 credit)

This advanced course is for practitioners who use play and various expressive therapies in their work with children. You will learn about the guiding principles of child-centred play therapy, the intake process, setting up a playroom, how to structure the session, when to lead and when to follow, permissiveness, and limits. You will have the opportunity to view and discuss video excerpts of sessions. The afternoons will be spent practicing the material learned in the morning through role-playing. **Prerequisite:** COUN-3100

Instructors: Marie-José Dhaese in Parksville, Chris Conley New Westminster.

COUN-3110

Sandplay Therapy: Using the Healing Power of Imagery 1

(2 days/1 credit)

This course will focus on using the healing power of imagery through the medium of Sandplay Therapy to safely facilitate symbolic expression and transformation of painful experiences. It also provides ways of creating healing images to help children, youth, and adults face the challenges of their daily lives. You will learn about therapeutic properties, setting up a sandplay area, and the many ways Sandplay Therapy (dry sand, wet sand, and water play) can be used. You will have an opportunity to make and witness sandplay images. **Strongly recommended:** COUN-3100 and 3105

Instructor: Marie-José Dhaese in Parksville

COUN-3115

Sandplay Therapy: Using the Healing Power of Imagery 2

(2 days/1 credit)

In this course you will explore in-depth Sandplay Therapy and its application and use with adults, children, and their families. We will discuss and explore further witnessing and facilitating, the making of a spontaneous sandplay image, and what to take note of during this process. We will also consider the use of structured interventions when needed. Both adult and child process and imagery will be addressed. Participant imagery will be debriefed. **Prerequisite:** COUN-3110

Instructor: Marie-José Dhaese in Parksville

COUN-3120

Expressive Play Therapy for the Grieving Child

(3 days/1.5 credit)

This course will focus on the use of expressive therapies to help children who have suffered the loss of a primary caregiver or family member whether a temporary loss such as separation, divorce, hospitalization, or incarceration, or a permanent loss due to death, adoption, foster care, and/or immigration. We will be considering the crucial role of attachment in the mother-child relationship, and the effects of the loss of a primary attachment on a child's emotional well-being. You will have the opportunity to experience the image-making process (using metaphors, visualizations, art, assemblage, sewing, and storytelling) as related to the topic of loss. **Prerequisite:** COUN-3105

Instructor: Marie-José Dhaese in Parksville

COUN-3125

Final Project/Consultation Group

(3 days/1.5 credit)

Participants will be provided with a unique opportunity to integrate the Expressive Play Therapy theory and practice taught in the program. Participants will prepare a detailed presentation of a therapeutic session. This will be an in-depth, small group exploration and feedback will be given on clinical work. Full participation in this course is required for candidates to receive the certificate of achievement. This course is limited to 12 participants and is only available to those enrolled in the certificate program and who have taken all certificate courses.

Prerequisites: COUN-3100, COUN-3105, COUN-3110, COUN-3115 and COUN-3120

Instructor: Marie-José Dhaese in Parksville

GRADUATE CERTIFICATE IN COMPLEX TRAUMA & CHILD SEXUAL ABUSE INTERVENTION

COUN-5200

Theoretical Foundation in Complex Trauma

(12 weeks online/3 credits)

This online course orients you to the theory, literature, philosophy, evidence-based research and central working models for recovery that underpin the current approach to the field of complex trauma. The course locates the field of traumatic stress within social and historical movements and changing assumptions. Models of healing include Aboriginal approaches, and the needs of survivors of diverse social locations (ethnicity, culture, age, sexuality, gender, etc.) are explored throughout the course. The impact of the work, and the need for practitioner self-care, threads throughout this course.

Instructors: Maureen McEvoy, Cheryl Bell-Gadsby,

COUN-5205

Assessment & Treatment Planning in Complex Trauma

(5 days/2.5 credits)

This course provides you with detailed and practical explorations of assessment and treatment planning with child, youth and adult complex trauma survivors. You will learn and practice multiple assessment approaches, including structured instruments, informal assessment interviewing and the therapeutic relationship as an assessment tool. Assessment of the multiple dimensions of family and social identity, including Aboriginal approaches to assessment and the systems within which the child, youth or adult survivor lives are also emphasized. You will find the course rich in diverse case examples, hands-on practice and therapist self-awareness.

Prerequisite: COUN-5200

Instructors: Maureen McEvoy, Cheryl Bell-Gadsby

COUN-5210**Intervention & Skill Building in Complex Trauma****(5 days/2.5 credits)**

Building on the theory, assessment and treatment planning knowledge gained in the previous two courses, this course offers you very practical and highly participatory classroom sessions for learning the skills and competencies necessary for each stage of intervention with complex trauma survivors. Specific focuses include safety and containment skills, processing and integration of traumatic memory, interventions to manage dissociative processes and building effective clinical relationships, across differences of social identity and social location. *Prerequisite: COUN-5205*

Instructors: Cheryl Bell-Gadsby, Maureen McEvoy

COUN-5215**Somatics in Complex Trauma****(2 days/1 credit)**

This highly experiential course introduces you to the foundational principles and practices of somatic work, an essential skill in working to repair the dysregulated nervous system of complex trauma survivors. You will engage with several conceptual frameworks, and learn somatic assessment and intervention tools. This practical and highly participatory course will help you develop many skills that can be adapted to diverse populations. *Prerequisite: COUN-5200*

Instructor: Yvonne Haist

COUN-5220**Complex Trauma Integrated Project****(1 credit)**

This self-directed course is intended to expand and integrate your learning in the Graduate Certificate in Complex Trauma and Child Sexual Abuse Intervention. In consultation with faculty members, you will develop a proposal for your own study project or research, which will result in a written paper. *Prerequisites: COUN-5205, COUN-5210, COUN-5215*

Instructors: Cheryl Bell-Gadsby, Maureen McEvoy

COUN-5225**Child Sexual Abuse Intervention****(7 days/3.5 credits)**

This two-part course will provide you with an opportunity to integrate and expand course material on complex trauma with sexual abuse. You will gain an historical overview of child sexual abuse, the evolution of social, legal and clinical responses to this issue including an exploration of debates about memory. Treatment approaches and skill development relevant to survivors of diverse backgrounds, including Aboriginal survivors, are woven throughout the course. Best clinical practice,

including a focus on responding to dissociative survivors, is defined, demonstrated and practiced by the learners.

Prerequisite: COUN-5200

Instructor: Cheryl Bell-Gadsby, Natalie Clark

COUN-5230**Clinical Consultation in Complex Trauma & Child Sexual Abuse****(3 days/1.5 credits)**

This course provides the opportunity to present a detailed assessment and treatment plan for a complex trauma survivor, as well as a presentation of your recorded clinical work. You will also be engaged in reviewing and providing feedback on the work of other students. *Prerequisite: COUN-5225*

Instructors: Cheryl Bell-Gadsby, Maureen McEvoy

SUBSTANCE USE CERTIFICATE**COUN-1100****Understanding Substance Use****(2 days/1 credit)**

This course provides an overview of current key concepts and models in the field of substance use applying the bio-psycho-social-spiritual model, the stages of change model as well as the harm-reduction approach to practice. You will be able to identify existing barriers to accessing help and have the opportunity to explore ethical issues and challenges working with clients. This is a prerequisite for further courses in the Substance Use Certificate.

Instructor: Mary Harber

COUN-1105**Continuum of Care: Prevention to Harm Reduction****(2 days/1 credit)**

This course provides an introduction to the system of care for substance use in BC. You will learn about historical and current developments at the federal and provincial level. Exploration of the major components of the system, resources and strategies to access will be explored. *Prerequisite: COUN-1100*

Instructor: Bahareh Hosseinpour

COUN-1110**All My Relations: Working with Aboriginal Clients****(1 day/.5 credit)**

This course will provide you with a basic understanding of how movements of Canada's colonial process (e.g. residential schools) impact Aboriginal clients presenting in substance use settings. This knowledge will assist service providers working within

Aboriginal communities affected by the change in culture, family systems, and substance-related birth defects.

Instructor: Teresa Howell

COUN-1115**Assessment Practices****(2 days/1 credit)**

You will develop an in-depth understanding of the assessment process, with emphasis on eliciting relevant information from clients through collaborative and motivational interviewing practices. Topics include the identification process, assessment methods and tools, readiness to change, and treatment planning basics. *Prerequisite: COUN-1100*

Instructor: Rob Axsen

COUN-1019**Understanding Pharmacology from a Counsellor's Perspective****(2 days/1 credit)**

This course is for any helping professional interested in expanding their knowledge of pharmacology and how it pertains to clinical counselling situations. You will learn about the central nervous system, anti-depressant medications, anti-anxiety medications, and drugs used to treat schizophrenia and bipolar disorder. Emphasis is placed on substance use and the consequences (effects, side effects, lethality) of mixing psychotropic medications with street drugs.

Instructors: TBD

COUN-1120**Interconnected Risk****(2 days/1 credit)**

This course provides an exploration of the interconnected correlated risk factors of substance use and violence, trauma, concurrent disorders, marginalization, stigma and poverty. We will explore the social determinants of health such as gender, race, sexual orientation and gender identity. You will also have the opportunity to reflect and build on your own practice for working with multiple issues, integrated case planning, and implementation of safety strategies.

Prerequisite: COUN-1100

Instructor: Donna Barker

COUN-1125**Motivational Interviewing 1****(2 days/1 credit)**

Learn the four processes (Engagement, Focusing, Evoking and Planning) of Motivational Interviewing (MI), with an emphasis on how MI can be used to assist clients in building motivation towards change and in strengthening commitment. Gain an understanding of how to facilitate change; recognize the relational and technical aspects of MI; learn strategies for working with clients

at different levels of readiness for change and how to evoke change talk and develop change plans. This interactive course features examination of concepts and practices using a variety of scenarios. *Note: Learners will benefit from having completed a basic level of counselling training.*

Instructor: Rob Axsen

COUN-1130

Compassion and Policy: The Heart and Mind of Drug Policy

(1 day/.5 credit)

This course explores the drug policy reform movement and the consequences of the global war on drugs. You will learn about problems with current drug control approaches, evidence-based drug policy alternatives, and the concept of a regulated drug market based on human rights and public health principles. The lessons learned from alcohol and tobacco policy will also be discussed. *Prerequisite: COUN-1100*

Instructor: TBD

COUN-1135

Concurrent Disorders Planning 1

(2 days/1 credit)

This course covers key issues in treatment planning, including definitions, terms, and classification systems; the relationship between mental health and addiction; and basic principles of screening, assessment, and treatment planning. Course format focuses on experiential learning, with an emphasis on the role of service providers as agents of change. *Prerequisite: COUN-1100*

Instructor: Alicia Spidel

COUN-1140

Fetal Alcohol Spectrum Disorder: Increasing Understanding

(1 day/.5 credit)

This course provides up-to-date information on fetal alcohol spectrum disorder (FASD), as well as best practices when working with people living with FASD and women at risk of having a child affected by FASD. Topics include understanding FASD across the lifespan, BC resources for diagnosis and support, and a range of prevention models that support women of child-bearing years.

Instructor: Nancy Poole

COUN-1145

Community Voices/Contemporary Issues

(1 day/.5 credit)

In this course, you will explore your values and deepen your understanding of selected contemporary issues facing clients and practitioners. You will learn about consumer and sector advocacy, supervised injection sites, substitution therapies, harm reduction approaches, and survival sex trade worker co-operatives. *Prerequisite: COUN-1100*

Instructor: Bahareh Hosseinpour

COUN-1150

Trauma Informed Practice in Addictions

(2 days/1 credit)

In this course, you will examine current theoretical understandings regarding the impact of human responses to traumatic experiences, with emphasis on the consequent development of substance use and addictions in some individuals. Trauma informed practices will be offered that assist clients in understanding and improving their coping and responses to daily triggers including the impact of experiences of racism, poverty, sexism and colonialism. You will begin to develop a trauma practice framework that is decolonizing, intersectional and holistic and that considers how experiences of trauma and of addictions are shaped by the interlocking impacts of Indigeneity, age, gender, sexuality, and (dis)ability, among others.

Instructor: Natalie Clark

BYLAW COMPLIANCE, ENFORCEMENT AND INVESTIGATIVE SKILLS COURSES

BLAW-1000

Bylaw Compliance, Enforcement and Investigative Skills 1

(6 weeks online and 3 days of face-to-face/3 credits)

This course is designed for new and experienced British Columbia Bylaw Officers and provides the fundamental knowledge and skills required to function effectively in the role of a local government Bylaw Officer. You will explore relevant legislation, duties and powers of a Bylaw Officers, interpretation of bylaws, compliance and enforcement measures/options, effective investigation skills including evidence collection, documentation and presentation of evidence in legal and non-legal proceedings, and current issues impacting enforcement work, including issues related to diversity, mental health and homelessness. Emphasis is placed in developing skills and knowledge to enhance your ability to defuse emotionally charged situations and to manage your own personal safety and the safety of others.

BLAW-1005

Bylaw Compliance, Enforcement and Investigative Skills 2

(6 weeks online and 3 days of face-to-face/3 credits)

Building on the skills and knowledge in BLAW-1000, you will acquire a deeper knowledge and awareness of legislation, and enhance their skills in drafting and amending bylaws, as well as in applying for and executing warrants. You will acquire advanced and complex investigative skills, effective interviewing techniques, and increased

awareness of enforcement options. You will focus on the importance of discretion in decision-making and deepen their awareness of collaborative intent and intervention skills. The value of community maintenance initiatives and sound public relations will be emphasized. Interviewing and public speaking skills integral to success in the bylaw enforcement field will be refined. Officer safety and self-care will be stressed throughout.

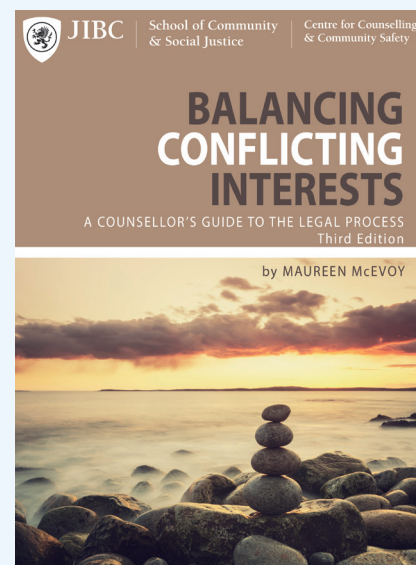
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Balancing Conflicting Interests: A Counsellor's Guide to the Legal Process, Third Edition

by Maureen McEvoy

This guide explores the clinical and ethical dilemmas counsellors face in their increasing involvement with the legal system, and suggests ideas for resolving them. This 3rd edition covers all the of the recent changes to BC's new Family Law Act, plus implications of social media for counsellors. In addition, topics covered in previous editions such as informed consent, confidentiality, questions of privilege, obligations to report, clinical assessments, guidelines for record-keeping, and concerns related to court appearance are updated.

To order your copy of *Balancing Conflicting Interests: A Counsellor's Guide to the Legal Process, Third Edition* (\$85 plus GST) email: coun@jibc.ca or call: 604.528.5608



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COURSE CALENDAR

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OPEN FOR GENERAL ENROLMENT

COURSE DATE	COURSE	COURSE CODE	LOCATION	FEE
Sep 14, 2017	Introduction to Critical Incident Stress Management (CISM)	CISM-1000	New Westminster	\$213.96
Sep 15-16, 2017	Understanding Substance Use	COUN-1100	New Westminster	\$309.68
Oct 17-18, 2017	Clinical Supervision: Innovative Practices 1	COUN-1012	New Westminster	\$298.42
Oct 23, 2017 (online) & Nov 23, 2017 (in class)	Community Living Home Study Certification for Shared Living (Adults)	CLIV-1000	New Westminster	\$374.85
Oct 23-24, 2017	Expressive Play Therapy 1	COUN-3100	New Westminster	\$316.44
Oct 25-26, 2017	Expressive Play Therapy 2	COUN-3105	New Westminster	\$316.44
Oct 25-26, 2017	An Introduction to the DSM-5	COUN-1015	New Westminster	\$351.78
Nov 8-9, 2017	Using the DSM-5 with Children and Youth	COUN-1016	New Westminster	\$351.78
Nov 17-18, 2017	Introduction to Art Therapy for Counsellors & Therapists	COUN-1017	New Westminster	\$315.31
Dec 1-2, 2017	Motivational Interviewing 1	COUN-1125	New Westminster	\$309.68
Feb 2-3, 2018	Understanding Substance Use	COUN-1100	New Westminster	\$309.68
Feb 10, 2018	Vicarious Traumatization	CISM-1050	New Westminster	\$213.96
Feb 22, 2018	Fetal Alcohol Spectrum Disorder: Increasing Understanding	COUN-1140	New Westminster	\$158.78
Feb 27-28, 2018	Attachment and Play Therapy	COUN-3130	New Westminster	\$316.44
Mar 8, 2018	All My Relations: Working with Aboriginal Clients	COUN-1110	New Westminster	\$179.05
Mar 9-10, 2018	Understanding Pharmacology from a Counsellor's Perspective	COUN-1019	New Westminster	\$309.68
Mar 26-28, 2018	Reinforcing Respectful Professional Boundaries	COUN-1037	New Westminster	\$702.64
Apr 24-25, 2018	Expressive Play Therapy 1	COUN-3100	Parksville	\$322.77
Apr 26-27, 2018	Expressive Play Therapy 2	COUN-3105	Parksville	\$322.77
May 11-12, 2018	Motivational Interviewing 1	COUN-1125	New Westminster	\$315.87
May 14-15, 2018	Indigenous Trauma Informed Practice with Youth 1	COUN-1032	New Westminster	\$321.46
Jun 4-5, 2018	Somatics in Complex Trauma	COUN-5215	New Westminster	\$410.59
Jun 12-14, 2018	Expressive Play Therapy for the Grieving Child	COUN-3120	Parksville	\$480.11
Jun 22-23, 2018	Trauma Informed Practice (TiP) in Addictions	COUN-1150	New Westminster	\$315.87
Jul 4-6, 2018	Reinforcing Respectful Professional Boundaries	COUN-1037	New Westminster	\$716.70
Jul 17-18, 2018	Sandplay Therapy: Using the Healing Power of Imagery 1	COUN-3110	Parksville	\$322.77
Jul 19-20, 2018	Sandplay Therapy: Using the Healing Power of Imagery 2	COUN-3115	Parksville	\$322.77

ABORIGINAL FOCUSING-ORIENTED THERAPY & COMPLEX TRAUMA CERTIFICATE (AFOT)

COURSE DATE	COURSE	COURSE CODE	LOCATION	FEE
Jan 11-13, 2018	Complex Trauma	COUN-3200	New Westminster	\$683.57
Mar 8-10, 2018	Focusing-Oriented Therapy & Complex Trauma 1	COUN-3205	New Westminster	\$683.57
May 10-12, 2018	Focusing-Oriented Therapy & Complex Trauma 2	COUN-3210	New Westminster	\$697.24
Jul 12-14, 2018	Focusing-Oriented Therapy & Complex Trauma 3	COUN-3215	New Westminster	\$697.24
Sep 6-8, 2018	Depression, Grieving & Complex Trauma	COUN-3220	New Westminster	\$697.24
Nov 8-10, 2018	Dreams & Complex Trauma	COUN-3230	New Westminster	\$697.24
Jan 10-12, 2019	Clinical Spirituality & Complex Trauma	COUN-3225	New Westminster	\$697.24

CRITICAL INCIDENT STRESS MANAGEMENT CERTIFICATE

COURSE DATE	COURSE	COURSE CODE	LOCATION	FEE
Sep 14, 2017	Introduction to Critical Incident Stress Management (CISM)	CISM-1000	New Westminster	\$213.96
Sep 15, 2017	Diversity & Trauma	CISM-1005	New Westminster	\$213.96
Sep 16-17, 2017	Demobilization, Defusing & Crisis Management Debriefing	CISM-1010	New Westminster	\$323.19
Nov 2-4, 2017	Critical Incident Stress Debriefing	CISM-1015	New Westminster	\$468.47
Nov 5, 2017	Critical Incident Stress Management (CISM) Simulation	CISM-1020	New Westminster	\$353.60
Jan 18, 2018	Post-Critical Incident Stress Reactions	CISM-1035	New Westminster	\$213.96
Jan 19, 2018	Managing Responses to Community Disasters	CISM-1025	New Westminster	\$213.96
Jan 20, 2018	Psychological First Aid	CISM-1030	New Westminster	\$213.96
Feb 8, 2018	Effective Team Participation	CISM-1040	New Westminster	\$213.96
Feb 9, 2018	Trauma, Children & Youth	CISM-1045	New Westminster	\$213.96
Feb 10, 2018	Vicarious Traumatization	CISM-1050	New Westminster	\$213.96

EXPRESSIVE PLAY THERAPY CERTIFICATE

COURSE DATE	COURSE	COURSE CODE	LOCATION	FEE
Oct 23-24, 2017	Expressive Play Therapy 1	COUN-3100	New Westminster	\$316.44
Oct 25-26, 2017	Expressive Play Therapy 2	COUN-3105	New Westminster	\$316.44
Apr 24-25, 2018	Expressive Play Therapy 1	COUN-3100	Parksville	\$322.77
Apr 26-27, 2018	Expressive Play Therapy 2	COUN-3105	Parksville	\$322.77
Jun 12-14, 2018	Expressive Play Therapy for the Grieving Child	COUN-3120	Parksville	\$480.11
Jul 17-18, 2018	Sandplay Therapy: Using the Healing Power of Imagery 1	COUN-3110	Parksville	\$322.77
Jul 19-20, 2018	Sandplay Therapy: Using the Healing Power of Imagery 2	COUN-3115	Parksville	\$322.77
Sep 25-27, 2018	Final Project/Consultation Group	COUN-3125	Parksville	\$480.11

TO REGISTER:

604.528.5590 or 1-877-528-5591
jibc.ca/registration

- A Learner Services Fee (LSF) is charged for all credit courses, and is collected at the time of registration.
- Tuition fees listed in this course calendar reflect 2% increase effective April 1, 2018.
- Schedule subject to change - see our website for the most current class schedule.

GRADUATE CERTIFICATE COMPLEX TRAUMA & CHILD SEXUAL ABUSE INTERVENTION

COURSE DATE	COURSE	COURSE CODE	LOCATION	FEE
Sep 18-Dec 8, 2017	Theoretical Foundation in Complex Trauma	COUN-5200	Online	\$1,206.10
Jan 29-Feb 2, 2018	Assessment & Treatment Planning in Complex Trauma	COUN-5205	New Westminster	\$1,005.65
Apr 16-20, 2018	Intervention & Skill Building in Complex Trauma	COUN-5210	New Westminster	\$1,025.76
Jun 4-5, 2018	Somatics in Complex Trauma	COUN-5215	New Westminster	\$410.59
Sep 15, 2018	Complex Trauma Integrated Project	COUN-5220	Online	\$410.06
Oct 2-5, 2018 (part 1) & Nov 1-3, 2018 (part 2)	Child Sexual Abuse Intervention	COUN-5225	New Westminster	\$1,435.85
Dec 12-14, 2018	Clinical Consultation in Complex Trauma & Child Sexual Abuse	COUN-5230	New Westminster	\$615.67

SUBSTANCE USE CERTIFICATE

COURSE DATE	COURSE	COURSE CODE	LOCATION	FEE
Sep 15-16, 2017	Understanding Substance Use	COUN-1100	New Westminster	\$309.68
Oct 20-21, 2017	Continuum of Care	COUN-1105	New Westminster	\$309.68
Nov 17-18, 2017	Assessment Practices	COUN-1115	New Westminster	\$309.68
Dec 1-2, 2017	Motivational Interviewing 1	COUN-1125	New Westminster	\$309.68
Feb 2-3, 2018	Understanding Substance Use	COUN-1100	New Westminster	\$309.68
Feb 22, 2018	Fetal Alcohol Spectrum Disorder: Increasing Understanding	COUN-1140	New Westminster	\$158.78
Feb 23-24, 2018	Concurrent Disorders Planning 1	COUN-1135	New Westminster	\$309.68
Mar 8, 2018	All My Relations: Working with Aboriginal Clients	COUN-1110	New Westminster	\$179.05
Mar 9-10, 2018	Understanding Pharmacology from a Counsellor's Perspective	COUN-1019	New Westminster	\$309.68
Apr 26, 2018	Community Voices/Contemporary Issues	COUN-1145	New Westminster	\$161.96
Apr 27-28, 2018	Interconnected Risk	COUN-1120	New Westminster	\$315.87
May 10, 2018	Compassion and Policy: The Heart and Mind of Drug Policy Reform	COUN-1130	New Westminster	\$161.96
May 11-12, 2018	Motivational Interviewing 1	COUN-1125	New Westminster	\$315.87
Jun 22-23, 2018	Trauma Informed Practice (TiP) in Addictions	COUN-1150	New Westminster	\$315.87

ENROLLING IN A CERTIFICATE PROGRAM

You can enrol in all Counselling and Community Safety Certificates online at jibc.ca/registration/apply-program or contact Student Services at **604.528.5590** or toll free **1.877.528.5591**. There is a non-refundable fee of \$75 to enrol in most CCCS certificates (see Program links for details).

Some certificate applications require supplemental information and documentation, see our website for information about specific certificates at jibc.ca/cccs. Some courses do not require a certificate application, see our website for information about specific courses at jibc.ca/cccs.

Once you have enrolled in a certificate program, you have the added benefits of accessing the JIBC Library.

BYLAW COMPLIANCE, ENFORCEMENT AND INVESTIGATIVE SKILLS COURSES

ONLINE START DATE/ IN-CLASS DATES	COURSE	COURSE CODE	LOCATION	FEE
Sep 18, 2017 / Nov 6-8	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,250.03
Oct 16, 2017 / Dec 4-6	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,250.03
Oct 23, 2017 / Dec 11-13	Bylaw Compliance, Enforcement & Investigative Skills 2	BLAW-1005	New Westminster	\$1,250.03
*Nov 20, 2017 / Jan 8-10	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,250.03
Jan 8, 2018 / Feb 26-28	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,250.03
Jan 15, 2018 / Mar 5-7	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	Victoria	\$1,250.03
Feb 5, 2018 / Mar 26-28	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,250.03
Feb 19, 2018 / Apr 9-11	Bylaw Compliance, Enforcement & Investigative Skills 2	BLAW-1005	New Westminster	\$1,250.03
Mar 12, 2018 / Apr 30-May 2	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,250.03
Apr 16, 2018 / Jun 4-6	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,275.03
May 7, 2018 / Jun 25-27	Bylaw Compliance, Enforcement & Investigative Skills 2	BLAW-1005	Victoria	\$1,275.03
*May 14, 2018 / Jul 9-11	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,275.03
Jun 11, 2018 / Jul 30-Aug 1	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,275.03
*Jul 16, 2018 / Sep 10-12	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,275.03
Aug 13, 2018 / Oct 1-3	Bylaw Compliance, Enforcement & Investigative Skills 2	BLAW-1005	New Westminster	\$1,275.03
*Aug 20, 2018 / Oct 15-17	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,275.03
Sep 10, 2018 / Oct 29-31	Bylaw Compliance, Enforcement & Investigative Skills 1	BLAW-1000	New Westminster	\$1,275.03
Nov 26, 2018 / Jan 14-16	Bylaw Compliance, Enforcement & Investigative Skills 2	BLAW-1005	New Westminster	\$1,275.03

* **Note:** Extra week break between the online & face to face (2 weeks) components of the course due to Statutory holidays.

AWARDS

For many of our students, the opportunity to study at JIBC is a next step towards reaching your personal and/or professional goals. However, while this is an exciting time in your life, it's important to anticipate the financial strains associated with pursuing a substantial course load.

Staying informed about available assistance and planning ahead will help you avoid a situation where you are overwhelmed. It is important to avoid waiting until the last minute to look for help with your finances.

You might be eligible for JIBC award and bursaries, visit jibc.ca/financial-aid or call **604.528.5762** or **1.877.275.4332**

LIBRARY

The JIBC Library offers research assistance and access to a unique and specialized collection of books, journals and online sources, all focused on the programs offered here. The Library catalogue and other online resources may be searched while on-site from a JIBC campus online from other locations.

JIBC librarians are available to help locate information on subjects taught at JIBC and to assist students with a variety of academic and research skills, such as locating the most current journal articles or citing sources correctly. Computers available for student use in the Library all have Microsoft Office, Internet access, and a wireless network is available campus-wide. Laptops and iPads are available to certificate, diploma or degree program students for short-term loan.

visit jibc.ca/library for more information



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TEL **604.847.0881**

Maple Ridge Campus
13500 – 256th Street
Maple Ridge, BC V4R 1C9
TEL **604.462.1000**

Okanagan Campus
825 Walrod Street
Kelowna, BC V1Y 2S4
TEL **250.469.6020**

Pitt Meadows Campus
18799 Airport Way
Pitt Meadows, BC V3Y 2B4
TEL **604.528.5891**

Victoria Campus
810 Fort Street
Victoria, BC V8W 1H8
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JIBC SCHOOL OF HEALTH, COMMUNITY & SOCIAL JUSTICE

715 McBride Boulevard, New Westminster, BC V3L 5T4

JIBC's New Westminster campus is located on the ancestral and unceded territory of the Central Coast Salish peoples. We acknowledge the Indigenous nations' stewardship of these lands where we are grateful for the privilege to conduct our work.

